

**SANAM ZAHEDI, MD**

2390 NE 186<sup>th</sup> St, Suite 3, Aventura FL 33180 - (305)-400-9905 – szlegalreview@gmail.com

**PRESENT POSITION AND ADDRESS:**

Plastic Surgeon/Owner  
Zahedi Plastic Surgery  
2390 NE 186<sup>th</sup> St, Suite 3, Aventura FL 33180

**PREVIOUS POSITION:**

Sept 2022 – April 2025      Plastic Surgeon  
Yates Institute of Plastic Surgery

**EDUCATION:**

July 2019 - June 2022      Plastic Surgery- Fellowship  
University of California Davis, Sacramento, CA

July 2014 - June 2019      General Surgery-Categorical Residency  
University of Texas Medical Branch, Galveston, TX

June 2010 - May 2014      Doctor of Medicine  
Florida State University College of Medicine, Tallahassee, FL

August 2006 - May 2010      Bachelor of Science in Psychology, *Cum Laude*  
University of Florida, Gainesville, FL

August 2005 - June 2006      The Benjamin High School  
Palm Beach Gardens, FL

**LICENSURE:**

American Board of Plastic Surgery – 12/1/2025 to 12/31/2030  
American Board of Surgery – 10/21/2019 to 01/05/2027  
Florida Medical License – ME154600, 1/07/2026 to 1/31/2028  
California Medical License – A159041, 10/18/2018 to 10/31/2022  
Florida DEA License – Fz8161387, 04/27/2022 to 05/31/2025  
Advanced Cardiovascular Life Support (ACLS) – 05/20/2024 to 05/20/2026  
Advanced Trauma Life Support (ATLS) – 07/06/2018 to 07/06/2022

**PUBLISHED:**

**A. ARTICLES IN PEER-REVIEWED JOURNALS:**

1. **Zahedi S, Furnas H.** “Algorithm for Trim and Wedge Labiaplasties.” *Aesthetic Surgery Journal*. June 2023. <https://doi.org/10.1093/asj/sjad033>.
2. **Zahedi S.** “Commentary: Global Trends in Plastic Surgery on Social Media: Analysis of 2 Million Posts.” *Aesthetic Surgery Journal*. April 2021. *doi: 10.1093/asj/sjab167*.

3. **Zahedi S**, Hancock E, Phillips LG, Moliver C. “Social Media’s Influence on Breast Augmentation.” *Aesthetic Surgery Journal*. Sept 2019. doi: 10.1093/asj/sjz253.
4. **Zahedi S**, Lopez M, Phillips LG. “Implications of Demographics and Socioeconomic Factors in Breast Cancer Reconstruction.” *Annals of Plastic Surgery*. 2019;83(4):388-391. doi 10.1097/SAP.0000000000001919.
5. Li, RT. **Zahedi S**, Trieu J, Lea AS, Calhoun WJ, Duarte AG, Zhao J, Okereke IC. “Post-Transplant Native Pneumonectomy for Interstitial Fibrosis and Small Cell Lung

## **B. OTHER**

### Book Chapters

1. **Zahedi S**, Mclaughlin J, Phillips LG. 2019. Gluteal Flap for Pressure Sores. In: Operative: Plastic Surgery.
2. Klimberg SV. **Zahedi S**. 2019. “Intra-operative Ultrasound-Guided Excision of Nonpalpable Lesions.” In: The Breast: Comprehensive Management of Benign and Malignant Diseases.

### Publications – In Progress

1. **Zahedi S**, Polyak T, Bascone C, Sawyer S, Tran A, Pereira C. “Bariatric Surgery’s Effect on Compression Neuropathy.” 2024. *Under Review by Annals of Plastic Surgery*.

## **PRESENTATIONS:**

1. Zahedi S. “First Case Report of Poly-microbial Necrotizing Soft Tissue Infection after Facelift Surgery and a Systematic Review of the Literature.” American Society of Plastic Surgeons Conference, Atlanta, GA, October 2021.
2. Zahedi S. “Bariatric Surgery’s Effect on Compression Neuropathy.” American Society of Plastic Surgeons Conference, Atlanta, GA, October 2021
3. Zahedi S. “Bariatric Surgery’s Effect on Compression Neuropathy.” Research Day Symposium, University of California Davis, Sacramento, CA, April 2021.
4. Zahedi S. “First Case Report of Poly-microbial Necrotizing Soft Tissue Infection after Facelift Surgery and a Systematic Review of the Literature.” California Society of Plastic Surgeons Annual Conference, Monterey, CA, March 2021.
5. Zahedi S. “Social Media’ Influence on Breast Augmentation.” American Society of Plastic Surgeons Virtual Conference, October 2020.
6. Zahedi S. “Social Media’s Influence on Breast Augmentation.” California Society of Plastic Surgeons Annual Conference, Virtual, August 2020.

