

Curriculum Vitae

Ricardo E. Colberg, M.D., RMSK

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Summary

Non-surgical orthopedic physician (physiatrist) triple-board certified in Physical Medicine & Rehabilitation, Sports Medicine and Musculoskeletal Ultrasound in active clinical practice. Specialized in musculoskeletal, nerve and spine pain and injuries. Published 48 research papers and chapters for academic text books and given 192 courses and presentations. Faculty of the American Sports Medicine Institute Primary Care Sports Medicine Fellowship Program at Andrews Sports Medicine and Orthopedic Center and of the University of Alabama Physical Medicine and Rehabilitation Residency Program in Birmingham, Alabama. Fully fluent in English and Spanish.

Professional Experience

- Non-surgical Orthopedic Physician, Andrews Sports Medicine and Orthopedic Center, Birmingham, AL (2013-present)
 - Head Team Physician - Helena High School, Helena, AL (2019-present)
 - Medical Director - Jacksonville State University, Jacksonville, AL (2016-2021)
 - Head Team Physician - Minor High School, Adamsville, AL (2016-2018)
 - Head Team Physician - Lawson State Community College, Bessemer, AL (2013-2016)
 - Head Team Physician - Moody High School, Moody, AL (2014-2015)
 - Fellow Team Physician - University of West Alabama, Alabama Ballet, US Paralympics at the Lakeshore Foundation, and Birmingham Barons (2012-2013)
- Clinical Researcher, American Sports Medicine Institute, Birmingham, AL (2012-present)
- Course Chairman, Regenerative Medicine Training Institute, Tequesta, FL (2017-present)

- Non-surgical Orthopedic Physician Consultant, Naphcare, Inc. Birmingham, AL (2019-2021)
- Physical Medicine and Rehabilitation Resident Physician, Emory University, Atlanta, GA (2009-2012)
 - Emory Center for Rehabilitation Medicine
 - Shepherd Center for Spinal Cord and Brain Injury Rehabilitation
 - Children’s Healthcare of Atlanta Scottish Rite Hospital Inpatient Rehabilitation
- Internal Medicine Resident Physician, University of Puerto Rico Medical Center, San Juan, P.R. (2008-2009)
- Social Sciences High School Teacher, Colegio San Ignacio, San Juan, P.R. (2003-2004)
- PADI Divemaster professional scuba diver, San Juan, P.R. (2002-2003)

Education and Awards

- Fellowship in Primary Care Sports Medicine at the American Sports Medicine Institute, Birmingham, AL (2012-2013)
- Residency in Physical Medicine and Rehabilitation at the Department of Rehabilitation Medicine, Emory University, Atlanta, GA (2009-2012)
 - Academic Chief Resident (2011-2012)
 - PGY-4 Mieczyslaw Peszczyński Resident of the Year Award (2012)
 - PGY-3 Resident of the Year Award (2011)
- Internship in Internal Medicine at the Department of Internal Medicine, University of Puerto Rico Medical Center, San Juan, P.R. (2008-2009)
- Doctor in Medicine Degree (MD) at the University of Puerto Rico School of Medicine, San Juan, P.R. (2004-2008)
 - Magna Cum Laude (2008)
 - Award for Outstanding Leadership (2008)
 - Certificate in Clinical Research (2008)
 - Community Preceptor Program Award of Excellence (2005)
- Bachelor of Arts Degree at the University of Pennsylvania, Philadelphia, PA. (1999-2003)
 - Major: Anthropology; Field of concentration- Cultural/Medical Anthropology
 - Dean’s List (2002)

Professional Memberships and Licenses

- Medical License from the Alabama Board of Medical Examiners
- Diplomate of the American Board of Physical Medicine and Rehabilitation
- Fellow of the American Academy of Physical Medicine and Rehabilitation
- Member of the American Medical Society for Sports Medicine
- Registered Sonographer with the American Registry for Diagnostic Medical Sonography
- Member of the American Institute for Ultrasound in Medicine

Committee Experience

- Curriculum Committee, Primary Care Sports Medicine Fellowship Program, American Sports Medicine Institute, Birmingham, AL (2013 – present)
- Academic Chief Resident, Department of Rehabilitation Medicine, Emory University, Atlanta, GA (2011-2012)
- Resident Representative for the Curriculum Committee, Department of Rehabilitation Medicine, Emory University, Atlanta, GA (2010-2012)
- Board Member, Board of Admissions of the University of Puerto Rico School of Medicine, San Juan, P.R. (2006-2008)
- Board Member, LCME Accreditation Review, University of Puerto Rico School of Medicine, San Juan, P.R. (2007-2008)
- Treasurer for the Class of 2008 Board, University of Puerto Rico School of Medicine, San Juan, P.R. (2004-2008)
- Interviewer for the University of Pennsylvania’s Admissions Committee, San Juan, P.R. (2004 – 2007)

Publications

1. Vega TF, Colberg RE, Branagan F, Segars JB. Use of Stress Ultrasonography in the Evaluation and Management of Elbow Ulnar Collateral Ligament Injury and Insufficiency. Current Physical Medicine and Rehabilitation Reports. 2025 Dec;13(1):45.
2. Wilk KE, Arrigo CA, Gordin A, Colberg R, Dugas J. Diagnostic Dilemma: Testing to Differentiate UCL Sprains From Flexor-Pronator Elbow Strains in the Overhead Athlete. International Journal of Sports Physical Therapy. 2026 Jan 1;21(1).

