

# Julie E. Myers, MSN, FNP-BC

San Diego, CA

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## CLINICAL EXPERIENCE

### **Nurse Practitioner for Infectious Disease Consultants, La Jolla, CA** 01/16-present

- Provided evidence-based consultation and management to a diverse patient population with acute, complex, and dynamic medical illnesses at Scripps Memorial Hospital, La Jolla.
- Collaborated with multiple physician specialists and surgeons, pharmacists, infection control, nursing, and microbiologists to expedite diagnoses and treatment plans. Managed antibiotics/antivirals/antifungals and advocated for and against surgical and procedural interventions.
- Well-versed in internal and ICU medicine with strong understanding of microbiology, antibiotics, cardiovascular diseases, the immune system, sepsis, endocarditis, urinary tract infection, pneumonia, orthopedic and hardware associated infections, wound infections, intra-abdominal infections, and epidural abscess/CNS infections.
- Early adopter of new antimicrobials and recommended treatment plan changes from IV to PO or for OPAT when safe/appropriate decreasing morbidity and length of stay
- COVID-19 convalescent plasma trial site participant
- Consultation and follow up care at the San Diego Infusion Center in 2016
- Annual attendance at IDWeek for IDSA

### **Nurse Practitioner for La Jolla Observation Medicine, La Jolla** 08/22-02/24

- Provided time sensitive diagnoses and treatments for acute disease processes at Scripps Memorial Hospital, La Jolla in attempt to prevent hospital admission when possible.

### **Nurse Practitioner for Scripps Cardiovascular and Thoracic Surgery, La Jolla, San Diego, CA** 10/14-06/22

- Provided inpatient and procedural care at Scripps Memorial Hospital, La Jolla, Scripps Green Hospital, and Scripps Mercy Hospital, San Diego while functioning as liaison to medical and ancillary staff (RT, PT, OT, case management) to facilitate care goals and timely discharge.
- Surgical First Assistant in 2015
- Trained all new nurse practitioners and physician assistants to the service in 2015
- Guest Lecturer at UCLA School of Nursing developing lectures translating evidence-based guidelines into patient care
- Guest Lecturer at High Tech High for educational workshop for careers in nursing and medicine.

### **Nurse Practitioner for Scripps Clinic Medical Group, Cardiovascular Diseases, La Jolla, CA** 07/12-09/14

- Cardiology consultation, management, and referral for coronary disease, valvular heart disease, cardiac dysrhythmia, and hyperlipidemia at Scripps Clinic Torrey Pines and Scripps Green Hospital.
- Clinical supervisor for the Magnasafe Trial, a prospective multi-center study designed to determine the risk of non-thoracic 1.5T MRI scanning for patients with implanted cardiac devices. Coordinated, determined pacemaker settings, and consented and supervised patients undergoing MRI. Also organized follow-ups as determined by the protocol.
- Georgetown University School of Nursing Preceptor, which involved mentoring, teaching, and evaluating student learners to bridge theory with practice for clinical competence.

**Nurse Practitioner for Jay N. Schapira, MD, Inc.,** Los Angeles, CA 09/10-06/12

- Assessed, diagnosed, and created treatment plans for the adolescent, adult, and geriatric patient with internal medicine and cardiology complaints in a high-volume private practice affiliated with Cedars Sinai Medical Center.
- Responsibilities also included providing sports and school medical clearance physicals, cardiac clearance for surgery, conducting nuclear and exercise stress tests, performing saline echocardiogram studies, ordering and interpreting X-ray imaging, and educating patients on lifestyle changes.
- Collaborated with many specialists to formalize complex diagnoses and treatments.
- Preceptor for UCLA School of Nursing students

**Clinical Nurse II,** Cardiothoracic Unit, UCLA Medical Center, Los Angeles, CA 10/06-09/10

- Assessed, educated, and coordinated patient care on 3:1 basis in monitored, surgical step-down unit for the cardiothoracic patient
- Titrated drips, monitored cardiac rhythms, administered blood products and medications, and assisted physicians with emergent bedside procedures
- Worked within a multidisciplinary team coordinating discharges and relevant ancillary consults

**Volunteer RN,** Venice Family Clinic, Simms/Mann Center, Santa Monica, CA 08/07-12/07

- Triaged patients for underserved community clinic
- Provided and taught wound care, administered vaccines, hearing tests, visions tests, 12-lead EKGs, and educated patients and families on diet, exercise, and diabetes

**Clinical Nurse I,** Cardiothoracic Intensive Care, UCLA Medical Center, Los Angeles, CA 08/06-10/06

- Assessed, educated, and coordinated patient care on 1:1 basis in the intensive care for the cardiothoracic patient
- Titrated drips, monitored cardiac rhythms, managed patients on ECMO, CVVH, VAD, and ventilator machines, administered blood products and medications

## CONSULTING EXPERIENCE

**California Nurse Practitioner Physician Assistant Solutions,** San Diego 01/23-present

- Educated and communicated with legal counsel for plaintiff and defense providing in-depth expert medical legal consultation with written reports.

**Doximity Clinical Case Fellow,** San Francisco 07/24-present

- Authored online content for healthcare providers to educate in a clinical case study format.
- Participant in Doximity NP Summit, which included presenting our working group's ideas and product feedback to the CEO and core staff for development/expansion

**Doximity Digital Health Fellow,** San Francisco 05/25-10/25

- Advisor on various projects supporting Doximity's initiatives and developments in the digital space.

## PRESENTATIONS

- End of Life and Goals of Care — Calvary Lutheran Church (2026)
- Candida Auris — Scripps Infection Control (2020)
- Hypertension & EKG Interpretation — UCLA School of Nursing (2014–2015)
- Careers in Nursing & Medicine — High Tech High (2015–2017)

## WEB CASE STUDY PUBLICATIONS

- Purpuric Drug Eruption — December 2, 2024
- Rheumatic Nodule — August 29, 2024
- Peritoneal TB — February 12, 2025
- Infective Bursitis with Abscess — April 18, 2025
- Henoch-Schönlein Purpura — July 14, 2025
- Mumps — August 11, 2025
- Austrian Syndrome — December 1, 2025
- Culture-Negative CSF Diagnostics — January 12, 2026
- Cutibacterium acnes Prosthetic Shoulder Arthroplasty Infection — January 26, 2026
- Jarisch-Herxheimer Reaction — November 10, 2025
- DRESS — March 9, 2026
- Disseminated Gonococcal Infection — May 4, 2026

## ACADEMIC APPOINTMENT

**Assistant Clinical Professor**, University of California, School of Nursing, Los Angeles 04/11-04/16

## LICENSURE & CERTIFICATION

**California Board of Registered Nursing**, Sacramento, CA

Registered Nurse

Public Health Nurse

Nurse Practitioner

Nurse Practitioner Furnishing Number

**Drug Enforcement Administration License**, Schedule II-V

**American Nurses Credentialing Center Certification**, Family Nurse Practitioner

**Adult, Child, Infant CPR and AED**, American Heart Association, San Diego, CA

**Advanced Cardiac Life Support**, American Heart Association, San Diego, CA

## EDUCATION

**Master of Science in Nursing**, Family Nurse Practitioner, University of California, Los Angeles, CA

**Bachelor of Science in Nursing**, Mount Saint Mary's College, Los Angeles, CA

**Bachelor of Arts**, Political Science, Theater, College of the Holy Cross, Worcester, Massachusetts

## PROFESSIONAL MEMBERSHIP

Infectious Disease Nurse Practitioners Society of America

2026

Infectious Disease Society of America

2016 - present

American Heart Association

2012-2017