

LAURA BERRY WHITE

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Greater Boston/North Shore Area



I have been practicing in the field of nursing since 2006. While a registered nurse, I practiced on a med-surg floor, solid organ transplant unit and both hospital-based inpatient and outpatient clinics consulting as a wound ostomy nurse. I am currently a family nurse practitioner, (since Spring 2013), with experience in practicing in the Primary Care setting, SNF setting and Home Care setting. I have had my Wound Ostomy Nurse certification (since Summer 2010) and have been actively practicing wound care in these various settings. I have been certified in advanced nursing hospice and palliative care (since 2019) and am currently mostly practicing in this field. I present at both local and national conferences, and have created various forms of continuing education for registered nurses, (in-person and electronically based) mostly regarding wounds; pressure injuries, lower extremity wounds, skin tears, hospice and palliative wound care and ostomy care. I have created and updated multiple practice policies and procedures for my current company, and have participated in multiple patient quality case reviews.

I have been working as an independent medical expert witness (since Fall 2024); providing case review, analysis of standard of care, written opinions and consultations for ongoing legal matters.

PROFESSIONAL NURSE PRACTITIONER AND REGISTERED NURSE EXPERIENCE

Expert Witness: Independent Consult

September 2024 – Present

Family Nurse Practitioner, Wound-Ostomy Nurse Specialist

- Provide expert medical opinions for legal cases involving [specialty: wound care, home care, hospice care, Skilled Nursing Facilities, ostomy care.]
- Review and analyze medical records, depositions, and case materials
- Prepare written reports and affidavits for litigation
- Participate in depositions and/or trial testimony as needed
- Collaborate with attorneys to clarify medical standards of care

Care Dimensions: Danvers, MA

August 2017 - Current

Family Nurse Practitioner, Wound-Ostomy Nurse Specialist

- Provide care to patients in their homes, and various healthcare facilities for: Face to Face Recertification visits, Pre-Admit visits, Symptom Management Visits and Palliative-Hospice Wound Care Consult Visits, Home Primary Care.
 - o Wound (and Ostomy) Consults range from pressure injuries (bed sores/decubitus ulcers), lower extremity wounds, oncologic related wounds, fungating tumors, fistulas, troubleshooting common and complex ostomy challenges, as well as complex enterocutaneous fistulas and educating care givers how to take over care as needed.
- Rotate evening coverage at Kaplan Family Hospice House: admitting patients, managing symptoms and providing support to patients, families and clinical staff.
- Collaborated in originating, structuring and developing ongoing evolvement of the wound care position in formulating documentation templates; direct, indirect and virtual care, and participating to build documenting templates with our companies new EMR
- Create online and classroom educational opportunities for providers, nurses and nurse assistants.
- Participate in both our nurse residency and new nurse hire orientation with wound care presentations, ostomy education and shadow experiences.
- Rotate presenting at our monthly CNA continuing educational meetings, on various topic related but not limited to: wounds, general skin care, nutrition, ostomy/bowel care, incontinence care.
- Create and update policies primarily related to skin, wound, ostomy, drains and continence care
- Support the Wound Formulary Products within the companies many areas of patient care.
- Created Braden Scale care plans using evidence-based literature to implement nursing interventions
- Co-created/updated our Symptoms Management Algorithm Booklet, second addition for clinical staff that encompasses; assessment skills, documentation, medication management and dressing interventions.

Charter Health PC: Salem MA

April 2021 – February 2022

Family Nurse Practitioner, Wound-Ostomy Nurse Specialist

- Per Diem, rounded at Skilled Nursing Facility, providing wound consults, and creating care plans for various kinds of wounds in both the rehab unit and nursing home wings.

North Shore Physicians Group: Danvers, MA

March 2014 – July 2017

Family Nurse Practitioner, Wound-Ostomy Nurse Specialist

- Collaborated with two part time physicians and one full time physician to effectively and safely co-manage multiple complex medical patient panels; panel 1: 725 patients, panel 2: 1,074 and panel 3: approx. up to 300+ and climbing (new full time MD)
- Assisted in on-boarding new patients to the practice: reviewing their medical records, performing intake phone calls and initial visits.
- Completed annual physicals, routine co-morbidity follow-up visits, pre-op risk assessments, hospital follow up visits, postpartum visits, mental health and general urgent care-like visits.