3. Colberg RE, Vega TF, Towns J, Yates AF, Westbrook B, Carlson S, Fleisig GS, Ithurnburn MP. A Novel Ultrasound Assessment Technique of the Ulnar Collateral Ligament to Account for the Valgus Stress Effect of Gravity on the Medial Elbow. *Orthopaedic Journal of Sports Medicine*. 2025 Dec;13(12):23259671251399825.
4. Vega TF, Ithurnburn MP, Yates AF, Westbrook B, Carlson S, Colberg RE. Prevalence of Ulnar Nerve Dislocation Among Division I Collegiate Baseball Players. *Sports Health: A Multidisciplinary Approach*. 2025;0(0). doi:10.1177/19417381251387609.
5. Vega TF, Colberg RE, Branagan F, Segars JB. Use of Stress Ultrasonography in the Evaluation and Management of Elbow Ulnar Collateral Ligament Injury and Insufficiency. *Current Physical Medicine and Rehabilitation Reports*. 2025 Dec;13(1):45.
6. Vega TF, Colberg RE, Kremser VJ, Sankar S, Aiken CB, Naman T, Yates A, Ithurnburn MP. Ultrasound-guided microinvasive trigger thumb release with an 18-gauge blade-tipped needle: A case series. *Medicine*. 2025 May 23;104(21):e42474.
7. Beason DP, Colberg RE, Kimbrel BK, Rothermich MA, Slowik JS, Fleisig GS. Is ulnar collateral ligament strength proportional to height and weight? *Orthopaedic Journal of Sports Medicine*. 2025 Feb;13(2):23259671241312211.
8. Nakagawa H, Latzka E, Colberg RE, Henning T, Sussman WI. Ultrasound-Guided Releases of Common Upper Extremity Nerve and Tendon Entrapments. *Current Physical Medicine and Rehabilitation Reports*. 2024 Sep;12(3):287-98.
9. Colberg RE, Maisel BC, Fleisig GS. Treatment of Chronic Extensor Carpi Ulnaris Stenosing Tenosynovitis Using Ultrasound-Guided Retinaculum Release: A Case Report. *JBJS Case Connector*. 2024 Jan 1;14(1):e23.
10. Nakagawa H, Redmond T, Colberg RE, Latzka E, White MS, Bowers RL, Sussman WI. Ultrasound-guided A1 pulley release: a systematic review. *Journal of Ultrasound in Medicine*. 2023 Nov;42(11):2491-9.
11. Beidleman MB, Colberg RE, Beason DP, Fleisig GS. A retrospective case series study on a minimally invasive ultrasound-guided first dorsal compartment release technique for refractory De Quervain tenosynovitis. *American Journal of Physical Medicine & Rehabilitation*. 2023 Mar 1;102(3):235-40.
12. Colberg R.E., Jurado Vélez J.A. “Chapter 27: Ultrasound-Guided Release of Trigger Finger and De Quervain’s Tenosynovitis.” *Atlas of Interventional Orthopedics Procedures, E-Book*:

Essential Guide for Fluoroscopy and Ultrasound Guided Procedures. Edited by Williams CJ et al. Elsevier Health Sciences; 2022 Feb 25.

13. Vélez JA, Colberg RE, Fleisig GS. Percutaneous microtenotomy using a microdebrider coblation wand for the treatment of lateral epicondylitis: A systematic review. *Medicine*. 2022 Aug 5;101(31):e29957.
14. Colberg RE, Jurado Vélez JA, Garrett WH, Hart K, Fleisig GS. Ultrasound-guided minimally invasive trigger finger release technique using an 18-gauge needle with a blade at the tip: A prospective study. *PM&R*. 2022 Aug;14(8):963-70.
15. Colberg RE, Kenneth-Nwosa KO, Jurado Vélez JA, Slowik JS, Fleisig GS. Clinical and Imaging Outcomes of Plantar Fasciotomy Using Microdebrider Coblation Wand. *Foot & Ankle Orthopaedics*. 2022 Apr;7(2):24730114221091797.
16. Colberg RE, Pantuosco J, Fleisig G, Drogosz M. Ultrasound-guided minimally invasive trigger finger release technique combined with three tests to confirm a complete release. *American journal of physical medicine & rehabilitation*. 2020 Dec 1;99(12):1150-6.
17. Stafford CD, Colberg RE, Garrett H. Orthobiologics in elbow injuries. *Clinics in Sports Medicine*. 2020 Jul 1;39(3):717-32.
18. Colberg RE, Jurado Velez JA, Walsh KP, Fleisig G. Short-term outcomes after pure bone marrow aspirate injection for severe knee osteoarthritis: a case series. *Regenerative Medicine*. 2020 Jul 1;15(7):1851-9.
19. Colberg RE, Ketchum M, Javer A, Drogosz M, Gomez M, Fleisig GS. Clinical outcomes of percutaneous plantar fasciotomy using microdebrider coblation wand. *Foot & Ankle International*. 2020 Feb;41(2):187-92.
20. Wilk KE, Arrigo CA, Colberg RE, Dugas JR. Chapter 8: Non-Operative Care of Rotator Cuff Disorders: Physical Therapy, Modalities, and Injectables. *Disorders of Rotator Cuff and Biceps Tendon*, edited by Provencher MT et al., Elsevier, 2020.
21. Lancaster PJ, Colberg RE. Ultrasound-Guided Ganglionectomy of a Flexor Hallucis Longus Ganglion Cyst Using Coablation Technology: A Case Report. *PM&R*. 2019 Jul;11(7):779-82.
22. Colberg RE, Henderson RG. Ultrasound-Guided First Dorsal Compartment Release for Refractory de Quervain Tenosynovitis: A Case Report. *PM&R*. 2019 Jun;11(6):665-8.

