

CURRICULUM VITAE

Sharon Orrange, MD, MHS, FACP

Updated June 2026

Personal Information

Internal Medicine Physician, Keck Signature Care

Clinical Professor of Medicine

Keck School of Medicine, University of Southern California

9033 Wilshire Blvd, Suite 300, Beverly Hills, CA 90211

sharon.orrange@med.usc.edu

Education and Professional Appointments

Education

- 1990** BA, Biology, University of California, San Diego, California
- 1992** MHS, School of Public Health, Johns Hopkins University, Baltimore, MD
- 1998** MD, Keck School of Medicine, University of Southern California, Los Angeles, CA

Post-Graduate Training

- 1998–1999** Internship, Internal Medicine, University of California, San Diego Medical Center
- 1999–2001** Residency, Internal Medicine, University of California, San Diego Medical Center

Academic Appointments

- 2026–present** Clinical Professor of Medicine, Department of Medicine, Keck School of Medicine, University of Southern California, Los Angeles
- 2024–present** Senior Scholar, USC Leonard D. Schaeffer Institute for Public Policy & Government Service, University of Southern California, Los Angeles
- 2016–2026** Clinical Associate Professor of Medicine, Department of Medicine, Keck School of Medicine, University of Southern California, Los Angeles
- 2001–2016** Assistant Professor of Clinical Medicine, Department of Medicine, Keck School of Medicine, University of Southern California, Los Angeles

Administrative Appointments

- 2023–2024** Director of Wellness and Preventative Care, Ellison Institute of Technology, 12414 Exposition Blvd, Los Angeles, California
- 2001–present** Primary Care Physician, Keck Center for Primary Care, Beverly Hills, CA / USC Faculty Staff Clinic, Los Angeles, CA
- 2001–2023** Hospitalist & Attending Physician, LAC+USC Medical Center and Keck Medical Center — leading daily attending rounds and attending morning report

2002–present	Medical Student Advisor for those interested in pursuing a career in Internal Medicine, Keck School of Medicine, University of Southern California, Los Angeles, CA
2001–2003	Firm Director, Internal Medicine Residency Training Program, Keck School of Medicine, University of Southern California, Los Angeles, CA
2000–2001	Urgent Care Physician, Kaiser Permanente Southern California Urgent Care Center
1993–1998	Research Assistant, Department of Cardiology, Griffith Center, LAC+USC Medical Center, Los Angeles, CA
1992–1993	Study Coordinator, VA HDL Intervention Trial (HIT), Veterans Administration Medical Center, Los Angeles, CA

Honors, Awards

2024	Castle Connolly Top Doctors – 10 Years
2024	Castle Connolly Exceptional Women in Medicine
2022	Choi Family Award, Keck School of Medicine of USC, for Excellence in Patient Care
2019–2026	Southern California Super Doctors
2019–2026	Los Angeles Magazine, “Top Doctors Los Angeles”
2019–2024	Pasadena Magazine “Top Docs”
2009–2014	Los Angeles Times Magazine “Top Doctors in Southern California”
2009	Laverna Titus Young Investigator Award, American Heart Association
1998	Winner, American College of Physicians Medical Student Abstract Competition with Poster Presentation, American College of Physicians, Philadelphia, PA
1997	Winner, American College of Physicians Medical Student Abstract Competition with Poster Presentation, American College of Physicians, Philadelphia, PA

Teaching

Lecture Teaching

2019–2024	Keck School of Medicine 1st-year medical school GI/Liver Section, Micronutrients Lecture
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Didactic Teaching — Keck School of Medicine of USC and LAC+USC Medical Center

2001–present	Attending Physician, Medicine Teaching Service. Provided continuous bedside and didactic teaching to internal medicine residents and medical students during daily attending rounds, covering a broad range of clinical topics across cardiology, women’s health, gastroenterology/hepatology, oncology and neurology.
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Service

Department Service — Keck School of Medicine of USC

2024–present Chairperson, Student Performance Committee

2021–present Medical Student Coach, Year 1–2

2021–2023 Director, Monarch Program

2020–present Member, Student Performance Committee

2017–present Evaluation and Recruitment Committee: Interviewer

2001–2004 Firm Director, Internal Medicine Residency Program

Hospital or Medical Group Service — Keck Medical Center USC / USC University Park Campus

2021–2022 Member, Med Staff Sensitive Exam Committee, Keck Medical Center USC

2020–2022 Member, Digital Health Workgroup, Keck Medical Center USC

2018–2019 Steering Committee, Concerned Faculty, USC University Park Campus

2017–2018 Faculty Environment & Employment Committee, USC University Park Campus

2014–2015 Member, Quality Operations and Standards Subcommittee, Keck Medical Center USC

