



BENEFITS UNDERSTOOD COUNSELING SERVICES

Sabrina Harris Taylor, PhD, CRC, CVRC
CEO/Founder
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PROFESSIONAL SUMMARY

Dr. Sabrina Harris Taylor has over ten years of experience in vocational rehabilitation and mental health counseling, counselor education, training, and supervision.

EDUCATION

North Carolina Agricultural & Technical State University, Greensboro, NC	2016
Ph.D. in Rehabilitation Counseling and Rehabilitation Counseling Education	
North Carolina Agricultural & Technical State University, Greensboro, NC	2010
M.S. in Rehabilitation Counseling	
Area of Concentration: Vocational Evaluation and Behavioral Addictions	
Elon University, Burlington NC	2007
B.A. Human Services	

LICENSES/CERTIFICATES

Licensed Graduate Professional Counselor - LGPC200001508	2023
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Department of Health, Washington D.C.

Online Learning Consortium 2019
Certified Online Teaching Instructor

Cornell University 2019
Certified Work Incentive Planner

Commission on Rehabilitation Counselor Certification 2016
Certified Rehabilitation Counselor

North Carolina Agricultural and Technical State University 2010
Rehabilitation Counseling and Behavioral Addictions Certificate

North Carolina Agricultural and Technical State University 2010
Vocational Evaluation and Work Adjustment Certificate

AWARDS

Maryland Counseling Association Presidential Award 2023

Maryland Counseling Association Emerging Leader 2020

Racial Ethnic Minority and Behavioral Addictions Presenter Conference Award 2014

Vocational Evaluation and Work Adjustment Scholar 2008

Elon University Black Excellence Award 2007

TEACHING EXPERIENCE 2012 – 2023

Assistant Professor – Coppin State University
Rehab 301 – Health and Medical Information

Assistant Professor – Coppin State University
Rehab 516 – Theories of Counseling

Assistant Professor – Coppin State University
Rehab 503 – Psychiatric Aspects of Disability

Assistant Professor – Coppin State University
Rehab 305 – Vocational Development & Employment

Assistant Professor – Coppin State University
Rehab 405 – Multicultural Issues in Rehabilitation Services

Assistant Professor – Coppin State University
Psyc 343 – Psychological Research

Assistant Professor – Coppin State University
Psyc 201: General Psychology

Assistant Professor – Coppin State University
Rehab 201: Introduction to Rehabilitation

Assistant Professor – Coppin State University
Rehab 406 – Seminar in Rehabilitation

Assistant Professor – Coppin State University
Psyc 207: Basic Statistics and Behavioral Sciences – Coppin State University

Assistant Professor – Coppin State University
Rehab 303: Case Recording and Case Management

Teaching Assistant – North Carolina Agricultural & Technical State University
HDSV 740: Appraisal & Assessment

Teaching Assistant – North Carolina Agricultural & Technical State University
HDSV 780: Internship

Teaching Assistant – North Carolina Agricultural & Technical State University
HDSV 784: Practicum

Teaching Assistant - North Carolina Agricultural & Technical State University 2
COUN 775: Job Development and Placement

Teaching Assistant – North Carolina Agricultural & Technical State University
HDSV 788: Masters Comprehensive Exam

Teaching Assistant - North Carolina Agricultural & Technical State University
COUN 758: Psychopathology, Diagnosis, and Treatment

JOB EXPERIENCE

Benefits Understood Counseling Services, LLC

2019 - Present

CEO/Vocational Rehabilitation Services Director

Coppin State University

2022 - 8/2023

Department Chair

College of Behavioral and Social Sciences

Department of Psychology, Counseling, and Behavioral Health

Coppin State University

2016 - Present

Assistant Professor/Undergraduate Coordinator-Rehabilitation Services

College of Behavioral and Social Sciences

Department of Psychology, Counseling, and Behavioral Health

North Carolina Agricultural and Technical State University

2013-2015

Teaching and Research Assistant

George Moore and Associates

Vocational Expert Contractor, NC

2015 – 2016

Department of Veteran Affairs, Winston Salem, NC

2010-2014

Vocational Rehabilitation Counselor

Ashley's Place Adult Care Home

2008-2010

Administrator/CEO

CURRENT AND PAST RESEARCH AND SCHOLARSHIP

Maryland Counseling Association

President-Elect (2023-2024)

Maryland Counseling Social Justice Division

President

Coppin State University Faculty Search Committee

Search committee member

Comprehensive Post-Secondary Education Project for Transitioning Youth

Coppin State University APRC Exit Exam Committee
Committee Chair

Coppin State University
Faculty Senate Senator

Maryland Counseling Association
Emerging Leader

Elon University EBAN Scholarship Committee
Scholarship Committee Chair

ARRT Program Langston University
Advisory Panel Member

HRSA Scholarship for Disadvantaged Students
Committee Review Member

Western Association for Counselor Education and Supervision
Conference Proposal Reviewer

North Carolina Agricultural and Technical State University 2014-2015
Research Assistant for CACREP Accreditation

North Carolina Agricultural and Technical State University 2015
Program Evaluator (Special Project)

NATIONAL AND REGIONAL PRESENTATIONS

-Maryland Counselors for Social Justice Conference
Presenter

Taylor, S. (2022). Accessible Online Learning for Persons with Disabilities in Higher Education.

