

Cara Marconi, PsyD
Licensed Clinical Psychologist
Lancaster County, Pennsylvania
License #PS019093
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Professional Summary

Licensed Clinical Psychologist providing expert consultation and record review in matters involving psychological injury, emotional distress, standards of care, and clinical risk management. Special expertise in suicide risk assessment, crisis evaluation and discharge decisions, trauma/PTSD, and outpatient psychotherapy standards of care. Experienced in conducting thorough record reviews, analyzing clinical documentation, and offering clear, evidence-based opinions regarding diagnosis, causation, treatment appropriateness, and prognosis. Available for record review, report writing, deposition, and trial testimony.

Experienced clinician, educator, and supervisor with specialized knowledge in evidence-based psychotherapy approaches including Cognitive Behavior Therapy (CBT), Cognitive Processing Therapy (CPT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavior Therapy (DBT).

Areas of Expertise

- Standard of care in outpatient psychotherapy and crisis services
- Psychological injury and emotional distress
- Suicide risk assessment and risk management
- Trauma-related disorders including PTSD
- Psychological injury and emotional distress
- Mood and anxiety disorders
- Clinical documentation and record review
- Eating disorder treatment
- Evidence-based psychotherapy modalities
- Ethical decision-making and professional boundaries
- Crisis evaluation and discharge decisions
- Clinical supervision and training standards

Licensure

Licensed Clinical Psychologist, Commonwealth of Pennsylvania
License #PS019093

Professional Experience

Licensed Clinical Psychologist
Team Supervisor

October 2020 to Present
January 2023 to Present

Move Forward Counseling, Lancaster, PA

Provide outpatient therapy to adolescents and adults presenting with trauma, anxiety, mood, and eating disorders

Conduct weekly individual and group clinical supervision

Perform routine chart reviews to assess documentation quality and compliance with standard of care

Provide consultation regarding ethical dilemmas, clinical decision-making, and treatment planning

Support clinicians in modality selection and implementation of evidence-based practices

Expert-Adjacent Activities

- Consultation regarding outpatient psychotherapy standards of care and documentation practices
- Review of clinical records for supervision, quality assurance, and training
- Guidance on ethical-decision making and scope of practice issues
- Professional education on evidence-based trauma treatment

Education:

University of Indianapolis

PsyD Clinical Psychology (APA Accredited)

August 2014 to August 2019

Millersville University

Bachelor of Arts, major in psychology

August 2010 to May 2013

Professional Education & Continuing Education Presentations

Marconi, C. (July 2025). **Cognitive Processing Therapy**. Continuing Education Workshop for Move Forward Counseling, Virtual.

Marconi, C. (May 2019). **Treatment for Psychosis with Emphasis on Early Intervention**. Psychiatry Grand Rounds, Rutgers University Behavioral Health Care.

Postdoctoral Psychology Resident

August 2019 to August 2020

Center for Integrated Behavioral Health, Bethlehem, PA

Supervisor: Joanne Morth, PhD, ABPP

Provided individual therapy for adolescents, adults, and older adults with trauma, anxiety, depression, mood, and eating disorders

Attended weekly individual and group supervision

Lead full model DBT group and attended weekly team meeting

Attended weekly training on CBT, DBT, ACT, and FAP modalities

Doctoral Psychology Intern

September 2018 to August 2019

Rutgers University Behavioral Health Care, Piscataway, NJ

Supervisor: Steven Silverstein, PhD

Provided individual and group psychotherapy at the First Episode Psychosis Clinic
Assisted in research for the Division of Schizophrenia Research
Developed and co-facilitated groups on Acute Partial Hospital Unit
Administered, scored, and interpreted psychological test batteries
Attended weekly didactics and grand rounds
Presented research on early episode psychosis at grand rounds
Worked with adolescents and young adults with psychosis, substance abuse, trauma, anxiety, depression, and mood disorders

Practicum Student

St. Francis Hospital, Indianapolis, IN	August 2017 to July 2018
Richmond State Hospital, Richmond, IN	August 2016 to July 2017
IUPUI Counseling and Psychological Services, Indianapolis, IN	August 2015 to July 2016

Teaching Experience

Adjunct Professor

University of Indianapolis, Indianapolis, IN	
Lifespan Psychology	September 2017 to January 2018
Abnormal Psychology	January 2017 to May 2017

Other Experience

Therapeutic Staff Support (TSS)

T.W. Ponessa & Associates, Lancaster, PA	August 2013 to August 2014
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Psychiatric Assistant

Philhaven, Mt. Gretna, PA	August 2012 to August 2013
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