

**AARON WIEGAND,DC,CCST,FIMAA,SFDN**  
CHIROPRACTIC PHYSICIAN

GET IN TOUCH:

**Mobile**  
1-602-377-3122**Email**  
[Dr.Wiegand@Me.com](mailto:Dr.Wiegand@Me.com)

---

**+ SYNOPSIS**

---

Upon completing a Bachelor's in Science in *Physiological Sciences* from the **University of Arizona** I continued my studies, earning a *Doctorate in Chiropractic* from **Palmer West** where I was the sole recipient of my class' *Virgil Strang Philosophy Award*. My post-doctorate education began with a year-long *Certification in Spinal Trauma (CCST)* which began my focus on the conservative management of spinal trauma and pain-based conditions. My early practice was a focus in Spinal Corrective Techniques and rehabilitation. As a contributing author on two studies involving Dynamic EMG and the creation of a *Cervical Discomfort Scale* as well as authoring the the **ICA Best Practice Guides' Physiotherapy** chapter, I have always felt evidence should inform patient care.

In private practice, my patient population revealed a need for the efficient and conservative management of common musculoskeletal injuries. As a result I embarked on the furthering of my education into the realm of functional rehabilitation. This led to the expansion of my interventions to include various needling techniques. Since beginning my Dry Needling education with Sue Falsone in 2016, I've accumulated over 200 hours of Dry Needling and Acupuncture education. Subsequently, I became the first Chiropractor and first recipient of the designation of *SFDN (Structure and Function Dry Needling) Advanced Certification*. I have performed this technique on thousands of patients and it continues to be an integral application in my multimodal approach to patient management.

After 15 years of private practice, I chose to join *Arizona Pain Specialists* where I continued my passion with an entirely new patient population. Managing the extremely impaired, including post-surgical, pre-surgical, CRPS, neuropathic, populations was as challenging as it is rewarding. Working alongside NP's, and board certified pain management/anesthesia medical specialists has provided a unique opportunity to participate in the management of cases rarely seen in a chiropractic clinic. This experience has not only enabled me to develop a more multi-disciplinary approach to patient care; it has also made my interventions far more focused and individualized. and efficient.

In addition to my duties as a treating physician, my responsibilities also included marketing to the medical legal community, committing an additional 40-50 hours per month to attorney outreach with a network of providers as the Professional Development Coordinator for *Complete Injury Management* (CIM). My relationship with the Phoenix Metro medical-legal community has been built on managing cases and optimizing case value; generating 100+ direct personal injury referrals in my first year with *Arizona Pain Specialists*. The same efforts resulted in over 200 referrals and over \$3 million in AR in less than 8 months at Mountain View Headache and Spine. In 2024, I launched my own personal injury marketing and consulting business which generated over 1,000 referrals in just over it's first year. This network includes specialties from chiropractic, to pain management, to psyche, neuro, surgical and even ophthalmology specialists.

As a project birthed out of the COVID Pandemic, *ChiroNeedle* is the continuing education company I developed to teach and promote the safe and effective utilization of Dry Needling for the chiropractic profession. Putting on courses in Arizona and Texas has allowed me to take the skills I've developed from the experiences noted above, and put them in the hands of even more practitioners around the country. As a result of this experience, I have also been retained to consult on malpractice cases involving chiropractors and Dry Needling.

I am always looking for opportunities to bring my unique set of skills to any organization looking to expand the services they provide, the types of cases they see, develop a staff attuned to the nuances of med-legal case management and build a pipeline of personal injury residuals.

---

## + EDUCATION

---

- **Palmer College of Chiropractic West** - San Jose, CA - 2003-2006
- **University of Arizona** - Tucson, AZ - 2003  
Degrees: Bachelor of Science, Physiological Sciences  
Minor: Chemistry

