

James Brooke Furrh IV, MD
ABPN Board-Certified in Psychiatry

Mobius Psychiatric Consulting
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Professional Summary

I am an experienced Psychiatrist board certified by the American Board of Psychiatry and Neurology. My clinical background includes inpatient, outpatient, and intensive community-based treatment models. Across these practice settings I have held various leadership roles and worked with a diverse population of patients with psychiatric disorders. I hold expertise in the diagnosis and treatment of mental health disorders, and have taught medical students, residents, and nurse practitioners about Psychiatry over many years. I have reviewed numerous cases as an expert witness in the field of Psychiatry regarding a range of topics including: disability and permanent impairment; involuntary commitment; psychopharmacology; divorce and custody disputes; and medical malpractice, among others. I have qualified as a medical expert for deposition and testimony in state and federal court.

Core Expertise

- Diagnosis and Treatment of Mental Disorders
- Psychiatric Risk Assessment (suicide/homicide)
- Management of High-Risk Patients
- Post-traumatic Stress Disorder (PTSD)
- Geriatric Psychiatry
- Psychopharmacology
- Sleep Disorders
- Mood Disorders (Bipolar, Depression)

Present Position

2025 – Present
Psychiatrist – Inpatient Psychiatric Unit and Consultation-Liaison
Charles George VA Medical Center, Asheville, NC
Clinical services (including diagnosis and management) and physician leadership for a multidisciplinary team of inpatient psychiatric consultants

Education

2011 – 2015
University of Mississippi Medical Center
Doctor of Medicine

2006 – 2010
Millsaps College
Bachelors of Science in Biology with a Minor in Chemistry

Post-Graduate Training

2015 – 2019

Louisiana State University Health Sciences Center, New Orleans, LA
Medical Internship and Residency in General Psychiatry

Prior Positions

2022 – 2025

Psychiatrist – Mental Health Clinic
Charles George VA Medical Center, Asheville, NC
Clinical services and physician leadership for the Behavioral Health Interdisciplinary Program and Mental Health Intensive Case Management treatment teams in the outpatient setting

2019 – 2022

Psychiatrist – Adult and Geriatric Behavioral Health Units
Haywood Regional Medical Center, Behavioral Health Unit, Clyde, NC
Clinical services and physician leadership for a multidisciplinary inpatient team

Forensic Roles

2025 – Present

Owner/Operator and Psychiatrist
Mobius Psychiatric Consulting, Asheville, NC
Owner and operator of private clinical and forensic practice, focusing on telehealth, disability chart review, independent medical examinations, and expert witness services

2025 – Present

Forensic Evaluator
North Carolina Social Work and Licensing Board, Asheville, NC
Preferred psychiatric evaluator for the NC Social Work Board. Referred clinical social work licensure candidates for IMEs/fitness for duty evaluations prior to licensure by the board In cases where there is concern for past psychiatric, substance abuse, or other behavioral issues

2019 – 2022

Psychiatrist – Adult and Geriatric Behavioral Health Units
Haywood Regional Medical Center, Behavioral Health Unit, Clyde, NC
Semi-weekly hearings for involuntary commitment as treating psychiatrist (estimated 50 – 100 hearings), working directly with attorneys in negotiation and testifying in court; counseled and coached other providers in preparation for court

Leadership Roles and Appointments

2022 – 2023

Interim Section Chief, Mental Health Section
Charles George VA Medical Center, Asheville, NC

Clinical services and administration of outpatient mental health clinic including policy development and direct management of clinic operations, psychiatrists, nurse practitioners, and physician assistants

2021 – 2022

Medical Director, Adult and Geriatric Behavioral Health Units
Haywood Regional Medical Center, Behavioral Health Unit, Clyde, NC
Management of unit providers and contractors, scheduling, assistance in general functioning of the unit, mid-level supervision, documentation review, policy development and implementation

2016 – 2018

Residency Wellness Committee Chairman, Department of Psychiatry
Louisiana State University Health Sciences Center, New Orleans, LA
Planning and executing program retreats, journal clubs, and continuing education activities

Professional Certifications and Licensure

American Board of Psychiatry and Neurology – Certification in Psychiatry
Board Certified 09/16/2019 – Current/Active – Certificate No. 75681

Licensure: North Carolina – 2019-00086 – Active through 11-1-2026
DEA: Active

Professional Society Associations

American Medical Association (AMA)
American Psychiatric Association (APA)
North Carolina Psychiatric Association (NCPA)

Educator Roles

2019 – Present

Collaborating Psychiatrist
Multiple Practice Locations and Settings
Collaborative practice – teaching and case consultation for mid-level prescribers in mental health, providing education on guidelines, the standard of care, and navigating clinical challenges

2019 – 2022

Psychiatry Residency Site Director
Haywood Regional Medical Center, Clyde, NC
Supervision and education of psychiatric resident physicians, committee work for residency program

2016 – 2020

Medical Student Supervisor – Psychiatry Rotation
Louisiana State University Health Sciences Center, New Orleans, LA
Supervision and education of medical students, teaching and lectures on psychiatry

Presentations

Diagnosis and Management of Chronic Insomnia in the Psychiatric Patient. LSUHSC Psychiatry Grand Rounds, 2019. New Orleans, LA

Sexual Dysfunction as an Adverse Event in Anti-Depressant Use with a Focus on Duloxetine. LSUHSC Psychiatry Pharmacology Roundtable, 2018. New Orleans, LA

The Role of Trazodone in Primary and Secondary Insomnia. LSUHSC Psychiatry Pharmacology Roundtable, 2017. New Orleans, LA

Somatization Disorder in a Patient with Cyclic Vomiting Syndrome and Opioid Use Disorder. LSUHSC Psychiatry Grand Rounds, 2016. New Orleans, LA

Research Experience

2010 – 2011

Research Assistant

The Rane Center for Venous and Lymphatic Disease, Dr. Seshadri Raju, MD, FACS – Flowood, MS
Assembly and management of primary research database, assistance in drafting and editing of publications, clinical shadowing

2007 – 2009

Research Assistant

Millsaps College Department of Biology, Dr. Sarah Lea Anglin, PhD – Jackson, MS
Growth and replication of yeast, database management: cell cycle transition in Saccharomyces cerevisiae

Publications

Seshadri Raju, MD, James Brooke Furrh IV, BS, Peter Neglén, MD, PhD. Diagnosis and treatment of venous lymphedema. *J Vasc Surg.* 2011 Jun;55(1):141-49.