Consultantships and Advisory Boards

2024 Medical Consultant, Era Women’s Health

2019–2022 Medical Consultant, HeyDoctor.org

2011–2015 Writer, DrOz.com

2011–2015 Writer, Sharecare.com

2010–2025 Medical Advisor and Writer, GoodRx.com

2010–2011 Contributor, Livestrong.com

2005–2015 Medical Advisor and Writer, Dailystrength.org

Professional Society Memberships

2024–present Certified Menopause Provider, The Menopause Society

2021–2032 Diplomate, American Board of Obesity Medicine

2010–present Fellow, American College of Physicians

2015–2021 Society of General Internal Medicine

1994–2008 American Medical Association

Community Service

2022–present Faculty Advisor, USC Mobile Clinic — Medical Volunteer / Mentor

2020 Judge, LA County Science Fair, Behavioral Sciences

2012–2021 Medical Team Leader, LA Marathon Aid Station Leader

Research and Scholarship

Current Clinical Trials

- Sub-Investigator, “Hybrid CATT1: Hybrid Closed Loop Insulin Pumps with Cadisegliatin as Adjunctive Treatment in Patients with Type 1 Diabetes” — A Phase 2a Double-Blind Randomized Cross-Over Study, vTv Therapeutics LLC, Clinical Protocol TTP399-206. May 2026–present
- Sub-Investigator, Randomized Controlled Trial, Insulet, “EVOLVE: Evaluation of the Fully Closed Loop Omnipod® System for Safety and Efficacy in Adults with Type 2 Diabetes.” April 2026–present
- Co-Investigator, Phase 3 Randomized Controlled Trial, Gasherbrum Bio, Inc., “Efficacy and Safety of Once Daily Oral Aleniglipron (GSBR-1290) for Chronic Weight Management in Adults With Obesity or Overweight With a Weight-Related Comorbidity” (GSBR-1290-12), IND 166912. April 2026–present
- Co-Investigator, ongoing clinical trial with Ellison Institute of Technology, Providence Saint John’s, and Oura: “The Impact of Glucagon-like Peptide-1 Receptor Agonist (GLP-1RA) Semaglutide on Sleep and Heart Rate Variability in Overweight and Obese Participants.” March 2024–present
- Co-Principal Investigator, ongoing trial with Dr. Sarah Axeen, USC Schaeffer Center and GoodRx, “Predictors of Nonadherence in Women Prescribed Adjuvant Endocrine Therapy (AET) to Prevent Recurrence of Hormone Receptor-Positive Breast Cancer.” September 2023–present

American College of Physicians (ACP) / DynaMed Content Editor (2019–present)

- Uncomplicated Urinary Tract Infection (UTI)
- Hyponatremia
- Hypophosphatemia
- Hypomagnesemia
- Hypokalemia
- Essential Tremor
- Esophageal Dysphagia
- Intrauterine Device (IUD)
- Proteinuria in Adults
- Parkinsonism
- Hyperkalemia
- Acute Weakness in Adults
- Vitamin D Intake and Supplementation for Adults

AMA Panel Member

- 2019: Improving Drug Price Transparency at the Point of Care

Clinical Vignette Review

2017–present ACP Poster Review, Annual American College of Physicians Meeting

2018 SGIM California-Hawaii Regional Meeting

Manuscript Review

2025– present	Journal of Obesity
2021– present	Journal of Medical Internet Research (JMIR)
2019	Journal of Primary Care and Community Health
2012– present	American College of Physicians (ACP) Abstract Competition submissions for annual meetings (spring)

Major Areas of Research Interest

- Management of Type 1 and 2 Diabetes in the Underserved
- Midlife Women’s Health and Hormonal Management: Hormone Therapy (HT) — barriers to access (cultural, societal, and administrative); effects on metabolic syndrome, prediabetes, and cardiovascular risk in midlife women
- GLP-1 Receptor Agonists: Novel applications in chronic weight management, metabolic disease, and emerging non-metabolic indications
- Telemedicine in Primary Care
- Impact of Prescription Drug Prices on Medication Adherence
- Patient Use of Online Health Information

