

FREDERICK WINSMANN, PH.D., ABPP

867 Boyston Street, Ste 500, Boston, MA 02116

www.frederickwinsmann.com

857-231-2692

fwinsmann@frederickwinsmann.com

EDUCATION

FIELDING GRADUATE UNIVERSITY, SCHOOL OF PSYCHOLOGY, Santa Barbara, CA
Doctor of Philosophy in Psychology, Emphasis in Clinical Psychology, 2005

UNIVERSITY OF MASSACHUSETTS LOWELL, Lowell, MA
Master of Education, with High Honors, 1988
Bachelor of Arts, Psychology, with Honors, 1987

LICENSURE

Licensed psychologist in Massachusetts (licensed in February 2008), New York (licensed in April 2013), Florida (licensed in October 2020), Iowa (licensed in June 2024), New Hampshire (licensed in August, 2024), and South Carolina (licensed in December, 2025).

BOARD-CERTIFICATION

- Board-Certified as a forensic psychologist by the American Board of Professional Psychology (ABPP).
Diplomate of the American Board of Forensic Psychology.

HIGHLIGHTS

- Lecturer on Psychiatry, Department of Psychiatry, Harvard Medical School.
- Founder and Director of the Boston Symposium on Psychology and the Law.
- Past President of the Association for Scientific Advancement in Psychological Injury and Law.
- Experienced in evaluating and treating violent individuals and both perpetrators and victims of sexual abuse as well as providing forensic evaluations of various types.
- Expertise in psychological testing. Expertise in evaluating and treating Posttraumatic Stress Disorder.
- As Captain in the U.S. Air Force Reserve, supervised performance of and performed character evaluations on those applying to become Officers.
- Collaborated with law enforcement as Chairman of the Board of Selectmen and Police Commissioner of Ashland, Massachusetts. Served as Hearing Officer for internally adjudicated disputes.
- Deemed a qualified expert witness for particular forensic questions in various courts in jurisdictions including Massachusetts, New York, California, Florida, Illinois, Minnesota, and the Federal system.

FORENSIC EXPERIENCE

Lecturer on Psychiatry, Dept. of Psychiatry, Harvard Medical School 2015 – present

Clinical Instructor in Psychology, Dept. of Psychiatry, Harvard Medical School (part-time) 2012 – 2015

CAMBRIDGE HEALTH ALLIANCE, DEPARTMENT OF PSYCHIATRY, Cambridge, MA

- Teach interns and residents through developed courses on evaluating/managing risk of self/other harm.
- Train interns and residents in providing forensic psychological testimony. Train interns in psychological testing.
- Consulted with Cambridge Police participating in a collaborative, preventative/diversionary program for juveniles known as “Safety Net.”
- Provided trainings to Cambridge Police regarding risk, dangerousness, and mental health issues.
- Supervised psychology doctoral students.

FORENSIC EXPERIENCE

(CONTINUED)

