

# Kathleen K. Miller, MD, FAAP

Adolescent Medicine Specialist

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Minneapolis, MN

## EXECUTIVE SUMMARY

Kathleen (Katy) Miller is board certified in pediatrics with a subspecialty certification in adolescent medicine, a specialty requiring a three-year fellowship through the American Board of Pediatrics. Areas of expertise include primary care for adolescent and young adult patients, diagnosis and medical management of eating disorders, sexual and reproductive health, adolescent brain development, mental health of young people, minor consent and confidentiality, and global adolescent health. She is an educator who has taught learners at every level, from lay persons to physician colleagues. She has held leadership roles on the national and international level with the American Academy of Pediatrics and the Society for Adolescent Health and Medicine. She has authored over 25 peer-reviewed scientific articles and received over \$200,000 in grant funding focusing on adolescent health. She has been quoted in national and international media, including NPR News, BBC World News, and the New York Times. Prior to her current role at the University of Minnesota, she was the medical director of adolescent health at Children's Minnesota, the largest pediatric health system in the region. She is recognized as a Castle Connolly Top Doctor and Minnesota Monthly Top Doctor, honors awarded to physicians nominated by their peers and selected for excellence in clinical care, professional achievement, and patient outcomes.

## CERTIFICATIONS AND MEDICAL LICENSES

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|--|--|----------------|
| Fellow of the American Academy of Pediatrics |  | 2017 – Present |
| Full medical license: Minnesota              |  | 2018 – Present |
| Full medical license: Wisconsin              |  | 2017 – 2019    |

## EDUCATION

|   |  |             |
|---|--|-------------|
| <b>Adolescent Medicine Fellowship</b><br>University of Minnesota, Minneapolis, MN   |  | 2018 - 2021 |
| <b>Pediatric Chief Resident</b><br>University of Wisconsin, Madison, WI   |  | 2017 - 2018 |
| <b>Pediatric Residency</b><br>University of Wisconsin, Madison, WI  |  | 2014 – 2017 |
| <b>Doctor of Medicine (MD)</b><br>Service Distinction Track & Global Health Distinction Track<br>University of Iowa Carver College of Medicine, Iowa City, IA |  | 2009 - 2014 |
| <b>Bachelor of Arts</b><br>Major in Spanish with Minors in Chemistry & Philosophy<br>St. Catherine University, St. Paul, MN                                   |  | 2003 - 2007 |

## EMPLOYMENT HISTORY

### Physician, Boynton Health

University of Minnesota, Minneapolis, MN | 2025 - present

- Provide primary care to patients aged 12-30 at Boynton Health, a leading student health clinic.
- Provide specialty team care for Eating Disorders, ADHD, Gender Care, and oral isotretinoin.
- Ensure comprehensive healthcare access for a diverse student population, enhancing their well-being.

### Assistant Professor, Department of Pediatrics

University of Minnesota, Minneapolis, MN | 2021 – Present

- Serve as an Assistant Professor in the Division of General Pediatrics and Adolescent Health at the University of Minnesota.
- Facilitate didactic and case-based learning sessions for pediatric and family medicine residents during the adolescent medicine rotation.
- Develop engaging educational content on relevant topics to enhance resident learning experiences.

### Casual Physician, Gender Health

Children's Minnesota, Minneapolis, MN | 2025 – Present

- Casual (moonlighting) physician as part of the Gender Health Program at Children's Minnesota

### Medical Director, Adolescent Medicine

Children's Minnesota, Minneapolis, MN | 2022 – 2025

- Provided full-spectrum primary and specialty care in the Adolescent Medicine outpatient clinic to patients ages 12 – 24 and subspecialty care in the Gender Health Program, including management of puberty blockers and gender affirming hormones
- Chair of the Teen Care Subcommittee, which works to improve the quality of care provided to adolescent patients throughout the organization. Work included standardization of privacy practices and related communications to family, creating a process for confidential medication prescribing, improvement of teen health screening questionnaires, and development of a chaperone policy for sensitive exams
- Affiliate teaching appointment as staff at Mayo Clinic: supervised and precepted pediatric residents from Mayo Clinic during their adolescent medicine rotation

### Physician, Adolescent Health and Gender Health Programs

Children's Minnesota, Minneapolis, MN | 2018 – 2025

- Provided clinical services in Adolescent Medicine and Gender Health Programs as above, initially as a casual (moonlighting) employee in General Pediatrics and Adolescent Medicine, and later joining the Gender Health Program in 2020

## CLINICAL EXPERTISE

- Well adolescent and young adult primary care, with emphasis in ages 12-30 and management of adolescents and young adults with medical complexity
- Eating disorder diagnosis, management, and prevention
- Sexual & reproductive health, including management of contraception, STI testing and treatment, HIV PrEP and PEP
- Mental health promotion and treatment of common mental health disorders, including depression, anxiety, OCD, ADHD, PTSD, insomnia, addiction
- Pediatric and young adult gender affirming medical care, including puberty blockers, menstrual suppression, and hormone therapy
- Adolescent brain development