- Provided wound, ostomy and drain care in the primary care office setting, providers throughout multiple offices of NSPG would refer their patients to me.
- Provided continuous education and reinforcement of created care plans for patients at their own comprehension levels; using personally created disease appropriate handouts, demonstrational items, and roll play.
- Additional Responsibilities included but not limited to; triaging, attention to quality metrics, reviewing lab data, pathology and referrals to appropriate specialists.
- Performed home visits to hospital follow up patients and elderly patients unable to transport into the office.

Massachusetts General Hospital: Boston, MA

October 2010 - March 2014

Registered Nurse, Certified Wound Ostomy Continence Nurse

- Provided complex wound, ostomy and continence care to a population of patients across the age spectrum from neonates to geriatrics (and pregnant/post-partum), in both the inpatient (over 1,000 bed hospital) and connected outpatient settings. With a focus on: management of complex abdominal wounds, lower extremity wounds, oncologic related wounds, fungating tumors, fistulas, pressure ulcers, pre-operative ostomy education and stoma site marking, post-operative ostomy education to encourage self-care, troubleshooting common and complex ostomy challenges and offering supportive counseling as patients adapt to living with an ostomy.
- Team member; working with and consulting within a multi-disciplinary team that included: General/GI surgeons, Vascular surgeons, Plastics surgeons, Podiatry, Foot-Orthopedic Surgeons, Primary Care Providers and VNA services.
- Created and managed ongoing plans of care related to each patient's diagnosis, while balancing; emotional, social and economic needs of the patient.

Beth Israel Lahey Medical Center: Boston, MA

July 2010-October 2010

Registered Nurse, Certified Wound Ostomy Continence Care Nurse (Per Diem)

- Collaborated as a member of the Wound, Ostomy, Continence Nursing Care Team assessing a variety of inpatients.
- Provided wound care education; in-services and educational handouts to staff nurses on caring for patients with pressure injuries, ostomies and incontinence care.

Beth Israel Lahey Medical Center: Boston, MA

April 2008-October 2010

Registered Nurse, Transplant Unit with Telemetry

- Managed bedside nursing care and patient education of adults: post-operative solid organ transplant patients, readmissions of high acuity immunosuppressed patients and end-stage renal disease/end-staged liver disease patients.
- Accomplished the Clinical Nurse Level Three Role (out of four levels).
- Precepted and Mentored Nursing Students completing their Senior Practicums
- Leading Member of the Skin, Wound Assessment Team (SWAT) and floor representative

Rhode Island Hospital: Providence, RI
November 2006-April 2008

Registered Nurse, Medical/Surgical/Telemetry Unit

- Performed Charge Nurse responsibilities; evaluating staffing requirements, assigning patients to nurses and triaging admissions on a 25-patient ward during night shift; supervising 2-3 RNs, 2 CNAs and unit secretary, while balancing a patient load of 5-9 patients.
- Member of the Hospital Acquired Pressure Ulcer (HAPU) Committee, preformed training for unit RNs and CNAs on current HAPU information. Audited charts and patients on multiple floors quarterly, on HAPU occurrences.

PROFESSIONAL PRACTICE: PRESENTATIONS, PROJECTS, PRECEPTING, PUBLICATIONS

Presentations and Lectures:

1. Care Dimensions, New Hire Orientation Program
October 2017 – Current
Title: *Palliative Hospice Related Wound Care for the New Nurse*
2. WOCNext: Wound Ostomy Continence Nurse National Conference
June 2, 2026
Title: *Palliative Wound Care; Dignity in the Details*
3. Wound Ostomy Continence Nurses' New England Regional Conference
October 26, 2024
Title: *Creating H.O.P.P.E.S. at End of Life: Supporting a Patient with a Complex Metastatic Breast Wound at Home.*
4. North Shore Neurology Monthly Didactic
April 1, 2024
Title: *Crossroads: Common Skin Changes & High-Risk Pressure Injury Areas in Select Neurodegenerative Disorders*
5. Wild on Wounds (WOW) 2023 Conference
September 15, 2023
Title: *Wounds to Die For: Palliative-Hospice Wound Care*
6. Hospice and Palliative Care Federation of Massachusetts Annual Education Conference
October 26, 2022
Title: *Topical Management for Pain and Bleeding in Hospice Related Wounds*
7. Wound Ostomy Continence Nurses' New England Regional Conference
October 21, 2022
Title: *Hospice Palliative Wound Care*
8. SAWC: Symposium on Advanced Wound Care, co-presented
October 16, 2022
Title: *Palliative Wound Care*
9. Care Dimensions' 6 Part Wound & Ostomy ZOOM Mini Series
July 2021 - December 2021
Titles: *Pressure Pushing Down on You?!: Staging Pressure Injuries*
 - o *As the Wound Turns; Repositioning & Offloading; selecting & setting your mattresses, incorporating the Braden Scale into care plans and ordering appropriate DME.*

