

OBGYN Expert

Dr Princ Consulting

Lora.Princ@theobgynexpert.com
612-267-2125



May 1, 2026

Summary: I am an actively practicing and board-certified OB/GYN physician with extensive clinical experience, having delivered over 5,000 babies with decades of experience managing complex obstetric and gynecologic cases. I bring proven expertise in healthcare operations and insurance utilization management, ensuring appropriate resource allocation and compliance with payer guidelines. My MBA training strengthens my analytical and strategic decision-making skills, enabling me to evaluate medical-legal cases with a balanced approach to clinical accuracy, regulatory compliance, and organizational risk management

Current Employment

Baylor University Medical Center, Dallas, TX

04/2026 - Current

OBGYN Hospitalist

- Antepartum care, deliveries, obstetrical consultations
- Clinical instructor for resident physicians

Independent Review Organizations (IRO) Specialty Physician Reviewer:

AllMed Healthcare Management

01/2022 - Current

- Utilization Management
- Appeals and Prior Authorizations
- Federal External Appeals
- Peer to Peer Reviews

Advanced Medical Reviews (AMR)

10/2024 - Current

- Utilization Management
- Quality of Care Determinations
- Appeals and Prior Authorizations
- Federal External Appeals
- Peer to Peer Reviews

Obstetrics & Gynecology Expert Consulting

Dr Princ Consulting, Inc. (dba Dr. Lora Princ, LLC until 05/2026)

06/2022 - Current

- Plaintiff and Defense Medico-Legal Case Review

Past Employment

North Memorial Health, Robbinsdale, MN 06/2016 – 04/2026

OBGYN Hospitalist

- Antepartum care, deliveries, OBGYN consultations
- Clinical instructor for resident physicians and medical students
- Chief of OBGYN Department (2020 – 2026)

MHealth Fairview Southdale, Edina, MN 10/2005 – 03/2024

Obstetrics In-house Emergency Physician

- Medical Director, Obstetrics In-house Program (2014 – 2023)
- Medical Director, OBGYN Quality Assurance (2014 – 2016)

Diamond Women's Center, Edina, MN 05/2015 – 05/2016

OBGYN Physician

OB/ GYN West, Eden Prairie, MN 10/2005 – 12/2014

OBGYN Physician Partner/ Owner

- Medical Director 2013 - 2014
- Nursing Director 2011 – 2013

Education & Training

MBA Master of Business Administration, Medical Management 05/2022

University of Massachusetts Amherst, Isenberg School of Business

Residency: Obstetrics and Gynecology 06/2005

University of Minnesota, Minneapolis/ St. Paul

MD Doctor of Medicine 05/2001

University of North Dakota School of Medicine

BS Bachelor of Science, Psychology 05/1996

University of North Dakota, Grand Forks

Credentials

Fellow, American Board of Obstetrics and Gynecology (FACOG) 2007 - Present

Certified in Electronic Fetal Monitoring (c-EFM) 2024 - Present

State Medical Licenses

Minnesota	2005 - Present
Texas	2025 - Present
Indiana	2025 - Present

Professional Society Memberships

Texas Medical Association	2025 - Present
Dallas County Medical Society	2025 - Present
American College of Obstetrics and Gynecology	2005 - Present

Committees

North Memorial Hospital

- Medical Executive Committee 2020 - 2026
- OB Clinical Practice Council 2020 - 2026

Minnesota Medical Association

- Board of Trustees Member 2023 - 2025
- Policy Council 2021 - 2025
- Medical Practice & Quality Committee 2019 - 2020

MHealth Fairview Southdale

- Perinatal Quality Committee 2014 - 2023

OBGYN Associates

- Chair, Quality Committee 2015 - 2016

Premier OBGYN of MN

- Chair, Quality Committee 2011 - 2014

Honors & Awards

Minnesota Medical Association Advocacy Champion May 2022

“Physicians and Civil Disobedience:
Do the Benefits Outweigh the Risks?” Minnesota Medicine July/ August 2022

Chief Resident, OBGYN Residency 2004 - 2005