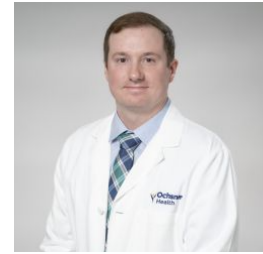


# Patrick Arcement PA-C, MMS

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## SUMMARY

Board certified Physician Associate (PA-C) practicing for 10 years in both a clinical and surgical setting for orthopedic surgery and orthopedic spine surgery. Have practiced primarily in sports medicine, shoulder and knee arthroscopy, orthopedic trauma, and spine surgery. Currently employed as an all-access Orthopedics Advanced Practice Provider seeing all spine and orthopedic related complaints in a rural clinical setting.

## CLINICAL EXPERIENCE

### **Ochsner Health - Orthopedics**

**Denham Springs, LA & Baton Rouge, LA  
April 2025 - Present**

- **Physician Associate (PA-C)**
- Clinical Role
  - Evaluating and diagnosing both orthopedic and spine conditions as all-access Advanced Practice Provider (APP) in an independent clinical setting.
  - Prescribing medications and ordering Physical Therapy when suitable for specific orthopedic/spine diagnoses
  - Ordering advanced imaging/studies such as CT, MRI, ultrasound, EMG/NCS, etc
  - Interpreting images/results of X-ray, MRI, CT, ultrasound, EMG/NCS with patients
  - Administering orthopedic steroid injections in clinic for appropriate shoulder, elbow, hand/wrist, hip, and knee diagnoses
  - Discussing surgical options and specifics regarding those surgeries such as anticipated recovery time, post-operative restrictions, potential surgery related complications, and risks of non-operative treatment
  - Performing telehealth and virtual visits
  - Prescribing Durable Medical Equipment (DME) for specific orthopedic/spine diagnoses, including correct sizing and fitting, as well as education on proper use of the DME
  - Pre-operative examinations and explaining the details of the planned orthopedic surgery, reviewing pre-operative lab work, reviewing all pertinent past medical history prior to surgery, discussing need for surgical clearances with appropriate physicians (Primary Care Provider, Cardiology, Anesthesia, etc.)
  - Performing post-operative examinations on surgical patients, interpreting post-operative X-rays, suture and/or staple removal with surgical wound care
- Surgical Role
  - First assist to orthopedic surgeon, Primarily sports medicine and knee surgeries
  - Patient positioning prior to surgery, first assist during surgery, suturing surgical wounds, applying post-operative dressings, inputting post-operative orders including medications, post-operative physical examinations in the PACU
  - Discussing with surgical patient's family the details of surgery as well as the surgeon recommended post-operative restrictions, reviewing arthroscopic images with patient's family

## **The Bone and Joint Clinic/The Spine Center of Louisiana**

**Baton Rouge, LA**

### **● Physician Associate (PA-C)**

**July 2016 - March 2025**

- Experience in orthopedic spine surgery, orthopedic surgery specializing in sports medicine
  - July 2016 - April 2018: Full time PA-C in spine surgery
  - April 2018 - April 2023: Full time PA-C: part time spine surgery, part time orthopedic surgery
  - April 2023 - March 2025: Full time PA-C in spine surgery
- Clinical Role
  - Taking histories and performing orthopedic/spine physical exams on patients
  - Prescribing medications and Physical Therapy for appropriate diagnoses
  - Ordering advanced imaging/studies such as X-Ray, CT scan, CT myelogram, MRI scan, EMG/NCS
  - Reviewing and interpreting advanced imaging with patients
  - Recommending spine pain management procedures based on MRI/CT/CT myelogram imaging of the cervical, thoracic, and lumbar spine
  - Diagnosing and treating orthopedic/spine conditions in a clinical setting both with a supervising physician and as an independent clinician
  - Administering orthopedic steroid injections, intramuscular toradol and/or steroid injections
  - Performing telehealth/virtual visits
  - Pre-operative and post-operative examinations on surgical patients
  - Post-operative wound care including removing sutures/staples, dressing changes
- Surgical Role
  - Assist in surgery for orthopedic sports medicine surgeries
  - Assist in surgery for orthopedic spine surgeries
  - Patient positioning prior to surgery, first assist to surgeon during surgery, suturing surgical wounds and applying surgical dressings
  - Rounding on post-operative patients in an inpatient hospital setting
  - Placing inpatient orders, prescribing medications, and assessing patients for discharge