-Complete College of America HBCU Digital Learning Conference
Panel Presenter

Jenkins, A., Murray, R., Curbeam, D. & Taylor, S. (2022). Building a Campus Culture of Digital Success.

-Maryland Department of Health Interagency Agreement

Developed curriculum and taught workshop on the trauma informed care approach to Behavioral health professionals in Maryland.

-Maryland Counseling Association

Workshop Facilitator

Facilitated training on self-care to licensed counselors in the state of Maryland

-Maryland Counseling Association

Workshop Facilitator

Taylor, S. (2021) Education and Civil Rights for Persons with Disabilities during a Pandemic.

-National Association of Multicultural Rehabilitation Concerns

Harris, S. (2017). Invest in Yourself: Teaching African American Students Enrolled in Rehabilitation Counseling Programs how to be Business Owners

-Racial and Ethnic Minorities with Behavioral Addictions Conference

Harris, S. (2016). Understanding Differences between Rehabilitation (CORE) and Clinical Mental Health (CACREP) Counselors-in-Training Perceptions of Self-Efficacy. Racial and Ethnic Minorities with Behavioral Addictions (REMBA) Conference, Greensboro, NC

-ERC for Revolutionizing Metallic Biomaterials Educational Advisory Board.

Liles, R., Aschenbrenner, H., & Harris, S. (2016). Education and Outreach Programs Assessment Overview. ERC for Revolutionizing Metallic Biomaterials Educational Advisory Board.

-Racial and Ethnic Minorities with Behavioral Addictions Conference

Fish, T., Hargett, B., Harris, S., Haskins, S., Horton, C., Marshall, M., Moye, P., Oglesby, R., Smalls, J., Wilson, T., Guill-Liles, R. (2015). Programmatic Evaluation: Moving from Basic Understanding to Conceptual Mastery. Racial and Ethnic Minorities with Behavioral Addictions (REMBA) Conference, Greensboro, NC

-National Association of Multicultural Rehabilitation Concerns

Harris, S., & Moye, P. (2014). Creating Inclusive University Classrooms for African American Veterans with PTSD at HBCU'S. National Association of Multicultural Rehabilitation Concerns (NAMRC), St. Louis, MO

-Racial and Ethnic Minorities with Behavioral Addictions Conference

Harris, S. & Haskins, S. (2014) Rehabilitation of Adult Gaming Addicts and Maintaining Effective Aftercare. Racial and Ethnic Minorities with Behavioral Addictions (REMBA) Conference, Greensboro, NC

-International Organization of Social Sciences and Behavioral Research (IOSSBR)

Smith-Gratto, K. & Harris, S. (2013). The Potential of Distance Service Learning Experiences.

MANUSCRIPTS & TEXTBOOK CHAPTERS

-Taylor, S. 100 Love Notes to my HBCU Students: From your Mama Professor. 2022. 1st edition.

-Taylor, S. Taking your Career to the Next Step. Chapter 13. In textbook of Practicum & Internship Manual: A resource for Rehabilitation and Human Services Professionals. 2019. 1st edition.

-Harris, S., Liles, R., Brooks, M., Whittaker, T., Ethridge, G., Blalock, K., Boston, Q. (2017). *Understanding differences between core and cacrep counselors-in-training perceptions of self efficacy.*

-Harris, S., Boston, Q., Rogers, L., & Dunlap, P. (2017). *Vocational evaluation of latinos with disabilities.* VECAP Journal.

GRANT WRITING EXPERIENCE

-Spry, J., Stewart, J. Taylor, S. (2018). Comprehensive Post-Secondary Education Project for Transitioning Youth. (Funded - \$250,000 3 year grant)

-Taylor, S (2019). The Bridge Project (Building Research on Intellectual Disabilities to Generate Empowerment). National Institute on Disability, Independent Living, and Rehabilitation Research. (Currently Under Review).

-Fish, L., Harris, S., & Moye, P. (2014). After the storm: Reshaping Belizean trauma informed care. Macy's Foundation. (Not funded)

MEDIA APPEARANCES

- CNN Interview: <https://www.cnn.com/2022/02/01/us/hbcu-bomb-threats-tuesday/index.html>
- Authority Magazine: <https://medium.com/authority-magazine/disability-inclusion-in-the-workplace-sabrina-taylor-of-benefits-understood-counseling-services-on-35afafa87843>
- Newsy Morning Rush Interview: https://www.youtube.com/watch?v=MZhyG_amiX4RELATED