

*Dr. Jessica Rowe, Psy.D.*

Expert Witness  
Consultant  
Treating Psychologist  
Peer Reviewer  
VA Disability Evaluator  
Worker's Compensation Medical Provider



License# PSY30803  
Tel: 916-500-4054  
Fax: 916-260-5837  
Email: info@drjessmindcare.com

**PROFESSIONAL WORK EXPERIENCE**

**Private Psychology Practice**

**March 2019 to Present**

*Dr. Jess' Mind Care Center  
Folsom, CA*

- Conduct treatment with injured workers referred by worker's compensation medical provider networks to ensure those with injuries are able to improve their functioning and return to work in a timely manner.
- Perform as an expert witness and conduct testimony for attorneys in California, as well as forensic psychological evaluations/IMEs for claimants and defendants.
- Assist attorneys with their cases, reviewing and critiquing documentation of treating doctors and therapists, assisting with deposition questioning, and using appropriate evaluative methods to provide forensic results and reports. Travel throughout California assisting attorneys with employment cases.
- Conduct treatment with patients and/or attorney's clientele who have endured defamation, wage discrimination, wrongful termination, and/or harassment, and other employment issues.
- Conduct psychological testing for individuals with cognitive problems to determine proper diagnosis, treatment, and baseline functioning.
- Conduct testing for litigation, and with individual patients seeking understanding of their symptoms, as well as for worker's compensation purposes.
- Perform Veteran Disability Evaluations, assessing how combat and deployment affect veterans and to what degree. Assist with diagnosing veterans based on mental evaluations.
- Consistently work to assess impact of traumatization and develop diagnoses and treatment plans to help individuals improve mental functioning.
- Conduct evaluations for prison inmates to determine if they require involuntary psychological treatment as a part of their parole requirements.
- Perform mandated peer reviews for work comp insurance companies, needing a second opinion regarding psychological care and treatment.

**Clinical Psychologist**

**April 2017- July 2019**

*Mule Creek State Prison  
Ione, CA*

- Conducted daily risk assessments for suicidal and homicidal intent and risk levels; hospitalized inmates as needed based on severity of symptoms and severity of risk.

- Conducted intake assessments for patients entering the Prison Mental Health Program, to assess for fit and mental health needs.
- Conducted individual and group psychotherapy, clinical interviews, case management, assessing for diagnoses in order to develop treatment plans; treated comorbidity, personality disorders, depression, anxiety, PTSD, chronic pain disorders, psychotic disorders, personality disorders, and those dealing with substance abuse issues.

**Post-Doctoral/Fellowship Psychologist**

**September 2016 – March 2017**

*City of San Francisco, CA – Mission Mental Health  
San Francisco, CA*

- Obtained referrals from multidisciplinary teams to conduct psychological/neuropsychological testing, to properly diagnose patients, conduct treatment planning, and to assess for risk for a variety of populations.
- Conducted intake assessments to assess for the psychiatric needs of patients entering the clinic, including suicide and homicide risk assessments, and determining if hospitalization was warranted.
- Conducted treatment and case management with various populations, including patients with chronic pain, various mental disorders, court mandated adults, those with personality disorders, and treated disenfranchised young adults and adults.
- Conducted research with the City of San Francisco’s mental health clinic, Mission Mental Health, to develop and incorporate evidence-based practices and assess for quality assurance for their community mental health treatment program.

**Teaching Assistant**

**October 2011 – January 2013**

*John F. Kennedy  
University Pleasant Hill, CA*

- Worked as a TA for doctoral-level psychological assessment classes and taught multicultural psychotherapy competency courses, on a weekly basis.
- Responsible for assisting students in understanding how to appropriately interpret, score, and administer psychological tests, as well as conduct appropriate report writing.
- Responsible for helping students properly conduct psychotherapy with multiple populations, using evidence-based techniques, appropriate effectiveness, and evidence-based research and practice.