Invited Lectures, Symposia, Keynote Addresses

2026	Symposia, 53rd Annual USC Internal Medicine for PCPs and Rheumatologists. “Menopause & Midlife Health, Sleep and the Use of Consumer Wearables, Obesity Treatment, Complementary Therapies for Longevity.”
2025	Invited Lecture, American College of Physicians (ACP) Southern California Scientific Meeting. “Updates in Primary Care.”
2024	Invited Lecture, Ellison Institute of Technology Grand Rounds. “Metabolic Associated Liver Disease (MASLD).”
2022	Invited Lecture, Department of Medicine Grand Rounds, Keck USC School of Medicine. “Emerging Indications and Therapeutic Potential of the GLP-1 Receptor Agonists.” September 21, 2022.
2018	Invited Lecture, 10th Annual USC Women’s Conference: Passion, Power & Wisdom. “Midlife Matters: Update in Women’s Health.”
2016	Keynote Speaker, Bloom 2016 Centennial Guild CHLA Women’s Health and Wellness Conference, Four Seasons Westlake Village, March 4, 2016. “From Head to Toe, What Every Woman Should Know.”
2016	Invited Lecture, USC Women’s Conference, The Collective Wisdom of Role Models and Risk Takers. “Women’s Health 360.”
2015	Invited Panelist, USC Alumni Board of Governors. “High-Tech, High-Touch Medicine.”
2015	Invited Lecture, USC Women in Management. “Hot Topics in Primary Care.”
2015	Invited Lecture, Jonathan Club Women’s Lecture Series. “The Upshot to Upkeep, Hot Topics in Primary Care.”
2013	Invited Lecture, USC 5th Annual Women’s Conference, Ronald Tutor Campus Center. “Hot Topics in Women’s Health.”

- 2011** Invited Lecture, YWCA Santa Monica Lecture. “Ten Things You Didn’t Know About Women’s Health.”
- 2004–2006** Invited Lecture, Junior League of Los Angeles at Chrysalis, Santa Monica, CA — a nonprofit organization dedicated to helping economically disadvantaged and homeless individuals become self-sufficient through jobs

Publications

- **Orange S**, Guttentag A, Nguyen A, Currid-Halkett E. Peer, Social, and Structural Influences on Hormone Therapy Use in Menopause: A U.S. Population Survey. *Journal of Women’s Health*. Accepted May 2026, pending revisions.
- **Orange S**, Peters AL. Prediabetes, Diabetes and Cardiovascular Risk. In: *Menopause Practice: A Clinician’s Guide*, 7th Edition. The Menopause Society; submission in editing, May 2026.
- Unnikrishnan R, Shaw JE, Chan JCN, Wild SH, Peters AL, **Orange S**, Roden M, Mohan V. Prediabetes—An Update. *Nature Reviews Disease Primers*. 2025 Jul 17;11(1):49. doi:10.1038/s41572-025-00635-0. PMID: 40676018
- **Orange S**, Humphrey T, Fayne E, Peters AL. Semaglutide for Weight Reduction in Type 1 Diabetes: Promising Results with Uncertain Glycemic Impact. *Journal of Diabetes Science and Technology*. 2025;19(2):593–594. doi:10.1177/19322968241304779
- Flores-Garcia J, Peters AL, Raymond JK, Fogel J, **Orange S**. Equity in Medical Care for People Living with Diabetes. *Diabetes Spectr*. 2022;35(3):266–275.
- **Orange S**, Ruelas V, Peters AL. Specialized Technology Education for Pumps and Pens in Underserved Populations with Diabetes. *Diabetes Technol Ther*. 2021. doi:10.1089/dia.2021.0265
- **Orange S**, Patel A, Mack WJ, Cassetta J. Patient Satisfaction and Trust in Telemedicine During the COVID-19 Pandemic: Retrospective Observational Study. *JMIR Hum Factors*. 2021;8(2):e28589. doi:10.2196/28589
- Bell RA, Paterniti DA, Azari R, **Orange S**, et al. Encouraging Patients with Depressive Symptoms to Seek Care: A Mixed Methods Approach to Message Development. *Patient Educ Couns*. 2010;78(2):198–205. doi:10.1016/j.pec.2009.07.007
- Bell RA, Hu X, **Orange SE**, Kravitz R. Lingering Questions and Doubts: Online Information Seeking of Support Forum Members Following Their Medical Visits. *Patient Education and Counseling*. 2011;85(3):525–528. PMID:21315538
- Li N, Hu X, Bell RA, Kravitz RL, **Orange SE**. The Prepared Patient: Information-Seeking of Online Support Group Members Before Their Medical Appointments. *Journal of Health Communication*. 2012;17:960–978. PMID:22574697
- Li N, **Orange S**, Kravitz RL, Bell RA. Reasons for and Predictors of Patients’ Online Health Information Seeking Following a Medical Appointment. *Fam Pract*. 2014;31(5):550–556. doi:10.1093/fampra/cmu034
- **Orange SE**, Saxon LA, Baydur A, McFadden PM. Unexplained Cough: Pericardial Cyst Innocent Bystander or Culprit? *Chest Disease Reports*. 2011;1(1):e1. doi:10.4081/cdr.2011.e1
- **Orange SE**, Kawanishi DT, Lopez BM, Curry SM, Rahimtoola SH. Actuarial Outcome After Catheter Balloon Commissurotomy in Patients with Mitral Stenosis. *Circulation*. 1997;95(2):382–389. doi:10.1161/01.cir.95.2.382

