

GARSON M. CARUSO MD, MPH, CLCP, CMLE

647 East Siddonsburg Road, Mechanicsburg, PA 17055

Voice 717-691-5409 • Mobile 717-968-0576 • Fax 717-685-3247

Email: garson@gmcarusoconsulting.com



OCCUPATIONAL MEDICINE CONSULTATION AND MEDICOLEGAL LITIGATION SUPPORT

- Board-Certified Occupational Physician and Certified Life Care Planner (CLCP) and Medicolegal Evaluator (CMLE)
- Broad clinical and consultative experience including:
 - Customized Life Expectancy Determination and Physician Life Care Planning
 - Medicolegal litigation support in Occupational Medicine and professional liability
 - Workers Compensation Medical Consultation, Direction, and Case Management, and Short- and Long-Term Disability Evaluation
 - Medical Direction of Johns Hopkins Worker Health And Wellness Clinics
 - Fitness For Duty Evaluations, Impairment Ratings, and Medical Necessity Review
 - Medical Review Officer services
- Fellow American College of Occupational and Environmental Medicine (ACOEM) and International Academy of Independent Medical Evaluators (IAIME)

EDUCATION AND TRAINING

University of Pennsylvania Medical Center

Occupational and Environmental Medicine Residency, 2005

Johns Hopkins Bloomberg School of Public Health

Master of Public Health with Certificate in Health Finance and Management 2004

Mercy Hospital of Pittsburgh

General Surgery Residency, 1986

Temple University School of Medicine

Doctor of Medicine 1984

Washington & Jefferson College

Bachelor of Arts in Psychology with Honors, 1979

CURRENT ACTIVE MEDICAL LICENSURE

Florida, Maryland, New York, North Carolina, Pennsylvania, Virginia

CERTIFICATIONS AND FELLOWSHIPS

Certification, Medicolegal Evaluator (CMLE), International Academy of Independent Medical Evaluators (IAIME), 2021-2026
Certification, Life Care Planner (CLCP), International Commission on Health Care Certification (ICHCC), 2021-2026
Certification, Florida Workers' Compensation Expert Medical Advisor (EMA), 2012-2014
Fellow, International Academy of Independent Medical Evaluators (IAIME), 2011
Certification, American Board of Independent Medical Examiners (ABIME), 2009-2014
Certification, Medical Review Officer (MRO), Medical Review Officer Certification Council (MROCC), 2008-2029
Fellow, American College of Occupational and Environmental Medicine (ACOEM), 2007
Certification, American Board of Preventive Medicine (ABPM), 2006-2026

PROFESSIONAL EXPERIENCE

Garson M. Caruso MD, MPH, PA Mechanicsburg, Pennsylvania
Physician Consultant 2007-present

- **Medical Consultant/Director**, Service Employees International Union (2015-present) and PSA Airlines (2019-present): Occupational medical consultation on administrative and clinical issues and short- and long-term disability claims
- **Medicolegal Litigation Support** (2012-present): Life Expectancy Determination; Physician Life Care Planning; Personal Injury; Professional Liability; and Occupational Medicine, including causation analysis, fitness for duty, and impairment rating
- **Disability and Workers' Compensation Case Reviewer**, Advance Medical, Assurant, Mutual of Omaha, and PRIUM (2008-present): Medical file reviews of complex disability and legacy chronic pain claims and Workers' Compensation cases
- **Medical Director**, AmTrust North America (previously Associate Medical Director, Medical Director Advisors; 2010-2020): Occupational medical consultation and life expectancy determination on complex Workers' Compensation claims
- **Physician Case Manager**, CorVel Corporation (2013-2016): Physician case management for complex Workers' Compensation claims
- **Staff Physician and Medical Review Officer**, Lakeside Occupational Medical Centers (2011-2016): Clinical occupational medical services, mid-level practitioner supervision, and Medical Review Officer functions
- **Medical Director**, Navy Federal Credit Union (2011-2014): Clinical oversight and support for on-site occupational health management services
- **Medical Director**, Lakeview Occupational and Industrial Clinic (2007-2010): Direction and provision of clinical occupational and non-surgical orthopedic medical care

