



**PAUL SAIZ, MD, FAAOS**  
**3 Crosses Orthopedic Spine**  
 2550 Samaritan Drive, Suite 221-F  
 Las Cruces, NM 88001  
 (575)-202-9783 (Cell)  
[psaiz@3crossesspine.com](mailto:psaiz@3crossesspine.com)

*Board Certified spine surgeon in active clinical practice. Fellowship trained in both spinal reconstructive surgery and musculoskeletal oncology and reconstruction. 20+ years clinical experience in spine surgery. Well-experienced public speaker. Special expertise in spinal care coding. New Mexico State Team Physician. Experienced expert witness, independent medical examiner, and medical necessity peer reviewer.*

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**PROFESSIONAL EXPERIENCE**

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<u>3 Crosses Spine, Las Cruces, NM</u> Founder/ Owner/ Physician	May 2020-Present
<u>Las Cruces Orthopedic Associates, Las Cruces, NM</u> Partner/ Physician/ (Oversaw expansion of Building, Ancillaries)	March 2007-April 2020
<u>Sonoran Spine Center, Mesa, AZ</u> Physician	December 2004-February 2007
<u>Flagstaff Center for Bone and Joint Disorders, Flagstaff, AZ</u> Physician	August 2002-November 2004

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**BOARD CERTIFICATIONS**

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American Board of Orthopaedic Surgery, Diplomate 2005	through 2025
American Board of Spinal Surgery, Diplomate 2012	through 2024
USMLE Part I-	September 1994
USMLE Part II-	March 1995
USMLE Part III-	December 1996

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**MEDICAL LICENSES**

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Arizona Medical License	25767
New Mexico License	MD 2007-0041
Texas Medical License	R5203

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## SPECIALTIES

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Cervical, Thoracic & Lumbar Disease  
Orthopedic Spine Surgery  
Spine Tumors  
Spinal coding  
Expert Witness/Independent Medical Examinations  
Medical Necessity Peer Reviews

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## HOSPITAL AFFILIATIONS

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3 Crosses Regional Hospital	Las Cruces, NM
Mountainview Medical center	Las Cruces, NM

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## EDUCATION

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<b>Rush. Presbyterian- St. Luke's, Chicago, Illinois</b> <u>Fellowship, Musculoskeletal Oncology and Reconstruction</u>	2001-2002
<b>Sonoran Spine Center, Phoenix, Arizona</b> <u>Fellowship, Spinal Reconstructive Surgery</u>	2000-2001
<b>Phoenix Orthopedic Residency Program, Phoenix, Arizona</b> <u>Orthopedic Resident</u>	1996-2000
<b>Maricopa Medical Center, Phoenix, Arizona</b> <u>Surgical Intern</u>	1995-1996
<b>Baylor College of Medicine, Houston, Texas</b> <u>Doctor of Medicine</u>	1995
<b>University of Notre Dame, Notre Dame, Indiana</b> <u>B.S.</u>	1991

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## LANGUAGES

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Spanish  
English

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## PROFESSIONAL SOCIETIES

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Diplomate American Board of Orthopedic Surgery	since 2005
Diplomate American Board of Spine Surgery	since 2012
Fellow American Academy Orthopedic Surgeons	since 2007
Musculoskeletal Tumor Society	2002 to 2016
North American Spine Society	since 2002

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## PUBLICATIONS:

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1. Furia JP, Lintner DM, **Saiz** P, Kohl HW, Noble P. Isometry measurements in the knee with the anterior cruciate ligament intact, sectioned and reconstructed: Am J Sports Med 1997, May-June; 25(3): 346-52
2. Gitelis S, **Saiz** P. What's new in Orthopaedic Surgery? DBM: J Am Coll Surg 2002, 194 (6): 788-791.
3. **Saiz** P, Gitelis S, Virkus W, et al. Blastomycosis of Long Bones: Clin Orthop 2004, 421, pp. 255-259.
4. **Saiz** P, Virkus W, Piasecki P, et al. Results of Giant Cell Tumor of Bone with intralesional excision: Clin Orthop 2004, 424, pp. 221-226.
5. **Saiz**, P Osteoporosis and the Spine: Rural Health Update/ Northern Arizona, Nov/Dec 2002
6. **Saiz**, P The Aging Spine and Back pain: Vertebral Views 2005
7. **Saiz**, P Spinal Tumors: Vertebral Views 2005
8. **Saiz**, P Spinal Stenosis: Symptoms, Diagnosis and Treatment: Vertebral Views 2006
9. **Saiz** P, Robertson D. Imaging in Patients with Trabecular Metal Spinal Devices: Zimmer White Paper 2010
10. **Saiz**, P. Review of lumbar fusion codes Spine 2013, Sept-Oct; Vol XIV, issue 5
11. Whitmore R, Baker D, **Saiz** P, Goldstein I, Konz R, Welsh W. Advanced Radiographic Imaging Results in Patients with Trabecular Metal Spinal Implants: J Spine Neurosurg 2013, 2:4
12. **Saiz**, P, Lumbar Laminectomy Code Review Spine 2014, July-Aug; Vol XV, Issue 4
13. Kauffman C, **Saiz** P Timing of CCI edits for interbody fusion and laminectomy coded at the same level Spine 2015, May-June; Vol XVI, issue 3
14. **Saiz**, P SI Fusion: Arthrodesis vs Skeletal Fixation Spine 2015, Sept-Oct; Vol XVI, Issue 5
15. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2016 Ed
16. Blasier D, Kaufman C, **Saiz** P Can Posterior Lumbar Interbody Fusion and Decompression be reported at the same level? Spine 2016, March-April, Pgs:25-27
17. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2017 Ed
18. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2018 Ed
19. **Saiz**, P CPT Codes for Posterior Decompression of Lesion other than Herniated Disc Spine 2018, March/ April; Pgs: 26-27
20. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2019 Ed
21. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2020 Ed
22. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2021 Ed
23. **Saiz**, P How to avoid a Peer to Peer and when it may be helpful Spine 2022; Nov-Dec
24. North American Spine Society Coding Committee (**Saiz**, P) Common Coding Scenarios for Comprehensive Spine Care 2023 Ed

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## PRESENTATIONS:

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1. Fibula fracture fixation techniques: A biomechanical study, 1997, Arizona Orthopedic Society
2. Effects of pharmacologic and mechanical stress on bovine cartilage explants, 1998, Arizona Orthopedic Society- Flagstaff AZ
3. Degenerative Disc Disease, 2001, Arizona Spine and Scoliosis Seminar- Phoenix AZ
4. Low Back Pain, 2002, Orthopedic Update 2002- Flagstaff AZ
5. Introduction to Musculoskeletal Oncology, 2002, Orthopedic Update 2002- Flagstaff AZ
6. Blastomycosis in long bones mimicking a Neoplasm, 2002, Rush Thesis Day- Chicago Illinois
7. Functional and Oncological Outcomes for Giant cell Tumor Treated by Intralesional Excision with Joint Preservation, May 2003, Musculoskeletal Tumor Society- Chicago, IL
8. The Aging Spine, April 2005, Arizona Physical Therapy Association- Phoenix, AZ
9. Spine Tumor Update, April 2005, Banner Baywood Oncology nurses- Mesa, AZ
10. The Aging Spine, Oct 2005, Restoring Spine Seminar- Globe, AZ
11. The Aging Spine, Jan. 2006, Restoring Spine Seminar- Mesa, AZ
12. The Degenerative Spine, March 2006, Arizona Spine and Scoliosis Seminar-Sun City, AZ
13. The Degenerative Spine, April 2006, Arizona Spine and Scoliosis Seminar- Mesa, AZ
14. Trabecular Metal- Can it be used in the Spine? July 2006, New Technology Seminar- Phoenix, AZ
15. Trabecular Metal- A Clinician's Perspective, February 2007, Zimmer National Sales Meeting- Las Vegas, NV
16. Trabecular Metal- What is the Perfect Corpectomy/Interbody Device?, February 2007, New Technology Seminar- Albuquerque, NM
17. Industrial Low Back Pain, March 2007, Industrial Commission New Mexico- Las Cruces NM
18. Low Back Pain (Spanish)- Despierta El Paso (TV interview), March 2007, El Paso, TX
19. Trabecular Metal (Clinical Experience and Rationale), September 2007, Zimmer Surgeon's meeting- New Jersey
20. The Enigma that is Degenerative Disc Disease, September 2007, Workers Comp Assoc of Southern New Mexico
21. Trabecular Metal (Clinical Experience and Rationale), October 2007, North American Spine Society- Toronto, Canada
22. Trabecular Metal- A Clinician's Perspective February 2009, Zimmer National Sales Meeting- Salt Lake City, UT
23. Post Operative Rehab for Spine Patients, April 2009, Southern New Mexico PT Journal Club
24. Trabecular Metal (Clinical Experience and Rationale), May 2009, Las Vegas, NV
25. Trabecular Metal (Clinical Experience and Rationale), June 2009, Baton Rouge, LA
26. Lumbar Fusion and Discectomy: Outcomes in the Workers Comp. Patient, August 2009, Worker's Comp Assoc of Southern NM
27. Trabecular Metal (Clinical Experience and Rationale), September 2009, San Francisco, CA
28. Trabecular Metal (Clinical Experience and Rationale), September 2009, Sacramento, CA
29. Trabecular Metal (Clinical Experience and Rationale), October 2009, Cincinnati, OH

