# E D U C A T I O N

## Doctor of Medicine (M.D.)

University of Illinois at Chicago College of Medicine • July 1995- June 1999

## Bachelor of Arts (B.A.) with Honors in Biology

University of Chicago • June 1990 - July 1994

# P O S T D O C T E R A L T R A I N I N G

## Geriatric Fellowship Program

University of Illinois at Chicago • July 2002 - July 2003

## Internal Medicine Residency Program

University of Illinois at Chicago • July 1999 - July 2002

# P R O F E S S I O N A L E X P E R I E N C E

## Owner and President

### Janice Makela M.D. , LLC • January 2025–present

### *Small business focused on education and consulting*



### *Expertise in Cannabis Medicine, Geriatric Medicine, Hospice and Palliative care*



### *Lectures, consultations, creation of educational media, panels, and expert witness.*

## Physician Entrepreneur

May 2024–present

 Gained expertise in medical cannabis

 Developed connections in the cannabis industry

 Built an independent consultancy and education business

## Clinic Medical Director

### Oak Street Health • October 2022 – April 2024

 Provided leadership overseeing clinical care, leading weekly interdisciplinary patient care meetings, fostering comprehensive care coordination and treatment plan alignment to ensure safety and quality metrics were addressed and met.

 Developed a deep understanding of Value-Based Care, including RAF scores, HCCs, and regulatory payment changes (i.e. the ACO REACH model) while providing patient-centered care.

 Successfully partnered with the marketing outreach team to create growth in a new clinic.

 Collaborated with the informatics to identify trends in the hospitalization and the healthcare usage of patients to reduce hospitalizations and improve patient engagement and care.

 Identified, rectified, and implemented improvements within the following systems: EMR, lab, and patient engagement.  Educated, mentored, and supervised clinic care providers.

 Presented to Regional Oak Street Health Physicians on wound care.

 Presented lectures in the community on various healthcare topics as part of community outreach and education, resulting in increased engagement.

 Provided education on value-based medicine to university internal medicine residents as part of a recruitment initiative.

## Team Physician/Hospice Palliative Care Physician

### Vitas Hospice and Palliative Care • August 2020–September 2022

 Led interdisciplinary teams to ensure holistic and comprehensive care for patients facing life-limiting illnesses

 Conducted weekly interdisciplinary meetings to review patient cases, discuss treatment plans, and ensure coordinated care delivery.

 Performed palliative consults at Insight (formerly Mercy) Hospital and Loretto Hospital, addressing physical, emotional, and spiritual needs of patients and their families.

 Provided on-call coverage to address urgent patient needs and emergencies, ensuring continuity of care.

## Associate Medical Director (Full Time)

### Seasons Hospice and Palliative Care • December 2014–August 2020

 Delivered palliative and hospice care while educating residents and providing leadership in quality improvement initiatives.

 Collaborated in creating and implementing nursing home palliative care program.

 Delivered inpatient hospice care at MacNeal Hospital and Weiss Hospital

 Performed palliative consults at MacNeal Hospital and Weiss Hospital

 Provided on-call coverage to address urgent patient needs and emergencies, ensuring continuity of care.

 Assisted in COVID-19 readiness and response during the first wave of the pandemic at MacNeal Hospital.

 Provided compassionate hospice and palliative care services to patients in various settings including hospitals, nursing homes, and their homes.

Educated physicians, residents and students as a subject expert on palliative care topics.



## Inpatient Unit Physician (Part Time)

### Seasons Hospice and Palliative Care • July 2007–December 2014

### Supervised and taught fellows and residents

### Treated hospice patients on the inpatient ward.

## Geriatric Staff Physician/CLC Medical Director (Part Time)

### Jessie Brown VA Medical Center • February 2004–December 2014

### Provided leadership over geriatric medicine services, including teaching and directing quality improvement efforts.

### Inpatient, Outpatient, and Consult Attending of Geriatric Medicine • February 2004 – December 2014

 Duties included supervising and teaching Internal Medicine residents and Geriatric Medicine fellows including clinical care.

### Medical Director of JBVA Community Living Center (Skilled Nursing Unit) • June 2005- December 2014

### Responsibilities include ensuring compliance with federal and regulatory bodies, managing the interdisciplinary team, ensuring quality patient care, advancing cultural transformation goals, creating and executing quality improvement action plans, and representing the needs of the CLC to hospital leadership.

### Member of Patient Falls Aggregate Root Cause Analysis Group • February 2008- December 2014

### Created, implemented, and assessed hospital systems changes aimed at reducing the incidence of falls and injurious falls

### Created and presented quarterly reports to hospital leadership and annual reports for the National Center for Patient Safety

### Co- Chair of Committee from 2009 until December 2014.

### Restructured the team to improve analytic process.

## Clinical Instructor in Geriatric Medicine

### University of Illinois at Chicago Medical Center • September 2004–December 2014

Academic Appointment (Part Time) • July 2006 – December 2014

 Supervised and taught fellows and residents in the UIC Geriatric Medicine Program at JBVAMC

 Helped develop education curriculum for fellows and residents

 Gave lectures to fellows, residents, and students

### *S*taff Physician and Clinical Supervisor (Full Time) • September 2004– June 2006

 Provided coverage within Nursing home practice, clinic, and inpatient units at UIC and JBVA.

 Supervised internal medicine and family medicine residents and geriatric fellows.

 Successfully proposed that July 2005 be declared by the governor as “Elder Abuse Awareness Month” and partnered with

the Illinois Department of Aging and Attorney General’s office to promote it.

## Owner and President

### Private Geriatric Practice • September 2003–September 2004

 Started and launched a nursing home-based geriatric practice, Janice L Makela LLC.

 Worked in affiliation with University of Illinois at Chicago.

 Built relationships with several area long term care facilities.

 Developed a nursing home rotation for UIC Family Medicine residents.

 In September 2004 successfully merged the practice with UIC geriatric medicine .

# C E R T I F I C A T I O N S

## ABIM Certification in Hospice and Palliative Care

2008,2018

## ABIM Certification in Geriatric Medicine

2003, 2013, 2023

## ABIM Certificate in Internal Medicine

2002, 2012, 2022

# P U B L I C A T I O N S

Luna G, Sharma N, Makela J. "Galantamine Induced Generalized Myoclonus." Journal of the American Geriatrics Society, 2012.

Meadow W, Mendez D, Makela J, et al. "Can and Should Level II Nurseries Care for Newborns Who Require Mechanical Ventilation." Clinics in Perinatology, 1996.

Makela J, Malin A, Mendez D, et al. "Is Perinatal Regionalization a Victim of its own Success?" Pediatric Research, 1994.

**S K I L L S**

 Strong problem-solving  Analytical skills  Interpersonal Skills

 Communication  Collaboration  Leadership

 Critical thinking  Attention to detail  Creative Thinking