Abstracts and Presentations

- **Orange SE**, Kawanishi D, Lopez B, Curry S, Rahimtoola SH. Long Term (6 Year) Outcome After Catheter Balloon Valvuloplasty in Patients with Mitral Stenosis. J Am Coll Cardiol. 1995;25(2)(Suppl 1):403A.
- Kawanishi DT, Lopez B, **Orange SE**, Curry S, Rahimtoola SH. Late Cardiac Catheterization Results of Catheter Balloon Commissurotomy for Mitral Stenosis at Rest and Exercise. J Am Coll Cardiol. 1995;25(2)(Suppl 1):403A.
- Kawanishi DT, Lopez B, **Orange SE**, Curry S, Rahimtoola SH. Two-Year Follow-Up After Catheter Balloon Valvuloplasty Using Double and Inoue Single Balloon Techniques. Western Meeting, American Federation for Medical Research / Western Society of Clinical Investigators, Carmel, CA, Feb 8–11, 1995.
- **Orange SE**, Kawanishi D, Lopez B, Curry S, Rahimtoola SH. Long Term (6 Year) Outcome After Catheter Balloon Valvuloplasty in Patients with Mitral Stenosis. 44th Annual Scientific Session, American College of Cardiology, New Orleans, LA, March 19–22, 1995.
- Kawanishi DT, Lopez B, **Orange SE**, Curry S, Rahimtoola SH. Late Cardiac Catheterization Results of Catheter Balloon Commissurotomy for Mitral Stenosis at Rest and Exercise. 44th Annual Scientific Session, American College of Cardiology, New Orleans, LA, March 19–22, 1995.
- Kawanishi DT, Lopez B, **Orange SE**, Curry S, Rahimtoola SH. Pre-Procedure Increase of Mitral Valve Area with Exercise Is Not Predictive of Improved Results with Catheter Balloon Commissurotomy. 70th Scientific Sessions, American Heart Association, Orlando, FL, November 10, 1997.
- **Orange SE**, Kawanishi D, Lopez B, Rahimtoola SH. Severe Mitral Stenosis with Valve Area > 1.0 cm²? XXth Congress of the European Society of Cardiology, Vienna, Austria, August 22–26, 1998.
- **Orange SE**, Sambasivam S. Removing Barriers to Medication Non-Compliance: Patients' Use of Online Prescription Drug Price Comparison Website to Reduce Out-of-Pocket Costs and Improve Medication Adherence. SGIM Southern California Chapter, Cedars-Sinai, Los Angeles, CA, January 10, 2015.
- Ivanova M, **Orange SE**, Sambasivam S. The Role of Technology in the Medication Cost Discussion. ACP Medical Student Abstract Competition, Los Angeles, CA, December 6, 2015.
- Ivanova M, **Orange SE**. The Role of Technology in the Medication Cost Conversation. ACP Medical Student Abstract Competition Finalist, Washington, DC, 2016.

Media and Television Appearances

(Representative selections; full list available upon request)

2008	Christina Elston, "Getting Your Man to Get His Checkups," LA Parent, June 2008
2010	Laura Landro, "New Ads Try to Shock Men into Going to See the Doctor," The Wall Street Journal, June 15, 2010
2011	Anne Burke, "Ladies First: When It Comes to Healthcare, Not Everyone Is Created Equal," Los Angeles Times, March 20, 2011
2011	CBS Los Angeles, "HCG Diet Craze Raises Controversy," May 25, 2011
2012	Jonel Aleccia, "Flu Jab Isn't Perfect by a Long Shot, Health Officials Admit," Today Health, January 11, 2012
2012–2013	Ricki Lake Show, "Hormones 101," September 11, 2012, re-aired February 2013

