



Joel Chodos, MD, JD

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Highlights

- Columbia University-trained physician
- Assistant Professor of Medicine at Jefferson Medical College
- Gastroenterologist and internist with extensive clinical experience
- Fifteen years of experience as a medical expert
- Law graduate and bar member

Board Certifications

1982

American Board Internal Medicine

1985

Subspecialty Board of Gastroenterology

Bar Admissions

Member California Bar

EXPERIENCE

Private Practice of Gastroenterology

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930 Old Harmony Rd Suite D,
Newark, DE 19713

January 1989-Present

- Founded and developed successful solo private practice.
- Responsible for clinical care of patients and financial and administrative management of practice which is both a profession and a small, professional business.
- Voted a "Top Doc" in *Delaware Today* magazine by medical peers twelve times: 1995, 2000, 2005, 2010, 2012, 2013, 2016, 2017, 2018, 2020, 2021 and 2022.
- Involved in Quality Assurance at surgical center with which I am affiliated.
- Served as Endoscopy Director for hospital whose staff I joined in 1989.
- Designed and organized hospital's first GI lab in 1990.
- Publish a popular electronic GI newsletter (35 issues to date) with critical review of recent GI articles of clinical relevance for practicing physicians.

Medical Review Consultant

HHC Group Health
Insurance Consultants
Gaithersburg, MD

January 2013-2019.

- Served as part-time medical reviewer for medical necessity to insurers and state governments. Involves in-depth reviewing of extensive medical data, writing of guidelines and medical literature.
- Deal with high-level appeals.

Biomedical Council Member

Gerson Lehman Group (GLG)
New York, NY

July 2011-Present

- Served as an as-needed consultant to GLG for biomedical client consultancies.
- Covered a wide variety of subject matter.
- Dealt with sophisticated clients.

Faculty Appointments

1984-1987

Assistant Professor of
Medicine (Div of GI)
NY Medical College
Valhalla, NY 10595

1988-1989

Assistant Professor of
Clinical Medicine

Columbia University
New York, NY 10036

2006-Present

Assistant Professor of
Clinical Medicine

Jefferson Medical College
Philadelphia, PA

**Expert Medical Witness and
Medical Consultant**

2002-Present

- Served as an expert witness/consultant on over 25 occasions over the past 15 years on various GI matters for attorneys.
- Clients have included firms in Delaware, Pennsylvania, New York, Illinois, Kentucky, Massachusetts, North Carolina, Rhode Island ,Ohio, and Florida including defendant and plaintiff firms and Delaware Attorney General(Department of Justice.)
- Served as an educator to attorneys on medical matters, given expert testimony in court, and performed written analyses of cases. This has helped hone my analytical skills, ability to think critically and strategically, and to defend a position in cross-examination.

Clinical Investigator

HealthCore
(a Healthcare Research
Organization)
Newark, DE

2003-2009

- Clinical sub-investigator on pharmaceutical company sponsored clinical studies.
- Participated in double-blind study comparing Nexium and Prevacid in healing of erosive esophagitis.
- Principal investigator for study on the treatment of functional dyspepsia with promotility agent tegaserod (Axcn.)
- Responsible for subject enrollment, exams, and clinical reporting as part of team.
- In 2009 was enrolled in REMAIN trial of Astra-Zeneca re Nexium.

**Faculty Attending Physician-
Gastroenterology**

Columbia University
New York, NY

1988

- Faculty and staff member at Columbia University affiliate (Harlem Hospital) involved in teaching and patient care in an academic division of gastroenterology.

Post-Graduate Training

June 1982-July 1984

Montefiore Medical Center
Bronx, NY

Gastroenterology Fellowship
in affiliation with Albert Einstein
College of Medicine

Comprehensive clinical and
endoscopic training in
gastroenterology in a two-year,
well-respected fellowship
program

Drs. Leslie Bernstein and
Lawrence Brandt, Directors

July 1979-June 1982

Mount Sinai Medical
Center, New York, NY

Medical Internship and
Residency

Comprehensive Internal
Medicine training over 3 years in
rigorous program at nationally
noted hospital

**Private Practice of
Internal Medicine and GI.**
Burton Robinson, MD
Rye Brook, NY

1986-1987

- Employed as associate by established physician in a large internal medicine practice.

