

MONICA SCHWARZ JOSTEN, MD



MONICA.SCH.JOSTEN@GMAIL.COM

- Stanford-trained board-certified general pediatrician
- Professional specialization in the comprehensive medical care of newborns, children and adolescents in health maintenance, monitoring growth and development, diagnosing illness, and managing mental health
- Private practice clinic work and newborn rounds at four hospitals in the Salt Lake Valley • Experienced speaker at medical conferences and community meetings both in person and virtually

Board certified in General Pediatrics by the American Board of Pediatrics (2020 – present)
Active state licenses: Utah

EDUCATION

Stanford Pediatrics Residency Program, Lucile Packard Children’s Hospital, Palo Alto, CA
Categorical Pediatrics Resident (2017 – 2020)
Scholarly Concentration: Community Engagement and Advocacy

University of Utah School of Medicine, Salt Lake City, UT
Doctor of Medicine (MD), with honors (2013 – 2017)

Tulane University, New Orleans, LA
Bachelors of Science, Biochemistry, *summa cum laude* (2008 – 2012)
Study Abroad Program in Bali, Indonesia (Fall 2010)

WORK EXPERIENCE

Families First Pediatrics, Bluffdale, UT (2021 – present)
Private practice general pediatrician
Newborn rounds at Intermountain Medical Center, Riverton Hospital, Lone Peak Hospital, and Holy Cross Hospital – Jordan Valley

Palo Alto Medical Foundation, Mountain View, CA (2020 – 2021)

Private practice general pediatrician

Valley Health Care (Bascom), San Jose, CA (2019 – 2020)

Pediatric urgent care

TEACHING ACTIVITIES

Mentor for incoming pediatrics interns, underrepresented minority medical students, and undergraduates interested in medicine, Stanford, CA (2017 – 2019)

Medical student tutor, University of Utah School of Medicine (2016 – 2017)

LEADERSHIP

Residency Council Member: Wellness Representative, Stanford, CA (2018 – 2019)

Residency Applicant Hosting Program Director, Stanford, CA (2017 – 2019)

University of Utah School of Medicine curriculum committee member (2016 – 2017) Co-President of

the Pediatrics Medicine Interest Group, University of Utah (2014 – 2015) Co-Director of the Health

Sciences Multicultural Student Association, University of Utah (2014 – 2015)

ADDITIONAL TRAINING

Expert Witness Start Up School, September 2024 (formal online instruction on expert medical witness work)

University of Arizona Weil Center for Integrative Medicine – Integrative Medicine in Residency (2020)

PUBLICATIONS AND PRESENTATIONS

Seijo, M, **Josten M**, Vallarino A, Nolan E, Chamberlain L, Bruce J. “Wish Equity: English and Spanish speaking Parent and Wish Granter Perspectives of Wish Granting for Children with Life-Threatening Conditions.” 18th Annual Community Health Symposium, Palo Alto, CA. 13 Feb 2020.

Josten, M, Keeshin, S. “Knowledge, Practices, and Attitudes of Youth Providers About STI, HIV Testing, and PrEP.” Open Forum Infectious Diseases vol. 5, Suppl 1 S697. 26 Nov. 2018.

Ahmed S, **Schwarz M**, Flick R, Rees C, Harawa M, Simon K, Robison J, Kazembe P, Kim M. Lost opportunities to identify and treat HIV-positive patients: results from a baseline assessment of provider initiated HIV testing and counseling (PITC) in Malawi. Tropical Medicine & International Health. 2016 Apr; 21 (4): 479-85.

Couturier B, Bender J, **Schwarz M**, Pavia A, Hanson K, She R. Oseltamivir-resistant influenza A 2009 H1N1 virus in immunocompromised patients. Influenza Other Respi Viruses. 2010 Jul; 4(4):199-204

Parnas L, Procter M, **Schwarz M**, Mao R, Grenache D. Concordance of butyrylcholinesterase phenotype with genotype implications for biochemical reporting. *American Journal of Clinical Pathology*. 2011 Feb; 135 (2): 271-6

Procter M, Glezos C, **Schwarz M**, Dobrowolski P, Pasquali M, and Mao R. Diagnosis of biotinidase deficiency by sequencing of the BTBD gene. American Society of Human Genetics (ASHG) annual meeting, Philadelphia, PA. November 2008.