

Erin Maslowski, M.D.

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I. Medical Licensure

State of Wisconsin 54531 - 20
State of Minnesota 53620
State of Iowa MD - 49203

II. Board Certifications

American Board of Physical Medicine and Rehabilitation
Certificate Number: 9806
Diplomate since July 2010

American Board of Family Medicine
Certificate of Added Qualifications (CAQ) in **Sports Medicine**
Board certified in September 2011

III. Education

Fellowship

2009-2010 Sports Medicine and Spine Fellow
Department of Rehabilitation Medicine
University of Washington
Seattle, WA

Residency

2006-2009 Resident in Physical Medicine and Rehabilitation
University of Colorado Health Sciences Center
Aurora, CO

Internship

2005-2006 Transitional Year Resident
Gundersen Lutheran Medical Center
La Crosse, WI

Medical School

2000-2005 University of Wisconsin-Madison School of Medicine
Doctor of Medicine, May 2005
Madison, WI

Undergraduate

1995-1999 University of Wisconsin-Madison
Bachelor of Science, Zoology Honors Program, May 1999
Madison, WI

IV. **Other Positions and Employment**

- 2010-present Attending Physician
Gundersen Health
Departments of Physical Medicine and Rehabilitation and
Orthopedic Surgery, Sports Medicine Division
- 2025-present Clinical Assistant Adjunct Professor
Department of Orthopedics and Rehabilitation
University Of Wisconsin School of Medicine and Public Health
- 2002-2003 Research Assistant
Georgetown University Medical Center, Washington, DC
Assistant to an Orthopedic Surgeon, Foot and Ankle Specialist.
Created research database of radiographic imaging. Performed physical
examination and administration of functional questionnaire. Coordinated
study patient visits. Edited and prepared poster and article submissions.
- 1999-2000 Administrative Assistant
Georgetown University Medical Center, Washington, DC
Assistant to an Orthopedic Surgeon and Residency Program Director.
Arranged hospital admissions, diagnostic testing, consultations to other
providers, etc.
- 1998-1999 Undergraduate Research
Laboratory of Kinesiology, University of Wisconsin, Madison, WI.
Studied the effects of genetic selection for high voluntary wheel running
activity on glucose metabolism. Sacrificed animals, harvested muscles, liver,
and fat pads, monitored glucose transport and determined glycogen content of
tissue. Wrote a grant proposal and received funding from the University of
Wisconsin Honors program.

V. **Professional Memberships**

- 2008-present American Academy of Physical Medicine and Rehabilitation

VI. **Honors:**

- 2009 Best Resident Research Award
University of Colorado Department of Physical Medicine and Rehabilitation
- 2005-2006 Chief Resident, Transitional Year, Gundersen Lutheran Medical Center
- 2000-2005 Advanced Opportunity Fellowship, a four year scholarship to the University
of Wisconsin Medical School
- 1997 Phi Beta Kappa
- 1995-1999 Academic Excellence Award. A four year scholarship to the University of
Wisconsin
- 1995-1999 The Chancellors Scholarship Program. A four year scholarship program at the
University of Wisconsin, Madison.

1995-1999 Sealaska Heritage Foundation Scholarship Program. A scholarship program for students of Native Alaskan descent.

VII. **Committee and Service Responsibilities**

Gundersen Coaching Service

2018-present Completed coach training at the Physician Coaching Institute, Seattle WA.
Developed the original internal coach training program at our Organization.
>400 coaching hours, including individuals, medical teams, at various levels of training (from resident to clinician leaders).

Community Service

2010-2017 Medical Staff, UW-La Crosse Training Room

2010-2017 Medical Staff, UW-La Crosse Football team

2010 Medical Staff, La Crosse Marathon, La Crosse, WI

2010 Medical Staff, WIAA State Track Meet

2009 Team Physician, Roosevelt High School Football, Seattle, WA

2009 Medical Staff, Seattle Breast Cancer 3 Day Walk, Seattle, WA

2009 Medical Staff, Seattle Marathon, Seattle, WA

Residency Committees

2007-2008 House Staff Association, University of Colorado Health Sciences Center

2007-2008 LCME Committee for the MD Degree, University of Colorado Health Sciences Center

2006-2007 Medical Education Committee, University of Colorado Health Sciences Center

Medical School Committees

2000-2002 MEDIC, Medical Student Operated Free Clinics, University of Wisconsin Medical School

VIII. **Educational Activities**

Fall 2006 Upper Extremity Dissection and Presentation to Residents, University of Colorado, Department of Physical Medicine and Rehabilitation

Fall 2007 Lower Extremity Dissection and Presentation to Residents, University of Colorado, Department of Physical Medicine and Rehabilitation

IX. **Invited Lectures and Presentations**

National

1. "The Pros and Cons of Kyphoplasty". Emerging Technologies Spine Education Summit, Jackson Hole, WY. February, 2008.