23. Stafford CD, Colberg RE, Nourse AL. Chronic ischial tuberosity avulsion nonunion fracture treated with a platelet-rich plasma injection as a bone graft. *Regenerative Medicine*. 2019 May 1;14(5).
24. Colberg R.E., Umarvadia J, Walsh K. Chronic Superficial Achilles Bursitis Treated with Percutaneous Bursectomy and Platelet-Rich Plasma Injection: A Case Report. *Journal of Regenerative Medicine*. 2019 Feb 25;8(1).
25. Henderson RG, Colberg RE. Pure bone marrow aspirate injection for chronic greater trochanteric pain syndrome: a case report. *Pain Management*. 2018 Jul 1;8(4):271-5.
26. Colberg RE, Israel MP, Aune KT, Fleisig GS. Prevalence of Musculoskeletal Conditions in Adult Recreation Tennis Players. *Journal of Medicine and Science in Tennis*, 2018 July;23(2):24-31.
27. Bagwell MS, Wilk KE, Colberg RE, Dugas JR. The use of serial platelet rich plasma injections with early rehabilitation to expedite grade III medial collateral ligament injury in a professional athlete: a case report. *International journal of sports physical therapy*. 2018 Jun;13(3):520.
28. Geffen RB, Colberg RE. A rare complete metacarpal pseudoepiphysis in a teenager with a scaphoid fracture. *American Journal of Physical Medicine & Rehabilitation*. 2017 Nov 1;96(11):e204-5.
29. Colberg RE, Maico A. Principles of Platelet Rich Plasma and Stem Cells: From Platelets to Cytokines. *Regenerative Treatments in Sports and Orthopedic Medicine* edited by Malanga GA and Ibrahim V. Springer, 2017 Sep 28:67.
30. Colberg RE. Chapter 53: Hip Adductor Strain. *Essentials of Physical Medicine and Rehabilitation*, 4th ed., edited by Frontera WR et al., Elsevier, 2017.
31. Colberg RE, Henderson RG. Diagnosis and treatment of gouty tophi in the patellar tendon using ultrasound-guided needle barbotage: a case presentation. *PM&R*. 2017 Sep 1;9(9):938-42.
32. Perry JM, Colberg RE, Dault SL, Beason DP, Tresgallo III RA. A cadaveric study assessing the accuracy of ultrasound-guided sacroiliac joint injections. *PM&R*. 2016 Dec 1;8(12):1168-72.
33. Colberg RE, Aune KT, Propst MS. Prevalence of musculoskeletal conditions in tennis-teaching professionals. *Orthopaedic Journal of Sports Medicine*. 2016 Oct 14;4(10):2325967116668138.

34. Nourse A, Colber, RE. Is There an Alternative for Eccentric Treatment of Achilles Tendinopathy. *Sports Review Journal* 2016;1(6):18–9.
35. Colberg RE, Aune KT, Choi AJ, Fleisig GS. Incidence and Prevalence of Musculoskeletal Conditions in Collegiate Tennis Athletes. *Journal of Medicine and Science in Tennis*. 2015 Oct; 20(3):137-44.
36. Dugas J, Colberg RE. Comparison of a Single-Incision versus a Double-Incision Technique for Distal Tendon Repairs. *Sports Review Journal* 2015;1(2):20-1.
37. Tresgallo R, Colberg RE. Major League Baseball Pitchers That Underwent Revision Ulnar Collateral Ligament Reconstruction: A Look at Post-Revision Pitching Performance and Longevity. *Sports Review Journal* 2015;1(1)16-7.
38. Colberg RE. Musculoskeletal Injuries in Tennis-Teaching Professionals. *USPTA ADDvantage Magazine* 2015 July;45(7):44-5.
39. Colberg RE. Chapter 53: Hip Adductor Strain. *Essentials of Physical Medicine and Rehabilitation*, 3th ed., edited by Frontera WR et al., Elsevier, 2015.
40. Dugas J, Colberg RE, Wilk KE. Techniques to Enhance Tissue Healing. *Wilk Physical Therapy Institute Webcast*, Northeast Seminars Production, 2014 June 25.
41. Colberg RE, Mautner K. Platelet-Rich Plasma, an Option for Tendinopathy. *Lower Extremity Review*, 2013 Oct;53-60.
42. Colberg RE, Mautner K. Case Report: Elbow Pain Recalcitrant to Steroids, Eccentric Exercises, and Prolotherapy. *American Medical Society for Sports Medicine*, 2013, <http://www.amssm.org/Cases-Studies.php>.
43. Mautner K, Colberg RE, Malanga G, Borg-Stein JP, Harmon KG, Dharamsi AS, Chu S, Homer P. Outcomes after ultrasound-guided platelet-rich plasma injections for chronic tendinopathy: a multicenter, retrospective review. *PM&R*. 2013 Mar 1;5(3):169-75.
44. Colberg RE, Mautner K, Malanga G. Optimizing Outcomes with Platelet Rich Plasma Injections for Recalcitrant Tendinopathy: A Review. *Pain Management* 2011;1(6):523-32.
45. Baerga L, Colberg RE. "Chapter 47: Lumbar Facet Syndrome. *Musculoskeletal, Sports, and Occupational Medicine*, edited by Micheo M, Demos Medical Publishing, 2011:116-7.
46. Burke D, et al. "Rehab in Review." Emory University, Atlanta, GA. *Journal Editor* from 2009–2010.
47. Brau RH, Betancourt AJ, Vásquez R, Brau RR, Colberg R. Carotid artery restenosis in a Hispanic population. *Puerto Rico Health Sciences Journal*. 2008;27(4).