PROFESSIONAL EXPERIENCE, CONTINUED

Johns Hopkins Medical Institutions Baltimore, Maryland

Clinical Associate 2002-present

- **Collaborating/Supervising Physician**, Employee Health and Wellness Clinics (Bell & Evans, Dean Foods, PepsiCo, and US Department of State; 2005-present): Clinical oversight and support for mid-level clinicians at on-site facilities for occupational and non-occupational worker illness and injury in Florida, North Carolina, Pennsylvania, and Virginia
- **Medical Review Officer** (2008-present), MRO services for Johns Hopkins Medical Institutions (Baltimore, MD) and Suburban Hospital (Washington, DC)
- **Medical Director**, Lockheed Martin and Middle River Aircraft Occupational Medicine Facilities (2006-2007): Supervision of on-site industrial medicine clinic providing occupational illness and injury care, fitness for duty evaluations, hearing conservation, respirator certification, medical surveillance, disability determinations, FMLA/ADA certifications, and travel health care
- **Associate Medical Director**, Bechtel Aberdeen Chemical Disposal Facility (2002-2006): Oversight of chemical demilitarization project including medical clinic operations and management (including worker fitness for duty in immediately dangerous to life and health environments and heat stress prevention, and worker health and wellness programs), personnel, quality assurance, training, and chemical surety (compliance with US Army regulations)

Concentra Medical Centers (Harrisburg West) Mechanicsburg, Pennsylvania

Center Medical Director 2001-2002

Pinnacle Health System, Department of Emergency Medicine Harrisburg, Pennsylvania

Staff Physician 1992-2000

Emergency Association of Southwest Pennsylvania Washington, Pennsylvania

Staff Physician 1986-1992

AWARDS AND RECOGNITION

American College of Occupational and Environmental Medicine

Health Achievement in Occupational Medicine Award, 2010

Washington & Jefferson College

First Scholar in Psychology, 1979

PUBLICATIONS

- Kertay L, Caruso GM (Panel Co-Chairs), Baker N, Barth R, Christian J, et al. Chapter 5: Work disability prevention and management. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2022.
- Caruso GM, Kertay L, Brigham CR. Evaluating post-COVID conditions. American Medical Association (AMA) Guides Newsletter. 2021 Nov/Dec;26(6):3-14.
- Bruns D, Warren P (Panel Co-Chairs), Alleman T, Brady MM, Caruso GM, et al. Anxiety disorders. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2021.
- Caruso GM. Life expectancy issues in life care planning. J Life Care Plan. 2021 Mar;19(1):19-58.
- Bruns D, Warren P (Panel Co-Chairs), Alleman T, Brady MM, Caruso GM, et al. Depressive disorders. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2019.
- Caruso GM, Kertay L. Part II: Psychological factors in delayed and failed recovery and unnecessary disability. AMA Guides Newsletter. July/August 2019:3-14.
- Caruso GM, Kertay L. Part I: Psychological factors in delayed and failed recovery and unnecessary disability. AMA Guides Newsletter. May/June 2019:3-9.
- Caruso GM. Chapter 9: Behavioral health and Occupational Medicine: concepts, and Chapter 10: Behavioral health and Occupational Medicine: practices. In Warren PA, Ed. Handbook of Behavioral Health Disability Management. Switzerland: Springer Nature, 2018. (Ch. 9: 201-36; Ch. 10: 237-64).
- Bruns D, Warren P (Panel Co-Chairs), Alleman T, Brady MM, Caruso GM, et al. Posttraumatic Stress Disorder and Acute Stress Disorder. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2018.
- Green-McKenzie J, Merendino JJ, Caruso GM. New York City Transit Authority Medical Standards. Chapter 13: endocrine, metabolic, and nutritional systems. New York: NYCTA, 2014.
- Caruso GM. Biopsychosocial considerations in unnecessary work disability. Psychol Inj Law. 2013;6(3):164-82. DOI 10.1007/s12207-013-9162-y.
- Caruso GM. Book Review: Improving organizational interventions for stress and well-being: addressing process and context. J Occup Environ Med. 2013 Apr; 55(4):471-3.