**Full-time Gastroenterology Faculty-
Asst Professor**
NY Medical College
Valhalla, NY

1984-1986

- Responsible for combination of patient care, teaching, and clinical.
- Did research in area of H.pylori and ulcer disease that led to several publications including an article in the Annals of Internal Medicine.

EDUCATION

2017 (Feb-June)

- **Physician Leadership Course** sponsored by Johns Hopkins and Es4p.com. Organizational and leadership tools course for physicians course.

2014

J.D. Northwestern California University School of Law
Sacramento, California

- Completed four years of part-time online correspondence law school program.
- Done while still in full time medical practice, during evenings and weekends.
- Winner of Liberty Prize essay contest in constitutional law (\$1,000 prize).
- **Passed California Bar Exam** on first attempt.

1979

M.D. Degree Columbia University
College of Physicians and Surgeons
New York, NY

- Graduated in top 15% of class and elected to National Honor society, **Alpha Omega Alpha**.

1975

A.B. Degree Columbia College New York, NY
Biochemistry Major

- Graduated **magna cum laude**. Elected to **Phi Beta Kappa**.

1972

Bronx HS of Science
Bronx, NY

- Graduated with honors. Top 4%
- High School diploma.
- Nationally noted science-oriented specialized HS in NYC whose alumni include 8 Nobel prize winners.

Presentations

Medical Grand Rounds,
Christiana Hospital. *H. pylori and
Ulcer disease*. September 1999

Surgical Grand Rounds,
Christiana Hospital. *Colon cancer
prevention*

Anesthesia Grand Rounds,
Christiana Hospital Peri-
operative acid suppression and
avoidance of pulmonary
aspiration

Medical Grand Rounds *Playing
Sherlock Holmes: Solving the
diagnostic puzzle of abdominal
pain. Live case presentation*
Demonstrating process of
deductive logic in arriving at this
man's diagnosis after years of
abdominal pain, Christiana
Hospital, Newark, DE March
2003

Medical Grand Rounds,
Christiana Hospital. *The Gut
Microbiota: a New frontier from a
newly recognized "organ."*
August 2014

Day in the Gut XXV. Words that
tell a story. Albert Einstein
College Medicine, Montefiore
Medical Center, April 13, 2018

PUBLICATIONS:

Chodos J, Francke EL, Saltzman M, Neu HC, Pharmacokinetics of intravenous Cefotaxime in patients undergoing chronic hemodialysis. *Therap Drug Monitoring*, 1981; 3: 11-74.

Chodos JE. Campylobacter infection mimicking ulcerative Colitis. *NY State J Med*, 1986; 86: 22-23.

Dworkin B, Chodos J. Gastrointestinal disorders in diabetes mellitus. In:

Bergman M (ed) *Principles of Diabetes Management*. New York Elsevier Publishing Co., 1987.

Chodos JE, Dworkin BM, Smith F et al. Campylobacter pylori and gastroduodenal disease: A Prospective Endoscopic study and comparison of

Diagnostic Tests. *Am J Gastro* 1988; 83: 1226-1230.

Perez-Perez GI, Dworkin B, Chodos J, Blaser MJ. *Campylobacter Pylori* : Campylobacter pylori antibodies in Humans. *Annals Intern Med* 1988: 109: 11-17.

Emiliani VJ, Chodos JE, Comer GM et al. Streptococcus bovis brain abscess associated with occult villous adenoma. *American J Gastro* 1989; 85: 78-80.

Dworkin BM, Chodos JE, Fernandez ME et al. Use of plasmid profiles in the investigation of a patient with Helicobacter pylori infection and peptic ulcer disease. *Am J Gastro* 1991; 86: 354-56.

Chodos JE. A practical office flow sheet for cancer screening In Adults. *Del Med J* 1995; 67: 486-488.

Chodos J. The case for screening for Colorectal Cancer: A Preventable Disease. *Del Med J* 2002; 74:93-94.

Chodos J. 1. *C. difficile* and PPIs—PPIs may not be innocuous . 2. Are Antibiotics (rifaximin-Xifaxin) the answers for IBS? *GI Newsletter* #1. Feb 2011.

Chodos J. New *C. difficile* medication fidoxamin. *GI Newsletter* #2, April 2011.

Chodos J. PPIs and fractures. How much concern is appropriate? *GI Newsletter* #3, May 2011.

Chodos J. 1. Pancreatitis and smoking. 2. Non-celiac gluten sensitivity. *GI Newsletter* #4. June 2011.

