

Eric G. Heegaard, MD, FACOG

Obstetrics & Gynecology

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*Award Winning General Obstetrician-Gynecologist with 27 years of experience whose responsibilities include teaching of OB-GYN resident physicians and medical students. Clinical focus on normal and high-risk pregnancies as well as complex pelvic surgery for the management of endometriosis and pelvic pain. Has performed over 1,200 robotic surgeries, delivered over 3,000 babies and has served as a proctor for other robotic surgeons. Fellow of the American College of Obstetricians and Gynecologists. Past **University of Minnesota Faculty** with vast teaching experience. **Extensive public speaking experience** and proven ability to communicate complex topics to the general public through 8 years of hosting a call-in women's health radio show and subsequent hosting of two women's health podcasts.*

2025 Top Doctors for Women, Minnesota Monthly

2024 Top Doctors, Minnesota Monthly

PRACTICE INFORMATION

Clinic Address CentraCare Willmar Lakeland Clinic
502 2nd St SW, Willmar, MN 56201
(320) 214-6855

Hospital Affiliation: CentraCare-Rice Memorial Hospital
301 Becker Ave SW, Willmar, MN 56201, (320) 235-4543

Hennepin County Medical Center
701 Park Avenue, Minneapolis, MN 55415, (612) 873-6963

LICENSURE & CERTIFICATIONS

- Board Certified, American Board of Obstetrics and Gynecology
- Minnesota and DEA Licenses

CURRENT POSITION

- Staff Physician, Department of OB/GYN, CentraCare Willmar Lakeland Clinic, Willmar, MN 2025-present
- Staff Physician, part-time/casual, Department of OB/GYN, Hennepin Healthcare, 2025-present

PAST POSITIONS

- Faculty and Staff Physician and Adjunct Assistant Professor, Department of OB/GYN, Hennepin Healthcare 2019-2025
- Partner at Ob-Gyn West, Eden Prairie, Minnesota – 2004- 2019. Clinical focus on pelvic pain, endometriosis, and fertility care
- Partner at Associates in Women's Health, Edina, Minnesota – 1997-2004. General Obstetrician and Gynecologists

AWARDS

- 2025 Top Doctors for Women, Minnesota Monthly
- 2024 Top Doctors, Minnesota Monthly
- *Vitals.com* Patients' Choice Award, 9 times
- *Vitals.com* Patients' Choice 5th Anniversary Award, 5 times
- *Vitals.com* Compassionate Doctor Award - 5 Year Honoree, 4 times
- *Vitals.com* Compassionate Doctor Recognition Award, 8 times
- Raymond J. Albrecht Award: Presented to the graduating senior resident whose activities in clinical care and teaching approach the highest values of the practice

PROFESSIONAL ASSOCIATION AND MEMBERSHIP

- American College of Obstetricians and Gynecologists (ACOG)
- American Association of Gynecologic Laparoscopists (AAGL)
- American Society of Reproductive Medicine (ASRM)

CLINICAL PRESENTATIONS

- Minnesota Endo Brunch with Endometriosis Specialists Q&A Panel. Sponsored by MN Endo Warriors. 3/15/2025
- Resident Didactic Lecture. “Endometriosis Essentials” – 4/25/2021
- Minnesota Endo Brunch with Endometriosis Specialists Q&A Panel. Sponsored by MN Endo Warriors – 6/20/2020
- Here For Health. Public Presentation at Hennepin Healthcare. “The Myths of Endometriosis” – 11/16/2019
- Featured guest on WCCO radio show “Healthy Matters” with Dr. David Hilden discussing endometriosis. 7/28/2019
- Member of Expert Panel following 3rd Annual Minnesota Endo March – 3/30/2019
- Minnesota Endo Warriors. Live Q&A with Dr. Eric Heegaard – 1/23/2019
- Huffington Post Interview. “Endometriosis: Devastating For Young Women. By Erin Havel. July 24, 2014.

PRIVILEGES

Core Obstetrics; Core Gynecology including:

- Robotics assisted advanced operative laparoscopic procedure including but not limited to hysterectomy, myomectomy, excision of endometriosis, presacral neurectomy, restoration of normal pelvic anatomy, benign ovarian pathology
- Advanced traditional laparoscopy including LAVH, TLH
- Novasure Endometrial Ablation; Myosure Tissue Removal System
- Tension-Free Vaginal Tape Midurethral Sling/Trans-Obturator Tape Midurethral Sling

EDUCATION

Internship and Residency	University of Minnesota Medical School, Minneapolis, MN; 1993 – 1997
Medical School	University of Washington, Seattle, WA; 1989 – 1993
Undergraduate	Colorado College, Colorado Springs, CO; 1982 – 1986; Bachelor of Arts, Economics; Cum Laude
High School	Jefferson High School, Alexandria, MN; 1982

MISCELLANEOUS

Host/Founder of the Endocast 2018 – Present
Produced by Matriarch Digital Media, Dr. Heegaard, and co-host Britt Thelemann Pangerl focuses on the many dimensions of living with and treating endometriosis

Host/Founder of the Gynocast 2017 – Present
Produced by Matriarch Digital Media. Dr. Heegaard and co-host Twila Dang discuss anything and everything about women’s physical and emotional health and well- being. They also discuss topics women are dying to discuss but don’t because it is inappropriate to bring up in polite company

Host/Founder of the Gyno Show on Hubbard Broadcasting’s MyTalk 107.1 FM
2009 – 2017
The Gyno Show was a live, weekly, call-in radio show which focused on all aspects of women’s health

Board Member, Enova Illumination 2009 – Present
Enova® Illumination stands alone as the first LED surgical headlight designer and manufacturer in the industry. Our headlights can be found in the best clinics, hospitals, universities, and military bases around the world.

September 1, 2025