---

## + EDUCATION CONT'D

---

### POSTDOCTORATE EDUCATION

- **University of California, Riverside** - Biomechanics of Low-Speed Impacts: Injury Mechanics - 12 hours of training in the biomechanics and injuries associated with motor vehicle accidents. - 2006
- **Spinal Fitness in Sports Medicine Series:** Kinesiological Analysis of Human Spinal Development & Function in Earth's Gravity, Volume 1 and 2 - 40 hours of training, regarding the spinal lever systems and their development. - 2006
- **Chiropractic Certification in Spinal Trauma (C.C.S.T.)** - (120 hours)  
International Chiropractic Association of California and Council of Applied Chiropractic Sciences Diplomate Program. Biomechanics, injury mechanisms, assessment, and medical-legal topics regarding whiplash associated disorders. - 2006
- **Chiropractic Biophysics** (Certified) 2006
  - X-Ray and Posture
  - Cervical Rehab
  - Lumbar Rehab
  - Drop Table Adjusting
  - Neurology, Posture, and Systemic Health
  - Instrument Adjusting
- **Pettibon Systems**
  - Fundamentals & Lordosis Correction
  - X-Ray Procedure & A-P Correction
  - Soft Tissue Clinic Protocols & Home Care
  - Neurology
- **Neuromechanical**
  - Certified Instrument Adjusting (2007)
- **Dry Needling** (2016)
  - American Dry Needling Institute & Systemic Dry Needling (25 Hours)
- **Certified in Acupuncture (FIAMA)** (2017)
  - International Academy of Acupuncture (105 hours)
- **Advanced Certified in Dry Needling (SFDN)** (2019) (90 Hours)

---

## + LECTURING

---

- **American Academy of Manipulation and Dry Needling**
  - DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions: an Evidence-Based Approach (27 Hours)
- **Selective Functional Movement Assessment (SFMA):** Certified Level 1 (2020)
- **Instructor - ChiroNeedle** - I personally teach courses that range from 20-24 hours approved by the Arizona State Board, Texas State Board and PACE in Dry Needling.
- **Guest Lecturer - Advanced Injury Seminars** - Presenter for a Personal Injury-focused continuing education event where I've been asked to present on the topic of Dry Needling within the context of case management.
- **Featured Lecturer - Arizona Association of Chiropractic** - Presenter at annual convention speaking on the application of Dry Needling within a Chiropractic context.
- **Featured Lecturer - Texas Chiropractic Association** - Presenter at annual conventions speaking on the application of Dry Needling within a Chiropractic context.

---

## + SCHOLARSHIPS & AWARDS

---

- Peggy Sherman Scholarship - 2005
- Virgil V. Strang Philosophy Award - 2006

---

## + PUBLICATIONS

---

- The Effect of Sensor Placement on Dynamic Paraspinal Surface Electromyography Activity in the Assessment of Cervical Passive End-Range Capability. *Michael T. Haneline, D. Dale Nansel, Aaron Wiegand, and Jeff Hurewitz.* **Journal of Chiropractic Education** Spring 2006

---

## + PUBLICATIONS CONT'D

---

- Relationships Between Cervical Passive End-Range Capability and End-Range Discomfort Development of an End-Range Discomfort Index. *D. Dale Nansel, Michael T. Haneline, Aaron Wiegand, Adam Hendy, and Sandy Bell* **Journal of Chiropractic Education** Spring 2006
- "Water is Clearly Important" **AZ View Magazine**. May/June 2007
- "A Hitchhiker's Guide to Chiropractic" **AZ View Magazine**. July/August 2007
- "Ergonomics: Office Space 101" **AZ View Magazine**. October/November 2007
- "So...what is chiropractic anyway?" **Ahwatukee Foothills News** Oct. 2 2007
- "Small Packages" **AZ View Magazine**. December 2007/January 2008
- "Antioxidants Vs. Free Radicals: The Battle Inside Our Bodies" **View Highlife Magazine**. February/March 2008
- "Managing Inflammation: Take a Cold Shower?" **View Highlife Magazine**. April/May 2008
- "Piercing the Veil on Dry Needling" **Dynamic Chiropractic**. April 2021
- "Should You Add Dry Needling to Your Practice?" **Arizona Association of Chiropractic Journal**. Vol 5, Issue 1 2021
- "Stages of Healing & Phases of Care" **Arizona Association of Chiropractic Journal**. Vol 6, Issue 1 2022
- "Incorporating Dry Needling Into Your Practice: Part 1" **Dynamic Chiropractic**. August 2023
- "Incorporating Dry Needling Into Your Practice: Part 2" **Dynamic Chiropractic**. September 2023

---

## + GUIDELINES

---

- **Author:** "ICA Best Practices & Practice Guidelines" **International Chiropractic Association**. Arlington, VA 2008. Chapter 9: **Modalities: Ancillary and Preparatory to the Adjustment** (Accepted by the National Guideline Clearinghouse 2009)