## AWARDS

- Castle Connolly Top Doctor, Adolescent Medicine** | 2025
- Recognized as a Castle Connolly Top Doctor, a national honor awarded to physicians nominated by their peers and selected for excellence in clinical care, professional achievement, and patient outcomes
- Minnesota Monthly Top Doctor, Adolescent Medicine** | 2025
- Recognized as a Minnesota Monthly Top Doctor, a peer-nominated recognition awarded to physicians distinguished for clinical expertise, patient care, and professional reputation within the Minnesota medical community
- 1<sup>st</sup> Place Poster Presentation, Pre-K Discovery Scholars** | 2023
- 1<sup>st</sup> place poster presentation at the Clinical and Translational Science Institute's Symposium & Poster Session, University of Minnesota
- 1<sup>st</sup> Place Poster Presentation, PRESS** | 2020
- 1<sup>st</sup> place poster in Pediatric Fellow category at the annual Pediatric Research, Education, and Scholarship Symposium at the University of Minnesota
- Outstanding Pediatric Resident Award** | 2017
- Awarded by fourth-year medical students at the University of Wisconsin
- Intern of the Year** | 2015
- Nominated and awarded by senior residents and faculty from the Department of Pediatrics, University of Wisconsin
- Gold Humanism Honor Society** | 2014
- Inducted by the University of Iowa Carver College of Medicine
- Barry Freeman Fellowship Recipient** | 2010 & 2014
- Global Health Scholarship, University of Iowa Carver College of Medicine
- Nominee for "Best Student Organization Leader Award"** | 2012
- Nominated for work with the Free Mobile Clinic, University of Iowa Carver College of Medicine
- Student Community Outreach Award** | 2012
- American Academy of Family Medicine
- Stanley Graduate Award for International Research** | 2011
- University of Iowa
- Denson-Burton Scholarship** | 2011
- University of Iowa Carver College of Medicine
- Kenneth J. Cmiel Human Rights Internship** | 2010
- University of Iowa Center for Human Rights

## LEADERSHIP ROLES

- Move & Thrive Founder and Project Co-Director** | 2020 – 2024
- Created and co-founded Move & Thrive, a free online platform ([www.move-and-thrive.org](http://www.move-and-thrive.org)) with physical activity resources for adolescents. Move & Thrive prioritizes diverse representation with instructors of all body sizes and shapes, races and ethnicities, gender identities, and fitness abilities to create adolescent friendly content that uses a body neutral lens to promote daily movement.
- Health Information Management (HIM) Committee, Children’s Minnesota** | 2021 – 2025
- Participate in monthly meetings as clinician member of HIM committee, which is responsible for overseeing the management, accuracy, and confidentiality of patient medical records. This includes policies regarding access, storage, and data security. Role has included advocating for teen confidentiality and use of correct pronouns and preferred name in the electronic medical record
- I-CATCH (International Community Access to Child Health Program) Fellow** | 2021 – 2023
- Appointed position as I-CATCH Fellow Pilot with three-year term planned for 2021-2023. Participated in mentored grant and project evaluation for low and middle-income countries with the American Academy of Pediatrics Section on International Child Health.
- Health Equity Leadership & Mentoring Program (HELM) Fellow** | 2020 – 2021
- Fellow of the 2020-2021 cohort. HELM’s mission is to enhance the academic excellence and leadership capacity of diverse faculty and health disparities researchers at the University of Minnesota to reduce health inequities.
- Society for Adolescent Health and Medicine, Health Services GLBT Committee** | 2019 – 2022
- Appointed position as trainee committee consultant. Contributed to revisions of relevant policy statements and drafting of committee responses to policy decisions.
- American Academy of Pediatrics, SOPT District VI Leadership** | 2019 – 2021
- Appointed position with two-year term as District VI District Representative of the Fellowship Trainee Committee, Section on Pediatric Trainees. Responsibilities included advocating for pediatric trainees, working with District VI leadership team, and coordinating advocacy and member engagement with District VI program delegates.
- Medical School Diversity, Inclusion, & Equity Committee at the University of Minnesota** | 2019 – 2021
- Member of the Healthcare Disparities Committee and liaison to the Faculty Advisory Council. Attended regular meetings to discuss diversity and inclusion initiatives at the level of the medical school and served as point person for communication between the Faculty Advisory Council (FAC) and Diversity, Inclusion, and Equity Committee.
- Minnesota AAP Membership & Communication Work Group** | 2019 – 2020
- Committee member and responsibilities related to membership engagement and recruitment.
- Clinical Field Liaison Officer and Board Member, Atlas International** | 2018 – present
- Board member and liaison officer for non-governmental organization which promotes health care capacity building and sustainable medical electives in eastern Uganda. Responsibilities include: annual site visit to eastern Uganda, meetings with partners and collaborators, on-site education for medical students and health care professionals, fundraising, and developing communication materials for Atlas International.
- Screening and Identification Subgroup on Human Trafficking** | 2018 – 2019

- Task force through the Minnesota Department of Human Services working to develop best practices for DHS screening and identification of human trafficking victims in the state of Minnesota.

American Academy of Pediatrics Program Delegate, University of Wisconsin | 2014 – 2017

- Program delegate for the University of Wisconsin Pediatric Residency. Attended national meetings and presented advocacy information and AAP updates to residency program.

## RESEARCH FUNDING / AWARDS

Co-PI, Clinical and Translational Science Institute Child Health Collaborative Grant | 2023 – 2025

- Awarded \$80,000 grant renewal by the University of Minnesota and Children’s Minnesota for the research proposal “A Synergistic Solution: Piloting a Physical Activity-Based Positive Youth Development Program to Support Transgender and Gender Diverse Adolescents’ Mental Health”

Co-Investigator, Office of Discovery and Translation (ODAT) Grant | 2023 – 2024

- Awarded \$71,000 grant renewal by the University of Minnesota for the research proposal “Move and Thrive: Addressing Teen Health Inequities through a Physical Activity Online Platform”

PI, Office of Discovery and Translation (ODAT) Grant | 2021 – 2022

- Awarded \$50,000 grant by the University of Minnesota for the research proposal “Move and Thrive: Addressing Teen Health Inequities through a Physical Activity Online Platform”

PI, SDG Rapid Response Grant | 2020 - 2021

- Awarded \$5,000 pilot grant by the University of Minnesota through the Global Programs and Strategy Alliance (GPS Alliance) for the research proposal “Supporting Adolescent Resilience: Creating an Online Platform to Promote Emotional and Physical Health in the time of COVID.”

Co-Investigator, Joanna Simer Research Fellowship Award | 2020-2021

- Awarded by the University of Minnesota for the research proposal “What Teens Want: A Qualitative Exploration of Diverse Adolescents’ Views of Online Physical Activity Resources.”