## **Peak Performance Physical Therapy**

**Baton Rouge, LA**

### **● Physical Therapy Tech**

**Sept 2012 - Dec 2013**

- Assisting Physical Therapists by instructing patients on PT directed exercises
- Administering PT directed modalities such as ESTIM/TENS/NMES, ultrasound, thermotherapy, cryotherapy, mechanical traction, gameready

## **Bluebonnet Dental Care**

**Baton Rouge, LA**

### **● Dental Assistant / Sterilization Tech**

**Jan 2010 - Dec 2013**

- Assisting dental procedures, sterilization of dental instruments

## **EDUCATION**

### **Our Lady of the Lake College**

- Master of Medical Science in Physician Assistant Studies
- Graduated in May 2016
- GPA of 3.7

**Baton Rouge, LA**

### **River Parishes Community College**

- Pre-requisite courses - 16 credit hours
- Fall 2012 to Summer 2013
- GPA of 4.0

**Sorrento, LA**

### **Louisiana State University**

- Bachelor of Science Degree in Biological Sciences
- Graduated in December 2009
- GPA of 3.1

**Baton Rouge, LA**

## **PROFESSIONAL MEMBERSHIPS**

### **American Academy of Physician Associates (AAPA)**

- Member since 2014

### **Louisiana Academy of Physician Assistants (LAPA)**

- Member since 2014

### **Physician Associates in Orthopedic Surgery (PAOS)**

- Member since 2020

### **Academy of Physician Associates in Legal Medicine (APALM)**

- Member since 2026

## **CERTIFICATIONS**

### **National Commission on Certification of Physician Assistants (NCCPA)**

**Licensed Physician Associate in the State of Louisiana**

**Basic Life Support for Health Care Provider (BLS)**

**Advanced Cardiovascular Life Support Provider (ACLS)**

**US DEA License**

**Anticipated Certification of Added Qualifications in Orthopedic Surgery (CAQ-OS) in September 2026**

## **SCHOLARSHIPS**

### **Louisiana Taylor Opportunity Program for Students (TOPS)**

- 4 year undergraduate scholarship
- 2001

## **AWARDS**

### **Best Thesis Class of 2016**

- Our Lady of the Lake College Physician Assistant Program Graduating Class of 2016
- Management of Diabetic Ketoacidosis and Hyperosmolar Hyperglycemic State

## **PATIENT EDUCATION ARTICLES**

### **Text Neck**

- Published on April 13, 2017
- <https://spinecenterbr.com/text-neck/>

### **Golfing with Low Back Pain, Lumbar Stenosis and After Spine Surgery**

- Published on August 1, 2017
- <https://spinecenterbr.com/golfing-with-low-back-pain-lumbar-stenosis-and-after-spine-surgery/>

## **VOLUNTEER**

### **The Bone and Joint Clinic / The Spine Center of Louisiana**

- Preceptor for PA students at FRANU Physician Associate program in Baton Rouge, LA
- One month Orthopedic rotation, 2021-2024
- Students would rotate through each orthopedic subspecialty with multiple providers in our clinic

### **LSU Physician Assistant (Associate) Collegiate Society (LSU PACS)**

- Guest speaker at meeting for Pre-PA school LSU students on 02/08/2023
- Since this meeting, I have continued to have pre-PA students from LSU PACS shadow me in clinic and in the operating room

### **Sports Physicals**

- Ochsner Orthopedics and Sports Medicine Institute, Elite Training Complex
  - Annual, no-cost sports physical event
  - Local middle school and high school student-athletes from Grades 6-12
  - Student-athletes fulfill their Louisiana High School Athletic Association (LHSAA) requirements
  - 05/03/25, 05/16/26
- Local High Schools in the Baton Rouge area
  - 04/15/26 (Central High School)
  - 04/29/26 (Parkview Baptist High School)
  - 05/14/2026 (St. Thomas Aquinas High School)