- Director** 2013 – present
 BOSTON SYMPOSIUM ON PSYCHOLOGY AND THE LAW, Boston, MA
- Founded symposium examining topics in forensic psychology with mission to expand the body of knowledge and the state of practice in the field. Attendees and presenters have been from locations throughout the United States. Topics have included civil commitment, volition and the law, trial consulting, personal injury, and telehealth. Provide trainings for organizations and groups addressing risk and threat.
 - Spearheaded approval process from the American Psychological Association. The Boston Symposium on Psychology and the Law is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Symposium on Psychology and the Law maintains responsibility for programs and content.
- Psychologist** 2008 – present
 PRIVATE PRACTICE, Boston, MA
- Provide forensic services for adolescents and adults including those with developmental spectrum disorders. Provide consulting services for civil and criminal matters. Apply principles of psychology to the law.
 - Consult and conduct threat assessments and trainings for organizations and groups.
 - Services apply to a wide range of criminal proceedings including criminal responsibility (NGRI, diminished capacity, *mens rea*), risk of sexual offense recidivism, competency to stand trial/waive Miranda, voluntariness of statements and disputed confessions, aid-in-sentencing, risk of violence, and review of child forensic interviews. Criminal cases include burglary, assault and battery, murder, breaking and entering, possession/distribution controlled substances, stalking, and possession/distribution of weapons.
 - Services apply to a wide range of civil proceedings including sexual dangerousness commitment, mental health commitment, guardianship/conservatorship, mental stability, personal injury (including Posttraumatic Stress Disorder), disability determination, and dangerousness post-NGRI.
 - Evaluate individuals' mental state to determine intent, understanding of behavior, the presence of mental and/or personality disorders, the risk of recidivism or potential for improvement, and other psychological considerations. Conduct evaluations concerning risk and threat and conduct return to school or work/fitness for duty evaluations and independent psychological examinations.
 - Perform extensive assessment batteries including cognitive testing, forensic evaluation procedures, personality testing, and specialized testing (including Posttraumatic Stress Disorder).
 - Provide trial consulting and general consultation to lawyers in various legal proceedings concerning psychological questions, need for evaluations, obtaining and use of experts, and jury selection. Assist in formulating proper questioning of witnesses for trier of fact and law to fully understand evidence presented.
- President** 2017 – 2020
 ASSOCIATION FOR SCIENTIFIC ADVANCEMENT IN PSYCHOLOGICAL INJURY AND LAW
- Served as President of organization dedicated to advancing the state of the science in matters concerning the intersection of psychological injury and the law.
- Forensic Evaluator** 2007 – 2009
 NFI, Danvers, MA
 FORENSIC HEALTH SERVICES/BEDFORD POLICY INSTITUTE, Braintree, MA
- Provided forensic evaluations focused on juveniles.
- Clinical Director, Metro Revocation Treatment Unit** 2007 – 2008
 COMMONWEALTH OF MASSACHUSETTS, DEPT. OF YOUTH SERVICES, Boston, MA
- Completed forensic evaluations in a 40-bed inpatient unit for juvenile/young adult offenders, including sex offenders.
- Clinician** 2005 – 2007
 THE JUDGE ROTENBERG CENTER, Canton, MA

- Assessed and evaluated both juveniles and adults with severe behavioral disorders including sex offenders and those with developmental spectrum disorders. Conducted forensic evaluations and testified in court.

CLINICAL EXPERIENCE

- Psychologist*** 2008 – present
PRIVATE PRACTICE, Boston, MA
- Provide psychotherapy services for both adolescents and adults including those with developmental spectrum disorders
 - Treat a wide range of disorders such as mood disorders, anxiety disorders (including Posttraumatic Stress Disorder), personality disorders, alcohol and substance abuse, paraphilias, and major mental illnesses.
 - Perform assessment batteries including cognitive testing, personality testing, and specialized testing.
 - Consult clinically with organizations, including schools and college and university counseling centers, on mental health and alcohol and substance abuse cases and risk/threat of self/other harm.
 - Complete psychological evaluations for vocational rehabilitation.
- Sex Offender Specialist*** 2007 – 2009
THE COUNSELING AND PSYCHOTHERAPY CENTER, Needham, MA
- Assessed, evaluated, and treated adolescent and adult sex offenders.
 - Interfaced with probation officers for those living in community, managing risk to re-offend.
- Clinical Director, Metro Revocation Treatment Unit*** 2007 – 2008
COMMONWEALTH OF MASSACHUSETTS, DEPT. OF YOUTH SERVICES, Boston, MA
- Oversaw all components of assessment and treatment on 40-bed unit for juvenile/young adult offenders.
 - Supervised clinical staff and trained clinicians in assessment, evaluation, and individual and group therapy.
 - Provided assessment, treatment, and evaluation of sex offenders.
- Clinician*** 2005 – 2007
THE JUDGE ROTENBERG CENTER, Canton, MA
- Assessed, evaluated, and developed behavioral treatment plans for both juveniles and adults with severe behavioral disorders including sex offenders and those with developmental spectrum disorders.
- Doctoral Intern*** 2003 – 2004
EDITH NOURSE ROGERS MEMORIAL VETERANS' AFFAIRS MEDICAL CENTER, Bedford, MA
- Evaluated and treated a wide range of disorders including Posttraumatic Stress Disorder and alcohol and substance abuse. Worked with individuals in vocational rehabilitation.
 - Assessed and treated sex offenders.
 - Evaluated psychiatric disabilities for government disability determination board.
 - Received training in multiple treatment models including cognitive behavioral therapy and psychodynamic approaches, as well as in diverse assessment measures.
- Clinical Fellow, Harvard Medical School*** 2000 – 2002
MASSACHUSETTS GENERAL HOSPITAL, DEPARTMENT OF PSYCHIATRY, CENTER FOR PSYCHOANALYTIC STUDIES, Boston, MA
- Assessed and treated children, adolescents, and adults in individual, couples, family, and group psychotherapy.
 - Completed focused work with sexual abuse cases, psychosexual disorders, and sexually dangerous behavior.
 - Interfaced with psychiatrists in order to integrate necessary psychopharmacological treatment with psychoanalytic approaches.
- Clinician/Psychotherapist*** 2000 – 2002
CHARLES RIVER HOSPITAL, Wellesley, MA
- Conducted individual, couples, and group therapy with children, adolescents, and adults. Cases included mental health and alcohol and substance abuse. Evaluated and treated cases of sexual deviance and dangerous behavior and provided written reports.
 - Completed psychological evaluations on mental health and substance abuse patients.

