

Russell Kamer, MD, FACP

15 North Broadway, Suite E
White Plains, NY 10601
Cell: (914) 552-5548
drkamer@drkamer.com



Clinical Associate Professor of Medicine at New York Medical College and practicing physician, I have over 35 years' experience practicing primary care Internal Medicine.

In addition, after serving as a Drug Testing Crew Chief for the National Collegiate Athletic Association and a Doping Control Medical Officer at the 1996 Atlanta Olympic Games, I co-founded Partners In Safety Occupational Medicine which has provided hundreds of thousands of drug tests and physicals for employers. Our emphasis is on Department of Transportation drug testing and the physical qualifications of commercial drivers.

I am certified in Cannabis Science and Medicine, and have researched and lectured on its impairing effects on the roads and in the workplace. I have published papers on psychopharmacology, internal medicine topics, and the effects of marijuana in journals including the New England Journal of Medicine, Annals of Internal Medicine, and JAMA-Internal Medicine. Admitted as an expert witness, I have testified at administrative hearings and at trial.

PRESENT POSITIONS

Primary Care Internal Medicine. White Plains, NY 1998-present
Office-based solo practitioner of Internal Medicine in active practice.

Partners In Safety Occupational Medicine. Middletown, NY 1993-present
Co-Founder, Medical Director, and Chief Medical Review Officer
Medical Review Officer for hundreds of thousands of drug tests, performed and/or supervised tens of thousands of Federal Motor Carrier physical exams of commercial drivers. Provided training in the signs of substance abuse, and indications of impairment.

New York Medical College. Valhalla, NY 1998-present
Clinical Associate Professor of Medicine
Collaborated with other faculty in research, taught medical students and residents.

Columbia University, College of Physicians and Surgeons. New York, NY 2012-present
Affiliate Physician in Medicine, Division of Clinical Practice

Westchester Medical Center, Valhalla, NY 2021-present
Active Adjunct Physician

Peer Reviewer for Medical Journals 2022-present
JAMA-Internal Medicine, JAMA-Surgery, and Injury Epidemiology
Reviewed journal articles to assess their scientific validity and importance. Assisted editors in deciding if papers should be published.

EDUCATION

Williams College, Williamstown, MA 1975-1979
B.A. in Astronomy and Physics, Magna cum laude

Columbia University College of Physicians and Surgeons, New York, NY 1979-1983
Medical Doctor

Long Island Jewish Medical Center, New Hyde Park, NY 1983-1986
Residency in Internal Medicine

Long Island Jewish Medical Center, New Hyde Park, NY 1986-1987
Fellowship in Primary Care Internal Medicine

PREVIOUS PROFESSIONAL POSITIONS

Bronx Municipal Hospital Center, Bronx, NY 1987
Attending Physician, Primary Care Clinic

Albert Einstein College of Medicine, Bronx, NY 1987
Instructor of Medicine

MRA Physicians, Valhalla, NY 1987- 1998
Attending Physician, Section of General Internal Medicine
Cared for patients in both out-patient and in-patient settings as part of a faculty practice group

New York Medical College, Valhalla, NY
Assistant Professor of Medicine 1987-1996
Associate Professor of Clinical Medicine 1996-1998

Westchester County Medical Center, Valhalla, NY
Attending Physician 1987-2020
Medical Director, Employee Health Service 1991-1995

National Collegiate Athletic Association, Overland Park, KS 1991-1997
Drug Testing Crew Chief
Supervised drug testing crew during both championship and random year-round testing events.

Olympic Games, Atlanta, GA 1996
Doping Control Medical Officer
Supervised drug and alcohol specimen collection, and adherence to protocols at multiple venues during the Olympic Games

CERTIFICATION and LICENSURE

Board Certified in Internal Medicine
Certified in Cannabis Science and Medicine, U. of Vermont College of Medicine
Medical Review Officer, American Association of Medical Review Officers
Certified Medical Examiner, Federal Motor Carrier Safety Administration
Substance Abuse Professional, Department of Transportation program
Florida Medical Doctor Expert Witness Certificate
Licensed in New York, New Jersey and South Carolina

PROFESSIONAL SOCIETY MEMBERSHIPS

American College of Physicians
American College of Occupational and Environmental Medicine
Medical Society of the State of New York

COMMITTEE MEMBERSHIPS

Medical Society of the State of New York: Addiction & Psychiatric Medicine Committee
International Academy on the Science and Impact of Cannabis, Expert Physician Council
New York Medical College, Board of Advisors

REPRESENTATIVE PRESENTATIONS

Cannabis Uses and Risks. National Interdisciplinary Cannabis Symposium. **New York Law School**, September 2024.

