

Dr. Matt Bruce, Assistant Professor & Licensed Clinical Psychologist, BSc, MSc, D.Clin.Psy
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PROFILE

Dr. Bruce is a licensed psychologist and expert witness in the District of Columbia and the Commonwealth of Virginia. Since 2005, he has worked as a clinical psychologist in forensic services in the U.K., providing assessments, consultations, treatments, and management services for high-risk offenders with complex needs in both secure and community settings. He has also served as a licensed psychologist at St. Elizabeth's Hospital, Department of Behavioral Health, providing evaluations and treatment to individuals with acute and complex needs. Dr. Bruce is an assistant professor of forensic psychology at The George Washington University. His clinical and research specialization focuses on sexual and violent risk assessment, personality disorders, and offender treatment and management in forensic settings. He has published numerous peer-reviewed journal articles, empirical studies, and book chapters on the subject of forensic psychology.

REGISTRATION

Licensed Clinical Psychologist (District of Columbia; PSY1001104)
Licensed Clinical Psychologist (Virginia; 0810005649)

EDUCATIONAL PROFILE

D.Clin.Psy Clinical Psychology (D.Clin.Psy), University College London, UK (Sept 2002 – Sept 2005)
MSc Theoretical Psychoanalytic Studies (Distinction), University College London, UK (Sept 2000 – Sept 2002)
BSc (Hons) Applied Psychology (First Class), University of Wales, Cardiff, UK (Sept 1996 – Jun 2000)

AWARDS AND SCHOLARSHIPS

National Health Service (NHS) Heroes Award (2012)
Literati Network Award for Excellence (2012)
Department of Health, UK, Bursary (2009)
Health Care Research Scholarship (2007-2010)

ACADEMIC AND TEACHING PROFILE

Assistant Professor: Department of Forensic Psychology, George Washington University (July 2016 – Present)

I currently teach a range of courses in forensic psychology to graduate students. I also lead the research section for the forensic psychology program and actively engage in both theoretical and service evaluation initiatives both domestically and internationally.

Lecturer and Researcher: Department of Forensic and Neurodevelopmental Sciences, Kings College London (Sep 2007 – Sept 2021)

I regularly lectured, selected, graded, evaluated and tutored MSc students and professionals on topics related to risk assessment and working with personality disorder in forensic settings.

South London & Maudsley Lead for Personality Disorder Training (Oct 2010 – Aug 2015)

I was a trainer for the Knowledge and Understanding Framework (KUF) Personality Disorder Awareness program and have trained over 200 employees from various agencies and disciplines across London.

Global Volunteer Network: International Volunteer for Buduburam Refugee Camp, Ghana (Oct 2005 – Mar 2006)

Designed and implemented a number of trauma workshops for local refugee counsellors and veteran former child soldiers. I was also involved in sexual health awareness groups throughout the camp as well as presenting at an HIV workshop.

INDEPENDENT PRACTICE

Expert Witness: Private Practice (Sept 2007 – Present)

I have consulted as an expert witness on a wide range of civil, criminal and family matters. My specific areas of expertise are in the assessment of malingering, fitness to plead/competency evaluations, sentence mitigation, dangerousness, personality disorder and risk of reoffending. I have a robust understanding of the US legal system and its associated procedures, practices, and professionals.

N-Gage Director: East London Mental Health Foundation Trust (Jan 2014 – July 2017)

N-Gage is a unique and innovative company designed, developed and delivered by individuals with extensive experiences of living with a diagnosis of personality disorder and offending histories. The company aims to provide ex-service users real opportunities for meaningful involvement, employment, and skill development by building on the expertise they have acquired.

CLINICAL PROFILE

Licensed Clinical Psychologist: Saint Elizabeth's Hospital, Department of Behavioral Health (Dec 2015 – July 2016)

As a clinical psychologist on a busy pre-trial unit I provided rapid assessment and treatment to males with complex clinical presentations requiring competency restoration as well as consultation to, and supervision of, other professionals and agencies.

