

**Shirin Sabina Peters M.D.**

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**EDUCATION**

**Saint Vincent's Hospital**, New York, NY 07/01/2007 to 06/30/2008  
And 01/01/2009 to 04/30/2010 (Leave of absence 07/01/2008 – 12/31/2008)

Residency in Internal Medicine

**New York Medical College**, Valhalla, NY 08/2003 - 05/2007

M.D., 05/2007

**Undergraduate - University of North Carolina at Chapel Hill**, Biology with  
Chemistry Minor 08/2000 - 05/2003

B.S. with High Honors, 05/2003

**Undergraduate - High Point University, North Carolina** Biology 08/1999 - 05/2000

**EMPLOYMENT**

**Bethany Medical Clinic of New York 10/2011 - present**

Founder, CEO, Medical Director, MSO Board Member

- Lead a team of 11 providers, and 35 total at 3 locations in Manhattan, New York
- Deliver exceptional insurance-based primary care, preventative care, endocrinology, dermatology, psychotherapy and nutrition counseling to busy New Yorkers through direct patient care and medical directorship for all providers
- Oversee all operations and strategic direction for the practice.
- Oversee the overall quality of medical care provided within the practice, including establishing clinical protocols, managing medical staff, ensuring compliance with regulations, and leading initiatives to improve patient care standards, essentially acting as the clinical leader of the healthcare facility
- Directly supervise the CFO and COO and lead communications with the Board of Directors.

**Stellar Health ACO Medical Director 10/2023 - 2/2025**

- Oversaw clinical quality throughout ACO practices and ACO value based initiatives
- Led provider relations including recruitment of new provider groups and regular provider group meetings
- Attended regular board meetings

**Quadrant Health Board Advisor 3/2022-8/2024**

- Led Beta-testing an AI-enhanced platform for chronic care management and

- general patient communication
- Advised engineering team on clinical value and outcomes of every platform feature at every stage in development.

**Lifeco Medical Director 10/2014-8/2018**

- Built a tech-enabled primary care clinic from scratch for a medical software startup.
- Created a clinic SOP
- Advised the engineering team on value and efficiency of every platform feature.

**\*Clinical Trial Involvement to date (2010 to present):**

Specimen Collection Protocol for In Vitro Diagnostic Gastrointestinal Disease Study – Principal Investigator

A Randomized, Double-Blind, Placebo Controlled Study of Nitazoxanide in Adults and Adolescents with Acute Uncomplicated Influenza (Phase 3) – Sub-Investigator

A Randomized, Double-Blind, Placebo-Controlled, Multi-Center Study Evaluating the Efficacy and Safety of Two Doses of Favipiravir in Adult Patients with Uncomplicated Influenza (Phase 2) - Sub-Investigator

A Phase 3, Multicenter, Randomized, Double-Blind, Placebo-controlled, Parallel-group Study of Oral Methylnaltrexone (OM) for the Treatment of Opioid-Induced Constipation (OIC) in Subjects with Chronic Non-Malignant Pain - Sub-Investigator

A Clinical Outcomes Study to Compare the Effect of Fluticasone Furoate/Vilanterol Inhalation Powder 100/25mcg with placebo on Survival in Subjects with Moderate Chronic Obstructive Pulmonary Disease (COPD) and a history of or at risk for cardiovascular disease (Phase 2) – Sub-Investigator

Safety and Immunogenicity of Different Formulations of a Clostridium difficile Toxoid Vaccine Administered at Three Different Schedules In Adults Aged 40 to 75 Years at Risk of C.difficile Infection (Phase 2) – Sub-Investigator

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Phase III Study to Assess Efficacy and Safety of AKR-963 Therapy in Subjects with Severe Hypertriglyceridemia – Sub-Investigator

Efficacy and Safety of Epanova® (Omevas) in Severe Hypertriglyceridemia (Phase 3) – Sub-Investigator

A Phase II Multicenter, Randomised, Double-Blind, Parallel Group, Placebo Controlled Study to Assess the Efficacy, Safety, Tolerability and Pharmacokinetic Parameters of

TC-6987 in Subjects with Mild to Moderate Asthma – Sub-Investigator

A Randomized, Double-Blind, Placebo-Controlled Study to Assess the Efficacy and Safety of NKTR-118 in Patients with Non-Cancer-Related Pain and Opioid-Induced Constipation (OIC) (Phase 3) – Sub-Investigator

