

Education

Duke University: Certificate in Legal Nurse Consulting; 2024

Chamberlain College of Nursing; Downers Grove, IL; 2017

- Bachelors of Science, Nursing BSN

Montgomery College; Rockville, MD; 2015

- Associate of Science in Nursing -- Graduated with Honors → Alpha Delta Nu Honors Society

Professional Experience

Registered Nurse Children's National Medical Center (2018-present)

- Provide care for pediatric patients, ranging from basic medical care to critical care of trauma and ICU patients
- Level 1 Trauma and Burn Center Pediatric Emergency Room
- Instructor for BLS, PALS, ACLS, ENPC, TNCC, TNAC, NRP
- Prioritize and organize workload by anticipating needs of patients, staff and unit
- ED Charge Nurse and Trauma Team Charge Nurse
- Proficient in ventilator management, Bipap & Hi-Flow O2
- Preceptor for travel RNs, paramedic and nursing students

- Clinical audits for compliance with organizational, CMS, and joint commission standards of care, & clinical documentation improvement, chart review for appropriate medical billing.

AEMartinez Consulting Inc. – Business Owner 2023-present

- Legal Nurse Consultant and Independent Contractor
- Medical records review, chronologies, support of and collaboration with the legal team, research, expert testimony, EHR/EMR review, clinical audits, merit review

Registered Nurse Care Manager OpenLoop Health (Aug 2025-Oct 2025) - contract

- Delivered high-quality virtual clinical care and case management through video, phone, chat, and asynchronous messaging platforms, ensuring compassionate and patient-centered support in a remote, fast-paced environment.
- Conducted outbound follow-up calls for recently discharged patients, reinforcing continuity of care and improving post-discharge outcomes.
- Accurately communicated and interpreted patient lab results, providing education and next-step guidance in alignment with care plans. Utilized AI workflows to recommend next steps for patients.
- Managed inbound clinical inquiries, offering timely triage, medication management, and side effect management.
- Collaborated with providers, advanced practice clinicians, and care team members to coordinate treatment and resolve patient issues efficiently.
- Maintained precise and compliant documentation within EHR and ticketing systems, adhering to HIPAA and privacy standards.
- Supported diverse patient populations, leveraging empathy, communication skills, and clinical expertise to foster trust and satisfaction.

Registered Nurse – Sedation – OMS Consulting; 2023-2025

- Providing IV sedation & continuous monitoring to oral surgery patients
- Coordinating patient flow and intake with the team and surgeon
- Training additional nurses

Registered Nurse – Insurance Underwriter – Illumifin; 2023-present

- Insurance underwriting and benefits assessments for dozens of long term care insurance companies
- Data collection, cognitive & ADL assessments, medical record review recommendations & evaluations for appropriate care

Registered Nurse – Vaccination & Wellness Support – Total Wellness; 2016-2017, 2023-2025 (seasonal)

- Providing Lead Nurse Vaccination & Employee wellness clinics
- Flu & Covid vaccinations, Wellness screenings (BP, blood draws, biometrics)
- Organization and Management of vaccine clinics and supervision of other nurses

Adjunct Professor of Nursing – Catholic University; (2023-2025)

- Adjunct Professor of Nursing Clinical for Community and Population Health
- Development of educational tools designed to improve critical thinking and a holistic patient approach while reinforcing course learning objectives
- Discussion of and education regarding social determinants of health

Registered Nurse – Washington International School (2021-2025)

- Substitute Registered Nurse for both the primary school (preschool-5th) and upper school (6-12th)
- Provide varying levels of care to students in a school setting including Emergency Response as needed
- Management of chronic health conditions including diabetes

Registered Nurse Critical Care Transport - ProCare Ambulance (May 2020-March 2024)

- Provide nursing care transporting critically ill patients from one facility to another or to a higher level of care
- Primarily CVICU and OB patient populations
- Proficient in managing transport ventilators, IV pumps, cardiac & hemodynamic monitoring
- Management of titratable drips including vasoactive and sedation medications
- Home Health requiring IV infusions

Registered Nurse (Agency) Emergency Room- Nursefinders; 2017 – 2023

- PRN Emergency Room RN across multiple MedStar facilities

Critical Care Float Nurse – University of Maryland Medical System– (April 2022-Oct 2023)

UM Capital Regional Health; Largo, MD

- **Trauma Resuscitation Unit and Emergency Room**
- 10 bed TRU, 50 bed adult ER, 10 bed peds ER/Obs Unit
- Level 2 trauma center, Primary Stroke Center, STEMI
- Preceptor for travel RNs, medic and nursing students

UM Charles Regional Medical Center; La Plata, MD

- 14 bed adult mixed ICU

Registered Nurse Today's Integrative Health (2017-2020)

- Assisted the practice in starting a medical IV infusion program aligned with their integrative medicine initiative
- Assisted in determining business needs respective to the new IV program
- Trained additional nurses on policies, procedures, and skills
- Developed EMR templates for charting & compliance. Assisted with determining ICD-10 codes for billing
- Managed inventory and ordering

- Provided patient education

Registered Nurse (Agency) Emergency Room- FlexRN; 2017-2022

- Provide emergency care to all ages and trauma patients with variable acuity and complexity of health concerns from basic emergency care to advanced critical care management.

Case Manager – Chronic Care Manager; CCM Training Manager- Maxlink Health (2016-2020)

- Provide managed care support to patients with multiple chronic health conditions in both English and Spanish.
- Improve patient compliance through consistent follow up and patient education, facilitating prescription requests, conducting medication reconciliation, encouraging preventative health care measures, and requesting appointments for follow up visits.
- Conduct monthly telephonic assessments of Functional Ability, Activities of Daily Living, Cognitive Limitations, and Preventative Health Care needs. Provide recommendations for referrals to specialists and supportive resources. Experience with geriatric population.
- Assess patients for signs and symptoms of illness and facilitate evaluation by their physician.
- Create individualized care plans with specific measureable goals for each chronic health condition
- Provide in depth remote training for other chronic care managers regarding how to perform in depth telephonic assessments, create individualized care plans, review medical records, evaluate measureable goals, and adhere to CMS guidelines for chronic care management
- Medication Management

Registered Nurse (Travel)- AMN Health; September 2016- January 2017

- As Above

Registered Nurse Emergency Room – Johns Hopkins Howard County Medical Center; Columbia, MD; September 2015- September 2016

- Providing attentive care to adult ER patients with varying levels of acuity and systemic health concerns
- Management of critically ill patients including but not limited to: trauma, STEMI, Stroke
- Proficient in: IVs, ventilator management, vasoactive/sedation/paralytic drips, advanced hemodynamic monitoring, LVADs & more
- Cross training in ICU and Labor & Delivery
- Utilization review – stroke program, compliance, and billing

Licenses, Skills, Certifications

- RN licensed in: MD compact (2015), CA (2022), DC (2017), MI (2022), MN (2022), NV (2020), NY (2022)
- TCRN
- TNAC, TNCC, ENPC Instructor (ENA)
- BLS, ACLS, PALS, PEARS instructor (AHA)
- NRP & STABLE
- CPI training
- ATCN → provider certification; pursuing instructor cert
- Professional Memberships: ENA, STN, ASTNA, NASN, AALNC
- Bilingual in Spanish language, reading, and writing
- Proficient utilizing incorporated AI tools in EHRs to help drive patient care, identify at risk patients, and provide recommendations and education (EPIC, Cerner).
- Proficient with electronic medical records, EHR flowsheets, telehealth software, and medical office software