48. Colberg RE, Sánchez CF, Lugo-Vicente H. Aspiration and triamcinolone acetonide injection of wrist synovial cysts in children. *Journal of pediatric surgery*. 2008 Nov 1;43(11):2087-90.

Course Faculty

1. Course Chairman, “The Science of Orthobiologics and Applications in Orthopedics and Sports Medicine (PRP, BMA & Adipose Training)”. Regenerative Medicine Training Institute; Tequesta, FL. January 17, 2026
2. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2025.
3. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 1-2, 2025
4. Faculty, “Essentials of Sports Ultrasound – Lower Extremity”. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 22-27, 2025.
5. Faculty, “Ultrasound of forefoot injuries” Hands-on Sports Ultrasound Workshop. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 22-27, 2025.
6. Faculty, “One-on-one Customized Sports Ultrasound Learning Workshop”. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 22-27, 2025.
7. Course Chairman, “Incorporating Orthobiologics in your practice, an introductory hands-on course”. Regenerative Medicine Training Institute; Tequesta, FL. January 18, 2025
8. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2024.
9. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 2-3, 2024
10. Faculty, “One-on-one Customized Sports Ultrasound Learning Workshop”. American Medical Society for Sports Medicine 33 Annual Meeting. Baltimore, MD. April 12-17, 2024.
11. Faculty, “Fundamentals of Sports Ultrasound – Upper Extremity”. American Medical Society for Sports Medicine 33 Annual Meeting. Baltimore, MD. April 12-17, 2024.

12. Faculty, “Ultrasound of the Throwing Athlete” Hands-on Sports Ultrasound Workshop. American Medical Society for Sports Medicine 33 Annual Meeting. Baltimore, MD. April 12-17, 2024.
13. Course Chairman, “Incorporating Orthobiologics in your practice, a hands-on course”. Regenerative Medicine Training Institute; Tequesta, FL. January 13, 2024
14. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2023.
15. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 4-5, 2023
16. Faculty, “Next Level Biologics - Harvesting, Processing, and Treatment - BMA, Adipose & PRP Training”. Regenerative Medicine Training Institute; Tequesta, FL. May 6, 2023
17. Faculty, “Fundamentals of Sports Ultrasound – Lower Extremity”. American Medical Society for Sports Medicine 32 Annual Meeting. Phoenix, AZ. April 28-May 3, 2023.
18. Faculty, “Adding Value to the Scapula Assessment with Ultrasound” Hands-on Sports Ultrasound Workshop. American Medical Society for Sports Medicine 32 Annual Meeting. Phoenix, AZ. April 28-May 3, 2023.
19. Faculty, “One-on-one Customized Sports Ultrasound Learning Workshop”. American Medical Society for Sports Medicine 32 Annual Meeting. Phoenix, AZ. April 28-May 3, 2023.
20. Course Chairman, “Orthobiologics Medicine - The Keys for Repairing & Healing Injuries PRP, BMA & Adipose Training - A Complete Hands-On Program”. Regenerative Medicine Training Institute; Tequesta, FL. January 14, 2023
21. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2022.
22. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 5-6, 2022
23. Faculty, “Fundamentals of Sports Ultrasound – Upper Extremity”. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.

24. Faculty, “Pearls and Pitfalls of Lateral Hip Exam” Hands-on Sports Ultrasound Workshop. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.
25. Faculty, “Dynamic Lower Extremities Compression Neuropathies” Hands-on Sports Ultrasound Workshop. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.
26. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2021.
27. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 6-7, 2021
28. Course Chairman, “PRP, BMA, Adipose Training, A Primer for Every Physician”. Regenerative Medicine Training Institute; Tequesta, FL. January 16, 2021
29. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2020.
30. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. July 30, 2020
31. Faculty, “Ultrasound Procedural Skills Workshop –expanded shoulder”. American Medical Society for Sports Medicine 29 Annual Meeting, Atlanta, GA. April 24-29, 2020.
32. Faculty, “Ultrasound Procedural Skills Workshop – Sports ultrasound evaluation of the posterolateral knee”. American Medical Society for Sports Medicine 29 Annual Meeting, Atlanta, GA. April 24-29, 2020.
33. Course Chairman, “PRP-BMA Training, A Primer for Every Physicians Orthobiologics Practice”. Regenerative Medicine Training Institute; Tequesta, FL. January 18, 2020
34. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2019.
35. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 2-3, 2019