Co-PI, Joanna Simer Research Fellowship Award | 2019-2020

- Awarded by the University of Minnesota for the research proposal “Latinx Youth Perspectives of Immigration Policy Context, Deportation, and Family Resilience Processes: A Qualitative Exploration of Healthy Youth Development in Anti-Immigrant Contexts.”

## PEER REVIEWED PUBLICATIONS

1. Kaja S, Miller KK, Adler S, Hooper L. (2025) Helping Teens Move + Thrive: Adolescents’ Preferences for Online Exercise Videos. *Health Promotion Practice*, 15248399251314423. <https://doi.org/10.1177/15248399251314423>
2. Miller KK, Hooper L, Kaja S. (2024). Move and Thrive: Development of an Adolescent-Friendly and Inclusive Online Fitness Resource. *Health Promot Pract*, 2024 Apr 8. PMID 38590221.
3. McPherson, L. E., Svetaz, M. V., Martin, C. L., Miller, K. K., & Eisenberg, M. E. (2023). Latine Transgender/Gender Diverse Adolescents: Protective Factors Against Emotional Distress. *LGBT Health*, 10(3), 220–227. <https://doi.org/10.1089/lgbt.2022.0068>

4. Tellier PP, Cooper BC, Hoffman ND, Klein DA, **Miller KK**, Pardee M, Ryan C, Weigel WM, Tran Ngoc MA. "Recommendations for Promoting the Health and Well-being of Sexual and Gender-diverse Adolescents Through Supportive Families and Affirming Support Networks The Society for Adolescent Health and Medicine." *J Adolesc Health*, 70.4 (2022): 692-696.
5. **Miller KK**, Rule ARL, Bensman R, Butteris S, Houser L, Kaeppler C, Lauden SM, Pitt MB, St Clair NE, Van Genderen K, Cobb C. The Immigrant Partnership and Advocacy Curricular Kit: A Comprehensive Train-the-Trainer Curriculum in Immigrant and Refugee Health. *Am J Trop Med Hyg*. Feb 2022, 106(4): 1013-6.
6. **Miller KK**, McNamara M, Saftner M, McMorris B, Olupot-Olupot P. Provision of Adolescent Health Care in Resource-Limited Settings: Perceptions and Training Needs of Ugandan Health Care Workers. *Child and Youth Services Review*.
7. McPherson L, Gewirtz O'Brien J, **Miller KK**, Svetaz MV. Adolescent Health: Prevention of Injury and Death. *FP Essentials*. Aug 2021, 07:19-25.
8. Gewirtz O'Brien J, McPherson L, **Miller KK**, Svetaz MV. Adolescent Health: Media Use. *FP Essentials*. Aug 2021, 507:33-38.
9. Svetaz MV, **Miller KK**, Gewirtz O'Brien J, McPherson L. Adolescent Health: Communication with Adolescent Patients. *FP Essentials*. Aug 2021, 507:1`-18.
10. **Miller KK**, McPherson L, Gewirtz O'Brien J, Svetaz MV. Adolescent Health: Substance Use. *FP Essentials*. Aug 2021, 507:26-32.
11. **Miller KK**, Shramko M, Brar P, Brown C, Svetaz MV. The Election Is Over, Now What? Critical Consciousness and Youth Civic Engagement. *Journal of Adolescent Health*. 221 February; 68(2) p233-235. <https://doi.org/10.1016/j.jadohealth.2021.10.033>
12. Dharmapuri S, **Miller KK**, Klein J. Marijuana and the Pediatric Population. *Pediatrics*. 2020 July; 146 (1). DOI: <https://doi.org/10.1542/peds.2019-2629>.
13. **Miller KK**, Watson R, Eisenberg M. The intersection of family acceptance and religion on the mental health of LGBTQ youth. *Annals of LGBTQ Public and Population Health*. 2020 July; 1 (1). <https://doi.10.1891/LGBTQ.2019-0005>.
14. Brown CR, Shramko M, Garcia-Huidobro D, **Miller KK**, Brar P, Ogugua F, Svetaz MV. Increased rates of parental separation and anxiety among Latinx youth. *Child Youth Serv Rev*. 2020 Sept; 116. <https://doi.org/10.1016/j.chilyouth.2020.105225>.
15. **Miller KK**, Klein J. Medical Cannabinoid Products in Children and Adolescents. *Pediatr Rev*. May 2020, 41 (5) 262-264. <https://doi.org/10.1542/pir.2019-0083>.
16. Webber S, Lauden S, Fischer PR, Beyerlein L, Schubert C, on behalf of the Midwest Consortium of Global Child Health Educators S-PACK Workgroup (Beyerlein L, Bothe D, Butteris S, Cobb C, Connolly E, Conway J, Fischer PR, Groothuis E, Houser L, Jones A, Kaeppler C, Lauden S, **Miller KK**, Ojo I, Rosenman J, Rule A, Schaack C, Seibert T, Slusher T, Van Genderen K, Pitt MB, Schubert C, St Clair NE, Warrick S, Webber S, Weinert B, & Winter J). Predeparture Activities Curricular Kit (PACK) for Wellness: A Model for Supporting Resident Well Being During Global Child Health Experiences. *Acad Pediatr*. 2019 May 28. pi: S1876-2859(19)30257-8. doi: 10.1016/j.acap.2019.05.130.
17. **Miller KK**, Brown C, Shramko M, Svetaz V. Applying Trauma-Informed Practices to the Care of Refugee

and Immigrant Youth: Ten Clinical Pearls. *Children*. 2019 Aug; 6(8): 94.

