

# James Whelan, DPM

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## Key Qualifications

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- Experienced Podiatric Surgeon working in hospital and multi-specialty group settings
- Demonstrated expertise in treating podiatric complaints, diabetic foot conditions and foot and ankle injuries and disorders with a special interest in reconstructive, revisional and deformity corrective surgery and highly skilled in sports medicine and arthroscopic techniques of the foot and ankle
- Skills in critical thinking, decision making, and problem solving with strengths in effective communication in a collaborative group practice environment
- Board Certified in Foot and Reconstructive Rearfoot and Ankle Surgery by the American Board of Foot and Ankle Surgery
- Research and lecturing experience & involvement in Student and Resident teaching

## Office Locations

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Beloit Health System - Beloit Clinic  
1905 E Huebbe Parkway  
Beloit, WI 53511

NorthPointe Health and Wellness Campus  
5605 E Rockton Road  
Roscoe, IL 61073

## Hospital/Surgery Center Affiliations

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Beloit Memorial Hospital  
1969 W Hart Road  
Beloit, WI 53511

NorthPointe Surgery Center  
5605 E Rockton Road  
Roscoe, IL 61073

## Academic Appointments

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**Attending Faculty** 2021 - Present  
OSF Saint Katharine Podiatry Residency Program, Dixon, IL

**Adjunct Professor** 2018 - 2020  
Des Moines University College of Podiatric Medicine and Surgery, Des Moines, IA

**Clinical Adjunct Instructor** 2017 - 2020  
Des Moines University College of Podiatric Medicine and Surgery, Des Moines, IA

## Professional Experience

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**Podiatrist - Foot and Ankle Surgeon** Mar 2020 - present  
Beloit Health System, Beloit, WI

**Podiatrist - Foot and Ankle Surgeon** Aug 2017 - Mar 2020  
Foot and Ankle Center of Nebraska and Iowa, Omaha, NE & Council Bluffs, IA

**Resident Physician** May 2014 - Jun 2017

Wheaton Franciscan Healthcare, Milwaukee, WI

**Researcher**

Des Moines University Department of Research, Des Moines, IA

May 2011 - Apr 2013

**Lower Limb Anatomy Teaching Assistant**

Des Moines University Department of Anatomy, Des Moines, IA

Oct - Dec 2013

## Education and Training

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**Fellowship Training**

Midwest Foot and Ankle Fellowship, Omaha, NE

Aug 2017 - Jul 2018

- Advanced Foot and Ankle Reconstructive Surgery & Deformity Correction
- Diabetic Limb Salvage & Orthoplastic Techniques

**Residency Training**

Wheaton Franciscan Healthcare, Milwaukee, WI

Jul 2014 - Jun 2017

- Podiatric Medicine & Surgery Residency - Added credential in Reconstructive Rearfoot/ Ankle Surgery
- Completion of over 2500 logged procedures
- Comprehensive curriculum with rotations in Internal Medicine, Infectious Disease, Orthopedic Surgery, General Surgery, Wound Care and Emergency Medicine

