

RODNEY SHOLTY MD, CLCP

Licensure

2018 State of Hawaii, Active
2020 State of Texas, Active
2024 Interstate Medical License Compact, Active LOQ
Colorado, Montana, Wyoming, Nevada, Idaho, Active

Board Certification

2018 American Board of Family Medicine

Certifications

Certified Physician Life Care Planner / ICHCC
Advanced Trauma Life Support, Instructor Level - ATLS
Advanced Cardiac Life Support - ACLS
Pediatric Advanced Life Support - PALS
Advanced Life Support Obstetrics - ALSO
Basic Life Support- BLS
Neonatal Resuscitation Provider - NRP

Associations

2015 American Academy of Family Physicians
2020 Texas Medical Association

Employment

01/2026 - Present **APEX Precision Health PLLC**

Austin, Texas
Medical Director, President

Founded and lead physician-owned professional limited liability company specializing in rural and emergency medicine services, including hospital staffing, trauma care, and critical interventions. Compliant with Texas Corporate Practice of Medicine doctrine, with SDVOSB certification for federal contracts. Oversees transferred DBAs: Ascent Medical Clinic (full-service family medicine) and Dive with a Doc (medical escort and dive medicine services).

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11/2025 - Present **Pinnacle Life Care Planning**

Sheridan, Wyoming
Medical Director, Certified Physician Life Care Planner

Pinnacle Life Care, we specialize in comprehensive life care planning—a meticulous, evidence-based process that creates a roadmap for the lifelong medical, therapeutic, and supportive needs of individuals facing catastrophic injuries, chronic illnesses, or complex disabilities. Our certified life care planners bridge the gap between healthcare, legal, and financial worlds to ensure your future is secure, predictable, and fully funded.

07/2025 - Present **Aransas County Detention Center – Medical Director**

Aransas County, Texas

**Medical Director
Director Medical Services**

- Inmate Medicine clinic providing care to Aransas County and surrounding areas.
- Full-service family medicine clinic which provides resources for pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

09/2022 – Present **Corpus Christi Medical Center**

Emergency Department Provider

- Healthgrades Names Corpus Christi Medical Center as Top 5% of Hospitals in the U.S. for Patient Safety Excellence!

-Doctors Regional is a full-service, acute care hospital offering inpatient and outpatient services including a 24-hour emergency department, state-of-the-art cardiac cath lab, orthopedic unit, and a neuroscience program offering stereotactic procedures for noninvasive brain surgeries.

-This 416- bed facility is equipped with the latest in heart care technology, offering comprehensive diagnostics, treatment and surgical procedures in your own neighborhood. From preoperative education to nutrition and cardiac rehabilitation, each of our services is carefully designed to meet the individual needs of heart patients.

-Doctors Regional features cardiac catheterization laboratories, state-of-the-art operating rooms, coronary care beds, telemetry beds, noninvasive diagnostic facilities and a fully equipped cardiac rehabilitation center.

4/2022 –2023 **Lubbock Heart and Surgical Hospital**

Emergency Department Provider

- Full-Service Emergency Department specializing in cardiac care

Hospitalist

- General medicine and post-cardiac surgical care, Intensive Care and Cardiac Intensive Care Units, with procedures.
- Discharge planning and coordination.

01/2021 – 04/2022 **Concord Medical Group** - Lubbock, Texas

Site:

Moore County Hospital

Hospitalist, Emergency Department Provider

-Level 4 Trauma Center

-25 bed Critical Access Hospital

Reeves County Hospital, Emergency Department

Emergency Department Provider

-Level 4 trauma Center

-25 bed Critical Access Hospital

11/2019 – Present **Zia Rural Physicians Group LLC DBA Ascent Medical Clinic**

Nevada, Texas, and Hawaii

Owner, Medical Director

Medical Staffing Services

Emergency Department Provider, Director EM Services

Family Medicine Clinic Provider

Hospitalist Provider

-Family Medicine clinic providing care to Nueces County and surrounding areas.

-Full-service family medicine clinic which provides resources for pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

01/2020 – 04/2020 **Medestar Locum Tenens** – Hana, Hawaii

Family Medicine Clinic/Urgent Care Provider

-Family Medicine clinic providing care to Hana, Hawaii and surrounding community. - Full-service family medicine clinic which provides resources for pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

-Urgent Care and Trauma Stabilization Care

06/2019 – 01/20 **Tribal Emergency Medicine** - Alamo Navajo Federal Indian Reservation.

