

CURRICULUM VITAE
MEADE T. PALMER, MD, MPH, FACS
UPDATED May 2026



EDUCATION

1981 BS Philadelphia College of Pharmacy & Science, Philadelphia, PA Honors: Cum Laude
1985 MD Temple University School of Medicine, Philadelphia, PA
2021 MPH (Professional Health Leadership Program), University of North Carolina (UNC),
Gillings School of Global Public Health, Chapel Hill, NC

INTERNSHIP & RESIDENCY

1985-1986 General Surgery Internship, Episcopal Hospital (in affiliation with Temple
University Medical School), Philadelphia, PA
1986-1991 General Surgery Residency, Pontiac General Hospital (in affiliation with the
University of Michigan Medical School), Pontiac, MI

CLINICAL & RESEARCH FELLOWSHIPS

1991-1992 Trauma & Critical Care Fellowship, Maryland Institute for
Emergency Medical Services Systems, University of Maryland, Baltimore, MD
1993 Endoscopy Fellowship, Massachusetts General Hospital, Harvard
University School of Medicine, Boston, MA

LICENSE & CERTIFICATION

North Carolina State Medical License: Expires 8/16/2026 (#205551)
Pennsylvania State Medical License: Expires 12/31/26 (#MD047076L)
American Board of Surgery: Expires 12/31/2026 (#37476)
American Board of Surgery / Surgical Critical Care: Expires 12/31/2027 (#1248)
Advanced Cardiac Life Support: Expires 4/9/2027

MILITARY SERVICE

1988-1997 Major (retired), United States Army Reserve Medical Corps

ACADEMIC TEACHING AFFILIATION

Instructor in Surgery, Harvard Medical School, Boston, MA (1993)
Clinical Faculty, The Commonwealth Medical College (2010-2015)
Clinical Assistant Professor, Wake Forest School of Medicine, Department of Surgery, Winston-
Salem, NC (2023-2024)

HOSPITAL APPOINTMENTS (ACTIVE)

General Surgeon, UNC Caldwell Hospital

General Surgeon, The Charlotte-Mecklenburg Hospital Authority

MEDICAL-LEGAL WORK EXPERIENCE

Northeastern PA Risk Retention Group (NEPRRG) Board of Directors; Chairman, Claims Committee (2006-2008)

North Carolina Medical Board Quality of Care Case Reviewer (2019-Present)

General Surgery Expert Witness Private Practice (September 2021-Present)

HOSPITAL & PROFESSIONAL COMMITTEE EXPERIENCE

Trauma Committee, Massachusetts General Hospital, Boston, MA (1993)

Chair, Cancer Com., Tyler Memorial Hospital (TMH), Tunkhannock, PA (1994-2000)

Executive Committee, TMH, Tunkhannock, PA (1998-1999)

Board of Trustees, TMH, Tunkhannock, PA (2003-2005)

NEPRRG Board of Directors (2004-2008)

NEPRRG Secretary/Treasurer (2008)

Wake Forest High Point Clinical Quality Team (2019-2021)

Wake Forest Baptist Quality, Safety and Experience Steering Committee (2019-2021)

Wake Forest High Point Credentials Committee (2020-2024)

CLINICAL WORK EXPERIENCE

Trauma Surgeon, Community Medical Center (CMC), Scranton, PA (7/1992-12/1992)

Trauma Surgeon, Massachusetts General Hospital, Boston, MA (1/1993-12/1993)

Trauma Surgeon, Altoona Hospital, Altoona, PA (1/2000-12/2008)

Trauma/Acute Care Surgeon, Geisinger-CMC, Scranton, PA (1/2009-12/2013)

General Surgeon, Private Practice, Tunkhannock, PA (1/1994-11/2015)

General Surgeon, UNC High Point, NC (11/2015-8/2018)

General Surgeon, Wake Forest Surgical Specialists, High Point, NC (9/2018-9/2024)

General/Acute Care Surgeon, UNC Caldwell, Lenoir, NC (7/2018-Present)

General/Acute Care Surgeon, Carolinas Physician Network (9/2024-Present)

VOLUNTEER/COMMUNITY EXPERIENCE & AWARDS

Evergreen Award, Community Service/Celebration of Life, Wyoming County, PA, 1997

Medical Ministry International, Sabana Grande, DR, July 2009 & July 2010

SOCIETY/COMMITTEE MEMBERSHIPS

American College of Surgeons, Fellow (1997-present)

American College of Surgeons, Committee on Applicants, Pennsylvania (2000-2015)

American College of Surgeons, Committee on Applicants, North Carolina (2019-2025)

American College of Colon & Rectal Surgeons, Member (2021-2025)

American College of Surgeons, Domestic Review Committee (2026)