

**MARYELLEN ELLER, MD****“DOCTOR’S PHILOSOPHY”**

Providing high-quality, evidence-based and individualized care to promote wellness using a collaborative, team-based model.

**EDUCATION**

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| 2014 – 2018 | Loma Linda Consortium of Healthcare Education (LLIECHE)<br>General Psychiatry Residency Training<br><i>Experience in EMR (Epic, CPRS and NextGen)<br/>Diverse training experience in private, community and VA settings</i> |
| 2010 – 2014 | Loma Linda University School of Medicine (Loma Linda, CA)<br>Doctor of Medicine (MD)  |
| 2006 – 2009 | Andrews University (Berrien Springs, MI)<br>B.S., Biology with biomedical emphasis; Minor, Chemistry<br><i>Summa Cum Laude</i>  |

**LEADERSHIP**

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| Feb 2023 –<br>current | Medical Director, Time Wellness – Tennessee<br><i>Providing administrative over-site for a mental health PHP/IOP program and nurse practitioner supervision.</i>  |
| Jan 2022 –<br>current | Co-Medical Director of ECT Services, Erlanger Behavioral Health Hospital<br><i>Providing inpatient/outpatient Electro-Convulsive Treatment services and administrative leadership at Erlanger Behavioral Health Hospital.</i>   |
| 2019 – Sept<br>2021   | Medical Director for Outpatient Services, Erlanger Behavioral Health Hospital<br><i>Assisted in the development and implementation of outpatient services including IOP, PHP and ECT.</i>   |
| 2017 – 2018           | Chief Resident, Loma Linda Department of Psychiatry<br><i>Administrative role in a program of 37 residents. Specific responsibilities include collaboration with residents and administration to resolve conflict, fostering program growth and development, organizing events to increase cohesion among residents, and attending various committees tasked with addressing concerns regarding individual residents and program performance.</i> |
| 2017 – 2018           | Resident Health and Wellness Committee, President<br><i>Developed curriculum for a 9-week Resident Wellness Seminar along with year-round programming to encourage and incentivize self-care and healthy life-style interventions to promote personal wellness.</i>   |
| 2017 – 2018           | Resident Evaluation Committee<br><i>Collaborating with administration to evaluate the performance of each resident to assess progress and identify areas for professional growth and</i>  |

- development.*
- 2017 – 2018 Chief's Call  
*Organized weekly meetings for residents to provide information and updates regarding program changes and developments, address questions and concerns, and provide informal education.*
- 2017 – 2018 Peer Mentor and Professional Wellness Coach
- 2016 – 2018 Medical Student Wellness Support Group  
*Facilitated group therapy for medical students to discuss issues including burnout, resilience, work-life balance and finding meaning in medicine.*
- 2014 – 2018 Medical School/Resident Selection Committee  
*Interviewed potential applicants and gave feedback to the Acceptance Committee*
- 2014 – 2015 Didactic Review Committee  
*Worked with residents and faculty to improve didactic curriculum.*
- 2014 – 2015 Psychiatry, Resident Representative  
*Peer-elected representative for administrative concerns.*

#### WORK EXPERIENCE

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- Feb 2023 – current Medical Director, Psychiatrist  
Time Wellness – Tennessee  
*Providing administrative over-site for a mental health PHP/IOP program and nurse practitioner supervision.*
- May 2022 – current Psychiatrist  
Ascension St Thomas Health System, Nashville, TN  
*Provide outpatient psychiatric services via telehealth and supervise the outpatient practice of six advanced practice providers.*
- Aug 2018 – current Staff Psychiatrist  
Erlanger Behavioral Health Hospital, Chattanooga, TN  
*Responsible for providing direct patient care in an adult inpatient setting. Assisted in the development and implementation of inpatient services from the hospital's opening and continue to serve on various quality improvement committees as well as the quarterly Medical Executive and Utilization Review Committees*
- 2016 - 2020 RxPerformance Therapy, Chattanooga, TN  
*Co-owner/founder of an athletic performance coaching platform providing non-pharmacologic interventions to optimize athletic performance through mental skills training and injury prevention*
- 2015 – 2018 Inpatient Psychiatric Moonlighting  
Behavioral Medical Center, Loma Linda, CA  
*Responsible for providing patient care (completing initial assessments, development and implementation of treatment plans), leading treatment team meetings and overseeing medical students on a busy, 30-bed Adult/Geriatric service and a 41-bed Child and Adolescent service.*