18. **Miller KK**, Brown SJ, Pfeffer B, Olupot-Olupot P, Kitaka S. Educational Curricula and Programs in Adolescent Medicine for Health Workers in Low- and Middle-Income Countries: A Scoping Review. *J Grad Med Educ*. August 2019, Vol. 11(4):64-72.
19. Saewyc E, Gewirtz O'Brien J, **Miller KK**, Edinburgh L. The Links Between Sexual Abuse Severity, Running Away, and Parental Connectedness Among Youth at a Hospital-Based Child Advocacy Center. *J Adolesc Health*. 2019. Sep;65(3):378-383.
20. St Clair NE, Butteris S, Cobb C, Connolly E, Groothuis E, Jones S, Lauden S, **Miller KK**, Winter J, Pitt MB. S-PACK (SUGAR's Pre-Departure Activities Curricular Kit): A Modular and Modifiable Comprehensive Preparation Curriculum for Global Health Experiences. *Acad Med*. 2019. 2019 Dec;94(12):1916-192
21. Bensman R, Slusher T, Butteris S, Pitt M, On Behalf of the SUGAR PEARLS Investigators (Becker A, Desai B, George A, Hagen S, Kiragu A, **Miller KK**, Rule A, Webber S). Creating Online Training for Procedures in Global Health with PEARLS (Procedural Education for Adaptation to Resource-Limited Settings). *Am J Trop Med Hyg*. 2017. Nov 8; 97(5): 1285-1288.
22. **Miller KK**, Vig KS, Goetz EM, Spicer G, Yang AJ, and Hokanson JS. Pulse Oximetry Screening for Critical Congenital Heart Disease in Planned Out of Hospital Births and the Incidence of Critical Congenital Heart Disease in the Plain Community. *J Perinatol*. Sept 2016.
23. **Miller KK**. The Autism Paradox, *AMA Journal of Ethics*. 2015: 17:297-298. <http://journalofethics.ama.org/2015/04/fred1-1504.html>. Accessed April 1, 2015.
24. **Miller KK**. From the Editor. The Clinical, Professional, and Social Challenges of Practicing Rural Medicine. *Virtual Mentor*. 2011; 13(5):271-272. <http://virtualmentor.ama-assn.org/2011/05/fred1-1105.html>. Accessed May 3, 2011.
25. Nogueira MP, Farcetta M, Fox MH, **Miller KK**, Pereira TS, Morcuende JA. Treatment of congenital clubfoot with the Ponseti Method: the parents' perspective. *J Pediatr Orthop B*. 2013 Nov;22(6):583-8.
26. Nogueira MP, Fox MH, **Miller KK**, Morcuende JA. The Ponseti Method in Brazil: barriers to bracing compliance. *J Orthop J*. 2013;33(161-166).

## PUBLISHED EDUCATIONAL CURRICULA

1. McNamara M, **Miller KK**. Curriculum in Adolescent Health and Medicine (CAHAM). Available online at: [https://drive.google.com/drive/u/0/folders/1C\\_X9idA2oq9DgicoJNIZ6Wtnekv4ey83](https://drive.google.com/drive/u/0/folders/1C_X9idA2oq9DgicoJNIZ6Wtnekv4ey83). Curriculum launched February 2020, and adapted in 2021 and 2024.
2. **Miller KK**, Rule ARL, Bensman R, Brown C, Butteris S, Bothe D, Chiu M, Chun A, Clark M, Fernandes A, Ford-Paz R, Harasaki K, Hjertstedt E, Houser L, Jiménez Bacardí A, Kaeppler C, Madion L, McHenry M, Moccio K, Moskalewicz R, Lam SK, Lauden S, Petrassi A, Philip A, Pitt M, Singh P, St. Clair N, Rimal A, Stempel H, Svetaz V, Umphrey L, Van Genderen K, Walch A, Winter J, Cobb C on behalf of the Midwest Consortium of Global Child Health Educators. I-PACK: Immigrant Partnership and Advocacy Curricular Kit. Editors Miller KK, Cobb C. Available at <https://sugarprep.org/i-pack>. Curriculum launched September 24, 2020.
3. **Miller KK**, Umphrey L, Houser L. I-PACK: Partnerships. Editors Cobb C and Miller KK. Available at <https://sugarprep.org/i-pack>. Curriculum launched September 24, 2020.

4. Ford-Paz R, Bothe D, Stempel H, Svetaz MV, **Miller KK**. I-PACK: Social and Emotional Health. Editors Cobb C and Miller KK. Available at <https://sugarprep.org/i-pack>. Curriculum launched September 24, 2020.
5. **Miller KK**. Global Adolescent Health. GPEDS 2.0 (Global Pediatric Education Series). Editors Winter J, Danich E, Howard C. Available at [globalpeds.umn.edu/gpeds](http://globalpeds.umn.edu/gpeds). Curriculum consists of 4 modules (approximately 25 hours) of online content on global child health that serves as the primary global health curriculum for pediatric residents at multiple institutions. The content is also available to individual subscribers for CME credit. Curriculum originally launched May 2014, updated November 2019.
6. **Miller KK**, Winter J, Connolly E, Ojo I, Fischer P, Van Genderen K, Slusher T. PEARLS Case-Pairing. S-PACK (SUGAR's Pre-Departure Activities Curricular Kit). Editors Pitt M, St Clair N, Butteris S. Available at [sugarprep.org/s-pack](http://sugarprep.org/s-pack). Curriculum launched March 23, 2018.
7. Webber S, Lauden S, **Miller KK**, Beyerlein L, Fischer P, Schubert C. Wellness in Global Health. S-PACK (SUGAR's Pre-Departure Activities Curricular Kit). Editors Pitt M, St Clair N, Butteris S. Available at [sugarprep.org/s-pack](http://sugarprep.org/s-pack). Curriculum launched March 23, 2018.
8. Pitt M, St. Clair N, Bothe D, Beyerlein L, Cobb C, Connolly E, Conway J, Fischer P, Groothuis E, Houser L, Jones A, Kaeppler C, Lauden S, **Miller KK**, Ojo I, Rosenman J, Rule A, Schaack C, Schubert C, Seibert T, Van Genderen K, Warrick S, Webber S, Weinert B, Winter J, Pitt M, Butteris S. S-PACK (SUGAR's Pre-Departure Activities Curricular Kit). Available at [sugarprep.org/s-pack](http://sugarprep.org/s-pack). Curriculum launched March 23, 2018.

