

CATHERINE M. BUKSAR, PSY.D. HSPP

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Clinical Psychologist, Mediator, Forensic Evaluator

Professional License Numbers: Indiana: #20043119A | Illinois: #071.011081 | PsyPact APIT: #14607

Work Experience

Waypoint Psychological Services
Clinical Psychologist/Owner

Indiana, Illinois, and Nationwide
Oct. 2023 - Present

- Conduct psychological evaluations for clients referred for a variety of occupational psychology issues including fitness-for-duty, return-to-work, and pre-employment clearance. Other assessment referrals include ADHD, depression, anxiety, bipolar disorder, and personality concerns.
- Conduct forensic evaluations and expert witness testimony for court-referred clients. Work includes evaluation for mood/personality disorders, cognitive concerns, disability, requests for work accommodations, parental capacity or custody-related issues, and reviewing clinical/medical/legal documents for initial and second opinions.
- Conduct psychological evaluations for clients prior to surgery as well as offer psychoeducation around comorbid conditions and their effect on successful surgical outcomes.
- Work with surgeons and other members of patients' surgical teams to coordinate care and provide documentation to ensure patient compliance with recommendations.

Anderson Behavioral Health
Supervising Psychologist

Chicago, Illinois
July 2023 – July 2024

- Supervised doctoral-level externs and interns as part of an accredited training program, including individual therapy, group psychotherapy, and psychological assessment related to clinical and forensic concerns.
- Mentored students to help them develop evidence-based, client-centered clinical goals. Assessed outcome data regarding treatment effectiveness and client retention.
- Worked with the other members of the Practice Leadership Team to educate students via psychoeducational programming, workshops, didactics, and direct clinical consultation.

Clarity Clinic
Clinical Psychologist

Munster, Indiana
July 2019 – Oct. 2023

- Conducted psychological assessments and evaluations as part of an integrative group practice (psychiatry, therapy, assessment). Areas of practice included pre-surgical evaluations, custody issues, school risk assessments, pre-employment evaluations, and fitness-for-duty/return-to-work evaluations as well as ADHD, mood and behavior concerns, PTSD and trauma, and bipolar disorder.
- Provided psychotherapy to clients seeking help for mood issues, parenting concerns, sports/performance issues, and women's issues including pregnancy and prenatal/postpartum

depression and anxiety. ADHD coaching for students was offered as an adjunct to therapy as well as case consultation to in-house doctoral interns and other assessment professionals.

- Functioned as a member of the Clinical Care Team to achieve patient outcomes within established parameters, through the development, communication, and implementation of the plan of care.
- Offered educational outreach on psychological wellness, disorders, and access to treatment within the community. Outreach groups included corporate groups, advocacy organizations, local hospitals, primary care clinics, physicians and house staff, case managers, and other care providers.
- Delivered ongoing education, training, and assistance for parents to equip, enhance, and encourage their skills in working with their children.
- Supervised mental health student interns on all aspects of direct practice including therapy and conducting psychological assessment. Skills supervised included conducting clinical interviews, obtaining collateral information, performing directed observation, creating the therapeutic alliance, addressing transference issues, report writing, and feedback for clients seeking testing services.

Regional Health Systems: Mental Health
Supervising Psychologist

Merrillville, Indiana
Nov. 2016 – Aug. 2019

- Conducted intakes, assessment, evaluation, treatment planning, and individual therapy for children, teens, and adults. Coordinated with Regional Health Clinic to provide medical services to clients engaged in mental health services.
- Conducted psychological assessments and evaluations for adults, teenagers, and children. Clients included those needing pre-surgical clearance prior to bariatric or chronic pain interventional procedures, those involved with the legal system, e.g. custody evaluations, parental fitness, substance abuse, adoption, and educational evaluations for autism, ADHD, behavioral concerns, and other mental health diagnoses.
- Supervised Clinical Psychology doctoral interns regarding assessment procedures, writing, and general functions within the RHS Child and Adolescent Department, particularly as it interfaced with the Indiana Department of Child and Family Services. Participated in assessing the quality of professional psychology standards provided throughout the organization (as an APA-approved training site.).
- Supervised therapeutic visitation sessions with parents and children involved with the Department of Children and Families. Offered psychosocial and parenting information during real-time visits to help parents develop appropriate parenting skills, learn conflict resolution and practice impulse control.
- Coordinated regular contact and collaboration within a team approach including psychiatry, social services, schoolteachers/administration, probation, and others for optimal client care.

Clarity Clinic
Therapist/Parent Training Specialist

Munster, Indiana
Nov. 2016 – Sept. 2017

- Conducted assessments, evaluations, treatment planning, and psychological therapy for children, teens, adults, couples, and families.
- Processed client applications for FMLA, SSDI, and short/long-term disability. Performed necessary assessments with clients and completed documentation to ensure ongoing delivery of services.

- Implemented ongoing education and assistance for new and existing parents utilizing Systemic Training for Effective Parenting (S.T.E.P.)

Teaching Experience

Illinois School of Professional Psychology: National Louis University
Adjunct Professor

Chicago, IL
Aug. 2024- Present

- Develop course syllabi, capstone content, and relevant materials for presentation to doctoral-level clinical psychology students.
- Assist with graduate student dissertations as a reader and research advisor.
- Coordinate with the department chair and other instructors to ensure consistent curriculum content and standards. Develop new course offerings that align with program goals and are specifically related to Health Psychology.

Indiana University Northwest
Adjunct Professor: College of Arts & Sciences, School of Psychology

Gary, Indiana
Aug. 2016- May 2021

- Developed course syllabi, lesson plans, and prepared/presented material to undergraduate and graduate students through lectures and interactive simulations.
- Coordinated with the department chair and other instructors to ensure consistent curriculum content and standards.

Education

Psychological Assessment Institute, Merrillville, IN
Post-doctoral specialization in Forensic Evaluation, Juvenile and Family Court Systems
August 2015 – July 2016

Adler University, Chicago, IL
April 2015 ▪ Doctor of Psychology (Psy.D.) Clinical Psychology

Adler School of Professional Psychology, Chicago, IL
October 2008 ▪ Master of Arts (M.A.) Counseling Psychology

Purdue University, West Lafayette, IN
May 1992 ▪ Bachelor of Science (B.S.) in Psychology

Professional Associations

- Association of Family and Conciliation Courts: Member 2017 – Present
- American Society for Metabolic and Bariatric Surgery: Member 2023 - Present

Training & Conferences (past 5 years)

- AAFC Annual Conferences: virtual 2021, in-person 2018, 2019, 2022, and 2026
- ASMBS Annual Conference: May 2024 and Jun. 2025
- Statewide Guardian ad Litem Training: A Guide to Guardian ad Litem Practice
June 2023

- AAFP: Evaluation of Fitness for Duty: Foundations and Methods: May 2023
- SPA Annual Convention: Mar. 2019 and 2022
- Domestic Relations Mediator Training – State of Indiana
Apr. 2022
- The Fundamentals of Parenting Coordination Training
Nov. 29 – Dec. 2, 2021
- AAFP: Best Practices for Conducting Disability Evaluations: September 2021
- Improving use of the POST Psychological Screening Dimensions in Pre-Employment Psychological Evaluations
June 2021