

JESSICA L. ROOS, PSY.D.

Forensic Psychologist

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Licensure

Licensed Psychologist - California No.
33396 Licensed Psychologist- Colorado No.
0006471
Licensed Psychologist- Vermont No.
048.0135115TELE Licensed Telehealth Psychologist-Florida No. TPPY2789

Professional Experience

VORWERK FORENSIC PSYCHOLOGY, INC.

Forensic Psychologist, September 2022- Present

- Conduct comprehensive forensic psychological evaluations and prepare detailed report of findings including:
 - o Independent Medical Evaluation (IME)/Personal Injury/Emotional Distress/Damages
 - Assessment of Psychological Impact
 - Establishing Causation
 - Documenting Pre-existing Conditions
 - Functional Impairments
 - Developing a Treatment Plan
 - Quantifying Damages
 - o Mental Health Diversion
 - o Competency to Stand Trial Evaluations
 - Psychosexual Assessment
 - Mitigation Report
 - Violence Risk Assessment
 - o Franklin Evaluations- Youthful Offender Psychological Mitigation
 - Testamentary Capacity
 - Not Guilty by Reason of Insanity
- Psychological evaluation with clients remote or in-person
- · Review and analyze medical and legal records, summarize records, and integrate

- literature review into findings
- Administer and score psychological test instruments as needed
- Provide expert testimony as needed in the court concerning the psychological state of individuals and report findings
- Assess cognitive, behavioral, emotional, and personality functioning in conjunction with other factors related to each specific type of evaluation. Administer validity testing to assess the validity of psychological symptoms.
- Adhere to county jail jails, Department of State Hospitals and the California Department of Corrections and Rehabilitation policies and APA psychological standards
- Complete continuing education in specialty areas of forensic practices

CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION-RICHARD J. DONOVAN CORRECTIONAL FACILITY, SAN DIEGO, CA

Unlicensed Clinical Psychologist, September 2019 – June 2022 Licensed Clinical Psychologist June 2022 – July 2024

Richard J. Donovan Correctional Facility (RJDCF) is a forensic facility that houses minimum to maximum custody levels of male inmates. The facility can accommodate the special needs for inmates such as high-risk medical, problems associated with HIV and substance use, and inmates with severe mental illness.

- Provide therapy, and crisis interventions to inmates admitted to the Administrative Segregation Unit (ASU)
- Assess inmates to decide if they have impairments and should be placed in the Mental Health Delivery System
- Carry a caseload of anywhere between 11 and 25 patients
- Complete weekly Suicide Risk Assessments and Mental Health Evaluations/ Psychosocial assessments by providing a diagnosis and determining chronic and acute risk factors
- Serve as the team leader for treatment planning as a member of a multi-disciplinary treatment team which includes the treating physician, psychiatrist, registered nurse, recreational therapist, and correctional counselor
- Assist custody (Warden, Associate Wardens, Captains, and Custody Counselors) in Institutional Classification Committees to assess current functioning of inmate mental health and cognitive abilities
- Conduct weekly mental health groups for inmates with mental health impairments
- Conduct a morning and afternoon huddle with sergeant, psych tech on duty and mental health escort officer to discuss new admissions, a crisis that occurred and/or daily updates on patients that pertain to ASU
- Unit lead secondary to ASU Supervisor, which included clinical duties such as triaging, managing a treatment team of six to seven clinicians, organizing, and conducting clinical meetings with staff and custody staff, delegating coverage as needed, conducting patient movement in and out of the unit, and other administrative duties
- Provide crisis interventions to inmates in the Mental Health Delivery System and assess if they
 are a danger to themselves, others or gravely disabled
- Complete Mental Health Rule Violation Report Assessments to determine if mental illness played a role in an inmate's disciplinary offense

VORWERK FORENSIC PSYCHOLOGY INC.