36. Faculty, “Hands-On Orthobiologics Training: PRP, Adipose, BMA, A Primer for every Physician's Orthobiologics Practice”. Regenerative Medicine Training Institute; Tequesta, FL. June 22, 2019
37. Faculty, “Fundamentals of Sports Ultrasound – Lower Extremity”. American Medical Society for Sports Medicine 28 Annual Meeting, Orlando, Fl. April 12-17, 2019
38. Faculty, “Hands-On Orthobiologics Clinical Applications, Techniques and Procedures for Orthopedics, Sports Medicine, Pain Management and Spine”. Regenerative Medicine Training Institute; Tequesta, FL. January 19, 2019
39. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2018.
40. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 3-4, 2018
41. Faculty, “Orthobiologics Medicine for Orthopedics, Sports Medicine, Rehabilitation & Pain Management”. Regenerative Medicine Training Institute; Tequesta, FL. January 20, 2018
42. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2017.
43. Course Director, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 11-12, 2017
44. Faculty, “Orthobiologics Medicine for Orthopedics, Sports Medicine, Rehabilitation & Pain Management”. Regenerative Medicine Training Institute; Tequesta, FL. June 24, 2017
45. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2016.
46. Faculty, "Pain Management in Athletes." The Oakstone Institute’s Lecture Series on Primary Care Sports Medicine. June 22, 2016.
47. Faculty, " Tendon Injuries and Regenerative Medicine." The Oakstone Institute’s Lecture Series on Primary Care Sports Medicine. June 16, 2016.
48. Faculty, "Concussion in Athletes." The Oakstone Institute’s Lecture Series on Primary Care Sports Medicine. June 15, 2016.

49. Course Director, “Musculoskeletal Ultrasound: From basic knobology and diagnostics to advanced procedures”. American Sports Medicine Institute, Birmingham, AL. Academic year 2015.
50. Faculty, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 2-3, 2014
51. Faculty, “Introduction to Musculoskeletal Ultrasound: Diagnostics and Cadaver Workshops”. American Sports Medicine Institute, Birmingham, AL. August 1-2, 2013

Oral Presentations

1. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. November 14, 2025.
2. “Orthobiologic Therapies and Interventional Musculoskeletal Ultrasound”. Therapy South Educational Lecture Series. Birmingham, AL. November 4, 2025.
3. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. October 17, 2025.
4. “Stress Ultrasonography for Evaluating the Ulnar Collateral Ligament and Acquired UCL Laxity in NCAA Division 1 Collegiate Baseball Athletes”. Ricardo Colberg, MD; Jeremy Towns, MD; Alex Yates, MA; Brody Westbrooks, BS; Sydney Carlson, BS; Matthew P. Ithurnburn, DPT, PhD. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 26, 2025.
5. “Knee sonoanatomy, pathology and intervention”. Essentials of Sports Ultrasound – Lower Extremity course. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 22, 2025.
6. “Bone Marrow Aspirate Concentrate for Musculoskeletal Injuries”. 41th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 27, 2025.
7. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. November 22, 2024.
8. “Stress Ultrasonography for Evaluating the Ulnar Collateral Ligament and Acquired UCL Laxity in NCAA Division 1 Collegiate Baseball Athletes”. 2024 Teach the Teachers Ultrasound Course. Gulf Breeze, FL. October 19, 2024.
9. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. October 18, 2024.

10. “Knee Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 23, 2024.
11. “Elbow Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 16, 2024.
12. “Interventional MSK Ultrasound procedures”. UAB PM&R Residency Program lecture series, Birmingham, AL. May 23, 2024.
13. “Basics of MSK Injections”. UAB PM&R Residency Program lecture series, Birmingham, AL. March 6, 2024.
14. “Ultrasound-guided ligament release for tendon pathologies in the hand & wrist”. Interventional Orthobiologics Foundation Max Experience Annual Meeting. Scottsdale, AZ. February 4, 2024.
15. “Ultrasound evaluation of the ulnar collateral ligament”. 40th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 27, 2024.
16. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. November 10, 2023.
17. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. October 13, 2023.
18. “Knee Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 2, 2023.
19. “Elbow Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 26, 2023.
20. “Knee Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. February 22, 2023.
21. “Elbow Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. February 14, 2023.
22. “Pain management in baseball, striking out the opioid epidemic”. 39th Annual ASMI Injuries in Baseball course. Plano, TX. January 28, 2023.
23. “Pathophysiology of tendon injuries”. UAB PM&R Residency Program lecture series, Birmingham, AL. December 13, 2022.
24. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. November 4, 2022.

25. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. October 21, 2022.
26. “Knee Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 18, 2022.
27. “Elbow Anatomy and physical Exam”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 4, 2022.
28. “Musculoskeletal ultrasound for UCL injuries”. 40th Annual ASMI Injuries in Baseball course. Atlanta, GA. January 29, 2022.
29. “Lower Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 19, 2022.
30. “Upper Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 12, 2022.
31. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. November 5, 2021.
32. “Introduction to Musculoskeletal Ultrasound in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 30, 2021.
33. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 6, 2021.
34. “Pain Management in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. March 2, 2021.
35. “Spine Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 21, 2021.
36. “Lower Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 20, 2021.
37. “Upper Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 19, 2021.
38. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 4, 2020.
39. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 7, 2020.

40. “Common pitfalls in ultrasound guided procedures”. 38th Annual ASMI Injuries in Baseball course. Atlanta, GA. January 25, 2020.
41. “Lower Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 22, 2020.
42. “Upper Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 15, 2020.
43. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 13, 2019.
44. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 9, 2019.
45. Pathophysiology of Patella tendon injuries”. Encore Sports Medicine Annual Symposium. Orange Beach, AL. July 13, 2019.
46. Cervical Injuries in Athletes”. Encore Sports Medicine Annual Symposium. Orange Beach, AL. July 13, 2019.
47. “Cervical Spine Injuries”. UAB PM&R Residency Program lecture series, Birmingham, AL. February 13, 2019.
48. “Concussion in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. February 6, 2019.
49. “Knee Extensor Mechanism Injuries: Biologic & Ultrasound Aided Treatment”. 37th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 27, 2019.
50. “Ultrasound Imaging of the Basic Anatomy and Basic Ultrasound Guided Procedures”. 37th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 26, 2019.
51. “Basic and Advanced Ultrasound Guided Procedures for Throwers”. 37th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 26, 2019.
52. “Lower Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 20, 2019.
53. “Upper Extremity Musculoskeletal Anatomy Review”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 19, 2019.
54. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 14, 2018.
55. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 10, 2018.

56. “Pain Management in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 31, 2018.
57. “Pathophysiology of tendon injuries”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 24, 2018.
58. “Introduction to Musculoskeletal Ultrasound”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 17, 2018.
59. “Update and future of musculoskeletal ultrasound in sports medicine”. Encore Sports Medicine Annual Symposium. Orange Beach, AL. July 15, 2018.
60. “Biologics and regenerative medicine in sports medicine”. Encore Sports Medicine Annual Symposium. Orange Beach, AL. July 14, 2018.
61. “Pain Management in Athletes”. Encore Sports Medicine Annual Symposium. Orange Beach, AL. July 14, 2018.
62. “Update on MSK Ultrasound in Sports Medicine”. 3rd Biennial James A. Whiteside, MD, Primary Care Sports Medicine oral presentation at the 15th American Sports Medicine Fellowship Society meeting. June 8, 2018.
63. “Diagnostic Ultrasound for UCL injury”. 36th Annual ASMI Injuries in Baseball course. Birmingham, AL. January 27, 2018.
64. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 15, 2017.
65. “Tendon response to injury” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. September 29, 2017.
66. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 18, 2017.
67. “Biologics and regenerative medicine in sports medicine”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 16, 2017.
68. “Pathophysiology of tendon injuries”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 9, 2017.
69. “Pain Management in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. August 2, 2017.
70. “Pain Management in Athletes” American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. March 24, 2017.

71. “Can soccer headgear reduce the risk of concussions” Interview segment by Brian Pia for ABC 33/40. February 20, 2017.
72. “Concussions in Soccer”. Oral presentation at the Annual General Meeting of the Alabama Soccer Association. Birmingham, AL. February 11, 2017.
73. “Biologics and regenerative medicine in sports medicine”. UAB PM&R Residency Program lecture series, Birmingham, AL. January 11, 2017.
74. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 9, 2016.
75. “Pain Management in Athletes”. Ohio Valley Conference Medical Summit. Nashville, TN. October 25, 2016.
76. “Pain Management in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. October 19, 2016.
77. “Introduction to Pathophysiology of Pain in Athletes”. Samford University Department of Physical Therapy Ground Round. Birmingham, AL. October 10, 2016.
78. “Pain Management 102: Chronic Pain”. Samford University Department of Physical Therapy Ground Round. Birmingham, AL. October 10, 2016.
79. “Introduction to Musculoskeletal Ultrasound in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. August 25, 2016.
80. “Introduction to Musculoskeletal Ultrasound”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 28, 2016.
81. “Pathophysiology of tendon injuries”. UAB PM&R Residency Program lecture series, Birmingham, AL. July 20, 2016.
82. “Lower Extremity Imaging, where are we today?”. Guest speaker for the 1st National Sports Medicine Conference by Physio Corp, Baltimore, MD. June 4, 2016.
83. “Advanced Orthobiologics in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. May 16, 2016.
84. “Musculoskeletal Ultrasound in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. April 29, 2016.
85. “Ultrasound in Sports Medicine”. American Sports Medicine Institute Educational Lecture Series. Birmingham, AL. April 29, 2016.