A Double-Blind, Randomized, Placebo-Controlled, and Active-Comparator-Controlled Phase 2b Study to Evaluate Statin-Associated Myalgia Incidence, Lipid Profile Effect, and Safety and Tolerability Associated with PPD 10558 Versus Atorvastatin in Patients with Primary Hypercholesterolemia, Fredrickson IIa or IIb, who Have Discontinued Two or More Prior Statin Therapies due to Statin-Associated Myalgia - Sub-Investigator

A Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Safety and Efficacy of D-Ribose in Subjects with Fibromyalgia (Phase 2) – Sub-Investigator

**University of North Carolina at Chapel Hill - Undergraduate Researcher** Chapel Hill, NC 08/2001 - 05/2003

Designed and executed cartilage studies for the ultimate goal of developing an arthritis treatment. Learned immunofluorescent tissue staining, microscopy, and chemiluminescence assay.

**NIH clinical elective with Internal Medicine Consult Service** Bethesda, Maryland 09/2006 – 10/2006

Managed consult requests from specialty services regarding many rare diagnoses under the guidance of Dr. Fred Gill

## **MEMBERSHIP AND HONORARY PROFESSIONAL SOCIETIES**

Entrepreneur's Organization - New York City Chapter: former member 2019-2024  
Association of Clinical Research Professionals – National: former member  
Association of Clinical Research Professionals – New York City Chapter: former Member; Marketing Committee Member  
American College of Physicians: member  
International Association of Physicians in Aesthetic Medicine  
American Medical Association: member  
Göldèn Key International Honour Society: member

## **EXAMINATIONS**

USMLE Step 1 (06/2005), Step 2 (08/2006) and USMLE Step 3 (03/2010): 213 (88), 196 (80) and 188 (76) respectively.

All USMLE exams passed on first attempt

## OTHER AWARDS/ACCOMPLISHMENTS

ObGyn/Internal Medicine/Family Medicine/Pediatrics clerkship: clinical HIGH PASS

Neurology/Surgery clerkship: clinical HONORS

Undergraduate Research Award: UNC-Chapel Hill, 2003

Bachelor of Science in Biology with HONORS: UNC-Chapel Hill, 2003

Chemistry Award: High Point University, 2000

## MEDIA FEATURES

Online Coverage	
URL	Title
<a href="https://www.healthdigest.com/292311/when-you-take-birth-control-these-things-really-happen-to-your-body/">https://www.healthdigest.com/292311/when-you-take-birth-control-these-things-really-happen-to-your-body/</a>	HealthDigest.com
<a href="https://hudabeauty.com/us/en_US/blog/dry-january-affects-73886.html">https://hudabeauty.com/us/en_US/blog/dry-january-affects-73886.html</a> AARP The Magazine Lois Joy Johnson	hudabeauty.com
<a href="https://www.byrdie.com/what-is-an-oil-diffuser-4766885">https://www.byrdie.com/what-is-an-oil-diffuser-4766885</a>	Byrdie
<a href="https://www.msn.com/en-ca/health/wellness/you-no-longer-have-to-do-this-to-avoid-covid/ss-BB1cBxZd?li=AAqgV0S&amp;srcref=rs">https://www.msn.com/en-ca/health/wellness/you-no-longer-have-to-do-this-to-avoid-covid/ss-BB1cBxZd?li=AAqgV0S&amp;srcref=rs</a>	MSN
<a href="https://www.yahoo.com/lifestyle/no-longer-avoid-covid-122918933.html">https://www.yahoo.com/lifestyle/no-longer-avoid-covid-122918933.html</a>	You No Longer Have to Do This to Avoid COVID
<a href="https://www.eatthis.com/news-obsolete-things-covid-2021/">https://www.eatthis.com/news-obsolete-things-covid-2021/</a>	Eat This Not That
<a href="https://sports.yahoo.com/whats-best-face-mask-asked-171900475.html">https://sports.yahoo.com/whats-best-face-mask-asked-171900475.html</a>	What's the Best Face Mask? We Asked Doctors Which Ones They Wear During Their Off Time
<a href="https://www.aol.com/whats-best-face-mask-asked-171900732.html?guccounter=1">https://www.aol.com/whats-best-face-mask-asked-171900732.html?guccounter=1</a>	What's the Best Face Mask? We Asked Doctors Which Ones They Wear During Their Off Time
<a href="https://www.purewow.com/wellness/safest-face-masks">https://www.purewow.com/wellness/safest-face-masks</a>	PureWow
<a href="https://www.eatthis.com/news-pure-signs-covid-doctor/">https://www.eatthis.com/news-pure-signs-covid-doctor/</a>	Eat This Not That