Family Medicine Clinic/Urgent Care Provider

-Family Medicine clinic providing care to the Alamo Navajo Reservation.

-Full-service family medicine clinic which provides resources for pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

08/2018 – Present **Operation H.O.P.E.** – Las Vegas, Nevada

**Family Medicine Provider
-Volunteer Medical Clinic**

- operation H.O.P.E., Inc. (Helping Other People Everywhere) a 501c3 nonprofit organization to address social issues presenting a challenge our society.
- Provide no cost medical care to medically indigent and homeless population located in the Las Vegas Valley.
- Full service family medicine clinic which provides Resources for a low-cost pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

08/2018 – 06/2019 **Dynamic Stem Cell Therapy** – Las Vegas, Nevada

Stem Cell Harvesting and Collection, Processing and Injecting.

- Assist with adipose cell harvesting and collection via surgical liposuction
- Process adipose samples in laboratory to separate and concentrate stem cells for reinjection.
- Draw blood and process PRP for injection
- Intravascular injection of stem cells
- Nebulized stem cell administration using Meta-Neb for pulmonary treatments.

04/2014 – 08/2018 **Life Guard International** – Las Vegas, Nevada

PROGRAM DIRECTOR, CHIEF FLIGHT NURSE

Plan the program

- Plan the delivery of the overall program and its activities in accordance with the mission and the goals of the organization.
- Develop new initiatives to support the strategic direction of the organization
- Develop and implement long-term goals and objectives to achieve the successful outcome of the program
- Develop an annual budget and operating plan to support the program
- Develop a program evaluation framework to assess the strengths of the program and to identify areas for improvement

Organize the program

- Ensure that program activities operate within the policies and procedures of the Commission for Accreditation of Aeromedical Transport
- Ensure that program activities comply with all relevant legislation and professional standards set forth in Nevada Revised Statutes, Nevada State Board of Nursing, and County Health District.
- Develop forms and records to document program activities
- Oversee the collection and maintenance of records on the clients of the program for statistical purposes according to the confidentiality/privacy policy of the organization

Staff the program

- In consultation with the Owners, recruit, interview and select well-qualified program staff
- Implement the human resources policies, procedures and practices of the organization
- Ensure that personnel files for the program are properly maintained and kept confidential
- Establish and implement a performance management process for all program staff

04/2012 – 12/2013 Medical Express Ambulance – Chicago, Illinois

Critical Care Transport Nurse

Provides high level patient care to the critically ill, or injured, neonatal, pediatric, and adult patients who require inter-hospital transfer in critical state or not to include all modalities of critical care and stabilization for the safe transport and continued continuum of care for the patient. Specialist operations include, LVAD, Balloon Pump, Ventilator Support, Emergency and critical Care Medication administration.

04/2012 – 12/2013 Alternate Nurse Staffing – Chicago, Illinois

Registered Nurse, Emergency Department

Provide professional nursing care for assigned patients in the emergency department. Triage each patient and determine priority of care based on physical, psychological and social needs as well as factors influencing patient flow through the emergency care system. Perform focused assessment of chief complaint on each patient in a timely manner according to established triage guidelines. Familiar with standard concepts, practices, and procedures of emergency medicine.

06/2007 – 01/2019 Westways Staffing Services – Las Vegas, Nevada

Registered Nurse, Emergency Department

Provide professional nursing care for assigned patients in the emergency department. Triage each patient and determine priority of care based on physical, psychological and social needs as well as factors influencing patient flow through the emergency care system. Perform focused assessment of chief complaint on each patient in a timely manner according to established triage guidelines. Familiar with standard concepts, practices, and procedures of emergency medicine.

05/2007 – 01/2010 United Health Group – Las Vegas, NV

Senior RN, Rounding Nurse

Responsible for providing direct clinical assistance to Hospitalists by participating in the coordination of medically necessary care and services in the acute care setting. This position also works in conjunction with RN Care Managers to ensure appropriate coordination of discharge planning decisions between the physician and case management staff. Interacts on behalf of the hospitalist with consulting physicians and other health care professionals. Ensures collaboration between and communication with specialty and attending providers, and RN Care Managers, in order to develop effective treatment and discharge plans. Completion of Internet and medical library research to support the plan of care.

