

EMERGENCY MEDICINE SPECIALIST

## Russell Goldstein, MD, FACEP

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### PROFILE

Assistant Medical Director and Site Director of Quality and Risk. Board certified emergency medicine physician. Active member of multidisciplinary peer review committees. Fellow of the American College of Emergency Physicians.

### LEADERSHIP

#### ASSISTANT MEDICAL DIRECTOR, VHC HEALTH EMERGENCY DEPARTMENT

FEBRUARY 2022 - PRESENT

ARLINGTON, VA

Collaborate with clinicians, nursing leadership, and hospital administration to optimize operational efficiency, patient experience, and clinical care. VHC Health is a Level 2 Trauma Center and Advanced Thrombectomy-Capable Stroke Center with a 65,000 visit per year emergency department (20% pediatrics).

#### SITE DIRECTOR OF QUALITY & RISK, VHC HEALTH EMERGENCY DEPARTMENT

JANUARY 2023 - PRESENT

ARLINGTON, VA

Review 400-500 patient cases per year, usually related to an unexpected outcome or hospitalization. Counsel individual clinicians. Spearhead initiatives to minimize medical risk via evidence-based clinical practice tools and systems improvements.

### CLINICAL AND WORK EXPERIENCE

#### EMERGENCY MEDICINE PHYSICIAN, VHC HEALTH, US ACUTE CARE SOLUTIONS

JULY 2016 - PRESENT

ARLINGTON, VA

#### TELEMEDICINE PHYSICIAN, SKY PHYSICIANS LLC

SEPTEMBER 2021 – AUGUST 2022

REMOTE

#### GO TEAM PHYSICIAN, EMERGENCY MEDICINE ASSOCIATES

JULY 2017 - JUNE 2019

SOUTHEAST VIRGINIA

Member of the company Go Team, a team of highly-qualified and high performing emergency medicine leaders that assisted with staffing, operational effectiveness, and implementation of company culture at new sites.

#### RESEARCH ASSISTANT, ESPN

OCTOBER 2007 – MAY 2017

REMOTE

Compiled reports and discussion points based on viewer email for the ombudsman to reference in his/her monthly columns. Conducted media research on topics such as ratings, outside opinion pieces, and viewer trends.

### AWARDS & HONORS

#### **"Top Doctor" in Emergency Medicine, 2023**

*Arlington Magazine*

#### **Emergency Physician of the Year, VHC Health, 2021**

Voted by VHC Health emergency department nursing and clinical staff

### EDUCATION

#### EMERGENCY MEDICINE RESIDENCY

JUNE 2013 – JULY 2016

PHILADELPHIA, PA

Drexel University College of Medicine / Hahnemann University Hospital

## **DOCTOR OF MEDICINE**

AUGUST 2009 – MAY 2013

University of Maryland School of Medicine

BALTIMORE, MD

## **BACHELOR OF ARTS IN GOVERNMENT & POLITICS, MAGNA CUM LAUDE**

AUGUST 2005 – MAY 2009

University of Maryland, College Park

COLLEGE PARK, MD

## **LEADERSHIP TRAINING**

### **US ACUTE CARE SOLUTIONS SCHOLARS PROGRAM**

APRIL 2022 – MARCH 2023

One year course focused on building skills in preparation for a directorship role for physicians who have been identified as emerging leaders within the organization.

### **ALTEON HEALTH LEADERSHIP ACADEMY**

SEPTEMBER 2020 – SEPTEMBER 2021

Yearlong course to develop leadership and administrative skills for physicians identified as high performers within the organization.

## **COMMITTEE MEMBERSHIP**

### **CLINICAL PERFORMANCE COMMITTEE, VHC HEALTH**

NOVEMBER 2021 – PRESENT

Multidisciplinary hospital committee meets monthly to review clinical cases and provide feedback with goal of improving patient care.

### **EMERGENCY DEPARTMENT OPERATIONS COMMITTEE, VHC HEALTH**

OCTOBER 2021 – PRESENT

Meets regularly to evaluate metrics, strategize opportunities to improve emergency department throughput, implement changes, and communicate new information to staff.

### **TRAUMA PEER REVIEW COMMITTEE, VHC HEALTH**

APRIL 2020 – PRESENT

Multidisciplinary committee meets monthly to review clinical care of trauma patients and provide feedback with goal of improving patient care and outcomes.

### **CLINICAL OPERATIONS COMMITTEE, ALTEON HEALTH**

OCTOBER 2020 – JUNE 2022

Developed clinical pathways based upon best available literature to help guide patient care across the organization's emergency departments. Co-lead for the creation of a Pediatric Fever pathway.

### **PROGRAM EVALUATION COMMITTEE, DREXEL EMERGENCY MEDICINE RESIDENCY**

JANUARY 2015 – JUNE 2016

Met monthly to evaluate residency curriculum, mediate intradepartmental conflicts, and implement changes based upon resident feedback.

## **PUBLICATIONS**

Frøehlich, J. et al (2008). Phospholamban Thiols Play a Central Role in Activation of the Cardiac Muscle Sacroplasmic Reticulum Calcium Pump by Nitroxyl. *Biochemistry*. 2008 Dec 16;47(50):13150-2.

## **CERTIFICATIONS**

Board Certified in Emergency Medicine (ABEM): 2017 - Present

Fellow of the American College of Emergency Physicians: 2021 - Present

ACLS, PALS, and ATLS Certifications: 2013 - Present

## **MEDICAL LICENSES**

Virginia: 2016 – Present

Maryland: 2021 – 2024

Pennsylvania: 2013 - 2016

## **PROFESSIONAL SOCIETIES**

American College of Emergency Physicians: 2012 - Present

American Medical Association: 2016 - Present