PUBLICATIONS, CONTINUED

- Caruso GM. Chapter 4: Shared decision making in occupational medicine. In Llewellyn A, Ed. Shared Decision Making: A Tool to Ensure Patient-Center Care (Case in Point Series). Rockville, MD: Dorland Health (Access Intelligence), 2013.
- Caruso GM (Panel Chair), Barth RJ, Christian J, Goertz M, et al. Cornerstones of Disability Prevention and Management. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2011.
- Green-McKenzie J and Jacobs JJ (Panel Co-Chairs), Caruso GM, Holmes EB, Jones AL, et al. Hip and groin disorders. In Hegmann, KT, Hughes, MA, Biggs JJ (Eds). American College of Occupational and Environmental Medicine's Occupational Medicine Practice Guidelines (3rd Edition). Elk Grove Village, IL: ACOEM, 2011.
- Caruso GM, Dawson J, DeLuca J, Marcotte T, Rizzo M. Opinions of medical expert panel: Parkinson's disease, multiple sclerosis, and commercial motor vehicle driver safety. Presented to Federal Motor Carrier Safety Administration, September 2009. Available from https://www.fmcsa.dot.gov/sites/fmcsa.dot.gov/files/docs/PD_MS_MEP_Opinions_09212009.pdf.
- Metzner J, Dubovsky S, Caruso GM. Opinions of medical expert panel: psychiatric disorders and commercial motor vehicle driver safety. Presented to Federal Motor Carrier Safety Administration, August 13, 2009. Available from <https://www.fmcsa.dot.gov/sites/fmcsa.dot.gov/files/docs/Medical-Expert-Panel-Psychiatric-Psychiatric-MEP-Panel-Opin.pdf>.
- Caruso GM, Myette TL, Stave G. ACOEM Position Statement: Depression in the Working Population. American College of Occupational and Environmental Medicine, 2008.
- Caruso GM, Myette TL (Eds). *Special Issue: Depression in the Workplace*. J Occup Environ Med. 2008 Apr;50(4).
- Caruso GM. A clinical perspective on workplace depression: current and future directions. J Occup Environ Med. 2008 Apr;50(4):501-13.
- Caruso GM, Myette TL. Introduction: the ACOEM depression in the workplace project. J Occup Environ Med. 2008 Apr;50(4):379-80.
- Green-McKenzie J, Caruso GM. Health care workers' crucial barriers. Occup Health Saf. 2006 Apr;75(4):57-8, 112.
- Ruggiero RP, Caruso GM. Chylothorax – a complication of subclavian vein catheterization. JPEN J Parenter Enteral Nutr. 1985 Nov-Dec;9(6):750-3.

PRESENTATIONS

- “Time to Abandon the Mind-Body Duality in Occupational Medicine?”, American Occupational Health Conference (AOHC), Philadelphia, PA, April 2023
- “Update on Evaluating Post-COVID Conditions”, AOHC, Philadelphia, PA, April 2023
- “Update on Life Expectancy Determination in Life Care Planning”, American Academy of Nurse Life Care Planners (AANLCP) Annual Meeting, Memphis, TN, March 2023
- “Resilience in Impairment, Disability, and Return to Work”, IAIME Annual Meeting, Las Vegas, NV, January 2023
- “Bias in ‘Independent’ Medical Evaluation and Expert Witnesses”, IAIME Annual Meeting, Las Vegas, NV, January 2023
- “Life Care Planning for Medicolegal Evaluators”, IAIME Mid-Year Medicolegal Training Course, August 2022
- “Workplace Risk Factors for Delayed Recovery” (Moderator), IAIME Mid-Year Medicolegal Training Course, August 2022
- “Evaluation of Post-COVID Conditions”, AOHC/ACOEM, Salt Lake City, UT, May 2022
- “Post-Acute COVID Evaluation”, Brigham & Associates Webinar, December 2021
- “Life Expectancy Issues in Life Care Planning”, International Academy of Rehabilitation Professionals (IARP) and International Association of Life Care Planners (IALCP) Virtual Conference and Symposium, November 2021
- “Evaluating Mental Health Impairment” and “MUPS (Medically Unexplained Physical Symptoms) in the Context of Return to Work”, IAIME Mid-Year Medicolegal Training Course, July 2021
- “Complex Regional Pain Syndrome” and “Medical Cannabis”, AmTrust Complex Care Symposium, Dallas, TX, September 2019
- “Psychological Aspects of Delayed and Failed Recovery and Unnecessary Disability”
 - Tri-State Occupational Medical Society (TSOMA) Webinar, October 2020
 - IAIME National Scientific Session, Tucson, AZ, January 2019
 - Pennsylvania Occupational and Environmental Medicine Medical Society (POEMS) Webinar, October and December 2018
 - AOHC/ACOEM, New Orleans, LA, April 2018
 - SEAK National Workers Compensation Conference, Hyannis, MA, July 2017
- “Medically Unexplained Symptoms and Heartsink Patients,” AOHC, Chicago, IL, April 2016
- “Strategic Approaches to Occupational Medicine,” Johns Hopkins/PepsiCo Health and Wellness Summit, Baltimore, MD, October 2012