Forensic Report Writing Assistant, May 2019 – September 2022

- Training alongside a licensed forensic psychologist who conducts forensic evaluations
- Receive structured guidance from supervisor on how to formulate reports and answer referral questions pertaining to the criteria
- Conduct extensive record reviews, summarize records, and complete research and review of the literature to answer the referral question

- Work collaboratively with supervisor to assess cognitive, behavioral, emotional, and personality functioning, along with assessment of other factors related to the evaluation. Also, prepare reports on findings
- Increase familiarity with the inner workings of the Department of State Hospitals and the California Department of Corrections and Rehabilitation
- Provided training on various areas of forensic practice

CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION- CALIFORNIA INSTITUTION FOR MEN, CHINO, CA

Pre-Doctoral Intern, August 2018 – August 2019

California Institution for Men (CIM) is a forensic facility that houses minimum to medium custody levels of male inmates. The facility can accommodate the special needs for inmates such as high-risk medical, problems associated with HIV and substance use, and various mental health units.

- Provide therapy and crisis interventions to inmates admitted to the Mental Health Crisis Beds, Administrative Segregation Unit, and Outpatient Units
- Conducted daily Suicide Risk Assessments and Mental Health Evaluations/Psychosocial Assessments by providing a diagnosis and determining chronic and acute risk factors
- Serve as the team leader for weekly treatment planning as a member of a multi-disciplinary treatment team which includes the treating physician, psychiatrist, registered nurse, recreational therapist, and correctional counselor
- Develop discharge plans for routine and complicated cases which can consist of referring patients to Department of State Hospitals for Acute Psychiatric Program or Intermediate Care Facility treatment
- Use professional judgment to support custody during potential Use-of-Force situations
- Assess inmates to decide if they have impairments and should be placed in the Mental Health Delivery System
- Assist custody (Warden, Associate Wardens, Captains, and Custody Counselors) in Institutional Classification Committees to assess current functioning of inmate mental health and cognitive abilities
- Conduct weekly Coping Skills group for general population inmates with mental health impairments
- Conduct a morning and afternoon huddle with sergeant, psych tech on duty and mental health escort officer to discuss new admissions, a crisis that occurred and/or daily updates on patients that pertain to ASU
- Co-developed and co-facilitated a safety planning group, co-facilitated, a transgender psychotherapy group, and co-facilitated a sex offender psychotherapy group
- Selected, administered, and interpreted psychological assessments
- Conducted PC3002 evaluations
- This internship requires working knowledge of HIPAA, PREA, confidentiality, and privacy laws, Child Abuse Reporting Laws, Duty to Warn (Tarasoff), terms of incarceration that relate to parole, PC 2602, and general safety practices.

RIVERSIDE BEHAVIORAL HEALTHCARE CENTER, Riverside, CA

Practicum Student, July 2017 – July 2018

Riverside Behavioral Healthcare Center is a locked, 120-bed, private psychiatric hospital serving male and female adults having a severe mental illness. The range of mental illness included schizophrenia, bipolar disorder, and schizoaffective disorder. Some patients had co-occurring substance abuse disorders, organic brain damage, and traumatic brain injury. All clients were currently on LPS conservatorship.

- Provided individual therapy sessions for clients with a range of disorders, mostly major mental illness
- Developed and co-facilitated a PTSD group and 12-step workshop group

- Developed and implemented a limited mobility exercise group
- Co-facilitated group sessions such as anger management, and gardening
- Collaborated and consulted with multidisciplinary staff, including primary counselors, nursing staff, medical staff, psychiatrist, and other departments in the healthcare center
- Maintained documentation, including clinical records, treatment plans, and progress notes
- Conducted psychological testing when applicable including interpreting and formulating a report

OUTREACH CONCERN INC., Westminster, CA

Practicum Student, September 2016 – June 2017

Outreach Concern Inc. is a non-profit 501(c)(3) counseling agency created to help students and their parents eliminate the barriers that impact their performance in the classroom. These barriers include social, emotional, academic, and behavioral problems that affect their ability to learn and succeed in the classroom.

