

# Mark A. Goldstein, MD, FACEP

6 Pebble Lane | Timonium, MD 21093

Ph: 202-316-3954 | [Goldsteinmark17@gmail.com](mailto:Goldsteinmark17@gmail.com)

## Education and Training

July 2008 – June 2012	<b>Johns Hopkins University School of Medicine</b> Emergency Medicine Residency Program Embedded Fellowship in Healthcare Administration
Aug 2004 – May 2008	<b>Tulane University School of Medicine</b> Doctor of Medicine
June 2003 – May 2004	<b>Goucher College</b> Post-Baccalaureate Premedical Program
Sept 1997 – May 2001	<b>American University</b> Bachelor of Arts in Political Science (B.A.), Cum Laude
Current Certifications	ACLS, PALS, ABEM-Certified, Maryland Medical License

## Professional Experience

July 2012 – Present	<b>Practicing Physician in Emergency Medicine (ABEM Certified 2013, renewed certification 2023)</b> <ul style="list-style-type: none"><li>• Carroll Hospital</li><li>• Sinai Hospital of Baltimore (Adult and Pediatric Departments)</li><li>• Grace Medical Center</li><li>• Univ Maryland Medical System (UMMS)</li></ul>
Oct 2025 – Present	<b>Director of Clinical Education</b> Dept of Emergency Medicine Sinai Hospital of Baltimore
Dec 2024 – Oct 2025	<b>Interim Medical Director</b> University of Maryland Laurel Medical Center (ED) University of Maryland Bowie Health Center (ED)
Feb 2023 – July 2024	<b>Health System Director, Emergency Medicine</b> USACS - LifeBridge Health
Feb 2023 – July 2024	<b>Chief of Emergency Medicine</b> Sinai Hospital of Baltimore
July 2020 – Feb 2023	<b>Chief of Emergency Medicine</b> Carroll Hospital

July 2022 – June 2023	<b>Chief Medical Education Officer</b> Carroll Hospital
July 2020 – June 2022	<b>President of Medical Staff</b> Carroll Hospital
July 2018 – July 2020	<b>Vice President of Medical Staff</b> Carroll Hospital
July 2018 – July 2020	<b>Director of Clinical Operations</b> Carroll Hospital Emergency Dept
July 2016 – July 2018	<b>Interim Chief of Emergency Medicine</b> Carroll Hospital
March 2002 – May 2003	<b>Research Coordinator; Primary Investigator:</b> Dr. Teodor Postolache, MD. Investigation on pollen level association with suicide rates. St. Elizabeth Hospital (Washington, DC)
June 2000 – May 2003	<b>Research Assistant</b> Primary Investigator: Frederick Goodwin, MD George Washington University Medical Center

### **Leadership and Academic Positions**

January 2021 – March 2022	Graduate, Lifebridge Health Physician Leader AAPL Certification Program Lifebridge Health
Sept 2017 – Dec 2017	Graduate, Executive Leadership Academy LifeBridge Health
Dec 2015 – December 2020	Clinical Operations Committee Alteon Health
March 2016 – Feb 2023	ED Representative and Reviewer, Medical Staff Quality Committee Carroll Hospital
March 2015 – June 2016	ED Representative and member, PCI/Cardiac Intervention Committee Carroll Hospital
Jan 2013 – June 2017	Carroll Hospital Representative, Safety Leadership Group Emergency Medicine Associates
Oct 2014 – Sept 2015	Graduate, Physician Leadership Academy Emergency Medicine Associates

Aug 2012 – March 2015	Member and ED representative, Emergent Care Committee Carroll Hospital
Jan 2010 – July 2011	Chair, Residency Recruitment Committee Johns Hopkins Emergency Medicine Residency Program
April 2009, April 2010	Adjunct Instructor, Central Access and Airway Course Johns Hopkins University School of Medicine
April/May 2008, 2009	Teaching Assistant, Wilderness Medicine Course Johns Hopkins University School of Medicine

### **Q/A and Systems Improvement Initiatives**

Jan 2024	Led multidisciplinary team on system-wide adaptation of Brain Injury Guidelines (BIG) based pathway for management of traumatic brain injury
May 2023	Designed and Implemented “Internal Surge Plan” to Improve initiation of care in Waiting Room
March 2023	Designed new “extended stay unit” (ESU) in ed to cohort and efficiently manage boarding ED patients
July 2022	Developed and implemented ED “Tri-Flow” throughput process with ED leadership team, leading to 10% reduction in length of stay for discharged patients
May 2022	Engaged ED provider team in effort to reduce CT utilization, resulting in 25% reduction in department CT use
May 2021	Led multidisciplinary team to develop policy for safe administration of peripheral vasopressors Carroll Hospital
December 2020	Led multidisciplinary team to develop safer practices around hospital wide chemical restraint practices Carroll Hospital
January 2019	Developed and implemented “Difficult Airway” alert team and process with anesthesia leadership Carroll Hospital
August 2018	Developed and implemented “Opiate Alternative” Pain Management program in ED with pharmacy Carroll Hospital
Jan 2016 – present	Facilitator and Presenter, emergency department “Morbidity and Mortality” sessions Carroll Hospital

2015-2016	Developed and implemented “Low Risk Chest Pain” pathway at Carroll Hospital
2012 – Present	Developed and implemented “safer sign out” process to enhance transitions in care between ED providers Emergency Medicine Associates
2011 – 2012	Developed orthopedic injury treatment pathways for Emergency Department Johns Hopkins Hospital
2011 – 2012	Spearheaded project to optimize throughput in urgent care “Super-Track” system Johns Hopkins Hospital
2011 – 2012	Developed departmental sepsis treatment protocol with other team members Johns Hopkins Hospital

### **Membership in Professional Societies**

March 2015 – 2019	Board of Directors Maryland Chapter of American College of Emergency Physicians
June 2013 – June 2016	Membership Chair, Maryland Chapter of American College of Emergency Physicians
Oct 2016 – Present	Fellow, American College of Emergency Physicians
Sept 2006 – 2013	Emergency Medicine Residents Association
Sept 2006 – Present	Member, American College of Emergency Physicians

### **Honors and Awards**

2017	Physician of the Year Carroll Hospital
Oct 2017	Physician of the Month Carroll Hospital
July 2013	Physician of the Month Carroll Hospital
2004, 2005, 2006	Jack Aron Merit Scholarship, Recipient Tulane University School of Medicine

### **Publications**

#### Book Chapters

- Goldstein MA, Chanmugam AC. Fellowship Tracks in Emergency Medicine, IN: Emergency Medicine: AAEM’s Rules of the Road for Medical Students, 2<sup>nd</sup> edition. Kazzi AA, Shanahan R, Rosen, ed. American Academy of Emergency Medicine.
- Goldstein MA. Endocrine Emergencies, IN: Johns Hopkins Emergency Medicine Residency Survival Guide. Saheed M, Shah S, ed. 2010, 2011 (internal publication).

## Peer-Reviewed Journal Articles

Postolache TT, Stiller JW, Herrell R, **Goldstein MA**, et al. Tree pollen peaks are associated with increased nonviolent suicide in women. *Molecular Psychiatry*, 2005; 10(3): 232-5.

Goodwin, FK and **Goldstein MA**. Optimizing Lithium Treatment in Bipolar Disorder: A Review of the Literature and Clinical Recommendations. *Journal of Psychiatric Practice*, 2003; 9(5): 333-343.