

OBGYN Expert

E : Lora.Princ@theobgynexpert.com
T : 612-267-2125

Dr. Lora Princ LLC
✉ 9106 Cold Stream Lane
Eden Prairie, MN 55347

Lora Princ,
M D M B A



January 1, 2025

Summary: I am an actively practicing Board Certified OBGYN physician with extensive experience in high-risk obstetrics and birth complications. I have delivered over 5,000 babies and fully understand and can simply explain the relevant standard of care. In addition, my MBA degree and experience in both utilization management and peer reviews makes me uniquely qualified to identify healthcare fraud and abuse.

Current Employment

North Memorial Health, Robbinsdale, MN

2016 - Present

OBGYN Hospitalist

- Chief of OBGYN Department (2020 – Present)

Independent Review Organizations (IRO) Specialty Physician Reviewer:

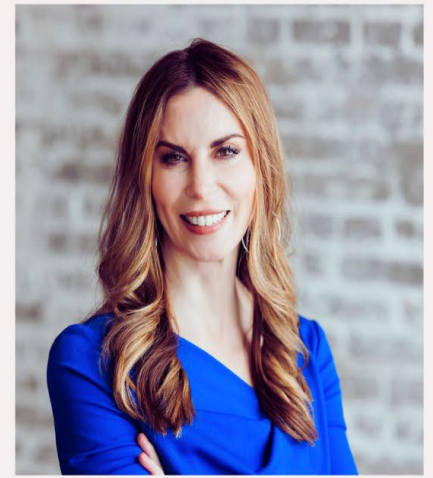
- AllMed Healthcare Management** 2022 - Present
 - Utilization Management
 - Appeals and Prior Authorizations
 - Federal External Appeals
 - Peer to Peer Reviews
- Medlitix** 2024 - Present
 - Appeals and Prior Authorizations
 - Peer to Peer Reviews
- Advanced Medical Reviews (AMR)** 2024 - Present
 - Utilization Management
 - Quality of Care Determinations
 - Appeals and Prior Authorizations
 - Federal External Appeals
 - Peer to Peer Reviews

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Past Employment

MHealth Fairview Southdale, Edina, MN

2005 - 2024

Obstetrics In-house Physician

- Medical Director, Obstetrics In-house Program (2014 – 2023)
- Medical Director, OBGYN Quality Assurance (2014 – 2016)

Diamond Women's Center, Edina, MN

2015 - 2016

OBGYN Physician

OB/ GYN West, Eden Prairie, MN

2005 - 2014

OBGYN Physician Partner/ Owner

- Medical Director 2013 - 2014
- Nursing Director 2011 – 2013

Obstetrics & Gynecology Expert Consulting

Plaintiff and Defense Case Review

2022 - Present

Workers' Compensation/ Disability Review

2022 - Present

Education & Training

MBA Master of Business Administration, Medical Management

2019 - 2022

University of Massachusetts Amherst,
Isenberg School of Business

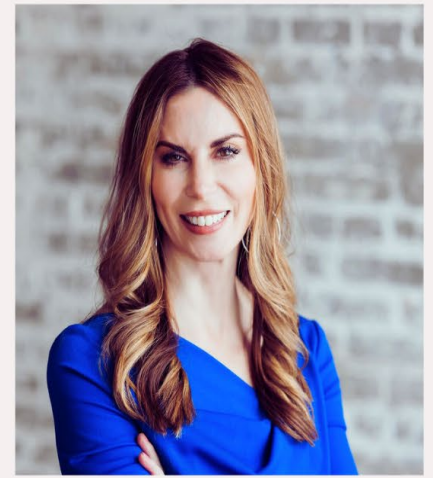
Obstetrics and Gynecology Residency

2001 - 2005

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University of Minnesota, Minneapolis/ St. Paul

MD Doctor of Medicine 1997 - 2001

University of North Dakota School of Medicine

BS Bachelor of Science, Psychology 1992 - 1996

University of North Dakota, Grand Forks

Credentials

Fellow, American Board of Obstetrics and Gynecology (FACOG) 2007 - Present

Minnesota Medical License 2005 - Present

Certified in Electronic Fetal Monitoring (c-EFM) 2024 – Present

Neonatal Resuscitation Program (NRP) 2024 – Present

Professional Society Memberships

Minnesota Medical Association 2019 - Present

American College of Obstetrics and Gynecology 2005 - Present

Committees

North Memorial Hospital

- Medical Executive Committee 2020 - Present
- OB Clinical Practice Council 2020 - Present

Minnesota Medical Association

- Board of Trustees Member 2023 - Present

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- Policy Council 2021 - Present
- Abortion Work Group 2021 - 2022
- Medical Practice & Quality Committee 2019 - 2020

MHealth Fairview Southdale

- Perinatal Quality Committee 2014 - 2023

OBGYN Associates

- Chair, Quality Committee 2015 - 2016

Premier OBGYN of MN

- Chair, Quality Committee 2011 - 2014

Honors & Publications

Princ, Lora. "Physicians and civil disobedience: July/ August 2022

Do the benefits outweigh the risks?" *Minnesota Medicine*

Minnesota Medical Association Advocacy Champion May 2022

Recipient, Fairview Physician Associates Grant for Practice 2015

Innovation: "Improvement in Outcome of Patients with Gestational Diabetes"

Chief Resident, OBGYN Residency 2004 - 2005