**Medical Education**

Des Moines University College of Podiatric Medicine and Surgery, Des Moines, IA

Aug 2010 - May 2014

- Graduated with Honors
- Integrated coursework with students from DO program

**Undergraduate Education**

University of Nebraska at Lincoln, Lincoln, NE

Aug 2006 - May 2010

- Major in Biological Sciences

## Advanced Training

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**PROstep MIS Course**

Stryker, Salt Lake City, UT

Aug 2023

**Focused Surgeon Training: Flap and Frame Applications**

OrthoFix, Lewisville, TX

Dec 2022

**Case Controversies for the Podiatric Surgeon**

Stryker, Chicago, IL

Oct 2022

**Surgical Management of Lower Extremity Chronic Nerve Pain**

Checkpoint Medical, Park Ridge, IL

Aug 2022

**Advances in External Fixation**

Stryker, Phoenix, AZ

May 2022

**PEAK+ INBONE Total Ankle Training**

Stryker, Mahwah, NJ

May 2022

**Prophecy Infinity Total Ankle Replacement Training**

Stryker, Beloit, WI

Sep 2021

**LRF External Fixation Gradual Foot and Ankle Deformity Correction Lab**

Stryker, Sycamore, IL

July 2021

**Foot and Ankle Minimally Invasive Surgery Course**

Arthrex, Naples, FL

Jun 2021

<b>Laplasty Master Skills Course</b> Treace Medical, Milwaukee, WI	Jun 2021
<b>Laplasty Symposium</b> Treace Medical, Las Vegas, NV	Mar 2021
<b>Scandinavian Total Ankle Replacement (STAR) Training and Certification</b> Stryker, Milwaukee, WI	Aug 2020
<b>Foot and Ankle Arthroscopy Course</b> American Society of Podiatric Surgeons, Chicago, IL	Aug 2019
<b>Laplasty Cadaver Lab</b> Treace Medical, Omaha, NE	Jul 2019
<b>External Fixation, Muscle Flaps and Charcot Reconstruction Cadaver Lab</b> Stryker, Omaha, NE	Jun 2019
<b>Orthoplastic Flap and Frame Masters Course</b> OrthoFix, Lewisville, TX	May 2019
<b>East Coast Foot and Ankle Summit</b> Arthrex, Naples, FL	Jan 2019
<b>Young Physicians Institute 2018 Leadership Training</b> American Podiatric Medical Association, Nashville, TN	Oct 2018
<b>External Fixation Cadaveric Workshop and Complicated Case Roundtable</b> American Society of Podiatric Surgeons, Nashville, TN	Oct 2018
<b>6th Annual International Symposium: A Case Review For Foot &amp; Ankle Surgeons</b> Stryker, Washington, DC	May 2018
<b>Prophecy Infinity Total Ankle Replacement Training</b> Wright Medical, Nashville, TN	Mar 2018
<b>Foot and Ankle Arthroscopy Course</b> American Society of Podiatric Surgeons, Dallas, TX	Mar 2018
<b>Case Controversies Course</b> Stryker, Chicago, IL	Oct 2017
<b>Scandinavian Total Ankle Replacement (STAR) Training and Certification</b> Stryker, LaVista, NE	Aug 2017
<b>Flaps and Frames Course</b> OrthoFix, Lewisville, TX	Jun 2017
<b>The Malaligned Foot - Primary Through Revision Workshop</b> American College of Foot & Ankle Surgeons, Las Vegas, NV	Feb 2017
<b>Foot and Ankle Arthroscopy Course</b> American College of Foot & Ankle Surgeons, Rosemont, IL	Jun 2016
<b>Orthopedic Trauma Rotation</b> University of Missouri Medical Center, Columbia, MO	Feb 2016
<b>AO Advanced Skills Course</b> Memphis, TN	Aug 2015
<b>AO Basic Skills Course</b> Memphis, TN	Mar 2015
<b>Club Foot Clinical Rotation</b> Mulago Hospital Department of Orthopedics, Kampala, Uganda	Apr 2014

# Certifications and Licensure

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## State Licensure

- State of Illinois (2020 - present); Active
- State of Wisconsin (2017 - present); Active
- State of Nebraska (2017 - 2021); Inactive
- State of Iowa (2017 - 2021); Inactive
- State of Missouri (2017 - 2020); Inactive
- State of Missouri Temporary License (2015-2017); Inactive

## Board Status

### American Board of Foot and Ankle Surgery

- Board Eligible in Foot Surgery, Mar 2017
- Board Eligible in Reconstructive Rearfoot and Ankle Surgery, Mar 2017
- Board Certified in Foot Surgery, May 2021
- Board Certified in Reconstructive Rearfoot and Ankle Surgery, May 2021

### American Board of Podiatric Medicine

- Board Certified, Oct 2018
- Added Qualification in Amputation Prevention and Wound Care, Apr 2019

### National Board of Podiatric Medical Examiners

- Part I, Passed Jul 2012
- Part II, Passed Jan 2014
- Part III, Passed Jun 2014

### American College of Foot and Ankle Surgeons

- Fellow Status

# Professional Affiliations

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Wisconsin Podiatric Medical Association, 2014 - 2017, 2020 - present

