



DINA OSTER M.D.

CONTACT

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CERTIFICATION AND LICENSURE

- Board Certified in Internal Medicine - American Board of Medical Specialties- 2001
- Medical License State of Florida- 2007
- Medical License State of New York- 1999

EDUCATION AND POST-DOCTORAL TRAINING

June 2001

Internship And Residency: Internal Medicine

Mount Sinai Medical Center, New York, NY

June 1998

M.D.

SUNY Health Science Center, Brooklyn, NY

- Awarded Alpha Omega Alpha

PROFESSIONAL SUMMARY

Board-certified, Evidence-Based Care focused Internal Medicine Physician with over 25 years of experience across different clinical settings, most recently in outpatient primary care, telehealth, and acute care hospital including the ICU and inpatient psychiatric unit. Have also worked in skilled nursing and long-term care facilities. Experienced with many types of insurance plans and patients across a wide range of demographics. Currently working as a hospitalist in community hospitals of varied sizes as well as large tertiary care academic institutions while also doing utilization management.

Extensive experience in chart review.

WORK HISTORY

January 2026 - Current

Medical Director, *UnitedHealth Group*

- Facilitate cost-effective, high-quality care for post-acute patients through effective remote utilization management practices.

April 2015 - Current

Hospitalist, *BayCare Medical Group*, Tampa Bay Area, FL

- Hold staff appointments at 7 acute care hospitals with diverse patient demographic profiles.
- Collaborate with consultants to formulate care plans on complex patients with multiple comorbidities.
- Manage acute and chronic medical conditions for patients on medical and surgical floors as well as those in an inpatient psychiatric setting.

May 2025 - September 2025

Physician, *CareATC*, Palm Harbor, FL

- Provided medical care to City Of Tarpon Springs Employees and their families; treating acute and chronic conditions.
- Conducted regular health screenings and assessments to promote preventive care practices.
- Position ended when the employer chose to cease operations at the clinic.

- summa cum laude graduate

January 1993

Bachelor of Science: Psychology

Fordham University, Bronx, NY

- Dean's List 1992

April 2019 - May 2025

Primary Care Physician, BayCare Medical Group, Tampa Bay Area, FL

- Provided preventive care, as well as management of acute and chronic medical conditions
- Educated and collaborated with patients and families to develop personalized care plans that address their unique concerns and beliefs.

March 2012 - April 2015

Physician, JSA/Health Care Partners, Clearwater, FL

- Delivered cost-effective health care in collaboration with an interdisciplinary team to promote efficient use of healthcare resources.
- Practice was one of the first Medicare Accountable Care Organizations in the area.

September 2008 - April 2012

Hospitalist/ Program Director, EmCare, New Port Richey, FL

- Cared for patients throughout all levels of their acute care hospitalization.
- Mentored physicians and hospital staff on best practices in patient management and documentation.
- Participated in hospital committees to develop protocols aligned with evidence-based practices.

September 2007 - September 2008

Hospitalist, IPC, Clearwater, FL

- Streamlined patient flow, managing admissions, transfers, and discharges across 2-3 hospitals daily.

July 2001 - September 2007

Physician, Madison Medical Group, New York, NY

- Developed expertise in travel medicine and the management of bariatric surgery patients, addressing their needs before and after surgical procedures.
- Provided global care to my patient panel including preventive care, management of chronic illnesses, and management of acute illnesses in both the outpatient, hospital and skilled nursing facility setting.
- Taught residents, fostering professional development and clinical excellence.