CLINICAL EXPERIENCE

(CONTINUED)

Director, Trauma & Crisis Services Department (promoted from Assistant Director) 1998 – 2000

THE BEHAVIORAL HEALTHCARE NETWORK OF MASSACHUSETTS, Boston, MA

- Directed crisis intervention program responding to and preventing critical incidents in the metro Boston area, including the Boston School System, such as victims of violence, disasters, suicides, homicides, rapes, accidents, missing persons, compassion fatigue, and vicarious traumatization.
- Evaluated and recommended action in cases of sexual violence and abuse.

Clinician/Psychotherapist

1995 – 1998

HERBERT LIPTON COMMUNITY MENTAL HEALTH CENTER, Fitchburg, MA

- Evaluated and treated patients, including sex offenders and aggressive individuals, in both individual and group sessions. Treated multiple populations including those with disorders usually first appearing in childhood or adolescence.
- Conducted a six-month research project during this time, working on-site with both Tewksbury State Hospital and Concord Prison Outreach seeking an understanding of violence and providing group therapy. Co-led groups entitled “Emotional Healing, Emotional Awareness,” “Alternatives to Violence,” and “Anger Management.”

TEACHING & EDUCATION EXPERIENCE***Adjunct Faculty Member***

2013 – 2015

CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY, Chicago, IL

- Taught course entitled Sex Offenders to students enrolled in forensic psychology program.

Faculty Member

2008 – 2010

MASSACHUSETTS GENERAL HOSPITAL, DEPARTMENT OF PSYCHIATRY, CENTER FOR PSYCHOANALYTIC STUDIES, Boston, MA

- Participated in training and supervision/consultation for candidates in program teaching the utilization, application, and integration of psychoanalytic and psychodynamic theories in evaluation and treatment.
- Trained residents in psychotherapeutic techniques.

Educational Counselor

1995 – 1998

HOLLISTON PUBLIC SCHOOLS, Holliston, MA

- Evaluated and provided individual instruction and counseling to adolescent students with behavioral problems including sexually inappropriate and violent behavior.
- Designed a curriculum meeting academic requirements and addressing students’ individual issues.
- Participated in special education eligibility, entitlement, and Individual Education Plan (IEP) development.

CIVIC INVOLVEMENT

UNITED STATES AIR FORCE RESERVE

Held the rank of Captain

Formerly Deputy Director, Admissions Liaison Officers, Massachusetts and Health Care Administrator

- Oversaw 20 Admissions Officers in Massachusetts evaluating character of candidates desirous to become US Air Force Officers.
- Conducted character evaluations of those seeking to become Officers and counseled young persons in making suitable career choices among all options including the military.
- Earned Air Force Achievement Medal for contributions to the US Air Force Academy.
- Served at Westover Air Force Base as administrator and manager in unit providing evacuation of injured personnel from forward staging areas in combat zones.

TOWN OF ASHLAND, MASSACHUSETTS

- Served as a Selectman, Chairman, and Police Commissioner.