Delegate to the **United Nations Commission on Narcotic Drugs**. Vienna, Austria, March 2024.

Towards Rational Workplace Marijuana Policies. **SAM Summit & Good Drug Policy Conference**. Washington, DC, April 2023.

Marijuana Impairment and the Workplace. **American Industrial Hygiene Association**.

Nashville, TN. May 2022.

Cannabis-Induced Psychosis. The Ingraham Angle. **FoxNews**. May 2022.

Legalization of Marijuana. What does it mean for the workplace? **Mid-Atlantic Regional Conference in Occupational and Environmental Medicine**. Virtual. 2020

Medical Cannabinoids—A Historical Perspective. **FDA Hearing on Scientific Data and Information on Products Containing Cannabis**. White Oak, MD. May 2019

Marijuana in the Workplace. **Rx Drug Abuse & Heroin Summit**. Atlanta, GA. 2019.

MARCOEM Webinar Series: Q and A on Medical Marijuana. **Johns Hopkins Bloomberg School of Public Health**. July 2018.

Performance Enhancing Drugs in Sports. Medical Grand Rounds. **Westchester Medical Center**, Valhalla, NY, 2006.

PUBLICATIONS - JOURNALS

Kamer RS, Warshafsky S. Estimating cannabis-attributable traffic fatalities: A response to Jin et al. (2025). *The International Journal on Drug Policy*. 2026 Feb 1;148:105110.

Kamer RS, Warshafsky S, Kamer GC. Change in traffic fatality rates in the first 4 states to legalize recreational marijuana. *JAMA Internal Medicine*. 2020 Aug 1;180(8):1119-20.

Kamer RS. Potential adverse effects of marijuana use in pregnancy. *Annals of Internal Medicine*. 2019;170:666-667.

Wormser GP, Filozov A, Telford SR, Utpat S, **Kamer RS**, Liveris D, Wang G, Zentmaier L, Schwartz I, Aguero-Rosenfeld ME Dissociation between inhibition and killing by levofloxacin in human granulocytic anaplasmosis. *Vector Borne Zoonotic Dis*. 2006 winter; 6(4):388-94.

Warshafsky S, Nowakowski J, Nadelman RB, **Kamer RS**, Wormser GP. Efficacy of antibiotic prophylaxis for prevention of Lyme disease. *Journal of General Internal Medicine*. 1996; 11:329-33.

McClung JA, **Kamer RS**, DeLuca M, Barber HJ. Evaluation of a medical ethics consultation service: opinions of physicians, nurses and patients. *American Journal of Medicine*. 1996;

100:456-60.

Horowitz HW, Sanghera K, Goldberg N, Pechman D, **Kamer RS**, Duray P, Weinstein A. Dermatomyositis associated with Lyme disease: case report and review of Lyme myositis. *Clinical Infectious Diseases*. 1994;18:166-171.

Warshafsky S, **Kamer RS**, Sivak SL. The effect of garlic on total serum cholesterol: a meta-analysis. *Annals of Internal Medicine*. 1993;119:599-605.

McClung JA, **Kamer RS**. Legislating ethics: Implications of New York's do-not-resuscitate law. *New England Journal of Medicine*. 1990;323:270-272

Kamer RS, Dieck EM, McClung JA, White PA, Sivak SL. The effect of New York State's Do-Not-Resuscitate Legislation on in-hospital Resuscitation Practice. *American Journal of Medicine*. 1990;88:108-111.

Solomon PR, Crider A, Winkelman JW, Turi AR, **Kamer RS**, Kaplan LJ. Disrupted latent inhibition in the rat with chronic amphetamine or haloperidol-induced supersensitivity: relationship to schizophrenic attention disorder. *Biological Psychiatry*. 1981;16:519-537.

Kamer RS, Turi AR, Solomon PR, Kaplan LJ. Increased mesolimbic dopamine binding following chronic haloperidol treatment. *Psychopharmacology*. 1981;72:261-263.

Solomon PR, Nichols GL, Kiernan JM, **Kamer RS**, Kaplan LF. Differential effects of lesions in medial and dorsal raphe of the rat: latent inhibition and septohippocampal serotonin levels. *Journal of Comparative and Physiological Psychology*. 1980;94:145-154.