DMU Alumni Association, 2014 - present

American College of Foot and Ankle Surgeons, 2010 - present

American Podiatric Medical Association, 2010 - present

Nebraska Podiatric Medical Association, 2017 - 2020

American Society of Podiatric Surgeons, 2014 - 2021

# Leadership Roles

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## Chair

DSPS Podiatry Affiliated Credentialing Board

2025 - present

## Secretary/Treasurer

ACFAS Midwest Region

2024 - present

## Secretary

DSPS Podiatry Affiliated Credentialing Board

2023 - 2025

<b>Case Reviewer</b> Case Review Examination Committee, American Board of Foot and Ankle Surgery	2024 - present
<b>Wisconsin Delegate</b> APMA House of Delegates	2023 - present
<b>Leadership Development Program</b> Inaugural Cohort, American College of Foot and Ankle Surgeons	2023 - 2024
<b>Emerging Leaders Program</b> American Podiatric Medical Association	2022 - 2024
<b>Item Writer</b> Didactic Examination Committee, American Board of Foot and Ankle Surgery	2022 - present
<b>Committee Member, OR Leadership Committee</b> Beloit Health System	2020 - present
<b>Alumni Mentor</b> Des Moines University - Department of Alumni Relations	2014 - present
<b>Academic Coordinator</b> Podiatric Residency Program, Wheaton Franciscan Healthcare - St. Joseph Hospital	2014 - 2016
<b>Podiatric Student Mentor</b> American Association of Colleges of Podiatric Medicine	2012 - 2016
<b>Student Body President</b> Des Moines University College of Podiatric Medicine and Surgery	2012-2013
<b>Representative, House Of Delegates</b> American Podiatric Medical Students Association	2011 - 2013
<b>Student Body President - Elect</b> Des Moines University College of Podiatric Medicine and Surgery	2011 - 2012

## Teaching Experience

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Attending Physician, OSF Saint Katharine Podiatry Residency Program; Dixon, IL, 2021 - present.

- Instruct podiatry residents on clinical skills and surgical technique.

Attending Faculty, Annual OSF Saint Katharine Surgical Escape Room, Oak Brook, IL, Apr 2022 - present.

- Provided guidance to Podiatric residents and student attendees through a complicated foot and ankle deformity correction surgical case in lab and didactic setting

Arthroscopy Instructor, American Society of Podiatric Surgeons Foot and Ankle Arthroscopy Course; Dallas, TX, Mar 2018 & Mar/Aug 2019.

- Instructed podiatric surgeons on basic and advanced arthroscopic techniques for the foot and ankle.

Lower Limb Anatomy Lab Teaching Assistant, Des Moines University Department of Anatomy; Des Moines, IA, Oct 2013 - Dec 2013.

- Instructed podiatric medical students on lower limb anatomy in lab setting and supervised dissection of cadaveric specimens.

## Honors and Awards

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Authored the Passed Budgetary Action Item 1-24 "Resolution to Integrate DPMs into Academic and University Health Systems", APMA 2024 House of Delegates.

Podiatry Attending Faculty of the Year Award, Katherine Shaw Bethea Podiatry Residency Program, 2023.

Second Place Winner, American Podiatric Medical Association - Outstanding Oral Abstract Competition; "Avoiding the Deep Plantar Arterial Arch in Transmetatarsal Amputations: A Cadaver Study." APMA 2020 CECH Summer Series; Aug 2020.

Awards of Excellence Finalist, American College of Foot a& Ankle Surgeons - Manuscript Competition; "Arthroscopic Evaluation of the Subtalar Joint in the Presence of Ankle Joint Pathology: a Pilot Study." Nashville, TN; Mar 2018.

Leadership Award, Des Moines University College of Podiatric Medicine & Surgery, 2014

Graduated with Honors (Ranked 6 out of 54), Des Moines University College of Podiatric Medicine & Surgery, 2014

First Place, American College of Foot & Ankle Surgeons - Poster Competition, "Locating the Deep Plantar Artery: A Cadaveric Study." Miami, FL; February 2014

Student of the Year Award, Des Moines University College of Podiatric Medicine & Surgery, 2013

Iota Chapter of Pi Delta National Podiatric Honor Society, Des Moines University College of Podiatric Medicine & Surgery, 2012 - 2014