- Provided individual therapy sessions to school-aged children to address social, emotional, and academic concerns to help ensure their academic and personal success.
- Communicated effectively with parents and families to provide them with community resources
- · Collaborated with the school psychologist, principal, teachers, and resource teacher
- Led weekly educational counseling groups using self-created curriculums for concerns such as grief and loss, changing family systems, social skills, and anger management
- Coached teachers in the accurate conceptualization of children's areas of need and determined developmentally appropriate goals
- Monitored academic progress and behavior or students
- · Maintained clinical records such as treatment plans, and progress notes

15th CIRCUIT SOLICITORS' OFFICE, Conway, SC

Undergraduate Intern, January 2012 – December 2013

- Shadowed solicitors during pre-trial and trial for juvenile court
- Keyed in new cases and keyed out old juvenile cases
- Revised and edited court reports
- Collaborated with juvenile clients and appropriate guardians regarding their cases
- Collaborated with the department of juvenile justice
- Analyzed police reports

COASTAL RECOVERY CENTER, Myrtle Beach, SC

Undergraduate Intern, August 2012 – December 2012

- Provided support to therapist in delivering therapy and counseling services to patients
- Assisted in facilitating group therapy sessions, providing a supportive environment
- Assisted in maintaining progress notes and forms related to patient's treatment
- Participated in client education sessions, sharing information about treatment options and resources

Additional Experience

THE CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY COUNSELING CENTER, Irvine, CA

Administrative Assistant, May 2017 - August 2018

- Provided comprehensive administrative support to ensure the smooth operation of the office
- Welcomed clients and assisted with scheduling appointments, and address concerns
- Handled incoming calls, emails, and inquires, providing timely and professional responses
- Assisted with billing and invoicing processes, including generating invoices and processing

payments

• Engage in ongoing professional development opportunities to enhance office operations

INSTITUTE FOR BEHAVIORAL HEALTH, Redlands, CA

Behavior Specialist, June 2016 – October 2017

- Provided direct therapeutic interventions in the home to the clients
- Utilized Applied Behavior Analysis (ABA) techniques to increase language, communication skills, social skills, appropriate play skills, cooperation skills, and daily living skills
- Developed operationally defined targeted behaviors or educational goals and established observable and measurable objectives to facilities the client's abilities and resources in reaching his or her maximum potential
- Maintained records such as progress notes, treatment plans, and maladaptive behaviors
- Collaborated confidentiality and professionally with supervisors, teachers, and parents

CORRECTIVE SOLUTIONS: RISE PROGRAM, Rancho Cucamonga, CA

Case Manager, October 2015 – June 2016

- Managed assigned caseload and corresponding case files for first-time offenders
- Conducted an initial assessment on each defendant
- Attended, participated, and testified if needed in court proceedings
- Monitored defendant's compliance with court-ordered conditions
- Maintained awareness of all confidentiality laws and regulations about the defendant's case management and records
- Administered drug and alcohol tests when needed
- Collaboratively communicated with other criminal justice agencies as required
- Attended training as needed to increase knowledge and improve skills to enhance job performance

LAW OFFICE OF JOSEPH B. FRUCHTER, Hauppauge, NY

Legal Assistant, February 2015 – July 2015

- Provided high level secretarial and administrative support to attorney
- Processed a range of standard legal document including bill of particulars, appeals, summons and complains, and subpoenas
- Proofread and revised legal documents
- Scheduled legal meetings, appointments, and depositions
- Obtained medical records for clients as needed
- Assisted in preparing settlement demands for cases
- Maintained attorney's schedule and calendar
- Provided a high level of customer service to client

