CURRICULUM VITAE

Tal Joshua Rubinstein, MD

PERSONAL DATA:

|  |
| --- |
| **Work** |
| Oculofacial Plastic Surgery/Luxe  Aesthetics  Cary Office  3137 NW Cary Pkwy #101  Cary, NC 27513  Greensboro Office  2018 New Garden Rd Ste. C  Greensboro, NC 27410  Raleigh Office  2501 Atrium Dr. Ste. 150  Raleigh, NC 27607  North Raleigh Office  8305 Falls of Neuse Rd Ste 204  Raleigh, NC 27615 |
|  |  |
| DOB: November 23, 1983 | Phone: 414-698-9560 |
| Citizenship: USA | Email: tjrubinstein@gmail.com |

EDUCATION:

|  |  |
| --- | --- |
| 0/8/07-05/11 | Doctor of Medicine, *Distinction in Research, summa cum laude*  Saint Louis University School of Medicine St. Louis, MO |
| 08/02-12/06 | Bachelor of Science  University of Wisconsin – Madison Madison, WI  Double major in Psychology (with honors) and Zoology |

POST-GRADUATE TRAINING*:*

08/17-08/18 Fellowship in ophthalmic plastic and orbital surgery, Moorfields Eye Hospital, UK

|  |  |
| --- | --- |
| 07/15 – 07/17 | Fellowship  American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS)  Fellow under Bryan Sires MD, PHD, FACS and Eric Cole MD |
| 07/12 – 06/15 | Ophthalmology Residency  Cleveland Clinic Foundation, Cole Eye Institute Cleveland, OH |
| 07/11-06/12 | Internal Medicine Internship  MetroHealth Medical Center Cleveland, OH  Internal Medicine |

FACULTY POSITIONS HELD*:*

09/18-11/20 Assistant Professor, Department of Ophthalmology,

Albany Medical Center, Albany, NY

10/16-07/17 Clinical Instructor, Department of Ophthalmology

University of Washington Seattle, WA

HOSPITAL POSITIONS HELD:

09/18-present Active medical staff Albany Medical Center Albany, NY

09/18-12/20 Active medical staff Albany Stratton VA Medical Center Albany, NY

10/16-07/17 Active medical staff Harborview Medical Center Seattle, WA

10/16-07/17 Active medical staff University of Washington Seattle, WA

10/16-07/17 Active medical staff VA Puget Sound Healthcare Center Seattle, WA

|  |  |  |
| --- | --- | --- |
| 07/15-07/17 | Active medical staff | Department of Ophthalmology  Overlake Hospital Bellevue, WA |

**HONORS AND AWARDS:**

2017 Doctor of the Month, April Emergency Physicians at Overlake

|  |  |  |
| --- | --- | --- |
| 2015 | Best Grand Rounds Quiz Score | Cole Eye Institute |
| 2011 | Student Research Forum Award | Saint Louis University School of Medicine |
| 2011 | Missouri State  Medical Association Award | Saint Louis University School of Medicine |
| 2011 | Merck Book Award | Saint Louis University School of Medicine |
| 2011 | Henry M. Pinkerton Award for outstanding achievement in study of pathology | Saint Louis University School of Medicine |
| 2011 | Wendell H. Griffith Award in Biochemistry | Saint Louis University School of Medicine |
| 2010 | Clerkship Award | American College of Physicians,  Missouri Chapter |
| 2009 | First Place Award- Best 10 Minute Oral Presentation  AOA Research Symposium | Saint Louis University School of Medicine |
| 2008 | Awarded Summer Research Fellowship Stipend | Saint Louis University School of Medicine |