Chodos J. PPI use, hip fracture and change in bone density *GI Newsletter* #5 July 2011.

Chodos J. 1. Can fecal occult blood (FOBT) tests do harm? 2. Cancer sniffing dogs. *GI Newsletter* #6 August 2011.

Chodos J. 1. Colonoscopy screening intervals—are the right people getting screening colonoscopy? 2. Update: new *C. diff* medicatio fidoxamin (Difcid) costs \$3273 for 10 days !! but lower recurrence rates. *GI Newsletter* #7 Oct 2011.

Chodos J. New Statin monitoring recommendations re liver enzymes. *GI Newsletter* #9 March 2012.

Chodos J. New Weight Loss drug, Bleviq (locaserin) . Is it worth it? *GI Newsletter* #12, July 2012

Chodos J. How safe is mini aspirin. *GI newsletter* #13, Oct 2012

Chodos J. How will the delivery of medical care be Changing and does the lay publics know enough about it? *Del Med J*. 2012;84:83-85.

Honors:

Phi Beta Kappa, elected 1975

Alpha Omega Alpha (medical honor society), elected 1979

Voted to Top Docs list by my medical peers ten times in 1995, 2000, 2005, 2010, 2012, 2013, 2016, 2017, 2018, 2020, 2021, 2022

(Publications, cont.)

Chodos J. Intestinal microflora and methane producers. Is this the new frontier for weight loss? *GI Newsletter*. #14 Dec 2012.

Chodos J. Fecal transplant . *GI Newsletter* #15, February 2013.

Chodos, J A) Split dose prep and colon polyp detection rate; B) Does calling patients by phone day before help their colon prep? *GI Newsletter* #16, April 2014

Chodos J. Fecal microbial transplant update. 2. Eosinophilic esophagitis (EoE) treatment. *GI Newsletter* #17, June 2013 .

Chodos J. Spray hemostatic agent for endoscopic control GI bleeding. It seems to work and seems easy. *GI Newsletter* #18, Sept 2013.

Chodos J. Prophylactic gastro-protective agents against UGI bleed in patients on NSAIDS : are they being used enough and long enough? Two papers. *GI newsletter* #19, Feb 2014.

Chodos J. Is Barrett's over diagnosed? *GI newsletter* #20. June 2014

Chodos J. What to do with Barrett's? Expert guidelines. *GI newsletter* #21, Sept 2014.

Chodos J. Fecal microbiota, energy metabolism and obesity. Fecal microbiota in twins vs. unrelated individuals: Genetics vs. environment. *GI Newsletter* #22, February 2015.

Chodos J. High dose dual therapy for *Hpylori* may be superior to and less expensive than triple therapy. *GI Newsletter* #23, July 2015.

Chodos JE. Should there be Specialty courts for Medical malpractice litigation? *Columbia Medical Review* (NY). 2015: 1:10-22.

Chodos J. Modest weight loss proven effective in nonalcoholic steatohepatitis (NASH.) *GI Newsletter* #24, November 2015.

Chodos J. AGA guidelines on diverticulitis: a critical review. *GI Newsletter* #25, May 2016.

Chodos J. New guidelines for use of aspirin in primary prevention of CV disease and colorectal cancer. *GI Newsletter*. #26, Nov 2016.

Chodos J. What level of SGPT (ALT) is normal? NEW Guidelines. *GI Newsletter*. #27, February 2017

Chodos J. PPI use a cause of iron deficiency? *GI Newsletter* #28, May 2017.

Chodos J. PPI risk . Real or not real? What to tell patients. *GI Newsletter* #29 August 2017.

Chodos J. Simethicone added to colonoscopy prep can improve outcome. *GI Newsletter* #30 February 2018.

Chodos J. A potential promising treatment for diabetic fatty liver (NAFLD.) *GI Newsletter* #31 April 2018.

Chodos J. ACS recommends colon screening at age 45. What to do? *GI Newsletter* #32 June 2018.

Chodos J. CancerSEEK: a new blood test for detection of various cancers. *GI Newsletter* #33, April 2019

Chodos J. New International UGI bleed guidelines . *GI Newsletter* , #34, Dec 2019

Chodos J GI aspects of Covid 19. Fecal transmission risk is longer that respiratory #35 April 2020.

Chodos J. Colonoscopy effectiveness in preventing CRC: the endoscopist operator factor.#36, May 2021.

Rev: 8/2023