

PROFESSIONAL SUMMARY

Clinically active Registered Nurse, Licensed Clinical Social Worker, and Certified Life Care Planner with 15+ years of experience across Emergency Medicine, Psychiatry, and Medical-Legal Consulting. Retained by plaintiff and defense counsel for case evaluation, expert analysis, and life care planning.

EXPERTISE

- Medical-Legal Case Review & Merit Evaluation
- Expert Witness Services (RN, LCSW, CLCP)
- Life Care Planning & Future Cost Analysis
- Psychiatric Evaluation & Risk Assessment
- Emergency Medicine & EMS Standard of Care (Region XI ECRN)
- Involuntary Admission & Psychiatric Disposition
- Catastrophic Injury & Long-Term Care Needs

EDUCATION

Bachelors of Science in Nursing

Chamberlain University

April 2020

Masters of Social Work

Loyola University Chicago

May 2012

Bachelors in Psychology

Loyola University Chicago

May 2009

EXPERIENCE

Medical & Legal

Scrubs to Suits Legal Nurse Consulting | 2024–Present

Specialty: ER nursing, Psychiatric treatment in and outpatient, Restraint use, suicidal/homicidal evaluations and fitness for discharge, EMS scope and standard of care.

- Retained by plaintiff and defense counsel for medical-legal case review, analysis, and litigation support
- Participate in depositions and provide litigation support in preparation for testimony
- Conduct comprehensive medical record reviews; prepare chronologies, summaries, and expert reports
- Provide opinions on standard and scope of care, damages, and future medical needs
- Develop Life Care Plans and medical cost projections for individuals with complex and catastrophic injuries
- Perform psychiatric evaluations and render diagnoses in accordance with DSM-5-TR within LCSW scope
- Attend Independent Medical Examinations (IMEs) on behalf of both plaintiff and defense
- Analyze emergency department practices, risk management issues, and hospital policies/procedures

Clinical

Emergency Department RN (Charge/Triage/ECRN)

Community First Hospital- Chicago, IL | *May 2020 - Present*

- Serve as Charge and Triage RN overseeing department-wide patient flow and acuity management
- Provide critical care for high-acuity patients, including ventilator management and titration of life-saving medications
- Respond to hospital-wide rapid response events
- Practice within a Comprehensive Stroke and STEMI Center, optimizing door-to-EKG and door-to-CT metrics
- Function as ECRN (Region XI), authorizing EMS treatment, transport, and medication orders via telemetry
- Deliver care to patients in psychiatric crisis utilizing evidence-based interventions

LICENSURE & CERTIFICATIONS

Registered Nurse – State of Illinois

Licensed Clinical Social Worker – State of Illinois

Emergency Communications

Registered Nurse (ECRN), Region XI (#EJ28882)

Certified Life Care Planner (CLCP #1881)

Advanced Cardiac Life Support (ACLS)

Pediatric Advanced Life Support (PALS)

PROFESSIONAL MEMBERSHIPS

American Association of Legal Nurse Consultants

American Association of Nurse Life Care Planners

National Association of Social Workers (Consulting Member)

Emergency Nurses Association

EXPERIENCE (CONTINUED)

Clinical (continued)

Psychotherapist (Private Practice)

May 2020 - Present

- Provide individual psychotherapy to adults utilizing brief, solution-focused treatment models
- Conduct clinical assessments and establish diagnoses based on DSM-5-TR criteria
- Implement evidence-based interventions, including Trauma-Focused Cognitive Behavioral Therapy.

Crisis Worker & PHP Manager

St. Anthony Hospital Chicago, IL | January 2016- February 2019

- Conducted psychiatric evaluations and certified patients meeting criteria for inpatient admission
- Managed patients with severe mental illness, suicidality, and substance use disorders
- Ensured compliance with legal standards for involuntary admission and court documentation
- Provided testimony in mental health court proceedings
- Led multidisciplinary collaboration for complex psychiatric cases
- Developed and managed intensive outpatient programming
- Implemented initiatives reducing use of chemical and physical restraints

SPEAKING ENGAGEMENTS

Critical Errors: Commonly Overlooked ER Mistakes

American Bar Association January 2026

Chicago Bar Association March 2026

Additional Medical Malpractice/ PI firms