

Laura Suttin, MD, MBA, PCC
440 Normandy Ave, San Antonio, Texas 78209
Phone: 210-854-2070 | Email: Laura@drLaurasuttin.com

Board-Certified Family Physician, Speaker, Coach, Author, and Entrepreneur

Dynamic leader with extensive experience in medical management, coaching physicians and other healthcare professionals in 1:1 and group settings. Founder of a thriving coaching business focused on clinician well-being, leadership development, and personal growth. Respected speaker and published author, recognized for building strong relationships and collaborating with leaders across the healthcare continuum to drive transformative change.

Core Competencies

- Physician Coaching
 - Organizational Development
 - Physician Engagement
 - Managed Care
 - Process Improvement
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Professional Experience

Purposeful MD

Founder | 2021 – Present

- Certified coach and business owner, specializing in coaching physicians and other medical professionals in both 1:1 and group settings.
- Founder and entrepreneur behind a successful coaching practice focused on clinician well-being, leadership development, and optimizing clinical and business operations.
- Executive coach and consultant to healthcare organizations, helping leaders drive improvements in patient-centered care and operational excellence.
- Engaging speaker on topics including clinician burnout, leadership, and healthcare transformation, regularly presenting at industry conferences and events.
- Author of [The Purposeful MD-Creating the Life You Love Without Guilt](#), published October 1, 2024

Concentra Occupational Health

Staff Physician | April 2025 – Present

- Provide comprehensive urgent care and occupational health services to diverse patient populations.
- Diagnose and manage acute illnesses, injuries, and work-related health concerns, ensuring safe return-to-work outcomes.
- Conduct pre-employment physicals, DOT exams, and workplace injury evaluations in compliance with regulatory standards.
- Collaborate with employers, case managers, and specialists to streamline patient care and optimize recovery timelines.
- Maintain a strong focus on efficiency, quality, and evidence-based practice in a high-volume urgent care environment.

Huron Consulting

Director, Physician Coach | 2022 – Jan 2025

- Lead consultant and executive coach for healthcare organizations and clinical leaders.
- Speaker and thought leader on clinician well-being, clinical care optimization, and patient-centered care.
- Develop strategies to improve healthcare operations and business standards.

WellMed Medical Group

Senior Medical Director | 2015 – 2024

- Oversight of clinical health and safety programs, policy development, and process improvement initiatives.
- Led a multidisciplinary team to achieve Joint Commission Accreditation.
- Established clinical protocols during the COVID-19 pandemic.
- Developed staffing models and led new clinic pilots to enhance efficiency.
- Subject matter expert and presenter for physician leadership development programs.

Medical Director | 2013 – 2015

- Oversaw physician operations for four clinics and served as the physician liaison for quality care inquiries.
- Chaired committee on creating a healthier organization, improving physician and staff satisfaction.
- Led the redesign of physician compensation programs and expanded enterprise care access.

Associate Medical Director | 2011 – 2013

- Physician champion for care coordination and quality improvement initiatives.
- Instrumental in the custom integration of eClinicalWorks EMR.
- Represented WellMed at recruiting events and physician panels.

Lead Physician | 2010 – 2011

- Implemented the WellMed Care Model, establishing clinic best practices.
 - Physician representative in initiatives such as introducing motivational interviewing across clinics.
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Additional Experience

- *Certified Insight Coach*, Insight Coaching Community, May 2022
 - *Master Certified Physician Development Coach*, Physician Coaching Institute, October 2021
 - *Guest Faculty*, Alliance for Physician Leadership, University of Texas at Dallas, June 2019
 - *Physician*, Castillo Medical Group, 2007 – 2009
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Education & Training

- **Master of Business Administration**, University of Texas at Dallas, 2016
 - **Doctor of Medicine**, University of Texas at Houston Medical School, 2004
 - **Bachelor of Science in Biology**, summa cum laude, St. Mary's University, 2000
 - **Residency in Family Practice**, Corpus Christi Family Practice Residency Program, 2004 – 2007
 - **Chief Resident**, Corpus Christi Family Practice Residency Program, 2006 – 2007
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Certifications & Licensure

- Professional Certified Coach, International Coaching Federation
 - Texas State Medical License – Active
 - Board Certified, Family Medicine
 - Certification in Medical Quality
 - DEA/DPS License – Active and Unrestricted
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Honors & Awards

- *Bexar County Medical Society Physician Coach Champion*, 2023
 - *San Antonio Business Journal Healthcare Heroes Award*, 2021
 - *Leukemia & Lymphoma Society of South Texas Woman of the Year*, 2021
 - *Sages of Clinical Services Collaboration Award*, 2018
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Professional Affiliations

- American Association for Physician Leadership
- American College of Medical Quality
- American Academy of Family Physicians
- Texas Medical Association
- International Coaching Federation
- American Medical Women's Association