

# **Meryl Kahan, MD, FACOG, MSCP**

Board-Certified Obstetrician-Gynecologist

New Rochelle, NY 10801, (c)518-859-0505, meryl.kahan@gmail.com

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## **Licensure and Board Certification**

American Board of Obstetrics and Gynecology, Diplomate, 2016–present

New York State Medical License, Active

Florida Telehealth License, Active

Oregon Telehealth License, Active

Menopause Society Certified Practitioner, 2023–present

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## **Education and Training**

### **Residency**

Obstetrics and Gynecology, Thomas Jefferson University Hospital, Philadelphia, PA, 2010–2014

### **Doctor of Medicine**

SUNY Upstate Medical University College of Medicine, Syracuse, NY, 2006–2010

### **Bachelor of Science, Biology and History**

Brandeis University, Waltham, MA, 2002–2006, Magna Cum Laude

## **Additional Training**

MiniMBA in Healthcare Management, Rutgers Business School, 2022–2023

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## **Honors and Awards**

AAGL Special Resident in Minimally Invasive Gynecology Award, 2014

Distinction for Achievement on CREOG Examination, 2013 and 2014

Great Catch Award for Patient Safety, 2012

Multiple Apple Pins for Excellence in Medical Student Teaching, 2011–2014

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## **Clinical Experience**

### **Current Clinical Practice**

Physician and Founder, SheMD, New York, NY, 2023–present

Gynecology-focused outpatient practice providing comprehensive gynecologic care, including menopause and hormone management.

### **Prior Clinical Experience**

Physician, OB/GYN Westside, New York, NY, 2018–2023

Faculty Physician, Hackensack University Medical Center, Hackensack, NJ, 2017–2018

Physician, The Rubino OB/GYN Group, West Orange, NJ, 2014–2017

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## **Areas of Clinical Expertise**

- Gynecology and outpatient women's health
- Early pregnancy evaluation and pregnancy of unknown location (PUL)
- Diagnostic evaluation of pelvic pain and abnormal uterine bleeding

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- Failure to diagnose and delayed diagnosis in gynecologic care
- Adnexal mass evaluation and risk stratification
- Hereditary gynecologic cancer risk assessment and counseling
- Office-based gynecologic procedures, including hysteroscopy and dilation and curettage
- Hormone therapy, menopause, and perimenopause management
- Contraceptive management and IUD-related complications
- Clinical documentation and standards of care