



Christie J. Mitstifer

MSN, MHA, RN, MCP-C

Experienced Registered Nurse with 14+ years of providing patient care in hospitals, home care, rehabilitation, and hospice settings. Former home health executive. Expert witness experience with adult and pediatric cases. Certified in Medical Cost Projections. Authored over 200 medical cost projections and life care plans. Master of Science in Nursing (MSN) and Master of Health Care Administration (MHA). Remains clinically active in the home health industry.

Contact

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Education

2024

FIG Education: currently enrolled

2016

Master of Nursing Science
Master of Health Care Administration

2010

Associate of Science in Nursing

2007

Bachelor of Arts in Liberal Arts

Expertise

- Life Care Planning
- Medical Cost Projections
- Nurse Consulting
- Pediatric Home Health Care
- Complex Care Management

Experience

2020 - present

Mitstifer & Co. | Hummelstown PA
Legal Nurse Consultant & Life Care Planner

- Apply strong nursing skills, knowledge, education, and expertise to screen cases for merit.
- Perform comprehensive review of medical records.
- Analyze health records, case files, depositions, and other relevant reports against standards of practice.
- Formulate and deliver written and verbal opinions on nursing-related aspects of patient care.
- Research, define, and evaluate nursing standards of care.
- Educate others regarding medical issues.
- Testify as an expert and life care planner during proceedings, including administrative hearings for appropriate home healthcare cases, nursing standards, and medical malpractice.

2022 - present

Bayada Home Health Care | Mechanicsburg PA
Registered Nurse

- Deliver specialized nursing care to patients with complex chronic illnesses, mechanical ventilation, and severe disabilities.
- Conduct comprehensive nursing assessments, including emotional and mental health, symptoms of pain, and changes in condition.
- Perform a range of nursing duties such as medication administration, wound care, seizure management, and other treatments.
- Monitor and analyze deviations from the patient's baseline and respond swiftly to those changes.
- Provide tailored education and training to patients and caregivers on disease and injury management, medication schedules, and preventive care to promote overall well-being.
- Proactively identify issues or concerns to enhance patient outcomes.

Experience (cont.)

2019 - 2022

Aveanna Healthcare | Harrisburg PA

Registered Nurse

- Mitigate infection risks by adhering to standard precautions and implementing specific measures for COVID-19 prevention.
- Provide care specific to tracheostomies to prevent infection and obstruction, as well as frequent suctioning in order to maintain a patent airway.
- Perform comprehensive nursing assessments and apply clinical expertise to determine care priorities for patients with chronic illness and catastrophic disabilities.
- Execute various nursing responsibilities, such as medication administration, wound care, seizure monitoring, health evaluation, and symptom management.
- Educate patients and their families on disease management, medication regimens, and preventive strategies to optimize wellness.

2017 - 2019

PRN Home Health Services | Harrisburg PA

Registered Nurse

- Provide specialized nursing care to pediatric patients with chronic conditions, particularly those who need mechanical ventilation.
- Carry out various nursing duties, including administering medications, wound care, monitoring seizures, and managing feeding tubes.
- Enhance the nutritional requirements for patients with feeding tubes and swallowing difficulties.
- Conduct thorough physical assessments and continuously monitor the patient's condition during shifts, promptly addressing any health changes.
- Offer individualized guidance and assistance to patients and caregivers on managing illnesses and injuries, medication schedules, and preventive healthcare practices.

2017

Hospice of Central PA | Harrisburg PA

Director of Admissions

- Member of the senior leadership team, developing and executing the organization's strategic vision.
- Offered clinical and operational supervision to guarantee the admission team's delivery of high-quality services.
- Supervised a team of 15 admission staff, including insurance specialists, billing personnel, intake staff, as well as LPNs and RNs.
- Collaborated with clinical directors to facilitate a seamless transition of care from the admission team to relevant clinical teams.
- Supported the human resources and education department in recruiting, efficient onboarding, and training new admission team members.
- Demonstrated comprehensive oversight in ensuring compliance with regulations set forth by federal, state, and local regulatory bodies and accreditation agencies.

Experience (cont.)

2015 - 2016

Penn State Rehabilitation Hospital | Hershey PA

Clinical Liaison Manager

- Provided support to the Director of Business Development in overall coordination of department.
- Supervised and managed the daily operations of the Clinical Liaison team.
- Cultivated relationships with existing and prospective referral sources.
- Assessed patient care within acute care hospitals to determine eligibility within Inpatient Rehabilitation Facilities or Skilled Nursing Facilities.
- Facilitated patients' transition between hospitals to ensure seamless care continuity.

Registered Nurse

- Performed direct patient care for individuals with brain injury, spinal cord injury, stroke, amputation, neurological disorders, orthopedic conditions, and multiple traumas.
- Provided comprehensive care including systemically assessing, planning, implementing, and evaluating patients to maximize restoration of the patient's physical, mental, and psychological health and goals.
- Collaborated with physicians and members of the rehabilitation team to develop individualized care plans.

2012-2015

PSA Healthcare | Harrisburg PA & Allentown PA

Clinical Director

- Managed daily business and clinical operations effectively.
- Supervised a team comprising six office employees and more than 65 field staff members, including LPNs and RNs.
- Operated within compliance of organizational policies & procedures, as well as federal, state, and local home health regulations.
- Oversaw the hiring, discipline, and training of all clinical staff, maintaining compliance with licensing requirements and ensuring completeness of personnel records.

Clinical Nurse Liaison

- Successfully implemented the liaison program in central PA region.
- Facilitated a smooth transition for patients and families from an inpatient setting to a home care setting.
- Maintained a positive working relationship with referral sources including physicians, social workers, care coordinators, and medical professionals within the community.
- Served as a liaison for directors, clinical care managers, and PSA field staff pertaining to clinical issues, insurance authorization, and discharge instructions.

Clinical Case Manager

- Oversaw all facets of case assignments, including developing care plans, reviewing case progress, monthly patient assessments, managing medical administration records and current treatments.
- Collaborated with care team members to develop tailored care plans aligning with the patient's and family's needs and expectations.
- Provided supervision to clinical staff and conducted training programs for continuous professional development.
- Engaged with other members of the interdisciplinary rehabilitation team to facilitate achievement of overall goals in the patient's home.

Experience (cont.)

2011 - 2012

Lancaster General Health | Lancaster PA

Registered Nurse

- Provided comprehensive care to patients including administering medications, IV therapies, immunizations, applying sterile dressings, phlebotomy, EKG, and other treatment modalities as ordered.
- Evaluated patients, conduct admissions assessments to determine patient needs, and created individualized plans of care based on physical, psychosocial, and safety concerns.
- Documented clinical status, medications, procedures, and patient conditions.
- Provided education to patients and families on how to care for an infant, post-partum care, healthy lifestyles, and treatment modalities.

Licensures and Certifications

- Registered Nurse - RN625879
- American Heart Association Complete BLS (CPR) - 2022-2024
- Medical Cost Projection - Certified (MCP-C) - 2024

Professional Memberships

- American Association of Nurse Life Care Planners - #1965-6895, 2020 - present
 - Conference Committee Member: 2024-2025
- American Association of Legal Nurse Consultants - #34137948, 2020 - present
- American Nurses Association & Pennsylvania State Nurses Association - #03400611, 2023 - present
- International Association of Rehabilitation Professionals - #75973703, 2024 - present