- 2012** Fox News CT, “GoodRx: Prescription Drug Price Comparison Website & App,” October 5, 2012
- 2012** WPIX New York, “GoodRx.com Helps You Find Cheaper Prices for Your Prescription Drugs,” October 3, 2012
- 2013** KTLA News, “Doctors Feel Pinch of Early Flu Season, Push for Vaccinations,” January 8, 2013
- 2013** Shari Roan, “Flu Is Packing a Punch Across the Nation,” TakePart.com, January 9, 2013
- 2013** Alana Semuels, “California Avoids Worst of Flu, But Probably Not for Long,” Los Angeles Times, January 11, 2013
- 2013** Eryn Brown, “State Braces for Flu Surge’s Arrival,” Los Angeles Times, January 12, 2013
- 2013** Eryn Brown, “As L.A. Awaits More Influenza Cases, Other Bugs Are on the Rise,” FoxCT.com, January 14, 2013
- 2013** Eryn Brown, “The Flu Is Fast Headed Our Way: 5 Ways to Fight,” Los Angeles Times, January 15, 2013
- 2013** Yasmeen Serhan, “Vaccine Recommended as Flu Spreads,” Daily Trojan, January 15, 2013
- 2013** Fox Sports West, “Nutrition in Olympic Athletes,” LA Kings Pregame Show, Staples Center, February 6, 2013
- 2013** Mary MacVean, “Expert Advice to Get You to the Finish Line,” Los Angeles Times, March 16, 2013
- 2013** Air Talk with Larry Mantle, “The Painful Search for a Hangover Cure,” April 29, 2013, repeated December 31, 2013
- 2013** Jonel Aleccia, “Hepatitis Cases Tied to Frozen Berries Climbs,” NBC News, June 4, 2013
- 2013** Michelle Castillo, “Why HPV Vaccination Makes a Difference Against Cancer,” CBS News, June 11, 2013
- 2013** Kathleen Doheny, “Home Remedies for a Potential Hangover,” Symptomfind.com, December 23, 2013
- 2014** The Doctors TV Show, “Tips for Cutting Costs on Prescriptions,” January 17, 2014
- 2014** Barbara Bishop, “Los Angeles Marathon Success—At Any Age,” Santa Monica Mirror, February 21–27, 2014
- 2016** Fox Sports West Kings Pregame Show, “Diet, Exercise and Weight Management,” Staples Center, February 26, 2016
- 2018** “Can a Daily Glass of Wine Help Prevent Cancer?” Forbes and Apple, March 5, 2018
- 2018** Stephanie Haney, “The Right Way to Start—and Master—a Keto Diet for Maximum Benefits,” Pop Sugar, May 8, 2018
- 2018** Elizabeth Gardner, “Pain at the Prescription Counter: How to Reduce What You Pay for Drugs,” US News and World Report, September 5, 2018

2018 KGUN9 Morning Show, Tucson, AZ, “How to Save Money and Stay Safe with the Surge in Counterfeit Medications,” June 20, 2018

Web and Magazine Publications

(Representative selections; full list available upon request)

2011 “Designer Drugs: Highs and Lows That Every Parent Needs to Know,” DrOz.com, November 17, 2011

2012 “Ten Things That Don’t Age Well,” Yahoo! Shine and Sharecare.com, August 29, 2012

2012 “Bah Humbug! Ten Things That Get Worse Over the Holidays,” Yahoo! Shine and Sharecare.com, December 7, 2012

2013 “Lean In...and Get Your Hands Dirty,” HuffingtonPost.com, March 7, 2013

2016 “14 Best and Worst Foods for Heartburn,” Lifescript.com, January 6, 2016

2018 “6 Outdated High Blood Pressure Medications You Should Consider Upgrading,” GoodRx.com, May 23, 2018

2018 “Hand Tremors: They’re Not Necessarily Parkinson’s,” Parkinson’s Fitness.org, August 22, 2018

2018 “10 Big Myths About Metformin,” GoodRx.com, September 28, 2018

2018 “The 10 Worst Medications for Your Kidneys,” GoodRx.com, October 9, 2018

2020 “Common Medications That Can Cause Tinnitus,” Tinnitus Today, Summer 2020, Vol. 45, No. 2, pp. 42–43

2020–2022 Writer, Female Health Collective

2020 “6 Things That Can Interfere with Thyroid Medication,” Newsmax Health, September 6, 2020

2020 “Here’s the Difference Between COVID Symptoms and Allergies,” Bustle, October 20, 2020

2022 “Anxiety in the Elderly,” Anxiety Bites Apple Podcast, August 3, 2022

2025 “Diabetes Defense: Lower Your Diabetes Risk One Microstep at a Time,” Thrive Global, April 4, 2025