

Ashley Harmon, M.D.

4510 Thackeray Place, N.E.,

Seattle, WA 98105

Phone: (206) 294-3256

Email: mail@drashleyharmon.com

Website: www.drashleyharmon.com



SUMMARY

Harvard-trained, Board-Certified Psychiatrist and University of Washington Faculty member with over 20 years of clinical experience across the developmental lifespan. Former Chief Resident at Massachusetts General Hospital with specialized fellowship training in Child and Adolescent Psychiatry.

Clinical focus centers on objective diagnostic clarification and standard of care analysis of complex psychiatric conditions. Specialized in Independent Medical Evaluations (IMEs), forensic risk assessments, and the longitudinal impact of psychiatric functional impairment.

LICENSURE & CERTIFICATION

- **Washington State Medical License** | 2013–Present
- **Board Certified, Adult Psychiatry** – American Board of Psychiatry and Neurology | 2006–Present
- **Fellowship Trained in Child and Adolescent Psychiatry**, Cambridge Health Alliance, Harvard Medical School | 2007
- **Massachusetts State Medical License** | 2002–2019

EDUCATION & POST-GRADUATE TRAINING

Fellow, Child and Adolescent Psychiatry Cambridge Health Alliance, Harvard Medical School, Cambridge, MA | 2005–2007

Resident, Adult Psychiatry Massachusetts General Hospital & McLean Hospital, Harvard Medical School, Boston, MA | 2002–2005

- *Selected as Chief Resident, Acute Psychiatry Service (2004–2005)*

Intern, Transitional Year Emory University School of Medicine, Atlanta, GA | 2001–2002

Doctor of Medicine (M.D.) Emory University School of Medicine, Atlanta, GA | 2001

Bachelor of Arts (B.A.), Biology Hendrix College, Conway, AR | 1997

ACADEMIC APPOINTMENTS

Courtesy Faculty, Department of Psychiatry & Behavioral Sciences

University of Washington School of Medicine, Seattle, WA | 2018–Present

- *Core Responsibility: Clinical supervision of psychiatry residents in psychoanalytic psychotherapy.*

Clinical Instructor, Harvard Medical School, Boston, MA | 2007–2013

Faculty, Seattle Psychoanalytic Society and Institute, Seattle, WA | 2018–2022

CLINICAL & CONSULTATIVE EXPERIENCE

Private Practice Psychiatrist | Ashley Harmon, MD PLLC, Seattle, WA | 2013–Present

- Provide specialized psychiatric evaluation and treatment for children, adolescents, and adults with complex diagnostic presentations.
- Expertise in the longitudinal management of neurodevelopmental disorders (Autism/ADHD), trauma-related pathology (PTSD), and treatment-refractory mood and anxiety disorders.
- Specialization in trauma-informed care and psychoanalytic psychotherapy within complex family, educational, and occupational systems.

Independent Consultant | Seattle, WA | 2015–2020

- Conducted independent mental health evaluations (IMEs) and risk assessments for regional school districts.

- Provided objective diagnostic clarification and formal treatment recommendations for students with high-acuity behavioral and psychiatric presentations.
- Authored detailed clinical reports used for administrative determinations and educational placement.

Private Practice Psychiatrist | Ashley Harmon, MD, Lexington, MA | 2007–2013

- Provided comprehensive psychiatric evaluation and treatment for children, adolescents, and adults.
- Specialized in high-acuity trauma-informed care and the integration of psychopharmacology with psychoanalytic psychotherapy.
- Collaborated with multidisciplinary teams in complex educational and family systems.