American Podiatric Medical Association Education Foundation Scholarship, 2011 - 2013

College of Podiatric Medicine & Surgery Merit Scholarship, 2010 - 2014

## **Community Involvement**

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<b>Volunteer Podiatrist</b> Open Door Mission, Omaha, NE	2017 - 2020
<b>Volunteer Podiatrist</b> Fit Feet Program, Wisconsin Special Olympics, Milwaukee, WI	2014 - 2016
<b>Volunteer Student Podiatrist</b> Fit Feet Program, Iowa Special Olympics, Iowa City, IA	2011 - 2013
<b>Mentor, School Base Program</b> Heartland Big Brother Big Sister, Omaha and Lincoln, NE	2004 - 2010

## **Peer-Reviewed Publications**

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Whelan, J, Kiser, C, Lazoritz, J, Vardaxis, V. "Avoiding the Deep Plantar Arterial Arch in Transmetatarsal Amputations: A Cadaver Study." Journal of the Podiatric Medical Association. Published Mar/Apr 2022 Vol 112 No 2 Issue 2..

Whelan, J, Kiser, C, Lazoritz, J, Nelson, P, Sikes, J, Greenhagen, R. "Arthroscopic Evaluation of the Subtalar Joint: a Review and Survey of Pathology." Journal of the Podiatric Medical Association. Published Apr 2021 Vol 111 No 8 Issue 2.

Whelan, J, Lazoritz, J, Kiser, C, Vardaxis, V. "Locating the Deep Plantar Artery: A Cadaveric Study." Journal of the Podiatric Medical Association. Published Nov /Dec 2020 Vol 110 No 6 Issue.

## Reviews and Editorials

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McCabe, M, Whelan, J, Greenhagen, R. "Split and Full-Thickness Skin Grafts for the Treatment of Diabetic Ulcerations." Podiatry Management Magazine. February 2019.

## Journal Peer-Reviewer

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<b>The Journal of Foot &amp; Ankle Surgery</b> ISSN: 1067-2516, American College of Foot and Ankle Surgeons, Chicago, IL	2024 - present
<b>Foot &amp; Ankle Surgery: Techniques, Reports &amp; Cases</b> ISSN: 2667-3967, American College of Foot and Ankle Surgeons, Chicago, IL	2023 - present
<b>Journal of the American Podiatric Medical Association</b> ISSN: 8750-7315, American Podiatric Medical Association, Bethesda, MD	2018 - present

## Lectures

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"Navigating CMS Changes in CTPs: Clinical and Documentation/Billing Considerations" ACFAS 2025 Annual Scientific Conference HUB Session. Mar 27, 2025; Phoenix, AZ.

"Indirect Plantar Plate Repair by Flexor Digitorum Longus Tendon Transfer." St. Marys Virtual Grand Rounds. Sept 16, 2024; Janesville, WI.

"ACFAS Chris Mahaffey Leadership Development Program." ACFAS 2024 Annual Scientific Conference HUB Session. Feb 1-4, 2024; Tampa, FL.

"Failed Hindfoot Intramedullary Nail Fixation in a Complicated Diabetic Patient." Wisconsin Podiatric Medical Association 2024 Annual Scientific Conference. May 5, 2024; Brookfield, WI.

"Plantar Addressing Hallux Valgus in the Metatarsus Adductus Foot Type." Wisconsin Podiatric Medical Association 2024 Annual Scientific Conference. May 4, 2024; Brookfield, WI.

"Plantar Plate Tears: the Modified Flexor Tendon Transfer Repair for Stabilization." Wisconsin Podiatric Medical Association 2024 Annual Scientific Conference. May 4, 2024; Brookfield, WI.

"Cuboid Syndrome: a Real Diagnosis." CME Online Sports Medicine and Podiatry Series. Nov 5, 2022; Virtual Presentation.

"Cuboid Syndrome: a Real Diagnosis." Wisconsin Podiatric Medical Association 2022 Annual Scientific Conference. Aug 13, 2022; Brookfield, WI.

"The Chopart's Amputation: a Saving Grace in a Specific Patient Population." Wisconsin Podiatric Medical Association 2022 Annual Scientific Conference. Aug 11, 2022; Brookfield, WI.

