

# DR. SEANA RUTHERFORD

DNP, MSN, APRN, FNP-C, CWS, WCC

*Curriculum Vitae*

## CONTACT

☎ 216-704-1425  
✉ seana@beindy.com  
📍 Cleveland, Ohio

**Certified Wound Specialist (CWS) under the American Board of Wound Management (ABWM) 2014**

## EDUCATION

**Doctor of Nursing Practice**  
**Ursuline College**  
2021 - 2024  
**Master of Science in Nursing**  
**Ursuline College**  
2012 - 2015  
**Bachelor of Science in Nursing**  
**The University of Akron**  
2011 - 2012  
**Associate Degree of Nursing**  
**Lorain County Community College**  
2008 - 2010  
**Licensed Practical Nurse**  
**Central School of Practical Nursing**  
2006 - 2007

Dynamic and driven healthcare entrepreneur with a proven track record of founding and scaling successful healthcare businesses. Board-certified Family Nurse Practitioner and Certified Wound Specialist® with expertise in advanced wound care, business development, consulting, and operations management. Passionate about transforming patient care through innovative, evidence-based solutions. Skilled in leading multidisciplinary teams, optimizing healthcare operations, and delivering exceptional patient-centered care.

## WORK EXPERIENCE

Founder & President  
**Healix Wound Care** **2024 - present**

- Nurse Practitioner-led private medical practice specializing in patient-centered, evidence-based wound care in a variety of care settings: inpatient, outpatient, sub-acute, and community care

Founder & President **2023 - present**  
**The Indy Medical Aesthetics & Wellness**

- Modern medical aesthetics and longevity practice focusing on preventative health and functional medicine

Founder & President  
**Legal Wound Care Consulting** **2021 - present**

- Providing litigation support in medical lawsuits via expert witness case review and statements, depositions, and testimony

Founder & President  
**Lake Effect Health** **2018 - present**

- Providing on-site acute, primary care, and wound care services to patients in the community setting

Nurse Practitioner  
**Premier Physicians** **2015 - 2018**

References available upon request.

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## PRESENTATIONS

### PUBLICATIONS

Rutherford, S., Hill, S.,  
Marquez, J., McDonald, A.  
G., & Kaur, A. (2025). *A  
retrospective, observational  
case series of lower-extremity  
wound management using  
CompleteFT.*  
[https://doi.org/10.63676/fr1  
wc427](https://doi.org/10.63676/fr1wc427)

### COMMUNITY INVOLVEMENT

Central School of Practical  
Nursing, Board Member  
2018 - Present  
American Board of Wound  
Management (ABWM)  
Ambassador  
2023 - Present

### PROFESSIONAL MEMBERSHIPS

Ohio Association of Advanced  
Practice Nurses (OAAPN)  
2015- Present  
American Academy of Nurse  
Practitioners (AANP)  
2015- Present  
Sigma Theta Tau International  
Honor Society of Nursing  
2015- Present

Symposium of Advanced Wound Care (SAWC) Poster Abstract  
Presentation

*No Wound Center, No Problem: The Mobile Wound Care  
Revolution*

May 2025

Symposium of Advanced Wound Care (SAWC) Poster Abstract  
Presentation

*The New Pressure Injury Prevention Paradigm Shift for  
Long-Term Care*

May 2025

Ohio Association of Advanced Practice Nurses Northwest  
Chapter 90 Minute CEU Presentation

*A Cut Above: Wound Care Fundamentals for the Nurse  
Practitioner*

May 2025

Ohio Health Care Association 90 Minute CEU Presentation

*The Pressure's Off: Implementing Innovation and Technology for  
Pressure Injury Prevention in Long-Term Care*

May 2024

National Pressure Injury Advisory Panel Annual Conference Poster  
Abstract Presentation

*Pressure Injury Prevention in Long-Term Care: Implementing New  
Technology and Evidence-Based Intervention*

February 2024

Ursuline College Graduate Nursing Student Speaking Engagements  
*Best Practices, Billing & Entrepreneurship for the Nurse Practitioner*

2020- Present

CEU Presentation for Allied Healthcare Professionals (1 Hour)  
*Wound Care Fundamentals*

2017- Present

Cleveland State University Business Major Course Presentation  
*Female Entrepreneurship in Nursing*

2017