**BOARD CERTIFICATION:**

Board Certified American Board of Ophthalmology 6/11/2017

**CURRENT LICENSE TO PRACTICE:**

2020 to present North Carolina Medical License

2018 to present New York State Medical License

2017 to present General Medical Council, United Kingdom

2015-2017 Washington State Medical License

**PROFESSIONAL ORGANIZATIONS:**

2018-present Member

American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS)

|  |  |
| --- | --- |
| 2015-2017 | Fellow Member  American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS) |
| 2011 | Alpha Omega Alpha |
| 2015 to present | Member, American Academy of Ophthalmology (AAO) |
| 2009-2011 | Organization of Student Representatives of the AAMC  third andfourth year medical student representative |
| 2008 | Psychiatry Interest Group co-founder and co-president, Phi Beta Kappa |

**EDITORIAL RESPONSIBILITIES:**

2020-2022 EyeWiki editor for oculoplastics section

2017-present Manuscript reviewer for *OPRS*, *Orbit,* and BMJ Case Reports

|  |  |
| --- | --- |
| 2016-2017 | Manuscript reviewer with Dr. Bryan Sires and Dr. Eric Cole for  *OPRS* and *JAMA Facial Plastic Surgery* |

**SPECIAL NATIONAL RESPONSIBILITIES:**

2024 ASOPRS oral examiner

2023-2024 ASOPRS thesis committee chairman

2022 ASOPRS oral examiner

November 6, 2020 Tepezza Advisory Board Member – paid consultancy

2020-present ASOPRS thesis committee member

2020 ASOPRS Fall Meeting abstract reviewer

**SPECIAL LOCAL RESPONSIBILITIES:**

2018-2020 Ran oculoplastics journal club, Albany, NY

**RESEARCH FUNDING:** *none*

BIBLIOGRAPHY*:*

***Manuscripts****/Refereed Journal Articles:*

1. **Rubinstein TJ,** Bennett AJ, Parekh PH. Solitary Langerhans cell histiocytosis of the palpebral conjunctiva presenting as leukoplakia: case and review of literature. *OPRS*. 2024. Online ahead of print.
2. **Rubinstein TJ**. Thyroid eye disease following COVID-18 vaccine in a patient with a history of Graves’ disease: a case report. *OPRS*. 2021; 37(6):e221-223.
3. Habib M, Saunders PJ, **Rubinstein TJ.** *Stenotrophonas maltophilia*-associated dacryocysititis in leukemia-infiltrated lacrimal sacs: case and review of literature. *OPRS.* 2021; 37(4):e143-145.
4. Radke PM, **Rubinstein TJ**, Repp DJ, Sires BS. Reply to: external levator resection for involutional ptosis: is intraoperative suture adjustment necessary for good outcomes? *Orbit*. 2021; 40(1):89.
5. Wladis EJ, Rothschild MI, **Rubinstein TJ**. Management of postoperative pain in ophthalmic plastic surgery: a major review. *Orbit*. 2021; 40(4):269-273.
6. **Rubinstein TJ**, Perry JD. Re: “the effect of canthotomy on blood perfusion during the repair of lower eyelid defects.” *Ophthal Plast Reconstr Surg*. 2020; 36(4):423.
7. **Rubinstein TJ**, Wladis EJ. Re: “acute spontaneous rupture of the superior ophthalmic vein.” *Ophthal Plast Reconstr Surg*. 2020; 36(4):419-420.
8. Godbout EE, Subik MK, **Rubinstein TJ**. Necrotizing granulomatous dacryoadenitis with non-necrotizing granulomatous scar hypertrophy: two histological variants of sarcoidosis in the same patient. *Ophthal Plast Reconst Surg.* 2020. Epub.
9. **Rubinstein TJ**, Hamed-Azzam S, Uddin JM. Re: “Noninflammatory thyroid eye disease.” *Ophthal Plast Reconstr Surg*. 2020; 36(1):98.
10. Rothschild MI, Pinheiro-Neto C, **Rubinstein TJ**. Odontogenic abscess with orbital extension through the inferior orbital fissure treated with bony decompression. *Ophthal Plast Reconstr Surg*. 2020; 36(5):e131-e134.