RESEARCH

- Researched effectiveness of community-based, collaborative curriculum to reduce recidivism in violent and sexual offenders – *Commonwealth of Massachusetts, Department of Youth Services, Boston, Massachusetts.*
- Conducted research on the effectiveness of mindfulness techniques in alleviating psychological conditions – *Edith Nourse Rogers Memorial Veterans' Affairs Medical Center, Bedford, Massachusetts, 2004.*
- Researched nature and experience of affect as a transformative agent in psychotherapy as Research Assistant supervised by Leigh McCullough, Ph.D. – *Harvard Medical School, Cambridge, Massachusetts, 1999-2000.*

PRESENTATIONS & PANELS

- “The Use and Limitations of Psychological Testing” – *Johns Hopkins School of Medicine.*
- “Foundational Training in Telehealth” – *Boston Symposium on Psychology and the Law.*
- “Penile Plethysmography in Assessing Volitional Impairment in Sexually Violent Predator Evaluations” – *Boston Symposium on Psychology and the Law.*
- “Latest Developments in Assessing Volitional Control in SVP Civil Commitment Evaluations” – *Boston Symposium on Psychology and the Law.*
- “The Necessary Elements of Diagnosing a Paraphilic Disorder” – *Boston Symposium on Psychology and the Law.*
- “Introduction to Personal Injury Evaluations” – *Boston Symposium on Psychology and the Law.*
- “Introduction to Trial Consulting” – *Boston Symposium on Psychology and the Law.*
- “Attorney Consultations in Case Preparation” – *Boston University School of Law.*
- “Role of Expert Witness in SVP Evaluations” – *Boston University School of Law.*
- “The Psychological Concept of Volition” – *Boston Symposium on Psychology and the Law.*
- Mental Health Law Course, Mock Debate – *Marquette University Law School.*
- “Youth Level of Service Inventory Training” – *Cambridge Police Department.*
- “Volitional Impairment in SVP Evaluations” – *Boston Symposium on Psychology and the Law.*
- “SVP Evaluations” – *Boston University School of Law.*
- “Expert Role in Mental Health Commitment” – *Presentation at Attorney Training.*
- “Assessing Volitional Impairment in Sexually Violent Predator Evaluations” – *American Psychology-Law Society Conference Symposium.*
- “Evaluating Risk for Violence” – *Boston Institute for Psychotherapy.*
- “Shall We Dance? The Role of Presence, Empathy, and Connection in the Healing Relationship” – *Northeast Society for Group Psychotherapy.*
- “Use of Psychological Testing in Forensic Settings” – *Presentation at Attorney Training.*
- “Expert Role in Sex Offender Registration Proceedings” – *Massachusetts Continuing Legal Education.*
- “Expert Role in Legal Proceedings involving Sex Offenses” – *Presentation at Attorney Training.*
- “Comprehensive Psychological Evaluations” – *Presentation at Attorney Training.*
- “Dialectical Behavior Therapy” – *Massachusetts Dept. of Youth Services.*
- “Community-Based Treatment Curriculum for Offending Youth” – *Massachusetts Dept. of Youth Services.*
- “Overview of Critical Incident Stress Management” and “Violent Behavior: Identification, Prevalence and Prevention” – *Massachusetts Dept. of Public Health.*
- “Coping with Stress and Anxiety” – *Boston Public Schools.*
- “Violence Prevention in the Community” – *Boston Housing Authority.*

PUBLICATIONS

- “Assessing Volitional Impairment in Sexually Violent Predator Evaluations,” *Sexual Offender Treatment*, Journal of the International Association for the Treatment of Sexual Offenders, 2012.
- “Penile Plethysmography in Assessing Volitional Impairment in Sexually Violent Predator Evaluations,” *Sexual Offender Treatment*, Journal of the International Association for the Treatment of Sexual Offenders, 2017.

OTHER PROFESSIONAL AFFILIATIONS

- Member, American Psychology-Law Society.
- Moderator, International Discussion List in Forensic Psychology (the American Psychology-Law Society's discussion forum).
- Fellow of the American Academy of Forensic Psychology.
- Fellow of the American Academy of Clinical Psychology.

EDITORIAL & PEER REVIEW OF SCHOLARLY WORKS

- Action Editor/peer reviewer of articles submitted to Psychological Injury and Law journal.
- Member, Forensic Board, Psychological Injury and Law journal.