## TEXTBOOK CHAPTERS

1. Hall, C.D., Rider, G.N., Bradford, N., Areba E., **Miller, K**. (2023). "Intentional injury and victimization in global LGBTQI populations." *Global LGBTQ Health*. Springer Nature. 10.1007/978-3-031-36204-0\_9.
2. **Miller, KK**, Mustapha, T. (2023). Challenges in Diversity, Equity, and Inclusion. In: Webber, S., Babal, J., Moreno, M.A. (eds) *Understanding and Cultivating Well-being for the Pediatrician*. Springer, Cham. [https://doi.org/10.1007/978-3-031-10843-3\\_9](https://doi.org/10.1007/978-3-031-10843-3_9)

## RESEARCH PRESENTATIONS: INTERNATIONAL

1. **Miller KK**, Vanders-Stoep A, McCauley E, Adrian M, Moreno M. 2017. Social media posting in at-risk adolescents: content analysis of Facebook posts describing symptoms of depression. Poster presentation at Pediatric Academic Societies, Toronto, Canada.
2. **Miller KK**, Becker A, Julian A, Andrew K, Peter OO. 2017. Refresher Training of Physicians Improves Triage and Patient Outcomes in Resource Limited Settings: A Pilot Study. Poster presentation at Pediatric Academic Societies, Toronto, Canada.
3. **Miller KK**, Nogueira MP, Fox MH, Morcuende JA. The Ponseti method of treatment for clubfoot in Brazil: barriers to bracing compliance and the role of physicians. Poster presentation at the Consortium for University's Global Health Conference, Montreal, Canada, 2011.
4. **Miller KK**, Nogueira MP, Fox MH, Morcuende JA. The Ponseti method of treatment for clubfoot in Brazil: barriers to bracing compliance and the role of physicians. Oral presentation at the International Clubfoot

Symposium, Coralville, Iowa, 2011.

5. **Miller KK**, Nogueira MP, Farcetta M, Fox MH, Pereira TS, Morcuende JA. Treatment of congenital clubfoot with the Ponseti Method: the parents' perspective. Oral presentation at the International Clubfoot Symposium, Coralville, Iowa, 2011.

## RESEARCH PRESENTATIONS: NATIONAL

1. Hooper L, Jordan E, **Miller KK**, Lebow J, Kaja SM. "Creators are seeking more views. They're like, 'Oh, get a snatched waist in three days.'" Messages encountered by adolescents during social media searches for physical activity. Pediatric Academic Societies Meeting. Poster presentation. Honolulu, HI. April 2025.
2. **Miller KK**, Kaja S, Adler S. (2025). Healthcare Providers' Perspectives on Developing a Physical Activity Intervention for Trans and Gender Diverse Adolescents. Society for Adolescent Health and Medicine Annual Meeting, March 2025.
3. Kaja, SM, Adler SJ, **Miller, KK**. "Parents' Perspectives on a Physical Activity and Social Support Intervention for Trans and Gender Diverse Adolescents." Social Justice Through Sport and Exercise Psychology Symposium (virtual), SJSEP. March 20, 2024.
4. **Miller KK**, Hooper L, Espinoza S. Move and Thrive: Development of a New Online Resource to Support Adolescent Physical Activity. Poster presentation at the Society for Adolescent Health and Medicine, March 2024. San Diego, CA.
5. Espinoza, SM, Hooper L, Miller KK. "'A lot of people that make online workout videos just make workouts for people like them': Improving Representation and Tailoring Online Activity Videos for Adolescents through Move and Thrive." Pediatric Academic Societies Annual Meeting. April 29, 2023. Washington DC.
6. Espinoza, SM, Hooper L, Miller KK. "Move and Thrive: Addressing Teen Physical Activity Inequities Through an Online Platform." Social Justice Through Exercise Psychology Symposium. April, 2022. Virtual.
7. Pirrocco F, Fredricks K, **Miller KK**, St Clair N, Gutierrez R, Yoblonski L, Pitt M. Using Simulation for the Care of Unaccompanied Immigrant Children. Poster Presentation at Association of Pediatric Program Directors. May 16-19, 2022. San Diego, CA.
8. McPherson LE, Svetaz MV, Martin C, **Miller KK**, Eisenberg, ME. 10/24/2021. Latinx and transgender/gender diverse adolescents: Protective factors against emotional distress. American Public Health Association 2021 Annual Meeting. Oral session.
9. Park M, Peterson J, **Miller KK**. 2021. Colonization and the Health of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning and Intersex (LGBTQI) Populations: A Narrative Review of Three Case Studies. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, virtual.
10. McPherson LE, Svetaz MV, Martin C, **Miller KK**, Eisenberg ME. 2021. Protective Factors and Emotional Distress for Adolescents Who Are Latinx and Transgender/Gender Diverse. Oral presentation at the Minnesota Academy of Family Physicians Virtual Innovation & Research Forum.