7. Zahedi, S. “Social Medial & General Surgery.” Grand Rounds Lecture at University of Texas Medical Branch, Galveston, Texas, May 2019.
8. Zahedi S. “Implications of Ethnicity, Patient Preferences, and Demographics in Post-Mastectomy Breast Reconstruction” American College of Surgeons: Clinical Congress, Boston, Massachusetts, October 2018.
9. Zahedi S. “Implications of Ethnicity, Patient Preferences, and Demographics in Post-Mastectomy Breast Reconstruction” American Society of Plastic Surgeons Conference, Orlando, Florida, October 2017.
10. Zahedi S. “Implications of Ethnicity, Patient Preferences, and Demographics in Post-Mastectomy Breast Reconstruction” Texas Society of Plastic Surgeons Conference, Fort Worth, Texas, September 2017.
11. Zahedi S. “Implications of Ethnicity, Patient Preferences, and Demographics in Post-Mastectomy Breast Reconstruction” Quality Improvement Symposium, Galveston, Texas, May 2017.
12. Zahedi S “The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.” American Academy of Dermatology Summer Symposium, New York, New York, July 2013.
13. Zahedi S. “The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.” American College of Physicians Annual Florida Meeting, Orlando, Florida, March 2013.
14. Zahedi S. “The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.” North America Primary Care Research Group Annual Meeting, December 2012.
15. Zahedi S. “The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.” Florida State College of Medicine Annual Research Fair, Tallahassee, Florida, February 2012.

**HONORS/AWARDS:**

Feb 2026                      **Castle Connolly Top Doctor for 2026**

Jan 2026                      **Palm Beach Media Group Top Doctor for 2026**

Feb 2025                      **Castle Connolly Top Doctor for 2025**

- January 2024 **Top Cosmetic Surgeon – Fort Lauderdale Magazine’s Best of Fort Lauderdale Issue**
- February 2020 **American Society of Maxillofacial Surgeon’s Trauma Scholarship**
- May 2018 **ACS: Advocacy and Leadership Summit Scholarship**
- March 2013 **American College of Physicians – Poster Competition**  
*First Place Award*  
“The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.”
- December 2012 **North America Primary Care Research Group – Poster Competition**  
*Best Trainee Poster Award*  
“The incidence of malignant and premalignant cutaneous lesions undetected by patients prior to undergoing total body skin examination (TBSE) at a North Florida Dermatology Clinic.”
- 2006 – 2010 **Dean’s List**
- 2006 – 2010 **Florida Bright Futures Scholarship**
- December 2004 **Dizin Ski Tournament – Slalom Ski Competition**  
*Bronze Medal*

**PROFESSIONAL AND TEACHING EXPERIENCE:**

**A. LEADERSHIP**

- 2020-Present **The Loupe Podcast: Plastic Surgery Education**  
*Founding Core-Host & Marketing Executive*  
Globally Ranked in Top 2% for educational podcasts based on Listen Score. Serves as an educational supplement for medical students, residents, fellows and surgeons. Providing quick hit reviews for the plastic surgery inservice, mock oral scenarios and discussions with experts and well-known educators in the field.
- 2020-Present **Florida State College of Medicine**  
*Alumni Board Member*
- 2020-Present **American Society of Plastic Surgeons**  
**Women Plastic Surgeons Steering Committee, Member**
- 2020-Present **American Society of Plastic Surgeons**  
**Annual Meeting Educational Program Committee, Member**

- 2018-2019            **UTMB Hospital**  
**Chief Resident Committee, *President***  
 Worked as liason between all the residents and the hospital's Graduate Medical Education
- 2013-2016            **Florida Chapter – American College of Physicians**  
***Representative in the first Counsel of Student Members***  
 Established the first Counsel of Student Members for the Florida Chapter. Addressed the needs of medical students and represented their interest.
- 2012-2018            **Argo-Noles Mentors, *Mentor***  
 Mentored undergraduate students from University of West Florida interested in medicine.
- 2009-2010            **American Pre-Medical Women's Association – University of Florida**  
***President***  
 Organized fundraising, volunteer and shadowing activities for students interested in medicine.
- 2008-2010            **Alpha Epsilon Delta (University of Florida)**  
 Pre-health Honor Society
- B. SERVICE**
- April 2013            **Underserved Health Fair, *Coordinator – blood sugar station***  
 Provided free blood sugar screening and diabetes education and prevention to the residents of Volusia County.
- April 2013            **RayZ Awareness – Melanoma 5K Free Cancer Screening, *Organizer***  
 With the help of Dr. Gina Sevigny (local dermatologist), we were able to offer free skin examinations to the runners and the observers of the race in Volusia County.
- February 2013        **Hope Reins – Children's Festival, *Welcome Chair***  
 Set up activities and greeted children who were attending the festival. Hope Reins is a program designed to pair children with difficult life situations with rescue horses in hopes of helping them find hope and healing.
- March 2011            **Mission Trip to Nicaragua, *Students Interested in Global Health***
- January 2011         **Camp Boggy Creek – Spina Bifida Weekend, *Camp Counselor***

Provided care and assistance for campers to encourage independence and create a camping experience that is memorable, physically safe and medically safe.

2010-2013

**Project Prevent at the Shelter, *Organizer***

Provided free blood pressure screenings for men and women at the city's homeless shelter

**MEMBERSHIP IN SCIENTIFIC SOCIETIES/PROFESSIONAL ORGANIZATIONS:**

American Society of Plastic Surgeons (ASPS)

American Society for Aesthetic Plastic Surgery (ASAPS)

American College of Surgeons (ACS)

Association of Women Surgeons (AWS)