

# HELENA HAYNES



DNP, APRN, FNP-BC

480.737.8730  
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## EDUCATION

*Doctorate of Nursing Practice, Nursing (DNP)*  
University of Arizona, Tucson, AZ, 08/2010 - 05/2013

*Masters of Science, Nursing (MS)*  
Family Nurse Practitioner Emphasis, University of Arizona, Tucson, AZ, 08/2010 - 05/2013

*Bachelors of Science, Nursing (BSN)*  
Cum Laude, Dean's List, Regis University, Denver, CO, 01/2008 - 12/2008

*Bachelors of Arts, Integrative Physiology (BA)*  
With Honors, University of Colorado, Boulder, CO, 08/2002 - 12/2005

## PROFESSIONAL EXPERIENCE

**TeamHealth Post Acute Care, Phoenix, AZ** 08/2025 – present  
*Family Nurse Practitioner*  
Provide internal medicine to residents in Skilled Nursing and Long Term Care Facilities.

**NextCare Urgent Care, Phoenix, AZ** 12/2015 – 09/2025  
*Family Nurse Practitioner*  
Effectively demonstrates the ability to care for diverse patient population in a fast-paced environment while upholding the standard of care. Confident in simple procedures such as wound closure, I&D, foreign body remove, and initial Xray interpretation.

**University of Arizona, College of Nursing, Gilbert, AZ** 01/2025 – 09/2025  
*Instructor, Master of Science- Entry to the Profession of Nursing (MEPN) Program*

**NextCare Urgent Care, Phoenix, AZ** 11/2020 -08/2024  
*Area Medical Leader, East Valley*  
Provide overall medical leadership and clinical assistance to providers and staff of 13 clinics in the East Valley with nearly 60 provider direct reports.

**Deseret Family Medicine, Gold Canyon, AZ** 07/2013 – 03/2015  
*Family Nurse Practitioner*  
Successfully managed and treated a large daily patient load, with major focus on a complex geriatric population. Crafted successful treatment plans consistent with rigorous standards of care and professional practice guidelines.

**Banner Good Samaritan Medical Center, Phoenix, AZ** 08/2011 – 02/2012  
*Resource Nurse: Medical Surgical, Neurosurgical, and Trauma Intensive Care Units*  
Provided professional nursing care for variety of patient complications in multiple critical care settings.

**Banner Good Samaritan Medical Center, Phoenix, AZ**

01/2010 – 08/2011

*Registered Nurse: Neurosurgical Intensive Care Unit*

Provided nursing care for critically ill patients post brain surgery including craniotomies, shunt placement, ventricular drain placement, and complex conditions including TBI, stroke, aneurysms, and spinal injuries.

**Banner Good Samaritan Medical Center, Phoenix, AZ**

01/2009 - 01/2010

*Registered Nurse: Neuro-Trauma Step-Down Unit*

Chartered with responsibility as Stroke Response Team Nurse.

**PROFESSIONAL CERTIFICATIONS/COURSES**

Family Nurse Practitioner (FNP-BC), American Nurses Credentialing Center (ANCC)

Commercial Driver's License Medical Examiner. National Registry of Certified Medical Examiners, U.S. Department of Transportation, Federal Motor Carrier Safety Administration

Advanced Cardiac Life Support (ACLS), American Heart Association

DEA and Controlled Substance Authority

Legal Nurse Consulting, University of Arizona Center for Legal Studies

**PRESENTATIONS/COMMUNITY EDUCATION**

Neuroscience Nursing Symposium – Invited Speaker. *Continuum of Care for the Neuroscience Patient*. Banner Good Samaritan Medical Center, February 28, 2014.

International Stroke Conference - Nursing Symposium Abstract, *Doctor of Nursing Practice-led Transitions of Care Model for Stroke and TIA. Poster Presentation*. Honolulu HI, February 6-8, 2013.

Recent Hype in Hypertension Guidelines, Gold Canyon Ledger, October 2014

Common Questions and Answers about Shingles, Gold Canyon Ledger, September 2014

The Heat is On! Gold Canyon Ledger, August 2014

Who is Providing My Healthcare? Gold Canyon Ledger, July 2014

LinkIn! Community Cancer Connections, University of Arizona, 2011

**SELECTED GRANTS, FELLOWSHIPS, HONORS & AWARDS**

*Arizona Area Health Education Centers (AHEC)*, University of Arizona, Program Grant

*American Association of Critical Care Nurses*, Continuing Professional Development Scholarship

*Lois Prosser Memorial Scholarship*, University of Arizona, College of Nursing

**PUBLICATIONS**

**Haynes, H.N.**, Gallek, M.J., Sheppard, K.G., Drake, K.W., Ritter, L.S., (2015) *Transitions of Care for Stroke and TIA*. J. Am, Associate Nurse Practitioner. [Epub ahead of print] DOI: 10.1002/2327-6924.12219