

# KIRSTIN MENNE, BSN, RN, CEN

**Owner & Lead Consultant – Menne LNC, LLC**

Woodbury, MN

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## Professional Profile

Emergency nurse and legal nurse consultant with a decade of high-acuity clinical experience across emergency and post-anesthesia care settings. Proven ability to analyze complex medical records, identify deviations from standards of care, and evaluate causation and damages in medically involved legal cases. Strong background in critical care interventions, medication safety, and multidisciplinary communication. Dedicated to delivering accurate, unbiased, and evidence-based opinions to support both plaintiff and defense attorneys.

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## Legal Nurse Consulting Experience

### Owner & Lead Consultant

#### **Menne LNC, LLC – Woodbury, MN | 2024 – Present**

- Provide expert case review, screening, and analysis for medically complex litigation
  - Identify breaches in standards of care and key case strengths/weaknesses
  - Create chronologies, timelines, and medical summaries tailored to attorney needs
  - Evaluate medication administration, independent double checks, triage decisions, documentation, and clinical workflows
  - Offer insight on emergency medicine, trauma response, and high-risk interventions
  - Deliver research support, expert witness matching, and education on medical issues
  - Ensure clarity, organization, and accuracy within medical records and related evidence
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## Clinical Nursing Experience

### Registered Nurse – Emergency Department

#### **Kaiser Permanente, Santa Clara, CA | Nov 2019 – Present**

- Deliver emergency care in a high-volume, fast-paced environment
- Manage complex medical, trauma, cardiac, stroke, and psychiatric cases
- Perform triage using ESI for all age groups
- Collaborate closely with interdisciplinary teams for optimal patient outcomes

## **Registered Nurse – PACU (ENT, Facial Plastics, Ophthalmology)**

**Midwest Surgery Center, Woodbury, MN | Nov 2023 – May 2024**

- Provided immediate postoperative care and monitored recovery following anesthesia
- Identified and managed postoperative complications
- Ensured safe transitions of care with surgical and anesthesia teams

## **Registered Nurse – Emergency Department**

**Kaiser Permanente, San Jose, CA | Oct 2017 – Nov 2019**

- Responded to critical care needs including trauma resuscitations
- Titrated high-risk medications and supported advanced airway management
- De-escalated psychiatric emergencies and maintained patient safety

## **Registered Nurse – Emergency Department (Level II Trauma)**

**Regional Medical Center, San Jose, CA | Jul 2017 – Oct 2017**

- Delivered emergency care in a Level II Trauma environment
- Supported multidisciplinary teams in time-sensitive clinical situations

## **Registered Nurse – Emergency Department / Prior Roles**

**St. Joseph's Hospital, St. Paul, MN | 2010 – Jul 2017**

- CNA on Med-Surg (2010), ED Technician (2015), transitioned to RN in 2016
- Completed ED new graduate residency program

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## **Education**

**Legal Nurse Consulting Certificate**

LSU–New Orleans | 2025

**Bachelor of Science in Nursing**

Concordia University, St. Paul | 2018

**Associate Degree in Nursing**

Chippewa Valley Technical College | 2016

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## **Certifications**

- CEN – Certified Emergency Nurse- Valid since 2024
- ACLS- Valid since 2016

- PALS- Valid since 2016
  - BLS- Valid since 2006
  - NIH Stroke Scale- Valid since 2019
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## **Core Skills**

- Emergency triage & prioritization (ESI I–V)
- Trauma & resuscitation (pediatric → geriatric)
- High-risk medication titration
- Crisis management & de-escalation
- PACU recovery & airway monitoring
- EMR analysis & documentation review
- Case screening & merit reviews
- Standards-of-care evaluation
- Medical record organization & chronologies
- Interdisciplinary collaboration

## **References**

Available on request