<a href="https://www.yahoo.com/lifestyle/sure-signs-youve-had-covid-122809306.html">https://www.yahoo.com/lifestyle/sure-signs-youve-had-covid-122809306.html</a>	Sure Signs You've Had COVID Already, According to a Doctor
<a href="https://www.msn.com/en-us/health/medical/sure-signs-youve-had-covid-already-according-to-a-doctor/ar-BB1cujEI">https://www.msn.com/en-us/health/medical/sure-signs-youve-had-covid-already-according-to-a-doctor/ar-BB1cujEI</a>	MSN
<a href="https://www.yahoo.com/lifestyle/know-health-insurance-youre-even-011453984.html">https://www.yahoo.com/lifestyle/know-health-insurance-youre-even-011453984.html</a>	What to Know About Your Health Insurance Before You're Even Exposed to COVID-19
<a href="https://www.popsugar.com/fitness/does-health-insurance-cover-covid-19-treatment-48034499">https://www.popsugar.com/fitness/does-health-insurance-cover-covid-19-treatment-48034499</a>	POPSUGAR Fitness
<a href="https://www.yahoo.com/lifestyle/uv-light-phone-sanitizers-against-172224111.html">https://www.yahoo.com/lifestyle/uv-light-phone-sanitizers-against-172224111.html</a>	Do UV Light Phone Sanitizers Work Against COVID-19?
<a href="https://www.marthastewart.com/8023694/uv-light-phone-sanitizers-covid-19">https://www.marthastewart.com/8023694/uv-light-phone-sanitizers-covid-19</a>	Martha Stewart
<a href="https://www.healthline.com/health-news/the-cdc-says-now-is-not-the-time-to-take-a-cruise">https://www.healthline.com/health-news/the-cdc-says-now-is-not-the-time-to-take-a-cruise</a>	Healthline
<a href="https://www.eatthis.com/covid-past-symptoms-doctors/">https://www.eatthis.com/covid-past-symptoms-doctors/</a>	Eat This Not That
<a href="https://www.yahoo.com/lifestyle/signs-youve-already-had-covid-120433747.html">https://www.yahoo.com/lifestyle/signs-youve-already-had-covid-120433747.html</a>	Signs You've Already Had COVID, According to Doctors
<a href="https://www.ntd.com/celebrating-thanksgiving-during-covid_531220.html">https://www.ntd.com/celebrating-thanksgiving-during-covid_531220.html</a>	NTD
<a href="https://kyrnews.com/the-unhealthiest-habits-when-caught-indoors/">https://kyrnews.com/the-unhealthiest-habits-when-caught-indoors/</a>	KYR News
<a href="https://sports.yahoo.com/often-disinfecting-smartphones-expert-explains-165352286.html">https://sports.yahoo.com/often-disinfecting-smartphones-expert-explains-165352286.html</a>	How Often Should We Be Disinfecting Our Smartphones? An Expert Explains
<a href="https://www.yahoo.com/lifestyle/unhealthiest-habits-stuck-indoors-110149711.html">https://www.yahoo.com/lifestyle/unhealthiest-habits-stuck-indoors-110149711.html</a>	The Unhealthiest Habits When Stuck Indoors
<a href="https://www.eatthis.com/worst-health-habits-indoors/">https://www.eatthis.com/worst-health-habits-indoors/</a>	Eat This Not That
<a href="https://www.nymetroparents.com/article/flu-vs-covid-19">https://www.nymetroparents.com/article/flu-vs-covid-19</a>	How to Prep for Flu Season During the COVID-19 Pandemic
<a href="https://www.singlecare.com/blog/flu-symptoms/">https://www.singlecare.com/blog/flu-symptoms/</a>	<a href="https://www.singlecare.com">singlecare.com</a>

