

*Curriculum vitae of*

**Alan R. Schenk, M.D., FACP, FACR, RhMSUS**  
HS Clinical Professor of Medicine, Step 3  
UC/Irvine School of Medicine

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**Summary of Expertise**

43+ years of experience as a rheumatologist, currently Clinical Professor of Medicine at UC Irvine School of Medicine. Special expertise in osteoporosis and musculoskeletal ultrasound. Prior experience as a Qualified Medical Examiner, including expert testimony at depositions and at trial. Board-certified in Internal Medicine, Rheumatology, Bone Densitometry and Rheumatology Musculoskeletal Ultrasound. Current member and prior Chair of Continuing Medical Education (1995-2015), Saddleback Memorial Medical Center. 10-times named an Orange County Medical Association's Physician of Excellence, most recently 2026. Fellow, American College of Physicians and American College of Rheumatology. U.S. News & World Report/Castle Connolly *Top Doctors in the US*, 2011-2 (one of 500 rheumatologists so honored nationwide). SEAK Expert Witness training, 2025. Invited on-line medical expert in osteoporosis, MedNet, Inc.

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**Education**

1981-83 Fellowship in Rheumatology and Clinical Immunology  
University of California/Irvine College of Medicine  
Irvine, CA  
Brian S. Andrews, M.D., Chief, Rheumatology Division

**Additional Training**

Long Beach Memorial Medical Center, Rheumatology Clinics  
Rancho Los Amigos Hospital, Downey CA (U.S.C. affiliate), Rheumatology/Rehabilitation Service  
Children's Hospital of Orange County, Pediatric Rheumatology Clinic

- 1978-81 Internship/Residency in Internal Medicine  
Mount Sinai Medical Center of Greater Miami  
Miami Beach, FL  
Marvin A. Sackner, M.D., Chief of Medicine
- 1978 Doctor of Medicine  
State University of New York at Buffalo School of Medicine
- 1974 B.A., Biology *magna cum laude*

### **Certification**

- Diplomate, National Board of Medical Examiners, 1978  
Diplomate, American Board of Internal Medicine, 1981-  
Diplomate, Subspecialty Board of Rheumatology, 1984-  
Qualified Medical Evaluator (QME) 1994-2000  
Certified Clinical Densitometrist, International Society for Clinical Densitometry, 1997-2022  
Rheumatology Musculoskeletal Ultrasound certification, American College of Rheumatology (RhMSUS) 2024

### **Medical Licensure**

- California #G46010 (1981)

### **Research and Publications**

- Prospective Randomized Evaluation of Celecoxib Integrated Safety vs. Ibuprofen or Naproxen (PRECISION Study).  
Pfizer 2007-2011.
- Study of New Onset Rheumatoid Arthritis (SONORA). Abbott Laboratories, 2000 - 2005
- Humira Efficacy Response Optimization (HERO) Study. Abbott Laboratories, 2004-5
- Rheumatoid Arthritis DMARD Utilization Study (Radius). Immunex, 2002
- Rheumatoid Arthritis DMARD Utilization Study (Radius). Immunex, 2001
- Advantage Study: A Randomized, Double-Blind, Multi-Center Study to Evaluate the Tolerability and Effectiveness of Rofecoxib (MK-0966) 25 mg. q.d. vs. Naproxen 500 mg. b.i.d. in Patients with Osteoarthritis (1999).
- A Double-Blind Placebo Controlled Parallel Study of Ibuprofen 1200 mg. vs. Naproxen 1000 mg. in the Treatment of Osteoarthritis of the Knee (1993).
- An Open-Label, Randomized Trial Comparing Nabumetone to NSAID of Choice in the Treatment of Patients with Rheumatoid Arthritis or Osteoarthritis (1991).

IMMUNOPATHOLOGY OF CUTANEOUS HUMAN LUPUS ERYTHEMATOSUS DEFINED BY MURINE MONOCLONAL ANTIBODIES. Brian S. Andrews M.B.,M.D., Alan Schenk, M.D., Ronald Barr, M.D., George Friou, M.D., Gary Mirick and Priscilla Ross. *Journal of the American Academy of Dermatology* 15(3): 474-481, 1986. PMID 3489741

Volstar Study: An Open Label Trial of Diclofenac Sodium in Rheumatoid and Osteoarthritis (1985).

CYTOCHEMICAL PROPERTIES OF NONHISTONE NUCLEOPROTEINS IN THE MEALY BUG (*Planococcus citri*). Unpublished data, 1973-4.

**Online Non-Peer Reviewed Publications – MedNet, Inc.**

Invited expert in osteoporosis, 2026 –

Physician-only web-based question and answer platform. MedNet has over 40,000 physician members in general medicine and all its subspecialties, as well as neurology, dermatology, ophthalmology and psychiatry.

