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EDUCATION

Cornell University, Ithaca, NY
August 1991-May 1995
BS, May 1995

University of Medicine and Dentistry of New Jersey (UMDNJ), Robert Wood
Johnson Medical School/Rutgers, Piscataway, NJ
August 1995-May 1999
MD, May 1999

POSTGRADUATE TRAINING

Internship: Internal Medicine
Mount Sinai Medical Center, New York, NY
July 1999-June 2000

Residency: Internal Medicine
Mount Sinai Medical Center, New York, NY
July 2000-June 2002

Fellowship: Endocrinology, Diabetes & Bone Diseases
Mount Sinai Medical Center, New York, NY
July 2002-June 2004

EMPLOYMENT

Private Endocrinologist: North Jersey Endocrine Consultants, LLC, 3695 Hill Rd,
Suite 2A, Parsippany, NJ 07054
November 2007-present

Private Endocrinologist: Metabolic Associates, 204 Eagle Rock Avenue,
Roseland, NJ
July 2004-November 2007

HONORS/AWARDS

UMDNJ Alumni Scholarship Award, August 1997
Alpha Omega Alpha, Member, September 1998-present
Delbert D. Griffith Memorial Scholarship Award, August 1998
National Health Service Corps Award for Outstanding Community Service
Research, March 1999
UMDNJ Excellence in Research Award, May 1999
UMDNJ Alumni Award, May 1999
Trainee Clinical Vignette Award, Society of General Internal Medicine
Mid-Atlantic Regional Meeting, March 2002
Fellow of the American Association of Clinical Endocrinologists, May 2008

CERTIFICATION & ACCREDITATION

USMLE: Step One, 1997; Step Two, 1998; Step Three, 2000
American Board of Internal Medicine, August 2002 (did not re-certify in 2012)
AACE Thyroid Ultrasound and FNA Biopsy Accreditation Course, March 2004
ISCD Certified Clinical Densitometrist, March 2004
American Board of Internal Medicine, Endocrinology Subspecialty, initial certification
November 2004. Re-certified November 2014, November 2024

LICENSURE

New York State License # 218426, July 18, 2000 (inactive status)
New Jersey State License # 25MA07699700, January 12, 2004

PUBLICATIONS

(Note: Maiden name = Blumenthal)

Blumenthal SN, Bachmann GA, Reichman W. Alzheimer's disease in postmenopausal women: Screening for cognitive decline in the OB/GYN office. *Primary Care Update for OB/GYNs*. 1999; 6:135-140

Kountz DS, Blumenthal SN, Miller T, Smith D. Impact of a nurse-managed anticoagulation clinic in a staff-model HMO. *Journal of General Internal Medicine*. 2000;15(Supplemental 1):129

Blumenthal SN, Vasiliades A. Complete oculomotor nerve palsy: a neurological emergency. Vignette abstract at the 22nd Annual Mid-Atlantic Regional Meeting of the Society of General Internal Medicine, March 2002

Mintz SN, Liu XH, Yao S, et. al. Steroid Hormone Modulate the Expression of KLF6 and p21 in Human Prostate Cancer Cells. Abstract accepted for the Endocrine Society Conference, June 2004

Cheryl R. Rosenfeld, DO, FACE, Bruce Bode, MD, Nancy Bohannon, MD, Adam Kelman, MD, Shari Mintz, MD, Sridhar Nambi, MD, Alan Schorr, DO. Clinical practice improved glycemic control in type 2 diabetes patients using the V-Go™ as insulin delivery device. Abstract at the American Association of Clinical Endocrinologists Annual Meeting, April 2010.

LECTURES/ PRESENTATIONS

HIPHOP (The Homeless and Indigent Population Health Outreach Project): A Community Health Program

Poster presentation, AMSA National Convention, Washington DC, March 1996; Poster presentation, Learn and Service America Higher Education, Program Directors Meeting, Snowbird, UT, October 1996;
Poster presentation and workshop, Health Professions Schools in Service to the Nation, National Conference, San Francisco, CA. March 1997

Alzheimer's Disease in Postmenopausal Women: Screening for Cognitive Decline in the Outpatient Setting. Poster and slide presentation, AMSA National Convention, Chicago, IL. March 1999

Complete Oculomotor Nerve Palsy: A Neurological Emergency. Case presentation, Annual Mid-Atlantic Regional Meeting of the Society of General Internal Medicine, New York, NY. March 2002