**Crisis Team Member**

**December 2009 – October 2013**

*Anka Behavioral  
Health Concord, CA*

- Conducted crisis intervention services in a 16-bed crisis residential treatment facility with dual-diagnosed patients, specifically those with personality, mood, substance use, and psychotic disorders.
- Responsible for assisting with treatment planning, administering medications, new patient intakes, discharging patients, and patient supervision. Responsible for the safety of the residents and referring for medical treatment and or hospitalization as necessary.

## CLINICAL TRAINING

### **Pre-Doctoral Intern**

**September 2015 – August 2016**

*City of San Francisco  
San Francisco, CA*

- Obtained referrals from multidisciplinary teams to conduct psychological/neuropsychological testing, to assist with diagnosis, treatment planning, and determine baseline and follow-up functioning, for a variety of populations and various disorders/illnesses.
- Conducted intake assessments to assess the needs of patients entering the clinic, including continuous suicide and homicide risk assessments, determining if patient hospitalization was necessary.
- Conducted psychotherapy and case management with various populations, including pain patients, court mandated adults, those with personality disorders, various mental illnesses, and assessing for the impact of traumatization on mental health.

### **Pre-Doctoral Intern/Neuropsychological Testing**

**July 2013 – May 2014**

*Alameda County Trauma Hospital - Highland Hospital  
Oakland, CA*

- Conducted neuropsychological testing for patients with TBIs, chronic pain, seizure disorders, personality disorders, clinical disorder, and neuromuscular and neurodegenerative syndromes, many of which co-occurred with mental disorders and learning problems.
- Interviewed, interpreted, and wrote several neuropsychological reports for patients referred by various disciplines in the hospital, often with neurology.
- Participated in grand rounds and rotations with neurologists to help bolster training and knowledge of neurological problems and syndromes, as well as treatment possibilities for the latter disorders.

### **Psychological Assessment/Psychotherapist**

**July 2012- June 2013**

*State of CA, Department of Rehabilitation  
Richmond, CA*

- Conducted psychological testing, assessing for learning disabilities, neurodevelopmental disorders, ADHD, mood disorders, and psychotic disorders. Testing was to determine proper diagnosis and treatment options. This helped individuals acquire state benefits to attend college and/or obtain employment based on their disabilities.
- Conducted clinical interviews, and administered, scored, and interpreted various psychological assessments and tests. Conducted report writing and interpretation of all evaluations, including psychological, vocational, and/or neuropsychological assessments.
- Conducted psychotherapy and case management with various populations, including psychiatric and personality disorders, and substance use disorders.

### **QME Psychological Assistant – PSB 36525**

**January 2012 – January 2013**

*Dr. John Parke, PsyD, QME  
Oakland, CA*

- Assisted with conducting worker’s compensation QME assessments to determine disability level of worker’s compensation patients.
- Worked with referrals from lawyers and worker’s compensation insurance networks to assess patients with psychological issues stemming from employment harassment or physical injury.
- Assessed chronic pain patients by determining their level of psychological dysfunction, after a work injury occurred.
- Assisted with clinical interviews, and administered, scored, and interpreted various psychological assessments, as well as report writing of evaluations.

**Psychological Assessment Intern**

**August 2011 – December 2011**

*John F. Kennedy University Counseling Center  
Pleasant Hill, CA*

- Conducted psychological testing with patients, assessing for learning disabilities, ADHD, mood disorders, psychotic disorders, and used testing to determine appropriate diagnosis and treatment options.
- Conducted clinical interviews, and administered, scored, and conducted report writing for patients seeking information about their mental health diagnoses, cognitive functioning, and or learning problems.

**Psychotherapist Intern**

**July 2010 – June 2011**

*Native American Health Center  
Oakland, CA*

- Conducted psychotherapy with adults, at-risk youth, and families treated by the community mental health clinic and medical clinic.
- Treatment focused on anxiety disorders, pain problems, sleep disorders, depression, anxiety, and personality disorders. Treated adolescents, young adults, and adults from multiracial backgrounds.
- Worked with a multidisciplinary team of physicians, nutritionists, nurses, and other mental healthcare professionals to treat patients in a holistic manner.