86. “Sports Neurology”. Grand Round for the Samford University’s Department of Athletic Trainers Program. Birmingham, AL. April 26, 2016.
87. “Foot and ankle injections”. American Sports Medicine Institute Educational Lecture Series. Birmingham, AL. March 4, 2016.
88. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 11, 2015.
89. “Pathophysiology of tendon injuries and optimizing outcomes after platelet rich plasma therapy”. Encore Sports Medicine Symposium. Orange Beach, AL. July 18, 2015.
90. “Biologics and regenerative medicine in sport medicine”. Grand Rounds, UAB Department of Physical Medicine and Rehabilitation, Birmingham, AL. March 20, 2015.
91. “Pain Management in Athletes”. UAB PM&R Residency Program lecture series, Birmingham, AL. March 20, 2015.
92. “Biologics and Regenerative Medicine in Sports Medicine”. American Sports Medicine Institute Grand Rounds Educational Lecture Series. Birmingham, AL. December 12, 2014.
93. “Pain Management in Athletes”. St. Vincent’s East Hospital Grand Rounds. Birmingham, AL. October 21, 2014.
94. “Pain Management in Athletes”. St. Vincent’s Hospital Grand Rounds. Birmingham, AL. August 26, 2014.
95. “Update on Musculoskeletal Injuries in Tennis Players”. USPTA Alabama Chapter 2014 Workshop. Hoover, AL. August 16, 2014.
96. “Pain Management in Athletes”. Encore Sports Medicine Symposium. Orange Beach, AL. July 19, 2014.
97. “Concussion in Athletes”. Encore Sports Medicine Symposium. Orange Beach, AL. July 19, 2014.
98. “Pain Management in Athletes”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. May 30, 2014.
99. “Update on Musculoskeletal Injuries in Tennis Players”. USPTA Southern Convention. Atlanta, GA. May 16, 2014.
100. “Pain Management in Athletes”. Department of Athletic Trainers Program, Samford University. Birmingham, AL. April 7, 2014.
101. “Pain Management in Athletes”. Alabama Athletic Trainers Association. Birmingham, AL. March 30, 2014.

102. “Concussion in Athletes”. Alabama Soccer Association Olympic Development Program. Decatur, AL. March 29, 2014.
103. “Sports Neurology”. Grand Round for the Samford University’s Department of Athletic Trainers Program. Birmingham, AL. March 11, 2014.
104. “Pre-participation Physical Examinations”. American Sports Medicine Institute Educational Lecture Series. Birmingham, AL. August 3, 2013.
105. “Pain Management in Athletes: Pathophysiology of Pain”. 2013 Annual Gulf South Conference Athletic Trainers Meeting. Birmingham, AL. May 30, 2013.
106. “Pain Management in Athletes: Pharmacology”. 2013 Annual Gulf South Conference Athletic Trainers Meeting. Birmingham, AL. May 30, 2013.
107. “Gastrointestinal and Genitourinary injuries in Sports”. American Sports Medicine Institute Educational Lecture Series. Birmingham, AL. May 6, 2013.
108. “Sports Neurology”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. March 28, 2013.
109. “Pain Management in Athletes”. American Sports Medicine Institute Educational Lecture Series. Birmingham, AL. March 25, 2013.
110. “Pain Management in Athletes”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. March 7, 2013.
111. “Sports Infectious Diseases”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. February 21, 2013.
112. “The Master Athlete”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. February 7, 2013.
113. “Gastrointestinal and Genitourinary injuries in Sports”. St. Vincent’s East Primary Care Sports Medicine Fellowship Lecture Series. Birmingham, AL. January 10, 2013.
114. “Pain Management in the Elderly Population”. Emory Healthcare’s Department of Physical Therapy’s Grand Rounds Lecture Series. Center for Rehabilitation Medicine, Atlanta, GA. November 1, 2011.
115. “Pain Management in Older Adults”. Emory Healthcare’s Wesley Woods Hospital’s Gerontological Nurse Residency Program for the American Nurses Credentialing Center’s Gerontological Nursing Certification Exam. Wesley Woods Hospital, Atlanta, GA. February 25, 2010.

Poster and Podium Research Presentations

1. “Ultrasound-guided Trigger Thumb Release with an 18-gauge Blade-tipped Needle: A Case Series”. Tomas Vega, MD; Ricardo Colberg, MD; Victor Kremser, MD; Sharan Sankar; Campbell Aiken; Trace Naman; Alexandra Yates; Matthew Ithurnburn, PT, DPT, PhD. American Medical Society for Sports Medicine 34 Annual Meeting. Kansas City, MO. April 22-27, 2025.
2. “Ultrasound Evaluation of a Swimmer with Complex Hip Pain”. Adam Skipper, DO; Ricardo Colberg, MD. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.
3. “A rare case of distal semitendinosus tear masquerading as Baker’s cyst rupture”. Jake Albert, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.
4. “Is it Worth Releasing? Chronic Extensor Carpi Ulnaris Tenosynovitis status post ECU treated with an ultrasound-guided Tendon Sheath retinaculum Release”. Brandon Maisel, DO; Ricardo Colberg, MD. American Medical Society for Sports Medicine 31 Annual Meeting. Austin, TX. April 8-13, 2022.
5. “A Retrospective Case Series Study on a Minimally Invasive Ultrasound-guided First Dorsal Compartment Release Technique”. Matthew B Beidleman, MD, Karen Hart, MPH, Glenn Fleisig, PhD, Ricardo Colberg, MD. American Medical Society for Sports Medicine 30 Annual Virtual Meeting. April 16-21, 2021.
6. “Prospective Study on Plantar Fasciitis treated with Topaz”. Ken Ken-Kwosa, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 30 Annual Virtual Meeting. April 16-21, 2021.
7. “Unusual case for back pain in a gymnast, a 1st rib stress fracture”. Kellen Gower, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 29 Annual Virtual Meeting. April 25-28, 2020.
8. "A Novel U/S-Guided Trigger Finger Release and Diagnostic Testing Techniques". Ricardo Colberg, MD, Glenn Fleisig, PhD, Monika Drogosz, MPH, and John Pantuosco, DO. American Medical Society for Sports Medicine 28 Annual Meeting, Orlando, Fl. April 12-17, 2019.
9. “Clinical Outcomes and confounding variables of plantar fasciotomy using a microdebrider coblation wand”. Ricardo E. Colberg, MD, Monte Ketchum, DO, Monika Drogosz, MPH,