Vasoactive Intestinal Polypeptide Syndrome. Endocrine Clinic Conference, Mount Sinai School of Medicine, New York, NY. October 2002

Neuroleptic-Associated Hyperprolactinemia: Clinical Implications and Treatment Options. Endocrine Clinic Conference, Mount Sinai School of Medicine, New York, NY. November 2002

Intradialytic Parenteral Nutrition. Metabolic Conference, Mount Sinai School of Medicine, New York, NY. December 2002

Hormone Replacement Therapy and Alzheimer's Disease. Endocrine Grand Rounds, Mount Sinai School of Medicine, New York, NY. January 2003

Lipodystrophy Syndrome in HIV-Affected Patients. Endocrine Clinic Conference, Mount Sinai School of Medicine, New York, NY. June 2003

Pituitary Disorders of Pregnancy. Endocrine Grand Rounds, Mount Sinai School of Medicine, New York, NY. February 2004

Cushing's Disease: An Update on Diagnostic and Cure Criteria. Endocrine Grand Rounds, Mount Sinai School of Medicine, New York, NY. March 2004

Steroid Hormones Modulate the Expression of KLF6 and p21 in Human Prostate Cancer Cells. Poster presentation, Endocrine Society Conference, New Orleans, LA. June 2004

Diabetes and Osteoporosis: Is There a Link? Columbia University Bone Preceptorship, New York, NY. June 2004

An Update on Primary Hyperparathyroidism, Medicine Grand Rounds, Saint Barnabas Medical Center, Livingston, NJ. September 2004

An Update on Primary Hyperparathyroidism, Medicine Grand Rounds, Beth Israel Medical Center, Newark, NJ. January 2005

Diet and Drugs in Postmenopausal Osteoporosis, Annual CME Event, Hackettstown Regional Medical Center, Hackettstown, NJ. December 2006

Pituitary Disorders of Pregnancy, OB/GYN Grand Rounds, Saint Clare's Medical Center, Denville, NJ. February 2008

Diet and Exercise in the Prevention and Management of Type 2 Diabetes, CME Event, Hackettstown Regional Medical Center, Allamuchy, NJ. July 2008

Diet and Drugs in Postmenopausal Osteoporosis. Women's Health Seminar, Saint Clare's Medical Center, Denville, NJ. October 2008.

Update and Treatment of Osteoporosis. Medicine Grand Rounds, Saint Clare's Medical Center, Denville, NJ. October 2008.

Doc, Could it Be My Thyroid?. Community Health Seminar, Saint Clare's Medical Center, Parsipanny, NJ. February 2009.

Management Strategies in Postmenopausal Osteoporosis. American Association of Physicians of Indian Origin Women's Health Summit and Leadership Development, Jersey City, NJ. March 2009.

Doc, Could it Be My Thyroid?. Community Health Seminar, Saint Clare's Medical Center, Denville, NJ. July 2009.

Empowering Patients to Prevent Diabetic Complications. Community Health Seminar, Saint Clare's Medical Center, Denville, NJ. November 2009.

Doc, Could it Be My Thyroid? Women's Image Forum, Saint Clare's Medical Center, Denville, NJ. May 2010.

Update on Gestational Diabetes: Controversies in Screening and Treatment. OB/GYN Grand Rounds, Saint Clare's Medical Center, Denville, NJ. February 2011.

Detecting Thyroid Cancer. Saint Clare's Cancer Detection and Prevention Fair. Saint Clare's Medical Center, Denville, NJ. February 2012.

Thyroid Awareness. Saint Clare's Community Outreach Program, Rockaway, NJ. September 2013.

Endocrine Emergencies. Saint Clare's Health System Emergency Medical Services: National Registry Paramedic Refresher Course. Dover, NJ and virtually. Annually from 2018-2025 (excluding 2020).

OTHER PROFESSIONAL ACTIVITIES

Pfizer consultant, Sep 2003 - Dec 2003

Mount Sinai School of Medicine Internship Selection Committee, 2003-2004

American Board of Internal Medicine relevance reviewer for endocrinology, diabetes and metabolism, 2005

Valeritas consultant and clinical site, March 2008 – 2012

Roche/Disetronic Speaker's Bureau, May 2008 – 2012

Takeda Speaker's Bureau, May 2008 – 2016

Merck Professional Speaker, 2012 – 2017

Jansen Pharmaceuticals Professional Speaker, February 2016-2018

PROFESSIONAL AFFILITATIONS

Endocrine Society

American Association of Clinical Endocrinologists

Alpha Omega Alpha (inactive)