**EDUCATION**

**Graduate**

*Doctorate in Clinical Psychology, PSYD, by the APA accredited University, John F. Kennedy*

**June 2016**

**Undergraduate**

*Bachelor's in Psychology & Fine Art, by Edinboro University of PA*

**May 2001**

**PROFESSIONAL PRESENTATIONS & INVOLVEMENT**

**Development of Multidisciplinary Program for American Indian Population**

**2010**

- Assisted in the development of the first multidisciplinary program for the Native American Health Center, helping the American Indian population in the Bay Area obtain holistic health care.

**APA Symposium Presentation, APA Hawaii Conference** **2013**

- Presented said psychologist’s research about the development of an anti-bullying curriculum designed for the needs of diverse youth to help decrease suicidality. Research was also designed to help train teachers of adolescent age groups, concerning how to appropriately intervene and help decrease bullying.

**Dissertation Published** **2015**

- Title: Critique of Anti-Bullying Curriculums For LGBT Youth: The Creation of an Anti-bullying Manual Appropriate for LGBT Youth. Based on the research conducted, it was found that current curriculums are not effective for certain at-risk youth. A curriculum is offered to help at-risk youth with mental conditions and assist their teachers with how to deal more effectively with unsupportive school climates and classrooms.

**Treatment Research, City of San Francisco** **2016**

- Conducted research with the City of San Francisco, to determine the most effective evidence-based practices and quality assurance for their community mental health treatment program. The goal was to help find a method to reduce the length of time in treatment as well as the most effective way to impact mental health conditions.

**School District Corporate Presentations** **2019- 2022**

- Present Critical Debriefing Services for clients of Human Behavior Associates (HBA). Also, conduct presentations for HBA in various locations, assisting with stress management, consultation, anger management, grief, and other psychological aspects. These are conducted on an as needed basis.

**COMPLETED CONTINUING EDUCATION COURSES:**

<b>Ethics &amp; Boundary Issues</b>	<b>10/2020</b>
<b>Frontotemporal Disorders</b>	<b>10/2020</b>
<b>Neurodevelopmental Disorders</b>	<b>10/2020</b>
<b>Suicide Assessment, Treatment, &amp; Management</b>	<b>11/2020</b>
<b>Management of Mild Traumatic Brain Injury</b>	<b>11/2020</b>
<b>Pain Management, A Comprehensive Review</b>	<b>11/2020</b>
<b>Trauma Screening &amp; Assessment</b>	<b>11/2020</b>
<b>Mandatory Abuse Reporting</b>	<b>11/2020</b>
<b>Head Trauma</b>	<b>11/2020</b>

<b>Traumatic Brain Injury</b>	<b>11/2020</b>
<b>Feifer Assessment of Writing</b>	<b>11/2020</b>
<b>HIPAA- The Health Insurance Portability &amp; Accountability Act</b>	<b>11/2020</b>
<b>Epilepsy</b>	<b>11/2020</b>
<b>Management of Concussion</b>	<b>11/2020</b>
<b>SARATSO Training (State Authorized Risk Assessment for SOs</b>	<b>12/2020</b>
<b>Executive Functioning &amp; ADHD- BRIEF 2</b>	<b>12/2020</b>
<b>CA Law &amp; Ethics</b>	<b>09/2022</b>
<b>Benzodiazepines</b>	<b>03/2023</b>
<b>Assessing Deployment Related Environmental Exposures</b>	<b>03/2024</b>
<b>Offenders with a Mental Health Disorder</b>	<b>03/2024</b>
<b>Marijuana &amp; Substance Use Disorder, DSM-5</b>	<b>03/2024</b>
<b>Sexual Harassment in the Workplace</b>	<b>03/2024</b>
<b>Using Technology Based Tools</b>	<b>04/2024</b>
<b>Best Practices in Competence to Stand Trial</b>	<b>04/2024</b>
<b>Trauma Awareness</b>	<b>04/2024</b>
<b>Understanding the Impact of Trauma</b>	<b>04/2024</b>
<b>Trauma-Focused Cognitive Behavioral Therapy</b>	<b>04/2024</b>
<b>Interpreting the MMPI (2, 3)</b>	<b>04/2024</b>