01/2007 – 06/2007 Community College of Southern Nevada – Las Vegas, NV **Emergency**

Medical Services Instructor, Paramedic Level

Responsible for the instruction of Paramedic and EMT level classes. Additional teaching includes BCLS, ACLS, First Aid, CPR and other related certification classes based on a comprehensive knowledge of the Emergency Medical/Paramedic profession.

11/2006-05/2007 Summerlin Medical Center - Las Vegas, Nevada

Registered Nurse, Emergency Department

Provide professional nursing care for assigned patients in the emergency department. Triage each patient and determine priority of care based on physical, psychological and social needs as well as factors influencing patient flow through the emergency care system. Perform focused assessment of chief complaint on each patient in a timely manner according to established triage guidelines. Familiar with standard concepts, practices, and procedures of emergency medicine.

2/2006-7/2007 JTM Training Group - Las Vegas, Nevada

Special Forces Military Medical Instructor

JTM Training Group is a limited liability company designed specifically around the intricate training requirements of the US Military Special Operations and Federal Law Enforcement communities. As a Tactical Scenario Instructor, was responsible for assisting specialized teams in achieving their readiness goals at bases throughout the United States and overseas. Courses taught include: ACLS, Patrol Medicine, Cadaver Lab, TCCC, Allergic Reaction, Environmental Emergencies, Extended care transport, Medical emergencies, Triage and Mass Casualty.

- 03/2003-7/2007 **Mercy Air Services - Las Vegas, Nevada**
Medical Education Coordinator/ Flight Paramedic
 Responsible for development and oversight of all initial and recurrent continuing education training for medical crew members within assigned area to achieve and maintain required competencies; Manage activities to achieve and maintain accreditation including counseling and progressive discipline to ensure all medical policies are properly followed. Assist in the development of the implementation of emergency medical protocols. Coordinate research in the air medical transport environment. Provide high-quality, pre-hospital, advanced-life-support including assessment, triage, and treatment of illness and injury and safe transport of the critical patient to the appropriate facility working in collaboration with flight nurse partner.
- 1/2003-1/2004 **Las Vegas Motor Speedway – Las Vegas, Nevada**
Paramedic
 Advanced life support provider for dedicated medical staff during racing schools, NHRA, NASCAR, and community motor sports events. During NASCAR events acted as medical liaison for ontrack official chase car. Assist in Fire/Rescue operations including multi-source fire suppression, light and heavy extrication, track prep/inspection/drivability checks related to track emergencies.
- 9/2000-1/2003. **Southwest Ambulance - Las Vegas, Nevada**
Paramedic
 Advanced life support provider/senior crewmember for private ambulance service in a dual response 911 system. Provide non-critical care inter-facility transport of stable and emergent patients. Precept EMT-B/I students and conduct new hire orientation and field screening. Average 100-110 responses/month, 80-90 transports/month.
- 1/2000-3/2001 **Desert Ambulance – Barstow, California**
Paramedic
 Advanced life support provider/senior crew member for private ambulance service in a dual response 911 system. Provide non-critical care inter-facility transport of stable and emergent patients. Precept EMT-B/I students and conduct new hire orientation and field screening. Average 80-100 responses/month, 60-70 transports/month.
- 5/1999-1/2000 **AEROMEDEVAC Inc. - San Diego, California**
Flight Paramedic
 International flight service, mainly responding to the country of Mexico. Provide high-quality, pre-hospital, advanced-life-support including assessment, triage, and treatment of illness and injury and safe transport of the critical patient to the appropriate facility working in collaboration with flight nurse partner.
- 11/1995 – 5/1999 **American Medical Response – Palm Springs, California**
Paramedic
 Advanced life support provider/senior crewmember for private ambulance service in a dual response system. 911 ALS services provided by AMR paramedic on scene. Provide non-critical care inter-facility transport of stable and emergent patients. Precept EMT-B/I students and conduct new hire orientation and field screening. Average 100-110 responses/month, 80-90 transports/month.