CERTIFICATIONS & ADVANCED TRAINING

- **Adult Psychoanalytic Graduate**, Seattle Psychoanalytic Society and Institute | 2018
- **Child and Adolescent Psychoanalytic Training**, Boston Psychoanalytic Society and Institute | 2010–2013
- **Adult Psychoanalytic Training**, Boston Psychoanalytic Society and Institute | 2009–2013
- **Certified Integrative Psychiatric Provider (CIPP)**, Integrative Psychiatry Institute | 2023
- **Certified Psychedelic-Assisted Therapy Provider**, Integrative Psychiatry Institute | 2025

TEACHING & SUPERVISORY ROLES

Psychiatry Resident Supervisor | University of Washington School of Medicine | 2018–Present

- Provide clinical supervision for psychiatry residents specializing in psychoanalytic psychotherapy and complex diagnostic formulation.

Faculty | Seattle Psychoanalytic Society and Institute | 2018–2022

April 24, 2026. This document is not a retention agreement. A retention agreement is always required to be retained.

- Instructed post-graduate clinicians in developmental theory and psychoanalytic technique.

Clinical Instructor in Psychiatry | Harvard Medical School | 2007–2013

- Instructed medical students during their core psychiatry clerkship and clinical rotations.

Chief Resident, Acute Psychiatry Service | Massachusetts General Hospital | 2004–2005

- Managed clinical operations and provided supervision for junior residents and medical students within a high-acuity academic psychiatric service.

ACADEMIC TEACHING & PRESENTATIONS

- “Childhood Development II: 6–12 Years,” Lead Instructor, Seattle Psychoanalytic Society and Institute | 2022
- “Self-Psychology,” Co-Instructor, Seattle Psychoanalytic Society and Institute | 2019
- “Clinical Case Conference,” Co-Instructor, Seattle Psychoanalytic Society and Institute | 2018
- “Writing Workshop,” Presenter, American Psychoanalytic Association Annual Meeting | 2011
- “Clinical Case Conference,” Presenter, American Academy of Child and Adolescent Psychiatry (AACAP) Annual Meeting | 2011
- “Nonverbal Learning Disorders,” Faculty Lecture, Cambridge Health Alliance Child and Adolescent Psychiatry Fellowship, Harvard Medical School | 2007
- “Sexual Side-Effects in Adolescents,” Faculty Lecture, Cambridge Health Alliance Child and Adolescent Psychiatry Fellowship, Harvard Medical School | 2006
- “Management of the Agitated Patient,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Grief Assistance in an Emergency Setting,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Acute Management of Alcohol and Benzodiazepine Withdrawal,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004

- “Psychiatric Assessment of Medical Illness,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
 - “Child and Adolescent Psychiatric Emergencies,” Psychosomatic Conference, MGH/McLean Residency Program, Harvard Medical School | 2004
 - “Catatonia,” Psychosomatic Conference, MGH/McLean Residency Program, Harvard Medical School | 2004
 - “McLean Personality Disorder Case Conference,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
 - “The Dying Patient: Psychiatry’s Role in a Hospital,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2002
 - “Hyponatremia and Psychosis: Diagnosis of Metastatic Lung Cancer,” Chief Resident Rounds, Emory University School of Medicine | 2001
 - “Management of Depression in the Primary Care Setting,” Clinical Didactic, Emory University Department of Family Medicine | 2000
 - “Microglial Activation by Alzheimer Amyloid Precursor Protein and Modulation by Apolipoprotein E,” National Conference of Undergraduate Research | 1997
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PROFESSIONAL MEMBERSHIPS

- **American Academy of Child and Adolescent Psychiatry (AACAP)**
 - **American Academy of Psychiatry and the Law (AAPL)**
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PEER-REVIEWED PUBLICATIONS

- **Harmon A.** “Talking about sexual side-effects: Countering don’t ask, don’t tell.” *Adolescent Psychiatry* 2007; 30:147.
- **Harmon A, Wilson B, Henderson J, Frumkin H.** “Cholinesterase levels among agricultural pilots and mixer/loaders.” *J Agromedicine* 2000; 7:57–68.
- **Barger S, Harmon A.** “Microglial activation by Alzheimer amyloid precursor protein and modulation by apolipoprotein E.” *Nature* 1997; 388:878–81.