11. Radke PM, **Rubinstein TJ**, Repp DJ, Sires BS. External levator resection for involutional ptosis: is intraoperative suture adjustment necessary for good outcomes? *Orbit*. 2020. Online ahead of print.
12. Timlin HM, Jiang K, Mathewson P, Manta A, **Rubinstein T**, Ezra DG. Long-term outcomes of StopLoss Jones tubes for epiphora in patients with early or multiple loss of Lester Jones tubes. *Ophthal Plast Reconstr Surg.* 2019; 36(2):127-131.
13. **Rubinstein TJ**, Sires BS. Re: “Orbital emphysema: a case report and comprehensive review of the literature.” *Ophthal Plast Reconstr Surg*. 2019;35(3);300.
14. **Rubinstein TJ**, Radke PM, Repp DJ, Wier G, Sires BS. Reply to “comparison of non-absorbable silk and absorbable polyglactin sutures for external ptosis repair.” *Orbit*. 2019;39(3):232.
15. Dutton AE, McElnea EM, **Rubinstein TJ**, Curragh DS, McKelvie PA, Selva D, Rose GE, McNabb AA. Lacrimal gland orbital lobe cysts associated with lymphoid hyperplasia or mucosa-associated lymphoid tissue lymphoma in patients with chronic autoimmune disease. *Ophthal Plast Reconstr Surg.* 2019; 35(3);e59-e62.
16. **Rubinstein TJ**, Chen VH. Re: “Bony regrowth after deep lateral orbital decompression.” *Ophthal Plast Reconstr Surg.* 2019. 35(2):204-205.
17. Radke PM, **Rubinstein T**, Hamilton S, Jamil A, Sires BS. Response: The translaminar pressure gradient: papilledema after trabeculectomy treated with optic nerve sheath fenestration.  *J Glaucoma.* 2019. 28(4);e69.
18. Jacobs S, **Rubinstein T**, Laukaitis S. Periorbital hemorrhage secondary to tPA for stroke following oculoplastic surgery. *J Head, Neck Spine Surg*. 2018. 2(5).
19. Radke PM, **Rubinstein T**, Hamilton S, Jamil A, Sires BS. The translaminar pressure gradient: papilledema after trabeculectomy treated with optic nerve sheath fenestration. *J Glaucoma.* 2018. 27(10):e154-e157.
20. Uddin JM, **Rubinstein T**, Hamed-Azzam S. Phenotypes of Thyroid Eye Disease. *Ophthal Plast Reconstr Surg.* 2018. 34(4S Suppl 1):S28-S33.
21. Repp DJ, **Rubinstein TJ**, Sires BS. Considerations on the role of algorithm-based levator aponeurectomy in small incision external ptosis surgery for involutional ptosis-reply. *JAMA Facial Plast Surg*. 2018. 20(1):85.
22. **Rubinstein TJ**, Repp DJ, Sires BS. Reply Re: “Blepharoplasty effect on a described algorithmic approach to external ptosis repair: is it time for unbundling?” *OPRS*. 2018. 33(5):390-391.
23. **Rubinstein TJ,** Aziz HA, Bellerive C, Sires BS, Hing AW, Habermehl G, His E, Singh AD. Ocular/adnexal lymphoma: dissimilar to systemic lymphoma. *Surv Ophthalmol*. 2018. 63(3):381-388.
24. **Rubinstein TJ**, Repp DJ, Sires BS. Blepharoplasty effect on a described algorithmic approach to external ptosis repair: is it time for unbundling? *Ophthal Plast Reconst Surg.* 2018;34(3):237-241.
25. **Rubinstein TJ**, Seiff SR, Sires BS. Re: “Correction of lower eyelid retraction using acellular human dermis during orbital decompression.” *Ophthal Plast Reconstr Surg*. 2017;33(6):482.
26. Repp DJ, **Rubinstein TJ,** Sires BS. Role of Algorithm-based Levator Aponeurectomy in Small-Incision External Ptosis Surgery for Involutional Ptosis. *JAMA Facial Plast Surg.* 2017;9(6):490-495.
27. **Rubinstein TJ**, Perry JD. Re: “The effect of ptosis surgery on brow position and the utility of preoperative phenylephrine testing.” *Ophthal Plast Reconstr Surg*. 2016;32(6):484.
28. Repp DJ, **Rubinstein TJ,** Herreid PA, Sires BS. Biomechanics of the levator aponeurosis. *Ophthal Plast Reconstr Surg*. 2017;33(4):251-255.
