



## **SAUSHEEN TAYLOR, MD MBA**

**Bethesda, MD**

**(202) 743-2392**

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Board-certified internal medicine hospitalist and physician executive with over 13 years of clinical and leadership experience, specializing in hospital care, medical necessity determinations, and regulatory compliance. Currently serving as a National Medical Director for Humana, where I conduct rigorous reviews of complex inpatient and outpatient cases, assess medical necessity, and ensure adherence to CMS guidelines and federal and state regulations. Clinical experience includes active hospital-based practice with US Acute Care Solutions and prior leadership as head of the Medicine Service Line at Mary Washington Healthcare System, where I provided multidisciplinary oversight and ensured consistent application of evidence-based clinical standards across specialties. I also served as a member of the Board of Trustees for Mary Washington Healthcare System, contributing to governance, quality, and patient safety initiatives. I am experienced in media engagement and am well prepared to deliver clear, unbiased expert testimony in hospital negligence and medical necessity matters.

### **PROFESSIONAL EXPERIENCE**

#### **National Medical Director Humana**

May 2024 to Current

Making medical determinations on service appropriateness based on reviewed clinical cases. In instances where there is an appeal, peer-to-peer communication with disputing providers to ensure compliance with company policies, national guidelines, and state and CMS requirements.

#### **US Acute Care Solutions Hospitalist Maryland and Virginia USACS hospitals**

May 2024 to current

Practicing staff hospitalist

#### **Director Hospital Medicine Mary Washington Healthcare Fredericksburg, VA**

**Hospital Service Line Medical Director- including specialties such as hospitalist, intensivist, palliative and ID**

November 2021 to May 2024

Clinical and fiscal responsible for managing all inpatient and outpatient activities for six departments. Overseeing 90 physician and APP (nurse practitioner and physician assistant) providers. Responsible for a budget of ~\$35M through astute management of operational expenses and revenue generation (mitigating denials and productivity measures). Deeply engaged in the development and execution of strategies to reduce the cost of care while preserving patient experience by driving the performance of value-based care. Functioning as the bridge between inpatient and outpatient care, via the development of our SNFist program which lead to a 50% reduction in readmission rates and improvement in STAR ratings of affiliated facilities.

- Led the operations team in reducing excess days by ~1600 days a month in 2022 by clearly outlining the objectives of a new action plan and garnering commitment of the inpatient providers
- Drove the integration post acquisition of intensivist and behavioral health specialties (equating to ~\$10M), managing compensation, revenue and leadership development
- Developing professional growth strategies for the APPs through creating an APP council to establish professional career advancement pathways, promote retention and fostering an environment of continuing education resulting in improved associate engagement scores
- Recognized for achieving the highest physician engagement scores (hospitalist group) across the organization

### **Director**

#### **Hospital Medicine**

#### **Mary Washington Healthcare**

#### **Fredericksburg, VA**

June 2017 to November 2021

- Managing director of a 50 FTE program with an operating budget of 13M
- Turnover within the group during my tenure has been less than 5%
- Significant positive impact to the organization's Medicare denials
- Working with revenue cycle in areas related to organizational utilization (on the inpatient side reduced the utilization of MRI/echo and improved observation/inpatient rates), specialty management and physician documentation
- Managing oversight of the directors of the following:
  - observation unit
  - Transitional Care Clinic
  - SNF program

### **Director**

#### **Hospital Medicine**

#### **MedStar Southern Maryland Hospital**

#### **Clinton, MD**

June 2015 to November 2017

- Managed an 11FTE program of providers
- Chair of the utilization management team
- Aided in the transition to a Medstar hospital with minimal impact to the provider roster
- Worked with case management and providers to mitigate and minimize denials.
- Created strategies to decrease readmissions and hospital-acquired infections

### **Assistant Director**

#### **Hospital Medicine**

#### **MedStar Southern Maryland Hospital**

#### **Clinton, MD**

May 2014 to June 2015

- Priority was recruitment and stabilizing the group of this 11 FTE program

**Assistant Professor of Medicine**  
**Faculty Hospitalist**  
**NorthShore LIJ- Forest Hills**  
**Forest Hills, NY**

July 2013 to May 2014

- Responsible for training residents for the board
- Voted professor of the year
- 90% board pass rate for my class of residents

## EDUCATION AND PROFESSIONAL DEVELOPMENT

**University of Virginia Darden School of Business, Charlottesville, VA**

Executive MBA

- Forte Fellow

August 2022-May, 2023

**Board Certified internal Medicine**

June, 2013

**Residency in Internal Medicine**

Chief year included

New York Hospital of Queens

August 2009 – June 2013

**University of Medicine and Dentistry of New Jersey, Newark, NJ**

Doctor of Medicine in Internal Medicine Resident

May 2005-May, 2009

**Stony Brook University, Stony Brook, NY**

Doctor of Medicine

August 2001-May, 2005

## PROFESSIONAL AFFILIATIONS

Mary Washington Healthcare, Board of Trustees

- Board Member

January, 2021-April 2023

## MEDIA APPEARANCE

Ask the Mayor of Fredericksburg, VA Ep 10

- Halloween Safety and COVID-19

October 23, 2020

## PUBLICATION

STITIK, T. P., KIM, J.-H., STISKAL, D., FOYE, P. M., NADLER, R. R., WYSS, J. F., HESLOP, S., & STISKAL-GALISEWSKI, D. (2010). OSTEOARTHRITIS. IN DELISA'S PHYSICAL MEDICINE AND REHABILITATION: PRINCIPLES AND PRACTICE

### **Board Certification**

ABIM ID:

#327451

Current Certifications:

Internal Medicine: **Certified**

Expert Not Retained