<a href="https://melmagazine.com/en-us/story/is-zinc-a-coronavirus-cure-all-that-actually-works">https://melmagazine.com/en-us/story/is-zinc-a-coronavirus-cure-all-that-actually-works</a>	MEL Magazine
<a href="https://news.yahoo.com/often-disinfecting-smartphones-expert-explains-165352248.html">https://news.yahoo.com/often-disinfecting-smartphones-expert-explains-165352248.html</a>	How Often Should We Be Disinfecting Our Smartphones? An Expert Explains
<a href="https://www.yahoo.com/lifestyle/often-disinfecting-smartphones-expert-explains-165352286.html">https://www.yahoo.com/lifestyle/often-disinfecting-smartphones-expert-explains-165352286.html</a>	How Often Should We Be Disinfecting Our Smartphones? An Expert Explains
<a href="https://pressfrom.info/ca/lifestyle/health/-317027-how-often-should-we-be-disinfecting-our-smartphones-an-expert-explains.html">https://pressfrom.info/ca/lifestyle/health/-317027-how-often-should-we-be-disinfecting-our-smartphones-an-expert-explains.html</a>	PressFrom - CA
<a href="https://www.msn.com/en-ph/health/medical/how-often-should-we-be-disinfecting-our-smartphones-an-expert-explains/ar-BB1adj4c">https://www.msn.com/en-ph/health/medical/how-often-should-we-be-disinfecting-our-smartphones-an-expert-explains/ar-BB1adj4c</a>	MSN
<a href="https://www.popsugar.com/tech/how-often-should-you-disinfect-your-phone-47886814">https://www.popsugar.com/tech/how-often-should-you-disinfect-your-phone-47886814</a>	POPSUGAR Tech
<a href="https://www.healthcentral.com/condition/signs-symptoms-fibromyalgia">https://www.healthcentral.com/condition/signs-symptoms-fibromyalgia</a>	What Are the Symptoms of Fibromyalgia?
<a href="https://www.eatthis.com/doctor-covid-touch-risk/">https://www.eatthis.com/doctor-covid-touch-risk/</a>	Eat This Not That
<a href="https://www.yahoo.com/lifestyle/im-doctor-could-covid-touch-110628716.html">https://www.yahoo.com/lifestyle/im-doctor-could-covid-touch-110628716.html</a>	I'm a Doctor and You Could Get COVID if You Touch This
<a href="https://www.romper.com/p/does-coronavirus-live-on-backpacks-experts-weigh-in-34368855">https://www.romper.com/p/does-coronavirus-live-on-backpacks-experts-weigh-in-34368855</a>	Romper
<a href="https://sg.finance.yahoo.com/news/shirin-peters-m-d-bethany-171000989.html">https://sg.finance.yahoo.com/news/shirin-peters-m-d-bethany-171000989.html</a>	Shirin Peters, M.D. of Bethany Medical Clinic Advises Families on Overlooked Everyday Items That May Irritate Skin
<a href="https://www.thezoereport.com/p/how-long-does-coronavirus-live-on-clothes-doctors-weigh-in-22664603">https://www.thezoereport.com/p/how-long-does-coronavirus-live-on-clothes-doctors-weigh-in-22664603</a>	
<a href="https://www.ntd.com/celebrating-thanksgiving-during-covid_531220.html">https://www.ntd.com/celebrating-thanksgiving-during-covid_531220.html</a>	America's Talking
<a href="https://www.medicaldaily.com/valentines-day-safe-sex-remember-roses-protection-condom-458424">https://www.medicaldaily.com/valentines-day-safe-sex-remember-roses-protection-condom-458424</a>	Condom Month/ MEDICAL DAILY