11. Espinoza S, **Miller KK**, Hooper L. 2021. What teens want: a qualitative exploration of diverse adolescents' views of online physical activity video resources. Oral presentation at Society for Adolescent Health and Medicine (SAHM) Works in Progress Session, held virtually due to COVID-19.
12. **Miller KK**, McNamara M, Kitaka SB, Pfeiffer B, McMorris B, Saftner M, Olupot-Olupot P. 2021. An Adolescent Medicine Curriculum Designed for Low Income Countries: Results from a Pilot Implementation at a Medical School in Eastern Uganda. Poster presentation at the Society for Adolescent Health and Medicine Annual Meeting, held virtually due to COVID-19.
13. **Miller KK**, Rule A, Bensman RS, Kaeppler C, Houser LM, Van Genderen K, Lauden S, Cobb C. 2020. Collaborative development of a training tool to promote immigrant health: introducing the Immigrant Partnerships and Advocacy Curricular Kit (I-PACK). Oral presentation at the American Academy of Pediatrics National Conference and Exhibition.
14. **Miller KK**, Brar P, Brown C, G García-Huidobro D, Shramko M, Svetaz MV. 2020. Family separation and Latinx youth health outcomes: Understanding risk and opportunities for resilience. Accepted for oral presentation at the Society for Adolescent Health and Medicine in San Diego, California; scheduled March 2020; canceled due to COVID-19. Published online in the Journal of Adolescent Health.
15. **Miller KK**, Saftner M, Abeso J, McMorris B, Olupot-Olupot P. 2019. Provision of Adolescent Health Care in Resource-Limited Settings: Perceptions and Training Needs of Health Care Workers. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, Section On Child and International Health, New Orleans, Louisiana.
16. **Miller KK**, Watson R, Eisenberg M. 2019. The intersection of family acceptance and religion on the mental health of LGBTQ youth. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, Section On LGBT Health and Wellness, New Orleans, Louisiana.
17. St Clair N, Pitt M, Butteris M, Cobb C, Kaeppler C, Lauden S, **Miller KK**, Warrick S, Winter J. 2018. Introducing S-PACK (SUGAR's Pre-Departure Activities Curricular Kit): A Comprehensive Preparation Curriculum for Global Health Experiences. Oral presentation at the American Academy of Pediatrics National Conference and Exhibition, Section On Child and International Health, Orlando, Florida.
18. **Miller KK**, Houser L, St Clair N, Webber S, Butteris S. 2018. Immersive Stateside Global Health Education in Pediatric Residency Training: An 8-year Reflection on a Multi-Disciplinary Fundamentals in Global Health Course. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, Section On Child and International Health, Orlando, Florida.
19. **Miller KK**, Fitzpatrick K, Obregon M, Herrera D, Gaus D. 2016. Neonatal post-resuscitation care in rural Ecuador: teaching S.T.A.B.L.E. curriculum to Ecuadorian family medicine residents. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, San Francisco, CA.
20. **Miller KK**, Vig K, Hokanson J. 2015. Pulse oximetry screening for critical congenital heart disease in planned out-of-hospital births. Poster presentation at the American Academy of Pediatrics National Conference and Exhibition, Washington, DC.
21. Fox MH, Nogueira MP, **Miller KK**, Morcuende JA. 2012. The dissemination of the Ponseti method of treatment for clubfoot within the Brazil National Training Initiative. American Academy of Pediatrics National Conference and Exhibition, New Orleans, LA, 2012.
22. **Miller KK**, Nogueira MP, Farcetta M, Fox MH, Pereira TS, Morcuende JA. 2012. Treatment of congenital clubfoot with the Ponseti Method: the parents' perspective. Oral presentation at the American Academy of Pediatrics National Conference and Exhibition, New Orleans, LA.

23. **Miller KK**, Levy L, Rao P. West Liberty, Iowa: Creation of a new clinical site by a student-run mobile clinic in a majority Hispanic population. 2012. American Academy of Family Physicians National Conference, Kansas City, Missouri.

## RESEARCH PRESENTATIONS: REGIONAL

1. Kaja, SM, **Miller KK**, Eisenberg ME. "Facilitating Social Physical Activity Among Trans and Gender Diverse Adolescents: Parents' Perspectives." University of Minnesota Clinical and Translational Science Institute's Symposium & Poster Session, Minneapolis, Minnesota. September 17, 2024. Selected as first place presentation in the K Accelerator Program Division.
2. Espinoza, SM, Miller KK. "A Synergistic Solution: Piloting a Physical Activity Youth Development Program to Support Transgender and Gender Diverse Adolescents' Mental Health." University of Minnesota and Children's Minnesota Child Health Collaborative Dinner, Minneapolis, Minnesota. Dec 6, 2023.
3. Espinoza, SM, **Miller KK**. Gathering Input from Youth, Parents, and Healthcare Professionals to Build a Physical Activity and Mental Health Program for Transgender and Gender Diverse Adolescents. Clinical and Translational Science Institute's Symposium and Poster Session. Poster presentation. Sept 2023.
4. McPherson LE, Svetaz MV, Martin C, **Miller KK**, Eisenberg, ME. Latinx and Transgender/Gender Diverse Adolescents: Protective Factors against Emotional Distress. Pediatric Research, Education & Scholarship Symposium (PRESS) 2021. Poster presentation.
5. **Miller KK**, McNamara M, McMorris B, Saftner M, Olupot-Olupot P. Pilot Implementation of a Curriculum in Adolescent Health and Medicine: a Course Designed for Medical Trainees in Low and Middle Income Countries. Pediatric Research, Education, and Scholarship Symposium at the University of Minnesota. [Awarded 1<sup>st</sup> place in Fellow category for poster presentation.]
6. Brown CR, **Miller KK**, Shramko M, Brar P, Garcia-Huidobro D, Ogugua F, Svetaz MV. 2019. Using human rights to advance health equity: resilience in immigration. University of Minnesota Division of General Pediatrics and Adolescent Health Interdisciplinary Fellowship Training Program, Annual Research Day, Minneapolis, Minnesota,
7. **Miller KK**, Watson R, Eisenberg M. 2019. The intersection of family acceptance and religion on the mental health of LGBTQ youth. University of Minnesota Division of General Pediatrics and Adolescent Health Interdisciplinary Fellowship Training Program, Annual Research Day, Minneapolis, Minnesota.
8. **Miller KK**, Becker A, Julian A, Andrew K, Peter OO. 2017. Physician identification and documentation of pediatric admission danger signs at Mbale Regional Referral Hospital: Effect of refresher training. Oral presentation at the Global Health Symposium: Global Health Institute at the University of Wisconsin-Madison, Wisconsin.
9. **Miller KK**, Allen B, Staple M. Improving the Experience of Transgender Youth in Health Care Settings. Oral presentation at PATCH Symposium: Best Practices in Caring for Teen Patients, Wisconsin Dells, Wisconsin, 2017.
10. **Miller KK**, Butteris S, Collier K, Houser L, Webber S. 2017. Resident perception of a self-directed community based local-global health intervention. Poster presentation at the Global Health Symposium: Global Health Institute at the University of Wisconsin, Madison, Wisconsin.