“An Approach to Deltoid Ligament Repair in the Presence of an Ankle Fracture or High Ankle Sprain.” American Podiatric Medical Association 2022 Annual Scientific Meeting. July 30, 2022; Orlando, FL.

“Transmetatarsal Amputations: The Good, the Bad, and the Ugly.” American Podiatric Medical Association 2021 Annual Scientific Meeting. July 30, 2021; Aurora, CO.

“Avoiding the Deep Plantar Arterial Arch in Transmetatarsal Amputations: A Cadaver Study.” American Podiatric Medical Association 2020 CECH Summer Series. Aug, 2020.

“Subtalar Arthroscopy: Surgical Pearls.” American Society of Podiatric Surgeons Foot and Ankle Arthroscopy Course. Aug 4, 2019; Chicago, IL.

“Soft Tissue Conditions: Anterior Ankle Impingement.” American Society of Podiatric Surgeons Foot and Ankle Arthroscopy Course. Aug 4, 2019; Chicago, IL.

“The Transition from Surgery to Return to Activity Following Charcot Reconstruction: the Tortoise Wins the Race,” American Society of Podiatric Surgeons. Aug 2 - Aug 3, 2019; Chicago, IL.

"Subtalar Arthroscopy: Emerging Concepts and Surgical Pearls," American Podiatric Medical Association 2019 Annual Scientific Conference. Jul 11 - Jul 14, 2019; Salt Lake City, UT.

“Bone Issues: Osteochondral lesions.” American Society of Podiatric Surgeons Foot and Ankle Arthroscopy Course. Mar 30, 2019; Dallas, TX.

“Soft Tissue Conditions: Anterior Impingement.” American Society of Podiatric Surgeons Foot and Ankle Arthroscopy Course. Mar 30, 2019; Dallas, TX.

“Diabetic Foot Health: Evaluation - Care - Prevention.” Diabetes Education Center of the Midlands Annual Seminar. Mar 16, 2019; Omaha, NE.

“The Dos and Don’ts of Diabetic Foot Health: What Podiatrists Would Like Diabetic Patients to Know About Foot Health and Diabetes.” Diabetes Education Center of the Midlands Annual Seminar. Mar 16, 2019; Omaha, NE..

“Non-unions in Elective Surgery: Why can’t bones get along?” Heartland Foot & Ankle Conference. Oct 3 - Oct 6, 2018; Des Moines, IA

"Subtalar Arthroscopy: Emerging Concepts and Surgical Pearls," Heartland Foot & Ankle Conference. Oct 3 - Oct 6, 2018; Des Moines, IA.

“Posterior Heel Pain,” Podiatric Biomechanics and Surgery Course. Des Moines University College of Podiatric Medicine. May 10, 2018; Des Moines, IA.

"Arthroscopic Evaluation of the Subtalar Joint in the Presence of Ankle Joint Pathology: a Pilot Study," American College of Foot and Ankle Surgeons 2018 Annual Scientific Conference Manuscript Presentation. Mar 22, 2018; Nashville, TN.

"Subtalar Arthroscopy: Emerging Concepts and Surgical Pearls," American Society of Podiatric Surgeons Educational Webinar. Nov 29, 2017; Omaha, NE.

"An Update on Cellular and Tissue Products," Heartland Foot & Ankle Conference. Oct 4 - Oct 7, 2017; Des Moines, IA.

"Wounds to Reconstruction: Advancing Foot and Ankle Surgery with Stravix and Grafix," Heartland Foot & Ankle Conference. Oct 4 - Oct 7, 2017; Des Moines, IA.

## **Scientific Manuscripts and Posters**

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### **Manuscripts**

Whelan, J, Nelson, P, Sikes, J, Greenhagen, R. "Arthroscopic Evaluation of the Subtalar Joint in the Presence of Ankle Joint Pathology: a Pilot Study," American College of Foot and Ankle Surgeons 2018 Annual Scientific Conference. Finalist in 2018 Awards of Excellence Competition.

