

Aimee E. Gough MD
Colon and Rectal Surgery
General Surgery

Diplomate - American Board of Colon and Rectal Surgery
Diplomate - American Board of Surgery
Fellow - American College of Surgeons
Member - American Society of Colon & Rectal Surgeons
Clinical Instructor - University of Washington School of Medicine

Curriculum Vitae

EDUCATION

Colon and Rectal Surgery Fellowship
August 2017 to July 2018
Cedars-Sinai Medical Center, Los Angeles, CA

General Surgery Internship and Residency
July 2012 to June 2017
Santa Barbara Cottage Hospital, Santa Barbara, CA

Doctor of Medicine
August 2008 to May 2012
University of Washington School of Medicine, Seattle, WA

Bachelor of the Arts in Chemistry
August 2003 to May 2007
Harvard College, Cambridge, MA

**LICENSES
/CERTIFICATIONS**

Diplomate - American Board of Colon and Rectal Surgery 2019

Diplomate - American Board of Surgery 2018

Physician and Surgeon, Wyoming 2018

Physician and Surgeon, California 2014

Controlled Substance Registration (DEA) 2014

Advanced Trauma Life Support Instructor 2014

Advanced Trauma Life Support 2013

PROFESSIONAL ORGANIZATIONS

Fellow - American College of Surgeons 2020

Member - American Society of Colon & Rectal Surgeons 2021

EMPLOYMENT

Wyoming Surgical Associates, P.C., Active Clinical Practice
Colon and Rectal Surgery, General Surgery
Casper, WY, 2018 - present

Wyoming Medical Center, Contract Physician
Trauma and Acute Care Surgery
Casper, WY, 2018 - present

Clinical Instructor, Department of Surgery
University of Washington School of Medicine
Seattle, WA, 2021 - present

Harvard University, Laboratory Teaching Fellow in Chemistry
Cambridge, MA, 2005 - 2007

PUBLICATIONS

Yao LY, Gough AE, Zaghiyan KN, Fleshner PR. Prospective Randomized Trial of Immediate Postoperative Use of Regular Diet Versus Clear Liquid Diet in Major Colorectal Surgery. *Dis Colon Rectum*. 2023 Dec 1;66(12):1547-1554.

Gough, AE, Donovan MN, Grotts J, Greaney GC. Perforated Stercoral Ulcer: A Ten Year Experience. *J Am Geriatr Soc*. 2016; 64(4):912-4.

Gough AE, Chang S, Reddy S, et al. Periprosthetic Anesthetic for Postoperative Pain After Laparoscopic Ventral Hernia Repair: A Randomized Clinical Trial. *JAMA Surg*. 2015;150(9):835-840.

Gough AE. Encouraging Youth Sun Safety at a Public Pool in Glasgow, Montana. *Journal of Investigative Medicine*, Vol. 58 (1), 484, January 2010.

BOOK CHAPTERS

Gough AE, Fleshner PR, Zaghiyan KN, Operating Theater Setup and Two-Team Coordination, In: *Transanal Minimally Invasive Surgery (TAMIS) and Transanal Total Mesorectal Excision (taTME)*, S. Atallah ed., Springer, Cham, 217-227, 2019.

**RESEARCH
PRESENTATIONS**

Gough AE, Grotts J, Fried JC, Ferrigno L. Not So Fast: Does Time to Source Control Impact Survival in Septic Shock?

- Poster presentation at the Surgical Infection Society Annual Meeting, April 2015, Westlake Village, CA.

Gough AE, Chang S, Reddy S, Ferrigno L, Zerey M, Grotts J, Yim S, Thoman D. Periprostatic Anesthesia for Postoperative Pain after Laparoscopic Ventral Hernia Repair: A Randomized, Placebo Controlled Trial

-Presentation at the Santa Barbara Cottage Hospital Resident Research Symposium, June 2014, Santa Barbara, CA

-Podium Presentation at the Pacific Coast Surgical Association, February 2015, Monterey, CA

Gough AE. Encouraging Youth Sun Safety at a Public Pool in Glasgow, Montana

-Podium Presentation, Western Medical Student Research Forum. Carmel, CA, 2010

**EDUCATIONAL
PRESENTATIONS**

Invited Lecturer: Colon Cancer Screening, Frontiers in Primary Care 2019, Casper, WY

Invited Lecturer: "Surgical Toys: Do We Need Them?", 3rd National University Hospital's Singapore Colorectal Cancer Symposium, June 2018, Singapore

Grand Rounds: "Non-Operative Management of Rectal Cancer" Santa Barbara Cottage Hospital, June 2017, Santa Barbara, CA

Guest Lecturer: "Evaluation and Management of Rectal Cancer" Cancer Center of Santa Barbara Clinical Education Conference, September 2015, Santa Barbara, CA

The Basics of Bowel Obstruction. Ventura Family Medicine Residency Program, July 2015, Ventura, CA

AWARDS

Best Presentation – Clinical Investigation, June 2014
Santa Barbara Cottage Hospital Resident Research Symposium

Resident Forum Prize Finalist, February 2015
Pacific Coast Surgical Association 86th Annual Meeting

**LEADERSHIP/
ACTIVITIES**

Chair of the Department of Surgery
Wyoming Medical Center, Casper WY, 2021 - 2023

Robotic Surgery Steering Committee
Wyoming Medical Center, Casper WY, 2023 - present

Enhanced Recovery After Colorectal Surgery Committee, Chair
Cottage Hospital, Santa Barbara, CA, 2015 - 2017

CONTACT

agough@wyo surgeons.com
406-223-8853

419 S. Washington St. Suite 200
Casper, WY 82601