29. **Rubinstein TJ,** Choudhary MM, Modi YS, Ehlers JP, Perry JD. Globe loss from intraocular invasion of MIRAgel scleral buckle components. *Ophthal Plast Reconstr Surg*. 2016;32(5):329-32.
30. **Rubinstein TJ**, Clemett J, Birnbach CD, LauKaitis SJ, Sires BS. Clinical-radiological correlation of retained silicone sponge presenting as orbital inflammation. 2016. Epub.
31. **Rubinstein TJ**, Repp DJ, Newell DW, Sires BS. Partially cystic frontal nerve schwannoma masquerading as abducens nerve paresis. *Ophthal Plast Reconstr Surg.* 2016;33(1):e28.
32. **Rubinstein TJ**, Woolley AJ, Costin BR, Perry JD. Preoperative phenylephrine testing as a predictor of postoperative eyebrow position. *Int J Ophthalmol.* 2016;9(3):472-474.
33. **Rubinstein TJ**, Weber AC, Traboulsi EI. Molecular biology and genetics of embryonic eyelid development. *Ophthalmic Genet.* 2016;11:1-8.
34. Dar SA, **Rubinstein TJ**, Perry JD. Eyebrow position following upper blepharoplasty. *Orbit.* 2015;34(6):327-30.
35. Costin BR, Wyszynski PJ, **Rubinstein TJ**, Choudhary MM, Chundury RV, McBride JM, Levine MR, Perry JD. Frontalis muscle asymmetry and lateral landmarks. *Ophthal Plast Reconstr Surg*. 2015; 32(1):65-8.
36. Costin BR, Plesec TP, Sakolsatayadorn N, **Rubinstein TJ**, McBride JM, Perry JD. Anatomy and histology of the frontalis muscle. *Ophthal Plast Reconstr Surg.* 2015;31(1):66-72.
37. **Rubinstein TJ,** Plesec TP, Singh AD. Desmoplastic melanoma of the eyelid and conjunctival melanoma in neurofibromatosis type 1: a clinical pathological correlation. *Surv Ophthalmol.* 2015;60(1):72-7.
38. **Rubinstein TJ,** Plesec TP, Singh AD. Sarcoid-like reaction in sentinel node draining conjunctival melanoma. *Ophthal Plast Reconstr Surg*. 2015;31(3):e1-3.
39. **Rubinstein TJ,** Perry JD, Korn JM, Costin BR, Gastman BR, Singh AD. ICG-guided sentinel lymph node biopsy for periocular tumors.  *Ophthal Plast Reconstr Surg.* 2014;30(4):301-4.
40. Costin BR, Sakolsatayadorn N, McNutt SA, **Rubinstein TJ**, Trichonas G, Rocha KM, McClintic JI, Huang L, McBride JM, Perry JD. Dimensions and anatomic variations of the orbicularis oculi muscle in non-preserved, fresh-frozen human cadavers. *Ophthal Plast Reconstr Surg.* 2014;30(2):198-200.
41. Costin BR, Plesec TP, **Rubinstein TJ**, Medina CA, Singh AD, Goldblum JR, Perry JD. Orbital and intraocular myofibroblastoma. *Orbit.* 2014;33(3 ):202-5.
42. **Rubinstein TJ**, Mehta MP, Schoenfield L, Perry JD. Orbital xanthogranuloma in an adult patient with xanthelasma palpebrarum and hypercholesterolemia. *Ophthal Plast Reconstr Surg.* 2014;30(1):e6-8
43. Sakolsatayadorn N, Costin BR, McNutt SA, **Rubinstein TJ**, McBride JM, Perry JD. Intraoperative sub-Tenon injection increases optic nerve length transection during enucleation. *Ophthal Plast Reconstr Surg.* 2013;29(6):497-9.
44. Miyatake M, **Rubinstein TJ**, McLennan GP, Belcheva MM, Coscia CJ. Inhibition of EGF-induced ERK/MAP kinase-mediated astrocyte proliferation by µ opioids: intergration of G protein and β-arrestin 2-dependent pathways. *J. Neurochem*. 2009;110(2):662-74.
45. Dvorak-Bertsch JD, Curtin JJ, **Rubinstein TJ**, Newman JP. Psychopathic traits moderate the interaction between cognitive and affective processing. *Psychophysiology.* 2009;46(5):913-21.
46. Dvorak-Bertsch JD, Curtin JJ, **Rubinstein TJ**, Newman JP. Anxiety moderates the interplay between cognitive and affective processing. *Psychol Sci.* 2007;18(8):699-705.

