



## **MICHELLE J. CARON**

Washington, DC

202.369.5386 - cell

Michelle@lawsecconsultants.com

### **PERSONAL PROFILE**

With 23 years of leadership experience in the Metropolitan Police Department (DC), I bring operational and supervisory expertise in police practices, use-of-force review, and organizational accountability. My career spanned patrol, homicide investigations, homeland security coordination, and special operations command, including service as a voting member of the department's Use of Force Review Board. My responsibilities included reviewing force incidents for proportionality, policy adherence, and supervisory accountability, as well as overseeing complex public order operations.

I offer expert testimony and consulting grounded in applied standards, operational realities, and institutional governance, providing courts and counsel with clear, structured analysis of police practices and use-of-force decision-making.

### **PROFESSIONAL LAW ENFORCEMENT EXPERIENCE**

LawSec Consultants, Washington, DC – Principal

August 2025 - Current

Provides expert analysis and consulting on police practices, use-of-force standards, supervisory review, and organizational accountability.

Metropolitan Police Department, Washington, DC - Inspector (Ret.)

April 2022-August 2025

As an Inspector with the Metropolitan Police Department, I served as Executive Officer for both the Special Operations Division and the Fourth District, supervising hundreds of sworn and civilian personnel, overseeing national-level security operations, contributing to use-of-force review, and implementing data-informed deployment strategies.

Metropolitan Police Department, Washington, DC – Captain

September 2016-April 2022

As a Captain, and the first woman to command multiple specialized tactical units, I directed large-scale public order operations, supervised internal force investigations, coordinated National Special Security Events, and led research-informed strategies that resulted in significant crime reduction.

Metropolitan Police Department, Washington, DC – Lieutenant

January 2014-September 2016

As a Lieutenant, I commanded homicide and district detective units responsible for complex, high-volume investigations, including hundreds of homicide and violent crime cases, ensuring investigative integrity, supervisory oversight, and disciplined case management.

Metropolitan Police Department, Washington, DC – Sergeant  
February 2010-January 2014

As a Sergeant, I supervised crime scene operations and served as the primary liaison for internal and external evidence submissions, including responsibility for sexual assault kit backlog resolution and evidentiary integrity, while also providing front-line patrol supervision.

Metropolitan Police Department, Washington, DC – Officer  
August 2002-February 2010

As an Officer, I conducted forensic processing of violent and property crime scenes, performed community-based patrol operations, and demonstrated early leadership as a squad leader at the Metropolitan Police Academy.

### **PREVIOUS PROFESSIONAL EXPERIENCE**

Prior to entering law enforcement, I worked in sports television production and public relations, developing strengths in clear communication, rapid decision-making in live environments, and managing high-visibility public operations under tight deadlines.

### **CONSULTING & PROFESSIONAL ENGAGEMENT**

- U.S. Department of Homeland Security, Office for State and Local Law Enforcement
- Johns Hopkins University Public Safety Accountability Unit
- Golden Triangle Business Improvement District, Washington, DC
- Future Policing Institute

### **EDUCATION & PROFESSIONAL DEVELOPMENT**

Naval Postgraduate School – Master of Arts, Security Studies, 2023

*Thesis: Do the Dutch Know Much? A Comparative Analysis of Gender and Use of Force in Law Enforcement in the Netherlands and the United States*

Johns Hopkins University – Master of Science, Management, 2009

*Capstone: How Does a 4/10 Schedule Affect Officers*

Ithaca College – Bachelor of Arts, Sports Information and Communications, 1995

Federal Bureau of Investigation – National Academy, Session 262

Police Executive Research Forum – Senior Management Institute for Police, Session 91

### **SPEAKING ENGAGEMENTS**

Panelist, Metropolitan Police Department Inaugural Diversity, Equity, and Inclusion Women's Symposium

Panelist, Leadership for Women in Law Enforcement

Instructor, Metropolitan Police Academy Recruit and In-Service Training