Education

		Major	Degree
07/2024	Legal Studies/ JD Next Exam	Contract Law	
01/2023	Master's in Business Administration	Healthcare administration	In progress
02/2012	Caribbean Medical University	Medical Doctor	M.D.
01/2011	St. Martinus University FOM	Medical Doctor	
01/2010	Univ. of Medicine and Health Sciences	Medical Doctor	

05/2008	University of New England, Biddeford, ME	Pre-professional	
04-09/2006	Excelsior College, Albany NY	Nursing	R.N.
2005/06	University of Nevada, Las Vegas	Pre-professional	
2003/04	College of Southern Nevada, Las Vegas	Biology	
01/09/1995	Mt. San Antonio College- Walnut, CA	EMS	Paramedic

Residency

07/2015 – 06/2018 UNIVERSITY OF NEVADA, LAS VEGAS - Department of Family Medicine
Las Vegas, Nevada

RURAL MEDICINE RESIDENCY

University Medical Center, Las Vegas and Humboldt General Hospital, Winnemucca, Nevada

-**Chief Resident**, Act as liaison between Faculty/Staff and junior residents. Schedule call coverage

-Initiate and follow a personal program of professional growth in conjunction with the formal educational and training of the residency or fellowship program sponsored by UNSOM. This includes ensuring compassionate, appropriate and cost-effective patient care. Skills demonstrated by the resident should be commensurate with their level of training and responsibility. --Participate in the educational activities of the program and as required, assume responsibility for teaching and supervising other residents and medical students by making daily rounds.

-Perform procedures as required by individual programs, at first under strict supervision until competence is documented, then independently.

Military

2004 - 2008 US Navy Reserve, Petty Officer 2nd Class/E-5
Hospital Corpsman (HM2)
2/23 Fox Company Weapons Platoon – United States Marine Corps
Hospital Unit Camp Pendleton

Lead Petty Officer, Responsible for insuring all medical aspects of reserve deployments are maintained in ready state and current. Directly supervised 4 medical teams servicing approximately 200 Marines throughout all aspects of their daily duties and training. Report current status or medical readiness to superiors. Responsible for insuring complete and appropriate inventory of medical supplies and tracking their usage. Responsible for ensuring safety during training exercises and communicating potential hazards and/or violations to superiors. Provide semiannual evaluations to corpsman directly under supervision. Responsible for counseling and progressive discipline to ensure that the mission of the Navy is not compromised.

Military Management Education:

Non-Commissioned Officer Courses:
Center for Naval Leadership – Management Series:

Tactical

Medical

Training: Heckler & Koch Tactical Emergency Medicine Course
Palm Springs, California

Publications

- 1- Alex Malone, MD, FAAEM, FACEP | Ian Smith, NREMT-P | Jim Tetley, NREMT-P | Rod Sholty, MS III, RN, EMS-RN, NREMT-P (April, 2012), Providers Use Algorithmic Approach to Manage Traumatic Airway, *Journal of Emergency Medical Services*,

Business Ventures

2019 - 2020- **Zia Rural Physicians Group LLC, President/Medical Director**

Medical Staffing Service providing Locum Tenens coverage and permanent placement.

Ascent Medical Clinic, President/Medical Director

Family Medicine clinic providing care in multiple states.

-Full-service family medicine clinic which provides resources for pharmaceutical medication, referrals to specialist, mental health providers, and follow up care for continuing treatment.

2021- **Dive with a Doc, CEO**

Provide medical escort services for small party to expedition level conditions.

Emergency medical care, Dive Planning, Medical post-dive evaluation and recovery

planning.

Certifications:

Open Water Diver, Advanced Adventurer, Enriched Air Nitrox, Dry Suit, Deep Diving, Closed Circuit Rebreather and Extended Range.

2024- DEVGRPTAC, CEO/Medical Director

Development Group Tactical is a limited liability company designed specifically around the intricate training requirements of the US Military Special Operations and Federal Law Enforcement communities. Responsible for assisting specialized teams in achieving their readiness goals at bases throughout the United States and overseas.

Courses taught include: ACLS, Patrol Medicine, Cadaver Lab, TCCC/TCCC (CMC), Allergic Reaction, Environmental Emergencies, Extended care transport, medical emergencies, Triage and Mass Casualty.

Tactical Emergency Medical Training

United States Practical Shooting Association training and shooter development

Custom mission specific weapon development and training.

Currently pursuing Military contracts to provide for tactical based National Registry of Emergency Medical Technician/ Paramedic recertification course for active-duty Special Operations Command providers.

Professional and Personal References Available Upon Request