Senior Clinical Psychologist: Community FIPTS Team, South London & Maudsley NHS, UK (Dec 2008 – August 2015)

As Clinical Lead in this multidisciplinary community project, I ensured the provision of expert consultation on risk assessment, management and treatment of men and women with forensic and mental illness histories who have personality disorder to a wide range of Government and private services in order to reduce the risk of violence and personality pathology and increase public safety.

Acting Team Leader: Community FIPTS Team, South London & Maudsley NHS, UK (Aug 2013 – Jan 2014)

I managed the day-to-day operation of the FIPTS community team that includes holding responsibility for staff recruitment, budget, income generation, workforce development and strategic planning. This role requires good working relationships with senior personnel within and across a wide range of service providers.

Principal Clinical Psychologist: London Pathways Progression Unit (LPPU), HMP Belmarsh Prison, UK (Apr 2013 – Dec 2014)

I assisted in the launch of LPPU and currently provide 2 sessions a week of clinical and managerial input. The aim of the LPPU is to enable high risk, high harm, prisoners to progress safely to the community through an individual release pathway, ensuring a reduced risk of re-offending and improved psychological health and wellbeing.

Chartered Clinical Psychologist: MSU Forensic PD Pilot Project, South London & Maudsley NHS, UK (Jun 2006 – Dec 2008)

As a Clinical Psychologist working on a 15 bedded medium secure unit for men personality disorders who present a high risk of causing serious harm to others I delivered consultation, assessment and interventions to reduce risk to others, decrease personality pathology, associated suffering and distress as well as increase prosocial and adaptive behaviours

RESEARCH PROFILE

Chief investigator/Project Lead: London Pathway Partnership (LPP) (Aug 2013 – April 2015)

I was responsible for the implementation and evaluation of a multi-site research study across all approved premises (probation hostels) in London, UK. All approved premises received training and an intervention program that I designed and piloted at a local level.

Research Supervisor: Kings College London, (Sept 2008 – Present)

I am responsible for supervising a number of MSc and D.Clin.Psy research projects and giving presentations and lectures on the subject of forensic personality disorder, risk assessment and management.

Honorary Chief Investigator: Department of Forensic and Neurodevelopmental Sciences, Kings College London (Sep 2007 – April 2015)

I investigated the prevalence rates and correlates of conduct disorder and antisocial personality disorder among men of African/African-Caribbean heritage with severe mental illness. This research also included identifying risk profiles, offence typologies and mental health correlates of men with antisocial personality disorder.

Project Research Representative: Home Office: DSPD Research Forum (Jun 2007 - May 2009)

As an active member of a forum that meets to discuss research projects and developments within each of the DSPD sites throughout the UK I was responsible for presenting all research and audit activities with my clinical service.

PUBLICATIONS LIST (past 10 years)

Deutz, E., & Bruce, M. (2025). Sexual recidivism among adults with a history of childhood sexual victimization: A meta-analysis. *Sexual Abuse*. Under review.

Bruce, M., Bennett, E., & Bernard, Z. (2025). Victimization in other- and self-directed violence as a function of ethnicity and primary diagnosis among inpatients with serious mental illness. *International Journal of Social Psychology*, 1-10, doi: 10.1177/00207640241310187.

Bruce, M., & Weinraub, D. (2023). Implicit gender bias in the clinical judgment of psychopathy and personality disorders among licensed psychologists in the USA. *Journal of Personality Assessment*, 105(6), 763-769, doi: 10.1080/00223891.2023.2178928.

Bruce, M., Patel, S., & Stevens, P. (2020). Psychologically informed practice (PIP) within the offender personality disorder pathway: Towards establishing an evidence base for approved premises. *Criminal Behaviour and Mental Health*, 30(5), 268-280.

Bruce, M., & Smith, J. (2020). Length of stay among multi-ethnic psychiatric inpatients in the United Kingdom. *Comprehensive Psychiatry*, 102, doi: 10.1016/j.comppsy.2020.152201.