- 2010 – 2014 Medical Office Assistant  
Student Health Services, Loma Linda, CA  
*Assisted with document processing, patient intake and website management.*
- 2010 Psychiatric Technician  
Parkridge Valley Hospital, Chattanooga, TN  
*Responsible for supervision, crisis de-escalation, patient restraint and chart management for inpatient child and adolescent psychiatric units.*

### SCHOLARLY ACTIVITIES AND TEACHING

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- 2016 – 2018 Loma Linda University School of Medicine, Psychiatry Didactics  
*Developed and presented a didactic lecture series on the history of psychiatric disease understanding, diagnosis, prognosis, implementation of therapeutic modalities and psychopharmacology for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year medical students.*
- 2015 – 2018 “Documentation in Psychiatry” lecture series  
*Co-creator/presenter of lecture series for LLU School of Medicine students completing their psychiatric clerkship.*
- 2014 – 2018 Medical Student OSCE Facilitator  
*Served as a simulated psychiatric patient for LLU medical students to evaluate their knowledge and clinical competency in conducting a psychiatric interview in preparation for USMLE Step 2 CS.*
- 2014 – 2018 Loma Linda University, School of Allied Health, Psychiatry Didactics  
*Guest lecturer on anxiety and somatic disorders for LLU Department of Physical Therapy.*
- 2014 – 2015 Patient Educator/Facilitator  
*Led inpatient groups including: “Understanding Your Illness,” “Medication Education,” “Drug Use and Your Brain” and “Habits for a Healthy Brain.”*

### RESEARCH AND PRESENTATIONS

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**Eller, MaryEllen;** Puder, David. (2018, April 16) “Performance Enhancement with Dr. MaryEllen Eller” Psychiatry & Psychotherapy Podcast [Blog Post]. Retrieved from <https://psychiatrypodcast.com/psychiatry-psychotherapy-podcast/performance-enhancement-breathing-maryellen-eller>

**Eller, MaryEllen;** Foucher, Julie. (2018, July 24) “Mind Over Matter: Improving Performance in Athletics and Beyond with Sports Psychiatrist Dr. MaryEllen Eller” Pursuing Health Podcast [Blog Post]. Retrieved from <http://juliefoucher.com/2018/07/ep-91-mind-matter-improving-performance-athletics-beyond-sports-psychiatrist-dr-maryellen-eller/>

Ricardo Whyte, MD and **ME Eller, MD.** “Correlation between RBANS Performance and Addiction Treatment Completion – A Retrospective Study.” Loma Linda University. (2017) IRB in process.

QI Project: Increasing Efficiency and Satisfaction with Inpatient Admission Process. (2017 – current).

*Worked with LLU-Behavioral Medicine Center intake staff to implement a training program to standardize the admission process and maximize efficiency through enhanced communication between intake staff and admitting physicians.*

QI Project: Enhancing Supervision Satisfaction and Relevancy. (2017 – current).

*Worked with residents and supervisors to enhance the experience of this ACGME required training measure by developing career tracts and an efficient feed-back system to facilitate on-going improvement.*

Warren Peters, MD and **ME Eller**. “Effects of Medifast® 5 & 1 Meal Replacement Plan with Take Shape For Life Lifestyle Intervention Alone and in Combination with Phentermine on Food Craving and Weight Loss – A Randomized Cross-Over Study.” Poster session presented at the 2014 Alumni Postgraduate Convention poster session. (March 2014) Loma Linda, CA.

### **HONORS AND AWARDS**

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2016	Outstanding Teaching Resident of the Year <i>Loma Linda University School of Medicine, Psychiatry Clerkship</i>
2013	Medical Alumni Student Scholarship, <i>LLUSOM</i>
2012	Selma Andrews Scholarship, <i>LLUSOM</i>
2011	Received “Honors” in Fundamentals of Human Behavior, <i>LLUSOM</i>
2010	National Auxiliary Scholarship, <i>LLUSOM</i>

### **PROFESSIONAL MEMBERSHIP**

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2016 – current	American Psychiatric Association
2014 – current	American Medical Association

### **CERTIFICATION AND LICENSURE**

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Sept 2018	American Board of Psychiatry and Neurology, Board Certified
2018 - current	Tennessee Medical License
2016 – current	DEA/NPI/Clozapine REMS program
2014 – 2020	California Medical License
2014 – 2020	San Bernardino County Involuntary Certification Licensure
2012 – active	Basic Life Support Provider
2014 – active	Advanced Life Support Provider

### **NON-CLINICAL INTERESTS**

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I am a proud mother and an athletic enthusiast who enjoys exploring with my family on Jeep adventures, baking scones with my daughter and riding dirt bikes with my son.

### **REFERENCES**

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Provided upon request