---

## + AFFILIATIONS

---

Arizona Association of Chiropractic  
ACA Rehab Council  
ACA Council of Chiropractic Acupuncture  
Council on Applied Chiropractic Sciences  
American Chiropractic Association

---

## + PRACTICE

---

- **State of the Art Chiropractic Center**, P.C. Feb. 2007 - 2008  
Practiced under Chiropractic Researcher and Neuromechanical CEO, Chris Colloca, DC, PhD.
- **SpineBuilder: Chiropractic Health & Wellness** 2009 - 2012  
  
Owner and sole clinician in a spinal biomechanics centered practice.
- **N8 Touch** 2012 - 2014  
  
Owner and head clinician in a membership model chiropractic clinic in Desert Ridge.
- **R+R Chiropractic Rehab** 2014-2021  
  
Owner and head clinician in a rehab and personal injury practice model that transitioned from a previous membership model; with a focus on the functional rehabilitation of musculoskeletal injuries of the spine and extremities.
- **Complete Injury Management** 2018-2023  
  
As the head of *Physician Development*, I am tasked to train providers on the strategic management and documentation of **Personal Injury** cases. In addition to these duties, I also work to connect providers with legal community at large in order to facilitate their relationship with our network.
- **ChiroNeedle** 2020-Present  
  
After becoming the first Chiropractor to earn the SFDN designation (Structure and Function Advanced Dry Needling) as well as a certification in Acupuncture, I created an education company to start training the

---

## + PRACTICE CONT'D

---

Chiropractic profession in the art safely, effectively, and within the philosophy and models consistent with our culture. We now host over courses throughout the year in Arizona and Texas.

- **Arizona Pain Specialists** 2020-2023

Chiropractic Physician and Med-Legal Liaison for the multidisciplinary pain management group. I treated complicated chronic pain cases including neuropathic pain, post-surgical and those in recovery from opioid addiction. In my first year, I was able to bring in over 100 personal injury cases through peer-to-peer marketing and strategic case management.

- **Mountainview Headache and Spine Institute** 2023

Chiropractic Director, PI Director and Lead Case Manager, I was tasked with opening a satellite chiropractic clinic, establish and cultivate referral relationships with the Personal-Injury Community, and Administrate over PI case management. I designed a case management flow for pain management that expedited the average time to procedures while staying within common practice guidelines. I also developed a provider network which cultivated referrals to our clinic and made Mountainside a hub for the entire valley for attorney referrals. Within 8 months of launch, I built a fully functioning chiropractic clinic seeing 50 visits a week, obtained over 200 PI referrals, and accrued over \$3 million in additional AR.

- **Innovative Injury Solutions** 2024-Present

Chiropractic Physician and Med-Legal liaison, bringing in over 350 cases in the first year and responsible for over 10% of the practices total referrals.

- **Agave Injury Doctors** 2023-Present

I developed a consulting and marketing network of conservative care practitioners to serve as referral sources for medical evaluations and pain management. This network results in the unique ability to accept attorney referrals from all over AZ for case management, while creating a referral relationship with chiropractors around the state. We accepted over 300 referrals in our first year, generating over \$5 million in revenue for our provider network.

Chiropractic Physician in a multi-disciplinary pain management personal injury practice.

---

## + OTHER POSITIONS

---

- **Sales Representative** - Neuromechanical Innovations 2006-2007
- **Secretary** - Arizona Association of Chiropractic 2021
- **Brand Representative** - Chirotouch 2025-Present
- **Brand Representative** - Stemwave 2025-Present

---

## + REFERENCES

---

- **Christopher Colloca** - Neuromechanical Innovations - Founder/CEO - 480-748-0350
- **Dr. Tim Munderloh** - AZ Integrated Medical - 928-699-1500
- **Nicholas Vakula** - Vakula Law - Firm Owner - 602-679-0970
- **Sargon Khananisho** - MDK Law - Partner Attorney - 623-332-5274
- **Dr. Chance Moore DC** - Arizona Pain Specialists - Chiropractic Director - 602-770-3388
- **Dr. Brandon Roth MD** - Arizona Pain Specialists - Pain Management Specialist - 310-746-8548
- **Brendan Gallagher** - Gallagher Law Group - (602) 459-1931