- *Healing Cascade interrupted by common Palliative and Hospice Medications*
 - *If MacGyver Can Do It, So Can You; Ostomy Accessories, What to do when your patient's pouch is leaking*
 - *Rashes and Skin Lesions can all be Fun-Guys*
 - *Morphine Gel: The How, What, Why, When and Where.*
10. Hospice and Palliative Care Federation of Massachusetts Annual Education Conference
October 27 & 28, 2021
Title: *Help! My patient's ostomy pouch won't stay on.*
Title: *Wound Management for our Hospice and Palliative Patient.*
 11. Hospice and Palliative Nurse Association's 2021 Clinical Practice Forum, co-presented
August 26, 2021
Title: *Practical Considerations in Palliative Wound Care*
 12. Hospice and Palliative Care Federation of Massachusetts Annual Education Conference
October 2019
Title: *Tips and Tricks of Palliative Wound Care for the Hospice Patient*
 13. Lecturer at Northeastern University; to annual Nurse Practitioner students
March 2018 – March 2020
Title: *Wound care for the PCP*
 14. Clinical Redesign, at North Shore Physicians Group for new hirer medical assistants
August 2016- July 2017
Presentation on; skin integrity, assessing for pressure ulcers, skin breakdown, how to: remove dressings, clean wounds and redress a wound. As well as hands on practice.
 15. North Shore Physicians Group, monthly provider educational sessions
December 2014
Title: *Beyond Bacitracin* (Presentation for primary care providers on; prescribing compression, common topical agents applied to wounds, wound prescriptions, and tips to interact with VNA regarding wound care orders)
 16. Post RN clinical day experience, group lecture
January 2011- March 2014
Title: *Basic Ostomy and Wound Care* (Information session after undergraduate nursing students post clinical day wrap up meetings: provided lecture and handout materials on ostomy/wound and drain care on)
 17. Pharmacology Update, Co-Presented
April 2012
Titled: *Diabetic Medication Management* (Presented diabetic treatment modalities while pregnant)
 18. MGH Physicians and colleagues of the Gynecological Surgical department
January 2012
Title: *Wound Care for the GYN/ONC Population* (topics included VAC assisted dressing use and application, wet to dry dressing usage and when to consult the wound care nurse)

Poster Presentations:

1. SAWC: Symposium on Advanced Wound Care Conference
May 2025
Title: *Case Series: A Novel Silicone Foam dressing for Wound Symptom Management in Hospice Care*
2. Wound Ostomy Continence Nurses' New England Regional Conference
October 2022
Title: *Pseudomyxoma Peritonei (PMP) "Jelly Belly" A postoperative Palliative Case Study*
3. Wound Ostomy Continence Nurses' New England Regional Conference
October 2021
Title: *North Shore Ostomy Support Group: Creating and Maintaining a Support Group through COVID.*
4. Wound Ostomy Continence Nurse's Society 44th Annual National Conference, Seattle, WA
June 2013
Title: *The Pouch is Half Full: Promoting Positivity through Creative Resources.*

Pharmacology Update: Innovation and Evidence, for Advanced Practice Nurses

Bi-Annually 2013 - 2015

Co-Founded and developed this program for Nurse Practitioners, Clinical Nurse Specialists, and Physician Assistants of Massachusetts General Hospital, and Partners Organizations to obtain Pharmacology continuing education credits through colleague presentations. Planned, coordinated, evaluated content and selected faculty peers to present at the Conference for a total of 5 conferences before moving on from MGH.