***Book chapters:***

**Rubinstein TJ**, Perry JD. Diplopia. In: Gault JA, Vander JF, eds. *Ophthalmology Secrets in Color*, 4th edition. Pennsylvania, PA: Elsevier; 2015:256-262.

***Published books, videos, software, etc.:*** *none*

*Refereed Reviews, Chapters, and Editorials: none*

***Other publications:*** *none*

*Abstracts:*

Zakher M, Rubinstein TJ, Shinder R. “Multi-Center Retrospective Review of Pediatric Clothing Hanger Injuries at Two Level 1 Trauma Centers.” Poster presentation. Presented at the American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS) fall meeting in San Francisco, 2019.

**Rubinstein TJ**, Choudhary MM, Perry JD. “Evisceration of Eyes with Intraocular Erosion of MIRAgel Scleral Buckles.” Poster presentation. Presented at the Association for Research in Vision and Ophthalmology (ARVO) meeting in Denver, CO, 2015.

**Rubinstein TJ**, Costin BR, Choudhary MM, Weber A, Perry JD. “Effect of posterior approach blepharoptosis repair on eyebrow position and predictability of preoperative phenylephrine testing.” Poster presentation. Presented at the Association for Research in Vision and Ophthalmology (ARVO) meeting in Chicago, IL, 2014.

**Rubinstein TJ**, Sakolsatayadorn N, Costin BR, McNutt SA, McBride JM, Perry JD. “The Effects of Sub-Tenon Injections on Optic Nerve Excision Length in Enucleations: Case Control Trial in Fresh Frozen Human Cadavers.” Poster presentation. Presented at the Association for Research in Vision and Ophthalmology (ARV0) meeting in Seattle, WA, 2013.

**LECTURES AND PRESENTATIONS:**

***International Lectures:***

**Rubinstein TJ**, Plesec TP, Singh AD. “Sarcoid-Like Reaction in Sentinel Node Draining Conjunctival Melanoma.” Presented at the 16th biennial meeting of the International Society of Ocular Oncology in Cleveland, OH, 2013.

***National Lectures:***

**Rubinstein TJ.** Closing lid margin lacerations. AAO 1-minute Videos. June 29, 2020.

**Rubinstein TJ.** 360 degree anatomical review of orbital anatomy and approaches. Presented at the 30th annual North American Skull Base Society meeting, San Antonio, TX, 2020.

**Rubinstein TJ**, Repp DJ, Sires BS. Formulaic approach to external levator resection through small-incision versus with blepharoplasty. Presented at the ASOPRS Spring Scientific Symposium, Vancouver, Canada, 2017.

**Rubinstein TJ**, Perry JD, Gastman B, Korn J, Singh AD. “The Utilization of ICG in Sentinel Lymph Node Biopsy of Conjunctival and Eyelid Malignancies.” Presented at the ASOPRS 44th Annual Fall Scientific Symposium, New Orleans, LA, 2013.