Bruce, M., Kerr, R., Russell, S., & Cullen, A. (2016). Psychologically Informed Practice (PIP) for staff working with offenders with personality disorder: A pragmatic exploratory trial. *Criminal Behaviour and Mental Health*, 27(4), 290-302.

Schaefer, R., Broadbent, M., & Bruce, M. (2016). Violent typologies among inpatients with severe mental illness. *Social Psychiatry and Psychiatric Epistemology*, 51(12), 1615-1622.

Bruce, M., & Laporte, D. (2015). Childhood trauma, antisocial personality typologies and recent violent acts among inpatient males with severe mental illness: exploring an explanatory pathway. *Schizophrenia Research*, 162, 285-290.

Bruce, M., Jeffcote, N., Cowley, S., & Coulston, B. (2013). Community DSPD pilot services in south London: Rates of reconviction and impact of supported housing on reducing recidivism. *Criminal Behaviour and Mental Health*, 24, 129-140.

BOOK CHAPTERS (past 10 years)

Bruce, M. (2022). Aggression. In J. Harvey, D. Ambrose, & P. Wallang. (Ed.), *Social Psychology in Forensic Practice*. London, UK: Routledge.

Bruce, M. (2016). Cognitive Behavioral Therapy. In A. Vossler, C. Havard, G. Pike, M. Barker & B Raabe. (Ed), *Mad or Bad? A critical approach to Counseling and Forensic Psychology*: London, UK: Sage.

Bruce, M. (2014). Violent offending: developments in assessment and treatment in the community. In Z. Ashmore, & R. Shuker. (Ed.), *Forensic Practice in the Community*. London, UK: Routledge.

CONFERENCE POSTERS/PRESENTATIONS

Bruce, M. (2010). Comorbidity of personality disorder and mental illness among ethnic minorities. Paper presented at the Personality Disorder: Theory and Treatment Conference. Priory Secure Services Farmfield, Surrey, UK.

Bruce, M. (2011). Association of traumatic events with antisocial personality disorder and aggressive behaviour among service users with severe mental illness. Paper presented at the British Psychological Society Forensic Conference. London, UK.

Bruce, M. (2011). Ethnic differences in criminal convictions and aggressive acts among service users with severe mental illness. Paper presented at the Eighth National Conference of Research in Forensic Secure Units. London, UK.

Bruce, M., Laporte, D., Fallon, C., & Ndegwa D. (2012). *Associations between age of traumatic exposure with antisocial personality disorder and serious aggressive behaviour in male service users with severe mental illness*. Poster presented at the Ninth National Conference of Research in Forensic Secure Units. London, UK.

Bruce, M. (2012, March). Community DSPD services in south London: profiles and outcomes. In M. McMurrin (Chair), *High risk and living in a street near you: what we've Learned from the DSPD community pilots*. Symposium conducted at the meeting of the British and Irish Group for the Study of Personality Disorder: 12th Annual Conference. Manchester, UK.

Bruce, M. (2013, February). Psychologically Informed Practice (PIP): development, implementation, outcomes. In R. Kerr (Chair), *Engaging non-engagers: transforming the landscape of "treatment" for violent offenders*. Symposium conducted at the meeting of the British and Irish Group for the Study of Personality Disorder: 13th Annual Conference. Belfast, UK.

Bruce, M., Russell, S. Kerr, R., Cullen A. (2013, April). Psychologically Informed Practice (PIP) in Approved Premises in South London: A Pragmatic Exploratory Trial. Paper presented at the Tenth National Conference of Research in Forensic Secure Units. London, UK.

Bruce, M. (2014, February). Desistence Theory, Enabling Environments and Transitional Objects. In M. Crawford (Chair), *A new pathway for community forensic personality disorder services*. Symposium conducted at the meeting of the British and Irish Group for the Study of Personality Disorder: 14th Annual Conference. Lincoln, UK.

Bruce, M. (2015, April). Violent Typologies among Female Inpatients with Severe Mental Illness. Paper presented at the Twelve National Conference of Research in Forensic Secure Units. London, UK.

REFERENCES

On Request