<a href="https://www.forbes.com/sites/forbesbusinesscouncil/2021/02/16/12-techniques-for-selecting-the-right-pricing-strategy/?sh=e6d72683fae3">https://www.forbes.com/sites/forbesbusinesscouncil/2021/02/16/12-techniques-for-selecting-the-right-pricing-strategy/?sh=e6d72683fae3</a>	Selecting a Pricing Strategy/FORBES
<a href="https://ehealthradio.podbean.com/e/why-should-everyone-consider-getting-the-covid-vaccine">https://ehealthradio.podbean.com/e/why-should-everyone-consider-getting-the-covid-vaccine</a>	COVID vaccine
<a href="https://www.beachbodyondemand.com/blog/6-tips-spring-allergy-relief">https://www.beachbodyondemand.com/blog/6-tips-spring-allergy-relief</a>	
<a href="https://medshadow.org/can-masks-help-with-allergies/">https://medshadow.org/can-masks-help-with-allergies/</a>	
<a href="https://www.youtube.com/watch?v=o-q9kQLm5QU">https://www.youtube.com/watch?v=o-q9kQLm5QU</a>	
<a href="https://www.businesswire.com/news/home/20210728005696/en/As-Travel-Resurges-Shirin-Peters-M.D.-Shares-Advice-on-How-to-Safely-Navigate-Vacation">https://www.businesswire.com/news/home/20210728005696/en/As-Travel-Resurges-Shirin-Peters-M.D.-Shares-Advice-on-How-to-Safely-Navigate-Vacation</a>	
<a href="https://www.hcplive.com/view/shirin-peters-md-precautionary-measures-for-the-cold-and-flu-season">https://www.hcplive.com/view/shirin-peters-md-precautionary-measures-for-the-cold-and-flu-season</a>	
<a href="https://www.rentcafe.com/blog/expert-interviews/dealing-with-fall-allergens/">https://www.rentcafe.com/blog/expert-interviews/dealing-with-fall-allergens/</a>	
<a href="https://www.prevention.com/health/a37882705/common-cold-symptoms/">https://www.prevention.com/health/a37882705/common-cold-symptoms/</a>	Cold and flu season
<a href="https://www.livestrong.com/article/13770178-what-is-flurona/">https://www.livestrong.com/article/13770178-what-is-flurona/</a>	Flurona
<a href="https://www.insider.com/vitamin-e-deficiency">https://www.insider.com/vitamin-e-deficiency</a>	5 signs that you are vitamin E deficient

<a href="https://www.businesswire.com/news/home/2022012005699/en/Internist-Shirin-Peters-M.D.-of-Bethany-Medical-Clinic-Shares-Top-Tips-for-the-Challenges-of-Winter-Allergies">https://www.businesswire.com/news/home/2022012005699/en/Internist-Shirin-Peters-M.D.-of-Bethany-Medical-Clinic-Shares-Top-Tips-for-the-Challenges-of-Winter-Allergies</a>	Winter Allergies press release
<a href="https://www.hcplive.com/view/shirin-peters-md-precautionary-measures-for-the-cold-and-flu-season">https://www.hcplive.com/view/shirin-peters-md-precautionary-measures-for-the-cold-and-flu-season</a>	Why does it feel impossible to run
<a href="https://www.wellandgood.com/experts/shirin-peters-md/">https://www.wellandgood.com/experts/shirin-peters-md/</a>	Ways to combat springtime sniffles and sneezes
<a href="https://medshadow.org/can-masks-help-with-allergies/">https://medshadow.org/can-masks-help-with-allergies/</a>	Can you swap claritin for a mask
<a href="https://www.businesswire.com/news/home/2022082905091/en/Internist-Shirin-Peters-M.D.-of-Bethany-Medical-Clinic-Shares-Back-to-College-Health-Tips-and-Tricks">https://www.businesswire.com/news/home/2022082905091/en/Internist-Shirin-Peters-M.D.-of-Bethany-Medical-Clinic-Shares-Back-to-College-Health-Tips-and-Tricks</a>	Back to college press release
<a href="https://www.healthline.com/health-news/why-experts-are-telling-parents-to-be-cautious-about-giving-melatonin-to-children-to-help-them-sleep?utm_source=ReadNext">https://www.healthline.com/health-news/why-experts-are-telling-parents-to-be-cautious-about-giving-melatonin-to-children-to-help-them-sleep?utm_source=ReadNext</a>	Melatonin for Kids
<a href="https://www.businesswire.com/news/home/2022102705895/en/Experts-Say-Preparation-for-What-CDC-Predicts-to-be-an-Aggressive-Cold-and-Flu-Season-Must-Begin-Now">https://www.businesswire.com/news/home/2022102705895/en/Experts-Say-Preparation-for-What-CDC-Predicts-to-be-an-Aggressive-Cold-and-Flu-Season-Must-Begin-Now</a>	cold and flu season
<a href="https://www.healthdigest.com/292311/when-you-take-birth-control-these-things-really-happen-to-your-body/">https://www.healthdigest.com/292311/when-you-take-birth-control-these-things-really-happen-to-your-body/</a>	allergy relief