PRESENTATIONS, CONTINUED

- “Work Disability Prevention and Management”
 - Florida Workers’ Compensation Institute (FWCI) Conference, Orlando, FL, August 2011
 - AOHC, Los Angeles, CA, April 2012
- “Depression in the Workplace”
 - AOHC, New Orleans, LA, April 2007 and New York, NY, April 2008
 - ACOEM Webinar, 2008
- “Emergency Responder Health and Safety,” ACOEM State of the Art Conference (SOTAC), New York, NY, October 2006
- “Worker Fitness for Physically Stressful Duties,” AOHC, Los Angeles, CA, May 2006

PROFESSIONAL ACTIVITIES

American College of Occupational and Environmental Medicine

- Member, Mental Health Guidelines Panel (2017-present)
- Member, Behavioral Health Section (2017-present)
- Book and Peer Reviewer: *Journal of Occupational and Environmental Medicine* (2012-present)
- Member, Council of Scientific Advisors (2010-2020)
- Chair (2009-2019) and Co-Chair (2019-2023), Practice Guidelines Revision Panel: Chapter 5, Cornerstones of Disability Prevention and Management
- Member, Practice Guidelines Committee (2009-present)
- Member and Prior Vice Chair, Work Fitness and Disability Section (2008-present)
- Member, Practice Guidelines Revision Panel: Hip and Groin (2008-2011)
- Member, Mental Health Committee (2008-2010)
- Co-Chair, Depression in the Workplace Project (2006-2010)
- Guest Editor: *Journal of Occupational and Environmental Medicine*, Special Issue on Depression in the Workplace (April 2008)
- Member, Health and Productivity Toolkit Revision Panel (2007-2008)
- Co-Chair and Focus Group Moderator, Physician Health Project (2006-2007)
- Delegate, Maryland Component, House of Delegates (2006)
- Member, Health and Productivity Section (2005-2015)

Consulting Engagements

- Norton Sound Health Corporation (2014)
- New York City Transit Authority (2013-2015): Co-Author, Endocrinology Chapter, 2015 Revised Medical Standards for Employees
- Science Applications International Corporation (2011)

PROFESSIONAL ACTIVITIES, CONTINUED

International Academy of Independent Medical Evaluators

- Member, Strategic Marketing Committee (2022-present)
- Member, Board of Directors (2022-2023)
- Member, Strategic Planning Committee (2021-present)
- Member, Membership Committee (2020-present)

Johns Hopkins University

- Instructor in Medicine (2017-present)

Life Expectancy and Life Care Planning

- Member, American Association of Nurse Life Care Planners (AANLCP; 2021-present)
 - Member, Research Committee (2022-present)
- Member, American Academy of Physician Life Care Planners (AAPLCP; 2021-present)
- Member, International Association of Rehabilitation Professionals (IARP) and International Academy of Life Care Planners (IALCP; 2020-present)
 - Member, *Journal of Life Care Planning/Rehabilitation Professional* Editorial Board
 - Member, Costing Summit Planning Committee (2021-present)
- Member, American Academy of Insurance Medicine (AAIM; 2017-present)

Medical Journal Peer Review

- *Journal of Insurance Medicine* (2023-present)
- *Journal of Life Care Planning* (2023-present)
- *Occupational Medicine* (2014-present)
- *International Archives of Occupational and Environmental Health* (2010-present)

US FMCSA (DOT) Medical Expert Panels on Commercial Motor Vehicle Driver Safety

- Parkinson's Disease and Multiple Sclerosis (2009)
- Psychiatric Disorders (2009)