30. Trabecular Metal (Clinical Experience and Rationale), November 2009, North American Spine Society- San Francisco, CA
31. New Spine Technology Update, May 2010, Workers Comp Assoc of New Mexico- Alb, NM
32. Trabecular Metal (Clinical Experience and Rationale), May 2010, Houston, TX
33. Porous Tantalum Applications in Spine Surgery, May 2010, Grand Rounds- Baylor College of Medicine
34. The 5 Things I Would Change About Workers Comp, May 2011, Workers Comp Assoc of New Mexico- Albuquerque, NM
35. Porous Tantalum Applications in Spine Surgery, June 2011, Trabecular Metal Technology Course- Las Vegas
36. Porous Tantalum Applications in Spine Surgery, September 2011, Parsippany, NJ
37. Porous Tantalum Applications in Spine Surgery, March 2012, Westwood, CA
38. Neck Pain in the Work Environment: Causation Issues, May 2015, New Mexico WC Annual Meeting- Albuquerque, NM
39. Imaging Findings Spine: Normal vs Abnormal, October 2016, South NM WC Annual Meeting- Las Cruces, NM
40. Lamellar 3D Technology; "My Clinical Experience", October 2016, NASS/ K2M dinner meeting- Boston, MA
41. Imaging Findings: Normal vs Abnormal, Dec 2016, WC Association Winter meeting- Albuquerque, NM
42. A Modern History of Opioid Abuse- A Surgeons Perspective, May 2017, New Mexico WC 36<sup>th</sup> Annual meeting- Albuquerque, NM
43. Surgical Modifiers, Oct 2017, North American Spine Society: Coding Course, Orlando, FL
44. Low Impact Trauma and Chronic Back Pain, December 2017, New Mexico WC Winter Education Seminar, Albuquerque, NM
45. Adopting New Technology, April 2018, Cerapedics Surgeon Advisory Board- San Francisco, CA
46. Evaluation & Management: Documentation Requirements, September 2018, North American Spine Society: Coding Course, Los Angeles, CA
47. Low Impact Trauma & Chronic Back Pain, November 2018, WCA of Southern NM 2018 Ann Conference, Ruidoso, NM
48. Sacro-Iliac Pain: The Great Imitator, December 2020, New Mexico Workers Comp Winter Meeting, Zoom
49. Coding: Modifiers, January 2021, North American Spine Society Coding Update 2021, Zoom

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## POSTERS

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<b>AAOS, New Orleans, LA</b>	2003
<u>Outcomes of Giant Cell Tumor Treated by Intralesional Excision</u>	
<b>Spine, Science and Management, New Orleans LA</b>	2001
<u>Kyphoplasty for the Treatment of Vertebral Compression Fractures</u>	
<b>Orthopaedic Trauma Association</b>	1998
<u>Fibula Fracture Fixation Techniques: A biomechanical Study</u>	

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**SPEAKING ENGAGEMENTS AND PRESENTATIONS**