Local

1. "Management of Osteoporotic Vertebral Compression Fractures". Grand Rounds, Department of Physical Medicine and Rehabilitation, University of Colorado, Aurora, CO. November, 2007.
2. "Femoroacetabular Impingement". Grand Rounds, Department of Physical Medicine and Rehabilitation, University of Colorado, Aurora, CO. February, 2007.
3. "Platelet Rich Plasma, Applications in the Upper Extremity". Wisconsin Upper Extremity Symposium and Workshops. Gundersen Lutheran, La Crosse, WI. December, 2010.
4. "Femoroacetabular Impingement". Sports Medicine Department, Gundersen Lutheran, Winona, MN. January, 2011.
5. "Spondylolysis in the Adolescent Athlete". Chiropractic Advisory Panel, Gundersen Lutheran, La Crosse, WI. September, 2011.
6. "Platelet Rich Plasma: Applications and Literature Review". Athletic Training Conference. Gundersen Lutheran, La Crosse, WI. November, 2011.
7. "Diagnoses in the Lumbar Spine That We Don't Want to Miss". Primary Care Winter Refresher Course. Gundersen Lutheran, La Crosse, WI. February, 2011.
8. "The GRAACE Approach to Chronic Pain." Viterbo VOICE Opioid Recovery Summit. Viterbo University. March 2020
9. "I want a New Drug." Gundersen Pharmacology Conference. Gundersen Health System. September, 2020
10. "PRP for Musculoskeletal Problems." Gundersen Sports Medicine Symposium. Gundersen Health System. April, 2021.
11. "Survival Skills for Clinicians." Invited Lecture series. Mercy Cedar Rapids, September through December 2023.

X. **Publications**

Peer-reviewed Articles

1. C.L. Dumke, J.S. Rhodes, **E. Maslowski**, et al. Journal of Applied Physiology. "Genetic Selection of mice for high voluntary wheel running: effect on skeletal muscle glucose uptake". Publication Date: 01/2001 Volume: 91 p 1289-1297.
2. **E. Maslowski**, et. al. "The diagnostic validity of hip provocation maneuvers to detect intra-articular hip pathology". *Submitted for publication.*

Non peer-reviewed articles

1. **E. Maslowski**, V. Akuthota. "Sciatica". Disaboom. Publication Date: 1/2008. www.disaboom.com.

2. **E. Maslowski**, V. Akuthota. "Shoulder Pain". Disaboom. Publication Date: 1/2008.
www.disaboom.com
<http://www.disaboom.com/>

Chapters

1. V. Akuthota, **E. Maslowski**. "Pathophysiology of pain, numbness, or tingling". In: Nerve and Vascular Injuries in Sports Medicine. V. Akuthota, S. Herring, editors. 2009.
2. M. Harrast, S. Laker, **E. Maslowski**. "Concepts in Sports Medicine". In: Physical Medicine and Rehabilitation. R. Braddom, ed. 2011.
3. M. Harrast, S. Laker, **E. Maslowski**, A. De Luigi. "Sports Medicine and Adaptive Sports". In Physical Medicine and Rehabilitation. R. Braddom ed. 2016.

Abstracts

Wieser, S., **Maslowski, E.**, Steffes, D., Frankki, S., & Johnson, S. (2024, April 05). *Impact and efficiency of a program that treated pain and obesity* [Conference Presentation; Poster Session]. Nursing Research on the Green, La Crosse, WI, United States.

- 1.
2. CC Mitchell, A. Arenz, **E. Maslowski**. "Joint Instability after Knee Radiofrequency Ablation with Previous Total Knee Arthroplasty: A Case Report." Gundersen Foundation Research Day. April 2024.
3. **E. Maslowski**, V. Akuthota, P. Gonzalez; J. Harwood; M. Kaufman; W. Sullivan. "Provocation Tests to Detect Intra-Articular Hip Pain." American Academy of Physical Medicine and Rehabilitation Annual Assembly, San Diego, CA. November, 2008.
4. M. Pepper, **E. Maslowski**, K. Lillehei, N. Pitzer. "Primary Tumor of the Brachial Plexus: A Case Report." American Academy of Physical Medicine and Rehabilitation Annual Assembly, San Diego, CA. Presented November, 2008.
5. **E. Maslowski**, E. Nelson. "A radical treatment for Autonomic Dysreflexia in a Spinal Cord Injury Patient: Bilateral Above Knee Amputations." Academy of Academic Physiatrists Meeting, Anaheim, CA. February, 2008.
6. P.S. Cooper, J.D. Watson, M. McKenna, **E. Maslowski**. "The Modified Reverdin Laird Bunionectomy: A Retrospective Review". American Orthopedic Foot and Ankle Society Meeting. Summer, 2003.