- Avani Javer, MD, Melissa Gomez, MD, and Glenn Fleisig, PhD. American Medical Society for Sports Medicine 28 Annual Meeting, Orlando, Fl. April 12-17, 2019.
10. “13 years old gymnast with chronic knee pain”. Avani Javer, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 27 Annual Meeting, Orlando, Fl. April 25-29, 2018.
 11. “Not your typical ultrasound guided procedure of the foot”. Justin Lancaster, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 27 Annual Meeting, Orlando, Fl. April 25-29, 2018.
 12. “To cut or not to cut, that is the case report.” Rachel Henderson, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 27 Annual Meeting, Orlando, Fl. April 25-29, 2018.
 13. “When it is more than a strain”. Cleo Stafford, MD; Ricardo Colberg, MD; and Alexander Nurse. American Medical Society for Sports Medicine 26 Annual Meeting, San Diego, CA. May 8-13, 2017.
 14. “Chronic superficial Achilles bursitis and Achilles peritendinitis treated with percutaneous bursectomy and peritendinous debridement: A case report”; Jay Umarvadia, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 26 Annual Meeting, San Diego, CA. May 8-13, 2017.
 15. “An unusual case of chronic foot pain”. Brett Willhoit, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 25 Annual Meeting, Dallas, TX. April 16-20, 2016.
 16. “Wrist pain – which bone is broken?”. Rachel Geffen, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 25 Annual Meeting, Dallas, TX. April 16-20, 2016.
 17. “Incidence and Prevalence of Musculoskeletal Injuries in Collegiate Tennis Athletes”. Ricardo Colberg, MD; Kyle Aune, MPH; Anthony Choi, BS; Glenn Fleisig, PhD. American Medical Society for Sports Medicine 24 Annual Meeting, Hollywood, Fl. April 14-19, 2015.
 18. “The Prevalence of Musculoskeletal Conditions in Tennis-Teaching Professionals”. Matthew Propst, MD; Ricardo Colberg, MD; Kyle Aune, MPH. American Medical Society for Sports Medicine 24 Annual Meeting, Hollywood, Fl. April 14-19, 2015.
 19. “Division 1 prospect with a shattered dream and a chance to walk again”. Jason Perry, MD; Ricardo Colberg, MD. American Medical Society for Sports Medicine 24 Annual Meeting, Hollywood, Fl. April 14-19, 2015.

20. “Bilateral wrist pain in a healthy young male”. Stacey Dault, DO; Ricardo Colberg, MD. American Medical Society for Sports Medicine 24 Annual Meeting, Hollywood, Fl. April 14-19, 2015.
21. “Prevalence of Musculoskeletal Injuries in Adult Tennis Players.” Ricardo Colberg, MD; Michael Israel, MD; Kyle Aune, MPH. 2014 American Medical Society for Sports Medicine 23 Annual Meeting, New Orleans, LA. April 4-9, 2014.
22. “Incidence and Prevalence of Musculoskeletal Injuries in Collegiate Tennis Athletes”. Ricardo Colberg, MD; Kyle Aune, MPH; Anthony Choi, BS; Glenn Fleisig, PhD. American Sports Medicine Institute Annual Research Symposium. July 22, 2013.
23. “Elbow Pain Recalcitrant to Steroids, Eccentric Exercises, and Prolotherapy”. Ricardo Colberg, MD; Kenneth Mautner, MD. 2013 American Medical Society for Sports Medicine 22 Annual Meeting, San Diego, CA. April 17-21, 2013.
24. “Elbow Pain Recalcitrant to Steroids, Eccentric Exercises, and Prolotherapy”. Ricardo Colberg, MD; Kenneth Mautner, MD. 2013 Annual Meeting of the Southeast Chapter of the American College of Sports Medicine, Greenville, SC. February 14-16, 2013.
25. “Platelet-Rich Plasma for Chronic Tendinopathies: A Multi-center Study”. Ricardo Colberg, MD; Kenneth Mautner, MD. International Society of Physical and Rehabilitation Medicine. 6 World Congress, San Juan, PR, June 15, 2011.
26. “Aspiration and Triamcinolone Injection of Synovial Cysts in Children” Humberto Lugo, M.D., Ricardo Colberg, Carlos Sanchez. University of Puerto Rico School of Medicine, Dept. of Surgery. ACS Puerto Rico Chapter 58 Annual Meeting. San Juan, P.R. February 2008.