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Trabecular Metal Technology Course, <i>Henderson, NV</i>	June 2, 2011
Trabecular Metal Technology Course, <i>Parsippany, NJ</i>	September 30, 2011
Surgeon Faculty "TM Ardis Surgical Technique Video", <i>Minneapolis, MN</i>	January (filming)2012
Trabecular Metal Technology Course, <i>Henderson, NV</i>	August 18, 2012
Trabecular Metal Technology Course, <i>Henderson, NV</i>	February 22-23, 2013
Zimmer National Sales Meeting, <i>Las Vegas, NV</i>	January 30-February 1, 2014
Current Techniques in Complex Spine Surgery, <i>Henderson, NV</i>	February 28-March 1, 2014
Minimally Invasive Surgical Techniques, <i>Tampa, FL</i>	April 11-12, 2014
Current Concepts in Sacroiliac Fusion, <i>Las Vegas, NV</i>	August 15-16, 2014
Zimmer Nat' L Sales Meeting, <i>Scottsdale, AZ</i>	January 23-25, 2015
North American Spine Society-Winter Coding Meeting, <i>Snowbird, UT</i>	February 27-28, 2015
Current Concepts in Sacroiliac Fusion, <i>Las Vegas, NV</i>	April 24-25, 2015
North American Spine Society- Coding Course, <i>Chicago, IL</i>	October 12-13, 2015
Zimmer/ Biomet Sales Meeting, <i>Broomfield, CO</i>	March 1, 2016
North American Spine Society-Coding Course, <i>Boston, MA</i>	October 24-25, 2016
K2M Nat'l Sales Meeting (Cascadia Breakout Session), <i>Miami, FL</i>	January 20-21, 2017
North American Spine Society Coding Course, <i>Las Vegas, NV</i>	March 31-April 1, 2017
North American Spine Society Coding Course, <i>Orlando, FL</i>	October 23-24, 2017
Cerapedics Surgeon Advisory Board, <i>San Francisco, CA</i>	April 27-28, 2018
North American Spine Society Coding Course, <i>Los Angeles, CA</i>	September 24-25, 2018
North American Spine Society Coding Course, <i>Chicago, IL</i>	September 23-24, 2019

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**ADDITIONAL CERTIFICATION**

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Fundamentals of Evidence Based Medicine (NASS), <i>Chicago, IL</i>	May 2, 2011
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**ACTIVITIES**

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New Mexico State University Team Spine Physician	2007 to present
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**COMMITTEES**

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Spine Program Subcommittee AAOS	2009-2012
Practice Management/Rehab Program Subcommittee AAOS	2012-2014
North American Spine Society Coding Committee	2012-present
3 Crosses Regional Hospital Med Exec Committee	2020-2022
Chairman Credentialing Committee 3 Crosses Hospital	2021-2022
3 Crosses Governing Board Member	2023 to present

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## MODERATOR

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<b>Moderator Spine Paper Session-AAOS, <i>New Orleans, LA</i></b>	2010
<b>Moderator Spine Paper Session-AAOS, <i>San Diego, CA</i></b>	2011
<b>Moderator Spine Paper Session-AAOS, <i>San Francisco, CA</i></b>	2012
<b>Moderator Practice Management/Rehab- AAOS, <i>Chicago, IL</i></b>	2013
<b>Moderator Practice Management/Rehab- AAOS, <i>New Orleans, LA</i></b>	2014

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## WEBINAR

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<b>Ask the Faculty Series- Zimmer Biomet</b>	April 21, 2016
<u>Trabecular Metal Technology- Spinal Applications</u>	

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## CONSULTANT

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Consultant Zimmer Spine Trabecular Metal	2005 to 2016
Spine Tumor Focus Group- Medtronic Sofamor Danek	2006
Consultant Medtronic Spine Internet Education	2006 to 2007
Member Research & Development Panel - Zimmer Spine	2009 to 2011
Member Surgeon Advisory Group- Zimmer Spine	2009 to 2011
Consultant/Designer Zimmer Spine (TM Ardis Project)	2010-2012
Consultant/Designer Zimmer (Lateral plate project)	2011 to 2013
Consultant AMEDICA (Silicon Nitride interbody device)	2012 to 2013
Consultant/Designer MEDIVEST (Expandable cage)	2014 to 2016
K2M Consultant (3D Lamellar Titanium)	2016 to 2018
K2M Sacroiliac technology Physician panel	2017 to 2018
Cerapedics Consultant	2018 to 2020

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## ADDITIONAL

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<b>Independent Medical Examination Providers for Workers' Compensation Judges in New Mexico</b>	since 2017
<u>Panel Member</u>	

**Turning Point Healthcare, *Lake Mary, Florida*** since 2022  
Spine and Pain Medical Director  
*Review spine surgical cases for medical necessity and perform Peer to Peer discussions.*