**Medical Teaching Activities**

Clinical Professor of Medicine, University of California/Irvine College of Medicine, step 3

**Lectures presented (recent examples):**

Musculoskeletal Ultrasound Workshop

A series of 6 hands-on sessions for rheumatology fellows and residents (presented annually)

Clinical Faculty, Point-of-Care Ultrasound for Medical Residents, UC Irvine School of Medicine, Omar Darwish, M.D., course director, 2022-5

Osteoporosis: Case-by-Case

2-hour lecture for rheumatology fellows, presented annually

Osteoporosis: Contemporary Diagnosis and Management

Rheumatologist's Notebook: Use of Laboratory Testing in Rheumatology

Spondyloarthropathies (Podcast for medical residents)

**Preceptorships:**

Clinical preceptor for medical students, residents, geriatric and primary care fellows

Preceptor in Rheumatology, California College of Podiatric Medicine, 1997-2002

**Community presentations** on osteoporosis and arthritis (many)

**Honors and Awards**

Orange Coast Magazine/Orange County Medical Association **Physicians of Excellence** award for Rheumatology, 2013-17, 2022-2026

Honorary Chair, Arthritis Foundation Taste of Brunch, Costa Mesa, CA October 2018.

Physician Honoree, Orange County Chapter, Arthritis Foundation's *Jingle Bell Run*, December 2015

U.S. News & World Report/Castle Connolly **Top Doctors in the US**, 2011-2 (one of 500 rheumatologists so honored nationwide)

**Professional Affiliations**

Fellow, American College of Rheumatology (FACR)

Fellow, American College of Physicians (FACP)

**Practice Experience**

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| 2020-     | Clinical Professor of Medicine<br>UC Irvine School of Medicine   |
| 2014-2020 | Medical Director, Arthritis & Rheumatic Disease Center<br>Laguna Woods, CA<br>(Group medical practice with 1 physician, infusion center, ultrasound, nurse practitioner, occupational therapist) |
| 1985-2014 | Private Rheumatology Practice  |

**Major Committee Assignments, Directorships and Consulting**

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| 1993-present | Saddleback Memorial Medical Center, Laguna Hills<br>Continuing Medical Education (CME) Committee; Committee Chair 1993-2013 |
| 2025-present | UCI School of Medicine/Action Planning Committee  |
| 2023-present | UCI School of Medicine/Dean's Physicians Compensation Committee   |
| 2015-2020    | Saddleback Memorial Medical Center/Physicians Well-Being Committee  |
| 1998-2003    | Saddleback Memorial Medical Center/Physicians Informatics Council   |

- 1996-2013 Medical Director  
**The Osteoporosis Clinic at Saddleback**
- 2004-2009 Irvine Medical Center  
Continuing Medical Education Committee
- 1988-2002 Saddleback Memorial Medical Center  
Pharmacy and Therapeutics Committee
- 1998-2000 Irvine Medical Center/Medical Ethics Committee
- 1997-2000 Irvine Medical Center/Pharmacy and Therapeutics Committee
- 1996-98 Physician Advisor  
Blue Cross of California/Unicare (Workers Compensation)
- 1992-95 Physician Advisor  
Intracorp Medical Review, Inc.  
Anaheim, CA
- 1990-1992 Samaritan Medical Center, San Clemente  
Medical Credentials Committee
- 1989-1995 Samaritan Medical Center  
Medical Executive Committee
- 1989-2003 Saddleback Memorial Medical Center  
Quality Improvement Committee
- 1987-1992 Saddleback Memorial Medical Center  
Utilization Review Committee (Committee Chair 1989-92)
- 1987-92 Attending Physician/Consultant  
Southern California Arthritis Center  
Laguna Hills, CA
- 1988-91 Managing Director  
The Center for Pain Management  
Laguna Hills, CA
- 1986-8 Samaritan Medical Center  
Infection Control Committee

1986-7                      Assistant Medical Director  
                                 The Pain Management Center  
                                 South Coast Medical Center  
                                 South Laguna, CA

**Community Service**

Board of Directors, Arthritis Foundation, Orange County Chapter, 1987-1989  
Arthritis Clinic, South County Community Clinic, San Juan Capistrano, CA, 1985-2001

**In the Media**

**All That Jazz** – biographical feature appearing in *The Rheumatologist*, October 2016

<http://www.the-rheumatologist.org/article/rheumatologist-jazz-guitarist-dr-alan-schenk-connects-patients-colleagues-playing-music/>

**References:**                      Available upon request



5/21/26