### **Poster Abstracts**

Patel, D, Patel, R, Whelan, J. "Tibial Cancellous Interpositional Autograft in First Metatarsophalangeal Joint Implant Arthroplasty Takedown and Conversion to Distraction Arthrodesis: a Case Series" American College of Foot and Ankle Surgeons 2025 Annual Scientific Conference, Phoenix, AZ, Mar 2025

Wanniarachchi, G, Shah, R, Whelan, J. "A Novel Technique Augmenting Tibiotalocalcaneal Intramedullary Nail Arthrodesis with TaloCalcaneal Joint Screw Fixation: a Case Series" American College of Foot and Ankle Surgeons 2024 Annual Scientific Conference, Tampa, FL, Feb 2024.

Shah, R, Martinez, A, Whelan, J. "Successful Management of Infection Following Surgical Treatment of a Calcaneal Avulsion Fracture Involving the Achilles Tendon," American Podiatric Medical Association 2023 Annual Scientific Conference, Nashville, TN, July 2023.

Singh, K, Wanniarachchi, G, Whelan, J. "Severe Foot & Ankle Deformity Following Poliomyelitis: a Case Report," American Podiatric Medical Association 2022 Annual Scientific Conference, Orlando, FL, July 2022.

Messerly, C, Sorensen, T, Greenhagen, R, Whelan, J, Messerly, T. "A Severe Infection in the Diabetic Foot Involving Carbapenem-Resistant Enterococci and Methacillin-Resistant Staphylococcus Aureus: A Case Report," American Podiatric Medical Association 2019 Annual Scientific Conference, Salt Lake City, UT, Jul 2019.

McCabe, M, Greenhagen, R, Whelan, J. "Full Thickness Skin Autograft from an Amputated Digit for Treatment of Chronic Foot and Ankle Ulceration in a Diabetic Patient Population," American College of Foot and Ankle Surgeons 2019 Annual Scientific Conference, New Orleans, LA, Feb 2019.

Juels, C, Shih, J, Whelan, J, Ponticello, M, Kiser, C. "Multiple Myeloma in the Foot Superimposed with Osteomyelitis: A Case Study," American College of Foot & Ankle Surgeons 2016 Annual Scientific Conference, Austin, TX, Mar 2016.

Whelan, J, Kiser, C, Nute, M. "Early Operative Treatment of Adaptive Deformity Associated with Talocalcaneal Coalitions," American College of Foot and Ankle Surgeons 2015 Annual Scientific Conference, Phoenix, AZ, Mar 2015.

Kiser, C, Whelan, J, Ponticello, M. "Endoscopically-Assisted Curettage of an Intraosseous Lipoma of the Calcaneus: A Case Report and Review of the Literature," American College of Foot and Ankle Surgeons 2015 Annual Scientific Conference, Phoenix, AZ, Mar 2015.

Lazoritz, J, Whelan, J. "Locating the Deep Plantar Artery: A Cadaveric Study," American College of Foot and Ankle Surgeons 2014 Annual Scientific Conference, Miami, FL, Mar 2014. Awarded First Place in Student

Category.

Whelan, J, Lazoritz, J. "Avoiding the Deep Plantar Arterial Arch in Transmetatarsal Amputations: A Cadaveric Study," American Podiatric Medical Association 2013 Annual Scientific Conference, Las Vegas, NV, Jul 2013.

Whelan, J, McClinton, S. "Altered Patterns of Pelvic Motion Associated with Individuals with Plantar Heel Pain," Des Moines University Research Symposium, Des Moines, IA, Dec 2011.

## **Research Experience**

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Primary Investigator, "Comparative Trends in TAA and AA Among Podiatric Surgeons: a Retrospective Database Analysis from 2010 to 2022," Janesville, WI; 2025.

Primary Investigator, "Impact of Podiatric Medical Involvement on Proximal Amputation Rates in Diabetic Patients," Janesville, WI; 2025.

Primary Investigator, "Arthroscopic Evaluation of the Subtalar Joint: a Review and Survey of Pathology," Omaha, NE; 2017.

Primary Investigator, "Locating the Deep Plantar Artery: a Cadaveric Study," Des Moines, IA; 2014.

Primary Investigator, "Avoiding the Deep Plantar Arterial Arch in Transmetatarsal Amputations: a Cadaveric Study with Clinical Implications," Des Moines, IA; 2014.

## **References**

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Available upon request.