


 (321) 419-4947 |  (321) 208-8119 |  nellac@bellamentalhealth.com |
 www.bellamentalhealth.com | www.lighthouseresolution.com

Location: Florida & Nationwide Tele-Consultation

PROFESSIONAL SUMMARY

Licensed Mental Health Counselor, Qualified Supervisor, and Certified Forensic Mental Health Evaluator with over 15 years of clinical and forensic experience. Founder and CEO of Bella Mental Health Services and Lighthouse Resolution Group, providing evidence-based psychological and forensic services statewide across Florida. Expert in social investigations, competency and sanity evaluations, mitigation assessments, parenting coordination, and reunification therapy. Extensive experience conducting court-admissible forensic reports, expert testimony, and consulting for attorneys in civil, criminal, and family court proceedings.

EDUCATION

Ph.D. (Candidate), General Psychology – National University (Expected Dec 2025)

M.S., Mental Health Counseling (CACREP) – Capella University, 2015

B.A., Psychology – Florida Institute of Technology, 2011

A.A., General Education – Eastern Florida State College, 2009

LICENSES & CERTIFICATIONS

- Licensed Mental Health Counselor (LMHC) – Florida Dept. of Health (#MH16147)
- Certified Forensic Mental Health Evaluator (CFMHE) – NBFE (#000156)
- Certified Child Custody Evaluator (CCCE) – NBFE (#00037)
- Qualified Supervisor, FL Dept. of Health
- Florida Supreme Court Certified Family Mediator (#43192R)
- Clinical Forensic Neuroscience-Informed Practitioner Certification (2022)
- Certified Integrative Mental Health Professional (CIMHP)

FORENSIC & CLINICAL SPECIALTIES

- Competency & Criminal Responsibility Evaluations
- Mitigation & Social History Investigations
- Psychological & Behavioral Risk Assessment
- Parenting Coordination & Reunification Therapy
- Child Custody & Family Dynamics Evaluation
- Psychosexual Evaluations
- Juvenile Competency evaluations
- Forensic Consultation & Expert Testimony

PROFESSIONAL EXPERIENCE

CEO & Founder – Bella Mental Health Services, LLC (2020–Present)

- Founded and scaled a multi-location mental health and forensic practice offering therapy, psychiatric coordination, and evaluations.
- Provide expert witness evaluations, mitigation, competency, and risk assessments for attorneys and courts.
- Supervise clinicians and develop statewide training programs.

Director & Lead Forensic Consultant – Lighthouse Resolution Group (2023–Present)

- Conduct social investigations, child custody evaluations, family mediation, and mitigation analysis.
- Provide forensic consultation, expert reports, and testimony nationwide.

Adjunct Faculty – Florida Institute of Technology (2020–Present)

- Teach courses in psychology and counseling with focus on forensic evaluation and crisis intervention.

AWARDS & RECOGNITION

- Top 12 Leader, '4 Under 40' – LEAD Brevard (2020)
- Women Who Rock Awards Nominee – WeVenture (2022)

PROFESSIONAL AFFILIATIONS

American Counseling Association | National Board of Forensic Evaluators | Florida Mental Health Counselors Association