11. **Miller KK**, Nogueira MP, Fox MH, Morcuende JA. 2012. The Ponseti method of treatment for clubfoot in Brazil: barriers to bracing compliance and the role of physicians. Iowa Graduate Global Health Symposium, Iowa City, Iowa.
12. **Miller, KK**. Cmiel Internship: Tanzania. 2009. International Programs Student Funding Expo, University of Iowa Carver College of Medicine, Iowa City, Iowa.

## **MEDIA APPEARANCES**

1. MPR News: Minnesota OK'd free menstrual products in schools, but that hasn't solved the problem." 6/5/2024. <https://www.mprnews.org/story/2024/06/05/minnesota-period-poverty-free-menstrual-products>
2. MPR News with Angela Davis, live 60 minute interview: "The 'cannabis talk' you should have with your kids." 9/7/2023. <https://www.mprnews.org/episode/2023/09/06/the-cannabis-talk-you-should-have-with-your-kids>
3. AP News: "States that protect transgender health care now try to absorb demand." 8/14/2023. <https://www.local10.com/news/politics/2023/08/14/states-that-protect-transgender-health-care-now-try-to-absorb-demand/>
4. Stat News: "Gender-affirming surgeries tripled in the U.S. between 2016-2019, study finds." <https://www.statnews.com/2023/08/23/gender-affirming-surgeries/>
5. NPR News: "A tale of 2 states' trans laws." 7/23/2024. <https://www.mprnews.org/episode/2023/09/06/the-cannabis-talk-you-should-have-with-your-kids>
6. The Atlantic: "Ozempic In Teens is a Mess." 5/25/2023. <https://www.theatlantic.com/health/archive/2023/05/ozempic-teen-obesity-treatment-health-promises-risks/674204/>
7. WCCO Minneapolis: "Good Question: What Is Gender Affirming Care?" 4/4/2023. <https://www.cbsnews.com/minnesota/news/good-question-what-is-gender-affirming-care/>
8. MPR News: "Minnesota may soon OK free menstrual products in schools. These teens led the way." 4/6/2023. <https://www.mprnews.org/story/2023/04/06/minnesota-may-soon-ok-free-menstrual-products-in-schools-these-teens-led-the-way>
9. BBC World News: "New US Childhood Obesity Guidelines Criticised by Families." 1/29/2023. <https://www.bbc.com/news/world-us-canada-64427931>
10. New York Times: "New Guidelines Underscore How Complicated Childhood Obesity Is for Medical Providers." 1/20/2023. <https://www.nytimes.com/2023/01/20/well/family/childhood-obesity-guidelines.html>

## **INVITED PRESENTATIONS & GRAND ROUNDS**

*\*national/international talks and grand rounds underlined*

1. Eating Disorders in Adolescents. Recurring presentation (monthly) to pediatric and family medicine residents participating in their Adolescent Medicine rotation at the University of Minnesota. 9/2025 – present.
2. Reproductive Health Workshop & Trauma Informed Care. Recurring presentation (monthly) to pediatric and family medicine residents participating in their Adolescent Medicine rotation at the University of Minnesota. 9/2025 – present.
3. Contraception in Adolescents. Recurring presentation (monthly) to pediatric and family medicine residents participating in their Adolescent Medicine rotation at the University of Minnesota. 9/2025 – present.
4. Adolescent Medicine: Introduction, Confidentiality, and Minor Consent. Block education to pediatric residents at the University of Minnesota. 9/5/2025.
5. Approach to Working with Teens. Presentation to the Hematology Oncology providers at Children's Minnesota. 4/23/2025.
6. Relative Energy Deficiency in Sport: Beyond the Female Athlete Triad. Children's Minnesota Grand Rounds, 11/30/23, with co-speaker Dr. Kylie Fowler.
7. Ethical Care for Transgender and Gender Diverse Youth. Allina Mental Health and Addiction Grand Rounds, 9/7/2023.
8. Introduction to Pediatric and Adolescent Gender Affirming Medical Care. Webinar presented to medical students at Des Moines University. 3/29/2023.
9. Global LGBTQA Health and Human Rights. Case Western Reserve University School of Medicine. Presented to medical students in Kaufman World Medicine Pathway. 2/15/2023.
10. Move and Thrive: The Pediatrician's Role in Supporting Physical Activity. Grand Rounds at the University of Minnesota Department of Pediatrics. Espinoza S, Hooper L, Miller KK. 2/8/2023.
11. Guest speaker, Reproductive Health Access Project (RHAP), Minnesota Cluster Meeting. 1/10/2023.
12. Teen Talk: Protecting Adolescent Confidentiality in the Age of Open Notes and Anxious Parents. Grand Rounds at Children's Minnesota. 5/19/2022.
13. Let's Talk About Sex: Confidential Conversations about Sexuality with Teenagers. Invited presentation at Children's Minnesota conference "Mental Health for Primary Care: The Teenage Years." 5/13/2022.
14. #ProtectTransKids and #LetThemPlay: the New Wave of Legislation Targeting Transgender Youth. Miller KK and Goepferd AG. Grand Rounds at Children's Minnesota. 4/1/2021.
15. The Immigrant Partnership and Advocacy Curricular Kit. Presented to the Division of General Pediatrics and Adolescent Health, Department of Pediatrics, University of Minnesota, Minneapolis, Minnesota. 11/6/2020.
16. Trauma Informed Care. Presented to pediatric residents at the University of Wisconsin, Madison, Wisconsin. 10/22/2020.
17. Civic Engagement and Advocacy. Presented to all pediatric residents during block education, Department of Pediatrics, University of Minnesota. 10/16/2020.