Education

The Chicago School of Professional Psychology

Doctor of Psychology, Clinical Forensic Psychology, Psy.D Cumulative GPA: 3.95

Irvine, CA August 2019

Coastal Carolina University

Bachelor of Arts, Psychology, Minor Sociology

Cumulative GPA: 3.5

Conway, SC December 2013

Relevant Forensic & Clinical Trainings

- <u>Psychological Evaluation in Personal Injury & Civil Rights Cases</u> (May 2024). Palo Alto University. Online.
- <u>MMPI-3 in Personal Injury & Disability Evaluations</u> (April 2024). Palo Alto University.
 Online.
- <u>Assessing Allegations of Trauma in Forensic Contexts</u> (April 2024). Palo Alto University. Online.
- <u>Basics of Civil Personal Injury for Psychologists.</u> (December 2023). APA Division 43.
 Online.
- <u>Evaluation of Competence to Stand Trial.</u> (November 2023). The Judicial Council of California. Online.
- Rule Violent Report Mental Health Assessment Part 1 & Part. Richard J. Donovan Institution CDCR. (May 2023). San Diego, CA.
- HCR-20-V3 Overview 2023. (February 2023). Palo Alto University. Online
- <u>Risk Assessment for Violence: Key Concepts, Tools, & Practice 2023.</u> (February 2023)
 FMHAC. Online
- Guide to Authoring the Gender Affirming Surgery Evaluation 2022. (August 2022).
 Richard J. Donovan Institution CDCR. San Diego, CA.
- Affirming Care with Gender Minority Patients 2022. (July 2022) Richard J. Donovan Institution CDCR. San Diego, CA
- <u>Integrated Substance Use Disorder Treatment 2021.</u> (June 2022) Richard J. Donovan Institution CDCR. San Diego, CA.
- <u>Suicide Prevention 2022.</u> (June 2022) Richard J. Donovan Institution CDCR. San Diego, CA.
- <u>Mental Health Evaluation SB 132 Cross-Gender Institutional Transfer Requests</u> 2022. (May 2022). Richard J. Donovan Institution CDCR. San Diego, CA.
- Complex Cases in Correctional Mental Health: Improving Diagnostic Accuracy with Enhanced Case Study 2021.
 (October 2021). Richard J. Donovan Institution CDCR. San Diego, CA.
- <u>Mental Health Suicide Risk Management Program.</u> (July 2021). Richard J. Donovan Institution CDCR. San Diego, CA.
- Prison Rape Elimination Act (PREA) Duty to Report 2020. (May 2020). Richard J. Donovan Institution CDCR. San Diego, CA.
- Anger Management Essentials: Managing and Controlling Anger. (May 2020). Richard J. Donovan Institution CDCR. San Diego, CA.
 - Mental Illness, Staff Perceptions, and Misrepresenting Symptoms 2019.
 (October 2019). Richard J. Donovan Institution CDCR. San Diego, CA.
 - <u>Childhood Trauma and Early Development: Forensic Implications.</u>
 (October 2017). The Chicago School of Professional Psychology. Irvine, CA.

Presentations

IDENTIFYING & INTERVIEWING CLIENTS WITH MENTAL DISORDERS

Co-presenters Dr. Vorwerk & Dr. Vickerman April 2024

Provided a three-hour training to the Orange County Public Defender's office on the specialty of forensic psychology, how it applies to the legal system and how to interview individuals with mental health disorders within the criminal justice system.

Co-presenter Dr. Morehead, February, and May 2019

Provided a three-hour training to mental health clinicians at California Institution for Men and California Institution for Women on the history and legal ramifications of not guilty by reason of insanity and how it related to rule violation report (RVR) assessments in the prison system. Dr. Morehead presented to mental health clinicians on how to conduct an RVR assessment of inmates.

Research Experience

The Chicago School of Professional Psychology

Irvine. CA

Chair: Linda Gomberg, J.D., Ph.D.

April 2016- April 2018

Dissertation Title: "Suicide by Cop and Mental Health"

Coastal Carolina University

Conway, SC

Thesis Chair: Joan Piroch, Ph.D. 2013

August -December

Thesis Title: "Relationship between External Locus of Control and Trait Anxiety in a College Sample"

Professional Memberships

American Psychological Association, Graduate Student Affiliate 2015-Present Division 41 American Psychology Law Society, Student Affiliate 2015-Present Forensic Mental Health Association of California 2019-Present