Costin B, Sakolsatayadorn N, McNutt S, **Rubinstein T**, McBride J, Perry J. “Dimensional Variation of the Orbicularis Oculi Muscle in Non-preserved, Fresh Frozen Human Cadavers.” Presented at the ASOPRS 44th Annual Fall Scientific Symposium, New Orleans, LA, 2013.

**Rubinstein TJ**, Plesec TP. Pathology case presentations. Presented at Pathology Conference at Cole Eye Institute, 2013.

**Rubinstein TJ.** Oculoplastics case presentation. Presented at Oculoplastic Conference with Case Western Reserve University, Cleveland, OH 2013.

**Rubinstein TJ**. Oculoplastics case presentation. Presented at Oculoplastics Grand Rounds at Cole Eye Institute, Cleveland, OH, 2013. “The role of β-arrestin2 in morphine inhibition of EGF-induced proliferation of astrocytes.” presented at the Saint Louis University AOA Research Symposium and at the 50th annual National Student Research Forum, St. Louis, MO 2009.

***Local Lectures:***

**Rubinstein TJ.** Ban the tan? Skin cancer and skin surgery revision. Presented to Greensboro Surgery Center continuing medical education. Greensboro, NC, September 9, 2021.

**Rubinstein TJ.** CT imaging: what the resident should know. Presented to Albany Medical Center ophthalmology residents. Albany, NY, July 8, 2020.

**Rubinstein TJ.** Flaps and grafts in eyelid reconstruction. Oral presentation. Presented to Albany Medical Center otolaryngology residents. Albany, NY, June 11, 2020.

**Rubinstein TJ.**Eyelid tumors. Oral Presentation. Presented to Albany Medical Center otolaryngology residents. Albany, NY, November 14, 2019.

**Rubinstein TJ.**Anophthalmic Socket. Oral Presentation. Presented to Albany Medical Center ophthalmology residents. Albany, NY, October 1, 2019.

**Rubinstein TJ.** Botulinum toxin and fillers. Oral Presentation. Presented to Albany Medical Center ophthalmology residents. Albany, NY, May 28, 2019.

**Rubinstein TJ.**Upper and Lower Eyelid Blepharoplasty. Oral Presentation. Presented to Albany Medical Center otolaryngology residents. Albany, NY, April 18, 2019.

**Rubinstein TJ.**Thyroid Eye Disease. Oral Presentation. Presented to Albany Medical Center ophthalmology residents. Albany, NY, December 11, 2018.

**Rubinstein TJ.**Anophthalmic Socket. Oral Presentation. Presented to Albany Medical Center ophthalmology residents. Albany, NY, October 22, 2018.

**Rubinstein TJ.** Oral presentation to optometrists to teach lacrimal syringing and punctual plug placement. Moorfields Eye Hospital, UK, June 24, 2018

**Rubinstein TJ**. Grand Rounds – Univesity of Washington. Orbital lymphoma. Oral presentation. Presented at University of Washington Grand Rounds, Seattle, WA, May 25, 2017.

**Rubinstein TJ**. “Oculoplastics approach to tearing.” Oral presentation. Presented in the Yakima Valley Optometric Society Meeting in Yakima, WA, April 6, 2017.

**Rubinstein TJ**. “Blepharoptosis.” Oral presentation. Presented in the Yakima Valley Optometric Society Meeting in Yakima, WA, June 9, 2016.

**SERVICE:**

|  |  |
| --- | --- |
| 2007-2011 | Volunteer at the Saint Louis University School of Medicine Health Resource Center clinics |
| 2008-2009 | Volunteer at the Saint Louis University School of Medicine Health Resource Center fundraising auctions, |
| 2007-2009 | HIV Task Force presenter |
| 2008-2009 | Class Evaluation Leader for Microbes and Host Responses module and Gastrointestinal System Module |
| 2008 | Volunteer at Ranken Jordan, Pediatric Specialty Hospital |
| 2008 | Co-wrote and presented a skit for middle school and high school students regarding the health consequences of drug abuse |