18. Global LGBTQ Health and Human Rights: the Legacy of Colonialism. Presented to pediatric residents at the University of Wisconsin, Madison, Wisconsin. 10/13/2020.
19. A Trauma-Informed Approach to Caring for Immigrant Youth and Families. Miller KK, Svetaz MV. Faculty presentation at the American Academy of Pediatrics National Conference and Exhibition. Originally scheduled for San Diego, California; content switched to virtual due to COVID-19. 10/2/2020.
20. Global Exchange: Lurie Children's Fifteen Year Journey of Resource Sharing and Partnership in Global Health. Pediatric Grand Rounds, Feinberg School of Medicine and Lurie Children's. Presented by Butteris S, Pitt M, Cobb C, Miller KK. 9/24/2020.
21. For Parents Juggling Kids, Work and all the Changes of 2020. Invited international presentation to discuss employee wellbeing and coping during COVID-19 at Adidas AG to employees located in Germany, Israel, Netherlands, United States, and Brazil. 9/22/2020.
22. Adolescent Health: Global Trends and Priorities. Presented to all pediatric residents during block education, Department of Pediatrics, University of Minnesota. 3/6/2020.
23. Curriculum in Adolescent Health and Medicine (CAHAM), Busitema University, Mbale, Uganda. Presented six-lesson series in adolescent medicine to senior year medical students. 2/17-20/2020.
24. Depression and Grief, Joy Hospice, Mbale, Uganda. Presented to clinical officers and medical personnel at non-profit medical center in eastern Uganda. 2/14/2020.
25. Global LGBTQ Health and Human Rights, presented to current fellows in the Division of General Pediatrics and Adolescent Health, Department of Pediatrics, University of Minnesota, Minneapolis, Minnesota. 11/15/2019.
26. Deconstructing Fear: Supporting Students Facing Immigration Trauma, presented with Miriam Diaz and Katrina Cisneros at the annual Minnesota Educator Academy (MEA) Conference, St. Paul, Minnesota. 10/17/2019.
27. Global Adolescent Health: Priorities, Challenges, and Opportunities, presented to current fellows in the Division of General Pediatrics and Adolescent Health, Department of Pediatrics, University of Minnesota, Minneapolis, Minnesota. 10/11/2019.
28. Introduction to Adolescent Gynecology, Block Education, presented to pediatric residents at Masonic Children's Hospital, Department of Pediatrics, University of Minnesota. 8/9/2019.
29. Development of an Adolescent Medicine Curriculum for Busitema University. Presented to the Division of General Pediatrics and Adolescent Health at the University of Minnesota, Minneapolis, Minnesota. 5/3/2019.
30. Introduction to Adolescent Psychiatry, Busitema University. Presented to first-year pediatric residents in Mbale, Uganda. 2/19/2019.
31. Placement of Emergency Umbilical Lines, Busitema University, Mbale, Uganda. Presented to first-year pediatric residents. 2/19/2019.
32. Substance Use in Adolescents, Busitema University. Presented to first-year pediatric residents, Mbale, Uganda. 2/15/2019.
33. Research Methods, Busitema University. Presented to first-year pediatric residents, Mbale, Uganda. 2/14/2019

34. Depression Treatment: Updates for 2018, Macalester University. Presented to all employees at Macalester Student Health, St. Paul, Minnesota. 11/29/2018.
35. Medically Affirming Therapy for Gender Diverse Youth, Masonic Children's Hospital. Given monthly to pediatric residents on their adolescent medicine rotation. 2018 – 2021.
36. Introduction to STIs, Masonic Children's Hospital. Given monthly to pediatric residents on their adolescent medicine rotation. 2018 – 2021.
37. Long Acting Reversible Contraception, Masonic Children's Hospital. Given bimonthly to pediatric residents on their adolescent medicine rotation and community providers in the Twin Cities area. 2018 – 2021.
38. LGBTQ Rights Around the World, Masonic Children's Hospital, presented to pediatric residents in the Global Health Track at the University of Minnesota. 9/10/2018.
39. Overuse Injuries in Adolescents, American Family Children's Hospital, presented to pediatric residents during morning education Madison, Wisconsin. 1/19/2018.
40. Not To Miss Injuries in Adolescents, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 1/16/2018.
41. Resiliency and Compassion: Mindfulness in Residency, American Family Children's Hospital, presented to pediatric residents participating in an optional course on mindfulness, Madison, Wisconsin. 12/20/2017.
42. Obesity Management in Pediatrics II, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 12/5/2017.
43. Mindful Approach to Suffering: Mindfulness in Residency, American Family Children's Hospital, presented to pediatric residents participating in an optional course on mindfulness, Madison, Wisconsin. 11/29/2017.
44. Obesity Management in Pediatrics I, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 11/28/2017.
45. Nutrition Jeopardy, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 11/7/2017.
46. Dysmenorrhea in Adolescents, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 10/31/2017.
47. Dehydration in Resource Limited Settings, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 10/24/2017.
48. Pediatric Triage in Resource Limited Settings, American Family Children's Hospital, presented to pediatric residents in the Global Health Track during a stateside global health elective, Madison, Wisconsin. 10/24/2017.
49. Global Health Potpourri (Pertussis, Measles, Tetanus), American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 10/17/2017.
50. LGBTQ Rights Around the World, American Family Children's Hospital, presented to pediatric residents in the Global Health Track, Madison, Wisconsin. 9/24/2017.
51. Management of Acute Pediatric Pain, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 9/12/2017.
52. Adolescent Vaccines, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 8/29/2017.

53. Vaccine Myth-busters, American Family Children's Hospital, presented to pediatric residents during morning education, Madison, Wisconsin. 8/8/2017.
54. Menstrual Suppression in Adolescents, American Family Children's Hospital, presented during Endocrine Rounds to Endocrine faculty members, Madison, Wisconsin. 3/4/2017.
55. STABLE Course in neonatal stabilization for Ecuadorian Family Medicine residents; conducted in Spanish. Porto Viejo, Ecuador, 4/23/2016; Manta, Ecuador, 4/21-22/2016; Santo Domingo, Ecuador, 4/14-15/2016, and San Pedro Vicente, Ecuador, 4/9/2016.