Projects:**Policy and Procedures, Created and/or Revised:**

1. Joined the Policy Committee at Care Dimensions, and now participate in annual reviews of select policies, updating as needed to reflect current standards of care and practice, 2025
2. *Drug Administration Through Gastrointestinal Ostomies*, co-created
 - o pending review and approval by safety committee
3. *Nurse Skin Assessment Policy, Pressure Injury Prevention and Care*, created December 2023
4. *Silver Nitrate Application for Wound Care*, created October 2023
5. *Care of Urostomy – stoma and appliance*, revised July 2023
6. *Biliary Drain Care – flushing, site care*, created May 2023
7. *Negative Pressure Wound Therapy*, revised February 2022

North Shore Ostomy Support Group

March 2018 – Current

- Created and currently organizing an every other month North Shore Ostomy Support Group for patients, and their caregivers, in collaboration with regional wound-ostomy nurse colleagues and UOAA support. Inviting guest speakers to come and discuss a range of education: nutrition, supplies, grief, networking, etc.

Massachusetts General Hospital Ostomy Support Group

September 2011 – March 2014

- Co-creator/organizer for monthly support group meetings open to ostomy patients and their caregivers.

Precepting, and Educational Instruction:

1. On-Line and Classroom Wound Care Modules
Spring 2019 – On Going
 - Collaborate with the educational department of Care Dimensions to create multiple wound and skin care modules for nurses to access online and attend class settings with CEU credit attached to education.
 - Modules included topics of; skin care; prevention, assessment, documentation and treatment of. And reviewed types of wounds and wound care supplies that collaborate with wound symptoms.
2. Preceptor for Graduate Nurse Practitioners
September 2015 –Current
 - Precepting Nurse Practitioner students in areas of Hospice, Palliative Care, Primary Care and Wound Care, working with Simmons University, Regis University, Northeastern University and UMass-Boston.
3. Patient Health and Wellness Educational Bulletin Board
June 2016 – July 2017
 - Co-Creator of an educational bulletin board, changed quarterly, visually stimulating and directed at an appropriate comprehension level for adult patients, displayed in waiting rooms.
4. Student Nurse Mentor
September 2012 – March 2014
 - Shadowing opportunities for undergraduate student nurses from Boston College, Northeastern University and MGH Institute. As well as was an accessible mentor for assistance in resume building and job interview practicing.

Publications, informal:

1. Care Dimensions' Blog entry: *Tips for Treating Overly Dry Hands*
April 27, 2020
<https://www.caredimensions.org/blog/?pid=Tips%2Dfor%2DTreating%2DOverly%2DDry%2DHands-2335>
2. Berry White, L. (2025) Coloplast Biatain Silicone Fit Case Compendium: A Novel Silicone Foam Dressing for Wound Symptom Management in Hospice. *WOUNDS, A Compendium of Clinical Research and Practice, Supplement to WOUNDS*. p 10.

EDUCATION

Master of Science Nurse Primary Care, Family Nurse Practitioner, May 2013
Northeastern University: Boston, MA

Post Graduate Certification in Wound, Ostomy, Continence Nursing, May 2009
La Salle University: Philadelphia, PA

Bachelor of Science in Nursing, May 2006
Villanova University: Villanova, PA

NURSING CERTIFICATIONS. LICENSURE & MEMBERSHIPS

Family Nurse Practitioner

July 2013 - July 2028

State of Massachusetts

American Nurses Credentialing Center Certification

Advanced Practice Registered Nurse & Registered Nurse

Sept 2006 (RN)/Feb 2014(APRN) – Feb 2028

State of Massachusetts

Advanced Certified Hospice and Palliative Care Nurse

June 2019 - June 2027

Hospice Palliative Nurse Association Member

Certified Wound Ostomy Nurse, CWON

June 2010 - June 2030

- Continence 2010-2015

Wound Ostomy Continence Association Member

Current: DEA, and NPI and MCS registration numbers are up to date.

AWARDS & RECOGNITION

1. WOCN New England Outstand Nurse of the Year Nominee and Finalist, *2018*
2. Excellence in Caring Recognition, *October 2018*
 - Innovation of an external DIY high volume fecal collection device
3. Partners in Excellence Team Award
 - 2013: Stoma Service at Massachusetts General Hospital
 - 2015: Pharmacology Update at Massachusetts General Hospital

RECREATIONAL ACTIVITIES

1. Boston Yacht Club Member
 - August 2020- Current
 - January 2022-Jaunuary 2024: Board Of Trustees, Trustee at Large
 - January 2024- Current: Secretary, Board of Trustees
2. Kappa Delta Sorority
 - August 2010-May 2019 Council Alumni Advisory Board Member-Northeastern University