



MALA FREEMAN-KWAKU, MD

Board Certified Obstetrician Gynecologist

Speaker | Medical-Legal Consultant | Laborist | Wife | Mother

DrFreeman0917@gmail.com

704.654.7659

Waxhaw, NC

Accomplished physician with 22 years of direct patient care experience and a proven record in managing medical operations and staff supervision. A decisive leader with a systematic approach that consistently delivers superior patient care and operational excellence.

EXPERTISE

SEAK Trained Expert Witness
Practice Management
Diagnostic Testing EMR/EHR

Business Development
Financial Management
Strategic Planning

Training and Development
Budget Control
Spanish language

PHYSICIAN EXPERIENCE

Arboretum Gynecology (formerly Arboretum Obstetrics & Gynecology)

Charlotte, NC

OBSTETRICS & GYNECOLOGY PHYSICIAN

August 2002 - Present

- Holistically assess patient wellness; identify and treat routine through complex gynecologic conditions
- Collaborate with medical professionals to share insights and determine optimal treatment plans
- Advise patients on preventive health measures for early detection, diagnosis, and management
- Conduct in and outpatient minor and major surgical procedures, ensuring high standards of care

OBSTETRICAL LABORIST, Charlotte, NC

October 2021 - Present

- Provide obstetrical, emergent, and hospital locum gynecologic care for patients across 9 facilities

BUSINESS, CONSULTANCY, AND SUBJECT MATTER EXPERTISE

MFK Advising Group, LLC

Charlotte, NC

CHIEF EXECUTIVE OFFICER

January 2023 - Present

- Provide medical consulting, strategic insights, and guidance across diverse healthcare sectors
- Serve as expert witness in standard of care and medical malpractice cases (SEAK trained, 2024)
- Facilitate specialized workshops and seminars for patients and healthcare professionals
- Deliver obstetrical and gynecologic care as a locum OB hospitalist in rural hospitals
- Contracted speaker/facilitator/procedure expert for Gynesonics, Inc. SONATA (R) System

PUBLIC HEALTH LEADERSHIP

Tidewater AIDS Crisis Taskforce

Norfolk, VA

DIRECTOR OF COMMUNITY EDUCATION

June 1991 - June 1993

- Developed and implemented public educational campaigns to increase HIV/AIDS awareness
- Led educational seminars and training for executives, business leaders, and employees
- Educated in-house employees on effective HIV/AIDS prevention strategies

AFFILIATIONS



Fellow, American College of Obstetricians and Gynecologists
Member, National Medical Association
Member, North American Menopause Society
Member, North Carolina Medical Society
Member, Ghana Physicians & Surgeons Foundation
Chair, Department of OB/GYN Novant Matthews Hospital, 2011- 2014
Member, Delta Sigma Theta Sorority
Member, Resident Assistant Staff
Member, The Raven Society

CERTIFICATIONS & LICENSURE

Board Certified Obstetrics & Gynecology
Licensed, North Carolina Medical Board
Licensed, South Carolina Medical Board
Licensed, Tennessee Medical Board

EDUCATION

Residency, Obstetrics & Gynecology
Georgetown University Medical Center
Washington, D.C.

M.D. Medical Degree
University of Virginia
Charlottesville, VA

Study Abroad
Ghana, West Africa

B.A. in Psychology and Spanish
University of Virginia
Charlottesville, VA